

04-01 Perspective Multipliers

Perspective Multipliers are advanced tools within BrainFrame designed to accelerate insight by intentionally shifting, layering, or expanding how a user views a situation, goal, or self-concept.

They are not about new data — they're about new **frames**.

Why They Matter

- Most blocks are not due to lack of knowledge, but rigid perspective.
- Shifting frame = unlocking momentum.
- Multipliers help navigate complexity, paradox, or emotional fog.

Core Types

1. Time-Warped Thinking

- e.g. "How would Future You see this?"
- e.g. "Zoom out to the 10-year lens."

2. Opposing Voices

- e.g. "What would your inner critic say? Your inner coach?"
- e.g. "Play devil's advocate — then play your strongest defender."

3. Systemic View

- e.g. "What role does this play in your larger system?"
- e.g. "What dependencies are shaping this outcome?"

4. Symbolic Metaphors

- e.g. "If this were a landscape, what would it look like?"
- e.g. "What animal or archetype are you being here?"

5. Energetic Checkpoints

- e.g. "What energy is this costing or generating?"
- e.g. "Where is the tension in your body, your story, your time?"

Integration in BrainFrame

- Delivered via Prompt Library, Reflection Engine, or AI Companion.
- Can be triggered manually or contextually (e.g. during decision fog).
- Built into review rituals and meta-thinking sequences.

Perspective Multipliers don't give you answers — they **give you new ways to ask**.