

# Pinene

Fresh, piney

# Pinene

## B) About

- 1) Most abundant terpene in nature
- 2) Counteracts negative side effects of THC like memory loss and sleepiness
- 3) High levels in turpentine, which has been used as a medicine, solvent, and cleaner for thousands of years

## C) Effects

- 1) Energetic
- 2) Focused
- 3) Euphoric

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## D) B9Apps

- 1) Anti-inflammatory/pain relief
- 2) Antibacterial/antifungal/antimicrobial
- 3) Anticancer
- 4) Pesticide/insect repellant
- 5) Opens BBB

## E) Unique Applications

- 1) Topically applied can reduce oil production
- 2) Helps memory retention and promising for Alzheimer's
- 3) Bronchodilator – opens air passageways
- 4) Inflammation reduction applicable to asthma, bronchitis, MRSA, COPD, Crohn's, and MS

# Pinene – Plants Found In

- 1) Pine
- 2) Dill
- 3) Basil
- 4) Rosemary
- 5) Parsley
- 6) Eucalyptus
- 7) Turpentine
- 8) Sage
- 9) Ironwort
- 10) Conifer trees

# Pinene – Strains Found In

- 1) Critical Mass
- 2) Snoop's Dream
- 3) Big Smooth
- 4) God's Gift
- 5) Grape Ape
- 6) Cannatonic
- 7) Cotton Candy Kush
- 8) Harlequin
- 9) Kosher Triangle
- 10) Remedy
- 11) Chemdawg
- 12) Jack Herer
- 13) Trainwreck