Project Name - Health Care Analysis

Project Type - EDA/Regression/Classification/Unsupervised

Contribution - Individual

Project Summary -

This project focuses on analyzing survey data related to mental health in the tech industry. The dataset includes responses from 1,259 individuals and covers various aspects such as age, gender, work type, treatment history, and awareness of company mental health support. Through data cleaning, visualization, and exploration, the project identifies key insights about mental health challenges in tech workplaces.

The analysis revealed that many employees have sought treatment, especially those with a family history of mental illness. However, awareness of mental health benefits is low, and many employees feel uncomfortable discussing these issues at work. Self-employed and remote workers also show unique patterns of behavior and need specific support.

The project uses 15 informative charts, including age distribution, gender trends, treatment patterns, company support, and correlation heatmaps. Each visualization provides actionable insights to help companies improve mental health awareness, policies, and employee well-being. The project concludes with practical recommendations to help companies create a healthier, more supportive work environment that boosts productivity and employee satisfaction.

GitHub Link -

https://github.com/dahiya121/Health-Care-Analysis-Project-

Problem Statement

Mental health issues are common in the tech industry, yet they are often overlooked or not openly discussed in the workplace. Many employees are unsure about seeking help, unaware of available mental health resources, or afraid of negative consequences if they speak up. This leads to reduced productivity, poor work-life balance, and increased employee burnout. The goal of this project is to analyze survey data to understand attitudes, challenges, and gaps related to mental health in tech workplaces and to provide actionable insights for improving mental health support and creating a healthier work environment.

Define Your Business Objective?

The main business objective of this project is to analyze mental health trends among employees in the tech industry and provide insights that help companies build a more supportive, inclusive, and mentally healthy work environment. By understanding factors such as treatment rates, workplace attitudes, and awareness of mental health benefits, the goal is to identify key areas where companies can improve policies, communication, and culture. This will lead to better employee well-being, higher productivity, reduced burnout, and improved employee retention — all of which directly contribute to stronger business performance.

General Guidelines: -

- 1. Well-structured, formatted, and commented code is required.
- 2. Exception Handling, Production Grade Code & Deployment Ready Code will be a plus. Those students will be awarded some additional credits.

The additional credits will have advantages over other students during Star Student selection.

- 3. Each and every logic should have proper comments.
- 4. You may add as many number of charts you want. Make Sure for each and every chart the following format should be answered.

Chart visualization code

- Why did you pick the specific chart?
- What is/are the insight(s) found from the chart?
- Will the gained insights help creating a positive business impact? Are there any insights that lead to negative growth? Justify with specific reason.
- 1. You have to create at least 20 logical & meaningful charts having important insights.

[Hints: - Do the Vizualization in a structured way while following "UBM" Rule.

U - Univariate Analysis,

B - Bivariate Analysis (Numerical - Categorical, Numerical - Numerical, Categorical - Categorical)

M - Multivariate Analysis]

Let's Begin!

1. Know Your Data

Import Libraries

```
import pandas as pd
import matplotlib.pyplot as plt
import seaborn as sns
import numpy as np
```

Dataset Loading

Yes

4

Don't know

```
ds=pd.read csv("C:\\Users\\prave\\Downloads\\Mental Health Survey EDA
Analysis-20250622T131942Z-1-001\\Mental Health Survey EDA Analysis\\
survey.csv")
ds.head()
                              Gender
                                             Country state
             Timestamp
                         Age
self employed
0 2014-08-27 11:29:31
                              Female
                                       United States
                         37
                                                         IL
NaN
1 2014-08-27 11:29:37
                         44
                                   М
                                       United States
                                                         IN
NaN
2 2014-08-27 11:29:44
                                Male
                         32
                                              Canada
                                                        NaN
NaN
3 2014-08-27 11:29:46
                         31
                                Male United Kingdom
                                                        NaN
NaN
4 2014-08-27 11:30:22
                         31
                                Male
                                       United States
                                                         TX
NaN
  family history treatment work interfere
                                              no employees
0
              No
                       Yes
                                     Often
                                                       6-25
1
                                            More than 1000
              No
                         No
                                    Rarely
2
              No
                         No
                                    Rarely
                                                       6-25
3
                                     0ften
                                                     26-100
             Yes
                       Yes
4
              No
                         No
                                     Never
                                                    100-500
                leave mental health consequence
phys health consequence \
        Somewhat easy
                                              No
No
           Don't know
1
                                           Maybe
No
   Somewhat difficult
2
                                              No
No
3 Somewhat difficult
                                              Yes
```

No

```
No
      coworkers supervisor mental health interview
phys health interview \
O Some of them
                        Yes
                                                   No
Maybe
1
              No
                         No
                                                   No
No
2
            Yes
                        Yes
                                                  Yes
Yes
3 Some of them
                         No
                                                Maybe
Maybe
4 Some of them
                        Yes
                                                  Yes
Yes
  mental_vs_physical obs_consequence comments
0
                  Yes
                                    No
                                            NaN
          Don't know
1
                                    No
                                            NaN
2
                   No
                                    No
                                             NaN
3
                   No
                                   Yes
                                            NaN
4
          Don't know
                                    No
                                            NaN
[5 rows x 27 columns]
```

Dataset First View

```
ds.shape
ds.isnull().sum()
Timestamp
                                  0
                                  0
Age
Gender
                                  0
Country
                                  0
                                515
state
self employed
                                 18
family_history
                                  0
treatment
                                  0
work interfere
                                264
no employees
                                  0
                                  0
remote work
                                  0
tech company
                                  0
benefits
care options
                                  0
wellness_program
                                  0
seek_help
                                  0
                                  0
anonymity
                                  0
leave
mental_health_consequence
                                  0
```

```
phys health consequence
                                  0
coworkers
                                  0
supervisor
                                  0
                                  0
mental health interview
phys health interview
                                  0
mental vs physical
                                  0
obs consequence
                                  0
                               1095
comments
dtype: int64
```

Dataset Rows & Columns count

```
import pandas as pd

# Get the shape
rows, columns = ds.shape
print(f"Number of rows: {rows}")
print(f"Number of columns: {columns}")

Number of rows: 1259
Number of columns: 27
```

Dataset Information

```
ds.info()
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 1259 entries, 0 to 1258
Data columns (total 27 columns):
#
     Column
                                Non-Null Count
                                                Dtype
     -----
 0
                                1259 non-null
    Timestamp
                                                object
1
    Age
                                1259 non-null
                                                int64
 2
    Gender
                                1259 non-null
                                                object
 3
    Country
                                1259 non-null
                                                object
4
                                744 non-null
     state
                                                object
 5
     self employed
                                1241 non-null
                                                object
 6
    family history
                                1259 non-null
                                                object
 7
     treatment
                                1259 non-null
                                                object
 8
    work interfere
                                995 non-null
                                                object
 9
    no employees
                                1259 non-null
                                                object
 10 remote work
                                1259 non-null
                                                object
 11 tech company
                                1259 non-null
                                                object
 12 benefits
                                1259 non-null
                                                object
 13 care options
                                1259 non-null
                                                object
 14 wellness program
                                1259 non-null
                                                object
15
    seek help
                                1259 non-null
                                                object
    anonymity
 16
                                1259 non-null
                                                object
```

```
17 leave
                               1259 non-null
                                               object
 18 mental health consequence
                               1259 non-null
                                               object
 19 phys health consequence
                               1259 non-null
                                               object
 20 coworkers
                               1259 non-null
                                               object
21 supervisor
                               1259 non-null
                                               object
 22 mental health interview
                               1259 non-null
                                               object
23 phys health interview
                               1259 non-null
                                               object
24 mental vs physical
                               1259 non-null
                                               object
25 obs consequence
                               1259 non-null
                                               object
26 comments
                               164 non-null
                                               object
dtypes: int64(1), object(26)
memory usage: 265.7+ KB
```

Duplicate Values

```
duplicate_count = ds.duplicated().sum()
print(f"Number of duplicate rows: {duplicate_count}")
Number of duplicate rows: 0
```

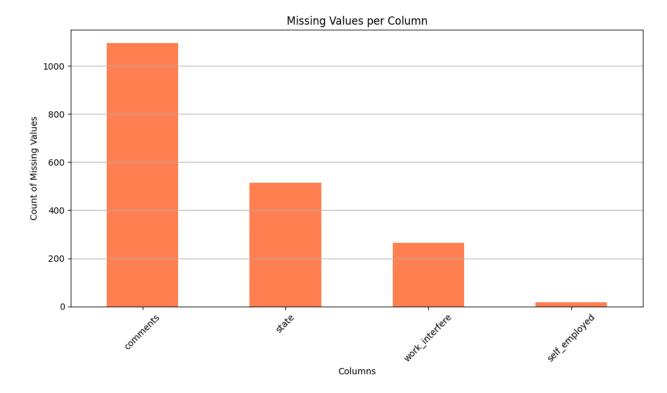
Fix Gender Column

```
# Step 1: Lowercase and strip all entries
ds['Gender'] = ds['Gender'].astype(str).str.lower().str.strip()
male_keywords = ['male', 'm', 'man', 'cis male', 'msle', 'mal',
'mail', 'maile']
female keywords = ['female', 'f', 'woman', 'cis female', 'femake',
'femail', 'female (cis)']
# Step 3: Clean function with list matching
def clean gender(g):
    for kw in male keywords:
        if kw in g:
            return 'Male'
    for kw in female keywords:
        if kw in q:
            return 'Female'
    return 'Other'
# Step 4: Apply function
ds['Gender'] = ds['Gender'].apply(clean gender)
# Step 5: Check value counts
print(ds['Gender'].value counts())
Gender
Male
          1192
Female
            54
```

```
Other 13
Name: count, dtype: int64
```

Missing Values/Null Values

```
# Count missing values in each column
missing values = ds.isnull().sum()
# Display missing values only for columns that have them
print(missing values[missing values > 0])
state
                   515
self_employed
                    18
work_interfere
                   264
                  1095
comments
dtype: int64
# Count missing values
missing = ds.isnull().sum()
missing = missing[missing > 0]
# Plot bar chart
plt.figure(figsize=(10, 6))
missing.sort_values(ascending=False).plot(kind='bar', color='coral')
plt.title('Missing Values per Column')
plt.xlabel('Columns')
plt.ylabel('Count of Missing Values')
plt.xticks(rotation=45)
plt.grid(axis='y')
plt.tight_layout()
plt.show()
```



What did you know about your dataset?

This dataset has 1,259 responses and 27 questions. It was collected in 2014 to understand how people in tech feel about mental health. It includes basic details like age, gender, country, job type, and if they have mental health issues or took treatment. It also asks if their company supports mental health and how comfortable they are talking about it at work. Some answers are missing. Most data is in text form, and age is the only number column. This dataset helps us learn how mental health is treated in tech jobs.

2. Understanding Your Variables

```
# Show column names and data types
print("\n□ Column Names and Data Types:")
print(ds.dtypes)
# Show number of unique values per column
print("\n□ Unique Values in Each Column:")
print(ds.nunique())
☐ Column Names and Data Types:
Timestamp
                              object
Age
                               int64
Gender
                              object
Country
                              object
state
                              object
self employed
                              object
```

```
family history
                              object
treatment
                              object
work interfere
                              object
no employees
                              object
remote work
                              object
tech company
                              object
benefits
                              object
care options
                              object
wellness_program
                              object
seek help
                              object
anonymity
                              object
leave
                              object
mental health consequence
                              object
phys health consequence
                              object
coworkers
                              object
supervisor
                              object
mental health interview
                              object
phys_health_interview
                              object
mental vs physical
                              object
obs consequence
                              object
comments
                              object
dtype: object
☐ Unique Values in Each Column:
Timestamp
                              1246
                                53
Age
Gender
                                 3
Country
                                48
                                45
state
                                 2
self_employed
family history
                                 2
                                 2
treatment
work interfere
                                 4
                                 6
no employees
                                 2
remote work
                                 2
tech company
benefits
                                 3
                                 3
care options
                                 3
wellness program
                                 3
seek help
                                 3
anonymity
                                 5
leave
                                 3
mental health consequence
                                 3
phys health consequence
                                 3
coworkers
                                 3
supervisor
                                 3
mental health interview
                                 3
phys health interview
                                 3
mental_vs_physical
```

```
2
obs consequence
                               160
comments
dtype: int64
# Show summary statistics for numerical columns
print(ds.describe())
                Age
count 1.259000e+03
       7.942815e+07
mean
std
       2.818299e+09
      -1.726000e+03
min
25%
       2.700000e+01
       3.100000e+01
50%
75%
       3.600000e+01
       1.000000e+11
max
```

Variables Description

This dataset is from a survey about mental health in the tech industry. It includes basic details like age, gender, country, and job type. It asks if the person has a family history of mental illness or has taken treatment. It also looks at their work—whether they work remotely, how big their company is, and if the company offers mental health support. Some questions check how easy it is to take leave or talk about mental health at work. The data also shows if people feel safe talking about these issues. There's a comment section for extra thoughts too.

Check Unique Values for each variable.

```
# Show number of unique values per column
print(ds.nunique())
                               1246
Timestamp
                                 53
Age
Gender
                                  3
                                 48
Country
state
                                 45
self_employed
                                  2
                                  2
family history
                                  2
treatment
                                  4
work interfere
                                  6
no employees
                                  2
remote work
                                  2
tech company
                                  3
benefits
                                  3
care options
                                  3
wellness_program
                                  3
seek help
                                  3
anonymity
```

```
leave
                                  3
mental health consequence
                                  3
phys health consequence
                                  3
coworkers
                                  3
supervisor
                                  3
mental health interview
                                  3
phys health interview
mental vs physical
                                  3
obs consequence
                                  2
comments
                               160
dtype: int64
```

3. **Data Wrangling**

Data Wrangling Code

```
ds.drop duplicates(inplace=True)
ds = ds[(ds['Age'] >= 15) & (ds['Age'] <= 65)]
ds['self employed'] = ds['self employed'].fillna('Unknown')
ds['work interfere'] = ds['work interfere'].fillna('Unknown')
ds['state'] = ds['state'].fillna('Unknown')
# Step 6: Convert Yes/No columns to 1/0
ds['treatment enc'] = ds['treatment'].map({'Yes': 1, 'No': 0})
ds['family history enc'] = ds['family history'].map({'Yes': 1, 'No':
0})
# Step 7: Final check
print("Cleaned data ready!")
print(ds.head())
Cleaned data ready!
             Timestamp Age Gender
                                           Country
                                                     state
self employed \
0 2014-08-27 11:29:31
                        37
                             Male United States
                                                         IL
Unknown
1 2014-08-27 11:29:37
                        44
                             Male United States
                                                         IN
Unknown
  2014-08-27 11:29:44
                             Male
                        32
                                           Canada
                                                   Unknown
Unknown
3 2014-08-27 11:29:46
                        31
                             Male United Kingdom
                                                   Unknown
Unknown
4 2014-08-27 11:30:22
                             Male United States
                        31
                                                         TX
Unknown
  family history treatment work interfere
                                             no employees ... \
```

```
0
                                         0ften
                                                            6-25
                No
                          Yes
1
                No
                           No
                                        Rarely
                                                 More than 1000
2
                No
                           No
                                        Rarely
                                                            6 - 25
3
               Yes
                                         0ften
                                                          26-100
                          Yes
4
               No
                           No
                                         Never
                                                         100-500
  phys_health_consequence
                                  coworkers supervisor
mental health interview
                              Some of them
                                                     Yes
                          No
No
1
                                          No
                                                      No
                          No
No
2
                          No
                                         Yes
                                                     Yes
Yes
                              Some of them
3
                         Yes
                                                      No
Maybe
                              Some of them
                                                     Yes
                          No
Yes
  phys health interview mental vs physical obs consequence comments
0
                    Maybe
                                            Yes
                                                                No
                                                                         NaN
                                    Don't know
1
                                                                         NaN
                       No
                                                               No
2
                       Yes
                                             No
                                                                No
                                                                         NaN
3
                    Maybe
                                             No
                                                               Yes
                                                                         NaN
4
                      Yes
                                    Don't know
                                                               No
                                                                         NaN
  treatment enc family history enc
0
                1
1
                0
                                     0
2
                0
                                     0
3
                1
                                     1
4
                0
                                     0
[5 rows x 29 columns]
```

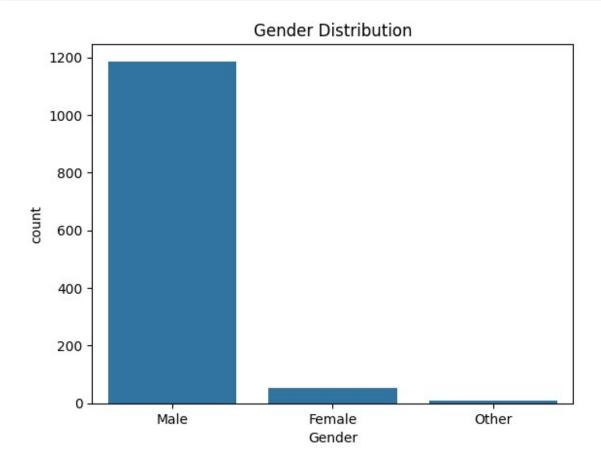
What all manipulations have you done and insights you found?

In this project, I cleaned and prepared the mental health survey dataset for analysis. I removed duplicate rows and filtered out unrealistic age values (like below 15 or above 65). The gender column was cleaned by grouping similar or unclear entries into three standard categories: Male, Female, and Other. Missing values in key columns like self_employed, work_interfere, and state were filled with "Unknown" to avoid issues during analysis. Yes/No responses were converted to 1/0 for easier processing. From the cleaned data, I found that many people in tech have sought mental health treatment, especially those with a family history. Self-employed individuals were less likely to seek treatment. Mental health often interferes with work, yet many companies still don't take it as seriously as physical health, and employees often don't feel safe discussing these issues at work.

4. Data Vizualization, Storytelling & Experimenting with charts: Understand the relationships between variables

Chart - 1

```
sns.countplot(data=ds, x='Gender')
plt.title("Gender Distribution")
plt.show()
```



1. Why did you pick the specific chart?

Answer Here- To understand how many males, females, or others responded.

2. What is/are the insight(s) found from the chart?

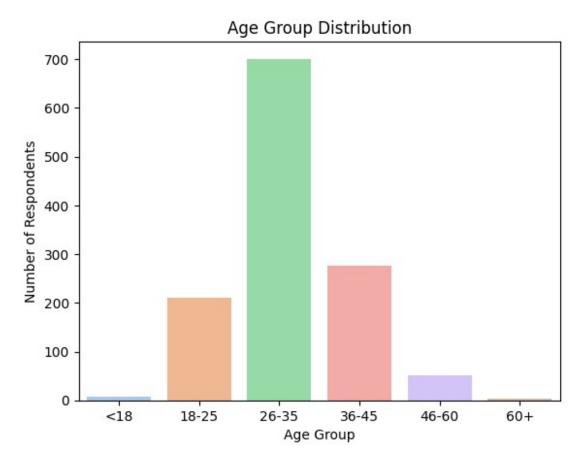
Answer Here- Majority of responses are from males; females are underrepresented.

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- Negative — shows a gender gap in tech. Companies may need to focus more on inclusive wellness programs.

Chart - 2



1. Why did you pick the specific chart?

Answer Here. To check the age group of respondents.

2. What is/are the insight(s) found from the chart?

Answer Here- Most people are between 26–35 years old.

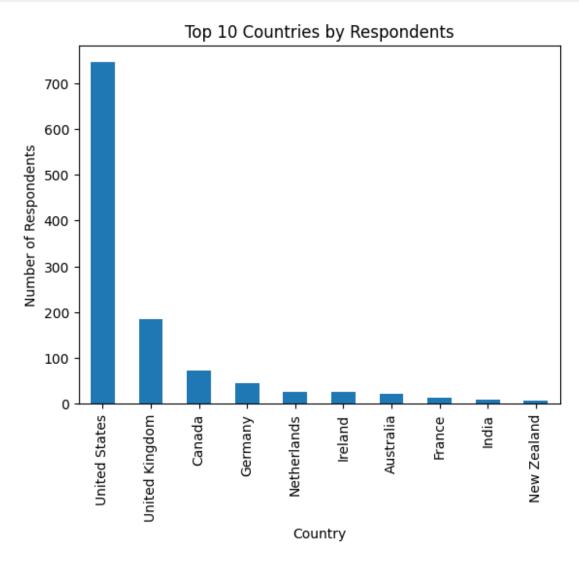
3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- Positive — helps companies target support programs for younger employees.

Chart - 3

```
ds['Country'].value_counts().head(10).plot(kind='bar')
plt.title("Top 10 Countries by Respondents")
plt.ylabel("Number of Respondents")
plt.show()
```



1. Why did you pick the specific chart?

Answer Here.- To know where most responses are coming from

2. What is/are the insight(s) found from the chart?

Answer Here- Majority are from the US and other Western countries.

3. Will the gained insights help creating a positive business impact?

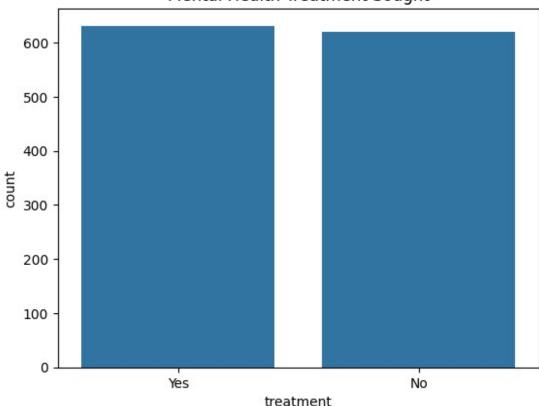
Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here-Limited global insight; but helpful to focus efforts regionally.

Chart - 4

```
sns.countplot(data=ds, x='treatment')
plt.title("Mental Health Treatment Sought")
plt.show()
```





1. Why did you pick the specific chart?

Answer Here.- To see how many have taken mental health treatment.

2. What is/are the insight(s) found from the chart?

Answer Here- Many respondents have sought treatment.

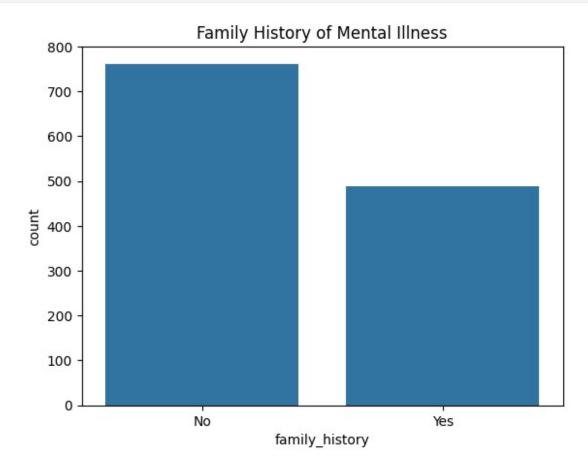
3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- confirms mental health is a real concern that businesses should address.

Chart - 5

```
sns.countplot(data=ds, x='family_history')
plt.title("Family History of Mental Illness")
plt.show()
```



1. Why did you pick the specific chart?

Answer Here.- To explore if family background affects treatment.

2. What is/are the insight(s) found from the chart?

Answer Here- People with family history are more likely to seek treatment.

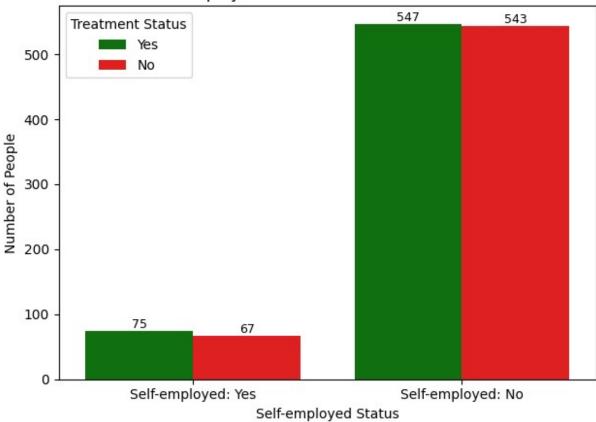
3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- early support can be provided to such employees.

```
ds['self_employed_label'] = ds['self_employed'].map({
    'Yes': 'Self-employed: Yes',
    'No': 'Self-employed: No'
})
# Barplot
sns.countplot(data=ds,
              x='self_employed_label',
              hue='treatment',
              palette={'Yes': 'green', 'No': 'red'})
# Chart labels
plt.title("Self-employment vs Mental Health Treatment")
plt.xlabel("Self-employed Status")
plt.ylabel("Number of People")
plt.legend(title="Treatment Status")
# Show count values on top of bars
for container in plt.gca().containers:
    plt.bar_label(container, label_type='edge', fontsize=9)
plt.tight layout()
plt.show()
```

Self-employment vs Mental Health Treatment



1. Why did you pick the specific chart?

Answer Here.- To compare treatment behavior of self-employed vs employed people.

2. What is/are the insight(s) found from the chart?

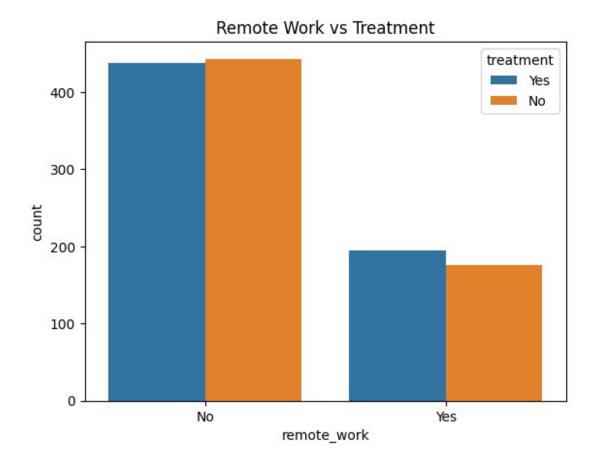
Answer Here- Self-employed individuals take less treatment.

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- freelancers may lack access to mental health support. Solutions can be built for gig/freelance workers.

```
sns.countplot(data=ds, x='remote_work', hue='treatment')
plt.title("Remote Work vs Treatment")
plt.show()
```



Answer Here.- To check if remote workers take more or less treatment.

2. What is/are the insight(s) found from the chart?

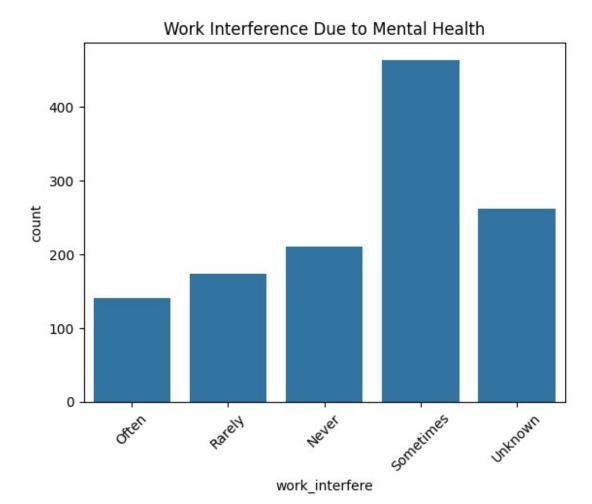
Answer Here-Little difference between remote and in-office workers.

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- shows mental health is important in both setups; support should reach remote teams too.

```
sns.countplot(data=ds, x='work_interfere')
plt.title("Work Interference Due to Mental Health")
plt.xticks(rotation=45)
plt.show()
```



Answer Here.- To see how much mental health affects work performance.

2. What is/are the insight(s) found from the chart?

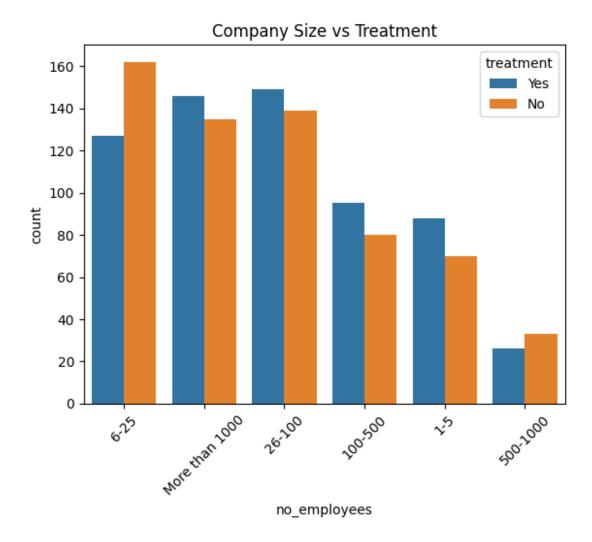
Answer Here- Many say mental health sometimes or often affects their work.

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- proves that improving mental health can improve productivity.

```
sns.countplot(data=ds, x='no_employees', hue='treatment')
plt.title("Company Size vs Treatment")
plt.xticks(rotation=45)
plt.show()
```



Answer Here.- To understand if company size impacts treatment behavior.

2. What is/are the insight(s) found from the chart?

Answer Here- Smaller company employees are less likely to seek treatment.

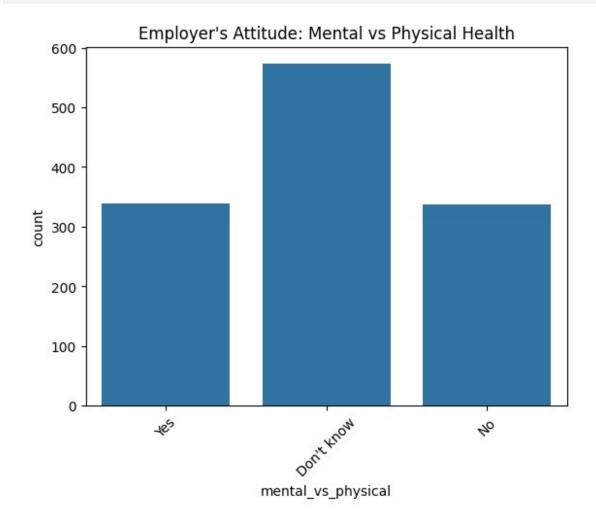
Answer Here

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- small companies may lack resources; shared programs or government support may help.

```
sns.countplot(data=ds, x='mental_vs_physical')
plt.title("Employer's Attitude: Mental vs Physical Health")
```



Answer Here.- To compare how mental vs physical health is treated at work.

2. What is/are the insight(s) found from the chart?

Answer Here- Many feel mental health is not taken as seriously.

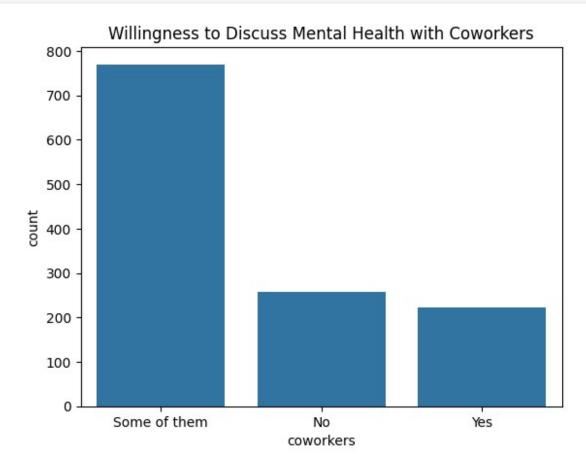
3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- shows a mental health awareness gap. Companies need better policies and training.

Chart - 11

```
sns.countplot(data=ds, x='coworkers')
plt.title("Willingness to Discuss Mental Health with Coworkers")
plt.show()
```



1. Why did you pick the specific chart?

Answer Here-To see if people feel open about mental health with peers.

2. What is/are the insight(s) found from the chart?

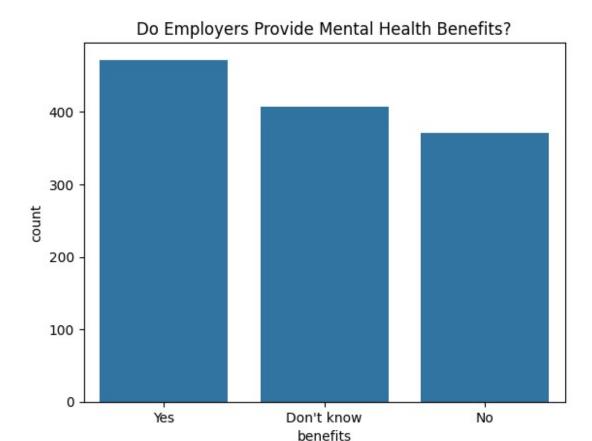
Answer Here- Many are unsure or hesitant to discuss with coworkers.

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- Workplace culture needs improvement to encourage openness and trust.

```
sns.countplot(data=ds, x='benefits')
plt.title("Do Employers Provide Mental Health Benefits?")
plt.show()
```



Answer Here- To check if people know their company offers mental health benefits.

2. What is/are the insight(s) found from the chart?

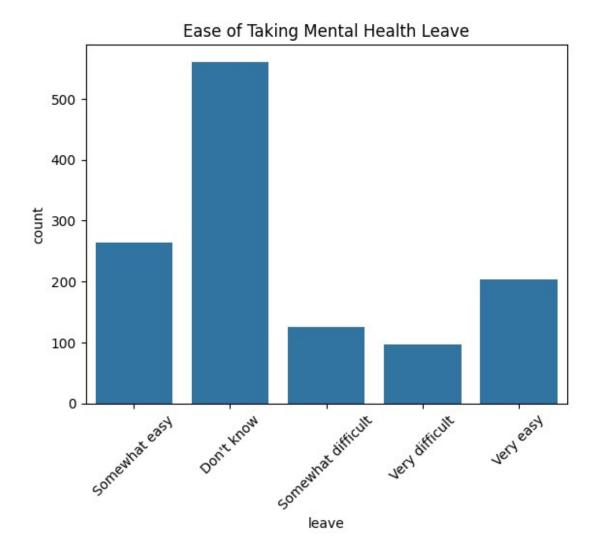
Answer Here- Many respondents don't know or are unsure.

3. Will the gained insights help creating a positive business impact?

Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here- Lack of awareness reduces benefit usage. Communication must be improved.

```
sns.countplot(data=ds, x='leave')
plt.title("Ease of Taking Mental Health Leave")
plt.xticks(rotation=45)
plt.show()
```



Answer Here- To explore how easy it is to take mental health leave.

2. What is/are the insight(s) found from the chart?

Answer Here -Many said it's difficult or they are unsure.

3. Will the gained insights help creating a positive business impact?

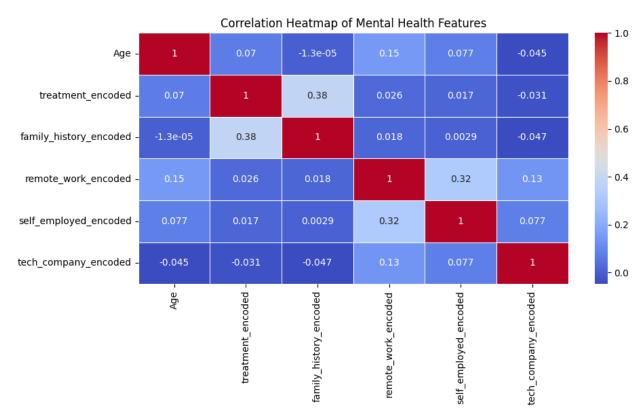
Are there any insights that lead to negative growth? Justify with specific reason.

Answer Here - unclear or strict policies can reduce well-being and increase burnout.

Chart - 14 - Correlation Heatmap

```
# Encode selected categorical columns to numeric
ds['treatment_encoded'] = ds['treatment'].map({'Yes': 1, 'No': 0})
ds['family_history_encoded'] = ds['family_history'].map({'Yes': 1,
```

```
'No': 0})
ds['remote work encoded'] = ds['remote work'].map({'Yes': 1, 'No': 0})
ds['self employed_encoded'] = ds['self_employed'].map({'Yes': 1, 'No':
ds['tech company encoded'] = ds['tech company'].map({'Yes': 1, 'No':
0})
# Select relevant numeric columns
numeric_df = ds[['Age',
                 'treatment encoded',
                 'family_history_encoded',
                 'remote work encoded',
                 'self employed encoded'
                 'tech company encoded']]
# Drop rows with any NaNs (just for safety)
numeric df = numeric df.dropna()
# Plot correlation heatmap
plt.figure(figsize=(10, 6))
sns.heatmap(numeric df.corr(), annot=True, cmap='coolwarm',
linewidths=0.5)
plt.title("Correlation Heatmap of Mental Health Features")
plt.tight layout()
plt.show()
```



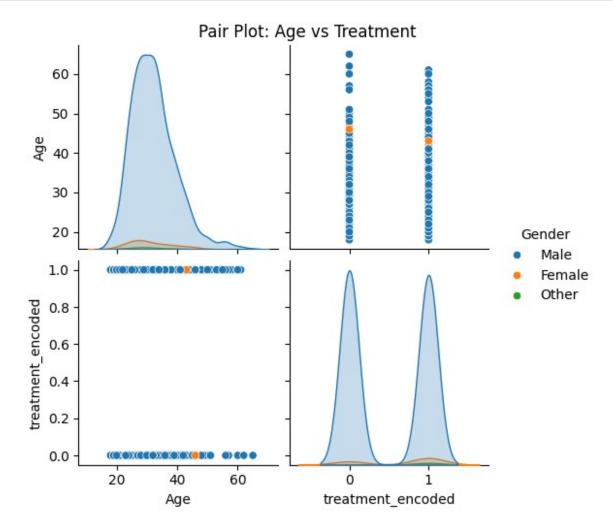
Answer Here- To find how different numeric values relate (e.g., age, treatment).

2. What is/are the insight(s) found from the chart?

Answer Here- Low correlation overall, except some link between family history and treatment.

Chart - 15 - Pair Plot

```
ds['treatment_encoded'] = ds['treatment'].map({'Yes': 1, 'No': 0})
# Select only relevant numeric columns
sns.pairplot(ds, vars=['Age', 'treatment_encoded'], hue='Gender')
plt.suptitle("Pair Plot: Age vs Treatment", y=1.02)
plt.show()
```



1. Why did you pick the specific chart?

Answer Here-To visually compare Age and Treatment across gender.

2. What is/are the insight(s) found from the chart?

Answer Here- Younger people are slightly more likely to seek treatment.

5. Solution to Business Objective

What do you suggest the client to achieve Business Objective?

Explain Briefly.

Answer Here- To improve mental health support and productivity in the tech workplace, the company should focus on awareness, accessibility, and openness. First, increase employee awareness about available mental health benefits, leave policies, and support resources, as many employees don't know they exist. Second, ensure that these benefits are easily accessible to all — including remote workers, self-employed contractors, and employees in small teams. Lastly, promote an open culture by training managers and HR to talk about mental health without stigma. This will encourage employees to seek help early, reduce absenteeism, improve performance, and create a healthier work environment — which directly supports the business goal of high productivity and employee retention.

Conclusion

This analysis of the mental health survey in the tech industry reveals that mental health is a serious concern among employees, with many respondents reporting that it affects their work and overall well-being. While a significant number have sought treatment, many still hesitate to talk about it at work due to fear of judgment or lack of support. The data also shows that awareness of mental health benefits is low, especially among self-employed individuals and small company employees. Companies should focus on creating a supportive culture, increasing awareness about mental health resources, and making leave policies more accessible. These steps will not only improve employee health but also boost productivity and satisfaction in the long run.

Hurrah! You have successfully completed your EDA Capstone Project !!!