



## WELCOME TO THE FLIK FAMILY!

FLIK Independent School Dining is the foodservice provider for the British International School community.

You may have questions about who we are and what to expect. We have created this frequently asked questions, to help you get started.

We thank you and look forward to serving this unique community.

**Eat. Share. Connect.**

A handwritten signature in black ink that reads 'Ray Mulligan'.

Ray Mulligan, President

**[www.flikisd.com](http://www.flikisd.com)**



CONNECT WITH US @FLIKISDINING





## FREQUENTLY ASKED QUESTIONS:

### WHAT IS FLIK?

FLIK is the last name of the couple who began our company in 1971. Building their company through corporate dining services and private catering, Rudi and Julie Flik eventually expanded into the education market, focusing on private and independent schools. In 1995, our parent company, Compass Group, acquired FLIK. We operate over 265 private and independent day and boarding schools nationwide, throughout 34 states.

### WHAT IS FLIK'S FOOD PHILOSOPHY?

As a culinary driven organization from inception, FLIK's focus has always been cooking from fresh, whole foods and using quality ingredients. Our mission is to provide wholesome, nutritious meals that fuel the minds of our campus communities, each day.

### HOW ARE MENUS CREATED?

The on-site chef creates menus with local/regional flavors and ingredients. They receive guidance, training and suggestions for on-trend, innovative ideas from a central FLIK culinary, nutrition and marketing team.

### WHAT IF I HAVE AN ALLERGY OR SPECIAL DIETARY NEED?

FLIK believes in a customized approach to serving students with special dietary needs. Schools receive support from registered dietitians regarding training, operation management and communication to ensure safety.



## HOW DO I FIND OUT WHAT'S ON THE MENU?

Menus are planned in advance and are available for review at [sgis.flikisdining.com](http://sgis.flikisdining.com). You can also find them on our flikisdining app on Google Play or the Apple App Store.

### Meal Plan Price Per Meal

(Combo Meal Includes: Entree, two sides, Drink, Dessert, or Fruit)

- Nursery-Year 2: \$5.00
- Year 3-Year 13: \$7.95

### Ala Carte (Non-Meal Plans)

(Combo Meal Includes: Entree, two sides, Drink, Dessert, or Fruit)

- Nursery-Year 2: \$7.00
- Year 3-Year 13: \$9.00

Grab and Go Items are an additional cost.

## HOW DOES PAYMENT WORK IN THE CAFÉ?

For your convenience and to eliminate the need for carrying cash, we offer a declining balance program for lunch purchases. Funds may be added for your students by logging into your student's account at My School Bucks.

Funds deposited on My School Bucks before 5 p.m. are available for use by the next business day. Each student has a POS ID number. Previous numbers will remain the same and for any new students, a PIN will be provided. It serves as their PIN for completing lunch purchases.

## HOW DO I SET AN ACCOUNT?

To set up a declining balance account, go to [www.mySchoolBucks.com](http://www.mySchoolBucks.com) and click "Register For A FREE Account" on the right side of the page. Simply follow the registration instructions. Once you log in, you can add as many students as you'd like by entering the student's school, name and date of birth.

MySchoolBucks.com allows you to review transactions, check balances, and sign up for low balance alerts.

