Made for Humans Who Sit. A Lot.

IT Pros , remote workers & coders

Students

Gamers

Drivers

Fitness Enthusiasts

If You Sit ,You Need This.

A Posture Plan for Every Spine

Free

Slouch Alerts and Tips

Premium- 0.99$ per month

Progress Tracking and Exercise recommendation

Pro- 5$ per month

Includes EMG sensors to monitor muscle strain

Enterprise- Starting at 30$ per month

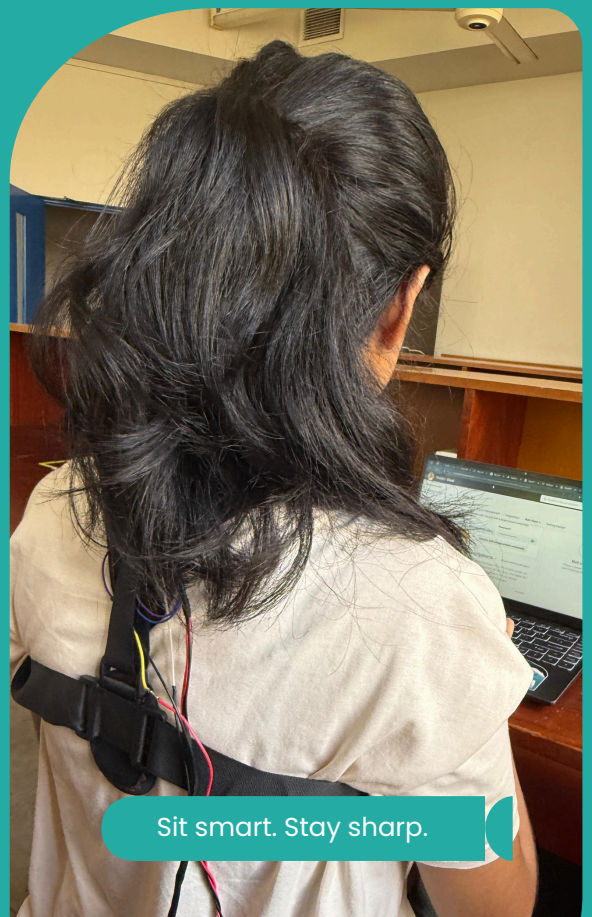
Company Dashboards and team health metrices

Because no one deserves to walk into meetings looking like a question mark

Slouching Again? Your Back Just Texted Us.

PostureGuard

Your Smart Posture Coach



How Posture Guard Works

1.Wear it: Clip it on or stick it comfortably under your clothes

2. Connect it: Sync with our smart app in seconds.

3.Move naturally: Work, study, or game as usual

4.Feel the nudge: Get a gentle alert if you slouch.

5.Track your progress: Build better posture, day by day

Meet the Gadget That Saves Your Spine

Posture Guard, your personal posture coach that gently reminds you to straighten up before your spine stages a rebellion

- **Lightweight, comfortable and barely noticeable**
- **Gentle vibrations when you slouch**
- **Smart app with posture tracking and phone notifications**
- **Progress tracking — like a Fitbit, but for your back**

Let's face it — We're all turning into tech goblins

Hours at desks. Endless scrolling. Gaming marathons.

And guess what?
Bad posture is silently wrecking your back.

Tension headaches, neck strain, slouchy shoulders — sound familiar?

80% of people experience posture-related discomfort

Yet we rarely fix it. Why? Because we don't even notice we're doing it.