# Federalism and Public Policy

Power Distribution in American Governance POSC 315: Introduction to Public Policy Lecture 3.2

California State University, Fullerton

# What is Federalism?

#### Federalism Defined

#### Definition

**Federalism**: The division of power between a central government and regional governments

The distribution of power and authority on a geographical basis.

#### **Core Features**

 A system of checks and balances between the national and state governments

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- The founders believed that federalism would protect liberty
- Protects against factions: groups of citizens who have a common interest in some proposal that would either violate the rights of other citizens or harm the nation

#### The Founders' View

Governance Benefits

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#### **Governance Benefits**

- · Prevents faction dominance
- State policy experimentation
- Government closer to people

#### **Democratic Benefits**

#### The Founders' View

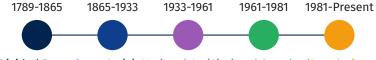
#### **Governance Benefits**

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#### **Democratic Benefits**

- Increases political participation
- · More effective government
- More access points to government
- Increases policy innovation

#### Eras of Federalism



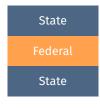
Divided PowerState ActivisMational ActiWational Standard Devolution

# Models of Federalism

(from the Literature)

#### Five Models of Federalism





"Layer Cake" Federalism · Clear division of authority

State Federal State

"Layer Cake" Federalism

- · Clear division of authority
- National government is supreme in its sphere

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- · Clear division of authority
- National government is supreme in its sphere
- Little overlap between the two spheres

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- National government is limited to enumerated powers
- Overall: State-centered federalism



"Marble Cake" Federalism

 National and state governments share powers



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- Federal powers expand to deal with the Great Depression



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Great Society programs



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- National government sets policy goals



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- · States implement policy



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"Picket Fence" Federalism

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"Pineapple Upside-Down" Cake" Federalism · Competitive Federalism



"Pineapple Upside-Down" Cake" Federalism

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"Pineapple Upside-Down" Cake" Federalism

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- National government returns power to the states



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- Block grants



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· "Cupcake Federalism"



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# Federalism in Practice

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# **Policy Laboratories**

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"It is one of the happy incidents of the federal system that a single courageous State may, if its citizens choose, serve as a laboratory; and try novel social and economic experiments without risk to the rest of the country."

— Justice Louis Brandeis (1932)

# State Policy Innovation



State Laboratories
States experiment
with different policy
approaches



**Policy Diffusion** Successful policies spread across states



Comparative Analysis
Which approaches
work best?

#### Federal-State Coordination

**Federal Tools** 

#### **Federal-State Coordination**

#### **Federal Tools**

- Categorical grants
- · Block grants
- Mandates
- Regulatory frameworks

# State Implementation

#### Federal-State Coordination

#### Federal Tools

- Categorical grants
- Block grants
- Mandates
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#### State Implementation

- Administrative adaptation
- Supplemental funding
- Waiver requests
- Local distribution

# **Understanding Federalism**

Is Key to Understanding American Policy Design and Implementation