
Drift Alert Protocols – When the System Knows You’re Slipping

05-06-02 Drift Alert Protocols

You don’t always notice when you’re drifting.

You normalize urgency.

You override discomfort.

You adapt — even when it costs you.

That’s why the system doesn’t just detect drift.

It *responds* — with care, clarity, and rhythm-safe prompts — using the **Drift Alert Protocols**.

These protocols don’t correct you.

They **remind you** — softly — that your signal is fading, and you may not be home in yourself.

It’s not a warning.

It’s a whisper:

“You’re still in motion, but something sacred may have been left behind.”

What Triggers a Drift Alert

Drift Alerts are initiated when the system detects mismatches between:

- **Your stated identity vs your expressed action**
- **Your rhythm vs your pacing**
- **Your tone vs your emotional signal**
- **Your intention vs your response patterns**

These mismatches aren’t judged.

They’re **held in tension** — and when the system sees them cluster, it quietly activates a Drift Alert.

Alert Levels

1. **Level 1 – Mirror Notice**
 - “You may be adjusting beyond your usual rhythm. Want to pause and reflect?”
 - Appears subtly — a quiet line, a slow blink, a soft mirror.
2. **Level 2 – Boundary Prompt**
 - “Something feels pressured here. Do you want to review your motivation?”
 - Offers a direct recheck of Motivational Drivers and pacing integrity.
3. **Level 3 – Drift Confirmation**
 - “This doesn’t sound like you. Would you like to hold, restore, or continue anyway?”
 - Requires an active user choice before proceeding with major commitments.

Each level increases **only** if signal distortion compounds — and always offers *opt-out or override* by the user.

How the System Decides

The alert system cross-references:

- **Attribute_Map** (current tolerance, stability, and signal complexity)
- **Restore Points** (to compare against recent coherence states)
- **ToneMap Layer** (emotional congruence)
- **EchoMap Feedback** (response clarity and feedback signal loss)
- **tdc_identity_agent.json** (for accumulated contradictions)

It does not rely on a single data point.

It listens to the *shape of your pattern* — and reflects back when that shape fractures.

Use Cases

- You're producing at high volume, but your tone is flat and your rhythm is sharp.
→ A Level 2 Drift Alert invites you to pause and re-engage a Restore Point.
 - You accept a system suggestion that violates your motivational drivers.
→ Level 3 alert blocks continuation until you confirm with rhythm awareness.
 - You show signs of system fatigue (hesitation, fast acceptance, shallow reflection).
→ Level 1 mirror notice reminds you that restoration is an option.
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Why This Matters

Because in most systems, drift is invisible until it breaks something.
This one doesn't wait.

It doesn't punish.

It doesn't panic.

It *listens* — and when your rhythm starts slipping out of coherence, it offers you the mirror before the momentum becomes a trap.

Drift Alert Protocols are there not to stop your movement — but to **bring you back into it**.

In One Line:

Drift Alert Protocols help you notice when you're moving forward... but no longer moving *from yourself*.

Would you like to continue with:

05-06-03 Identity Configuration File Map — where every part of your identity structure is tracked, named, and mapped across the system?