**P – A**

**Chosen**

**Name : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date : \_\_\_ / \_\_\_\_ / \_\_\_\_\_**

**Three blessings you’re grateful for What actions will I take tomorrow**

**To help change myself?**

* **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**
* **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What goals am I working on?**

**A**

**Actions that I took today..**

**Weekly affirmations...**

**What is the name of the family?**

**What is the meaning? (short written version)**

**What do we stand for?**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 |

**Use ‘/’ to mark accomplishment per day**

**Signature**