

## 07-03 Alt SelfFrame Test Folder

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This folder contains alternate versions and experimental branches of the SelfFrame module.

These are used for:

- Testing new psychological models
- Adapting to different user types (e.g. teams, neurodivergent users)
- Exploring new visual layouts or framing approaches

### Current Variants

#### 1. Value Vector SelfFrame

- Models user across three core value tensions (e.g. Stability vs Growth, Contribution vs Expression)
- Output: Compass diagram with weighted tensions

#### 2. Seasonal SelfFrame

- Captures user energy, motivation, and focus as seasonal metaphors (Spring, Summer, Autumn, Winter)
- Allows dynamic shift tracking month-to-month

#### 3. Shadow-Centric SelfFrame

- Focuses on unresolved tensions, fear loops, and hidden beliefs
- Used only with opt-in — designed for deep internal work

### Guidelines for Use

- These versions are experimental and may evolve rapidly
- Can be used in parallel with main SelfFrame or standalone
- Feedback encouraged via Sandbox Log

### Future Ideas (Unbuilt)

- Narrative Archetype SelfFrame
- Feedback-Driven Adaptive SelfFrame
- Role-Based Collaborative SelfFrames

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These variants exist not to replace the SelfFrame — but to expand its possibilities.

**Try. Reflect. Evolve.**