

Patient Report

Name: John Doe

Age: 45

Gender: Male

Date of Visit: 2025-05-10

Doctor: Dr. Emily Carter

Speciality: Cardiology

Recommendations:

- Begin beta-blocker therapy (Metoprolol 25mg once daily)
- Start statins for cholesterol control
- Schedule treadmill stress test within 1 week
- Follow-up in 2 weeks

Notes:

Patient advised to reduce sodium intake, increase physical activity, and monitor blood glucose regularly.

Dr. Emily Carter

Cardiologist