

Daily Lunch Specials	Monday 8/22	Allergens	Tuesday 8/23	Allergens	Wednesday 8/24	Allergens	Thursday 8/25	Allergens	Friday 8/26	Allergens
Comfort Equation	Cuban Mojo Chicken Quarter	~None	Ropa Vieja	~None	General Tso's Chicken	G, S, Se	Tandoori Chicken Thighs	~None	Salmon with Chipotle Cranberry	F
Comfort Equation Vegetarian Entrée	Black Beans and Rice	~None	Vegan Ropa Vieja	G,S	General Tso's Tofu	G, S, Se	Chickpea Paneer	D	Cranberry Chipotle Gardein	S,G
Comfort Equation Side Vegetable	Roasted Vegetables	~None	Seasonal Vegetables	~None	Asian Vegetables in Garlic	~None	Seasonal Vegetables	~None	Seasonal Vegetables	None
Comfort Equation Side Starch	Plantain, 3 ea	~None	Steamed Rice	~None	Steamed Rice	~None	Basmati Rice	~None	BrownRice Pilaf	D
Cooking 101	Pasta Bar	See Signage	Pho Noodle	See Signage	Curry Bar	See Signage	Udon	See Signage	Bibimbap	See Signage

Allergen Key:

G=Wheat Gluten

P=Peanut

T=Tree Nut

E=Eggs

Se=Sesame

S=Soy

F=Fish/Shellfish

D=Dairy

P=Peanut