

Geometric measure theory

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Chapter 1 Introduction

We will first introduce three questions in incidence geometry: the projection problem, the distance set problem, and the discrete Kakeya problem in \mathbb{R}^2 . Let P be a discrete subset of \mathbb{R}^2 .

Problem 1.1 (Projection) Let $e \in S^1$, and π_e be the projection onto the line l_e . We ask the upper bound on the number of e such that $\pi_e(P) \leq \frac{n}{8}$, given that P is a discrete set with $|P| = n$.

Problem 1.2 (Distance set) What is the lower bound the distance set $\Delta(P)$

$$\Delta(P) = \{|p - p'| : p, p' \in P\}$$

Problem 1.3 (Discrete Kakeya/Joints problem) Given a set of m lines \mathcal{L} , such that each line $l \in \mathcal{L}$ is m -rich, i.e.

$$|P \cap l| \geq m \text{ for each } l$$

Can we put a lower bound on the size of P .

We remind ourselves of a sharp bound regarding how the lines and points intersect. Let $I(P, \mathcal{L}) = \{(p, l) \in P \times \mathcal{L} : p \in l\}$

Theorem 1.1 (Szemerédi-Trotter theorem)

For any $P \subset \mathbb{R}^2$, and a finite set of lines, then we have

$$|I(P, \mathcal{L})| \lesssim (|P||\mathcal{L}|)^{\frac{2}{3}} + |\mathcal{L}| + |P|$$



We will prove a weaker result for some intuition, and gain some insight into the projection problem and the discrete Kakeya problem.

Proposition 1.1 (Weaker S-T)

In \mathbb{R}^2 , we have that

$$|I(P, \mathcal{L})| \lesssim 4 \min\{|P|^{\frac{1}{2}}|\mathcal{L}| + |P|, |\mathcal{L}|^{\frac{1}{2}}|P| + |\mathcal{L}|\} \quad (1.1)$$



Using Proposition 1.1, we get the following lower bound on the discrete Kakeya problem in \mathbb{R}^2 .

Corollary 1.1

we get that for a set of m lines such that each line intersects the point set P at least m times, we get that

$$|P| \gtrsim m^2$$



Note The distance set problem can be realized as intersections between points and circles, instead of points and lines.

We make a similar conjecture in \mathbb{R}^n , for m^{n-1} lines such that each line intersects the point set P at least m times, then we should have

$$|P| \gtrsim m^n$$

This statement fails for \mathbb{R}^3 . Yet we could enforce some assumption to push to a nicer result.

Theorem 1.2 (G-N, Joints Problem)

For a set of m^2 lines such that no more than m lines lie in the same plane, and each line intersects the point set P at at least m points, then we have

$$|P| \gtrsim m^3$$

(This is in fact a conjecture by Bourgain and a corollary to the Joints problem in \mathbb{R}^3).



We now prove Proposition 1.1. **unfinished here, the key idea is to use cauchy schwartz to get an l^2 norm to interpret as two points.**

We now give some general bounds on the size of $\Delta(P)$ given that $|P| = n$.

🚩 **Exercise 1.1** For a given $n \in \mathbb{N}$, there exists a set P such that $|\Delta(P)| \lesssim n$, for example, the set of n points arranged on a straight line.

🚩 **Exercise 1.2** We now get some general lower bound on $\Delta(P)$. We can show $|\Delta(P)| \gtrsim n^{\frac{1}{2}}$. Consider two distinct points p_1, p_2 , if we show that either

$$|\{ |p_1 - p| : p \in P \}| \gtrsim n^{\frac{1}{2}} \text{ or } |\{ |p_2 - q| : q \in P \}| \gtrsim n^{\frac{1}{2}}$$

WLOG, assume p_1 has that

$$|\{ |p_1 - q| : q \in P \}| \lesssim n^{\frac{1}{2}} \tag{1.2}$$

Then we would like to show that

$$|\{ |p_2 - q| : q \in P \}| \gtrsim n^{\frac{1}{2}}$$

If the equation 1.2 is true, then there exists a distance r such that

$$|Q| = |\{ q \in P : |p_1 - q| = r \}| \gtrsim n^{\frac{1}{2}}$$


And for $p_1 \neq p_2$, we have

$$|\{ |p_2 - q| : q \in Q \}| \gtrsim n^{\frac{1}{2}}$$

Chapter 2 Dimensions

We now discuss some ways of measuring size of fractal sets.

Definition 2.1

Given a bounded set E , we define its δ -covering number $|E|_\delta$ as the smallest number of δ -balls needed to cover E . 

We note that as $\delta \rightarrow 0$, $|E|_\delta \rightarrow \infty$, so does $\frac{1}{\delta}$, hence comparing the rate of increase between the two gives us the Minkowski dimension (box counting dimension).

Example 2.1 Let $f : (X, d) \rightarrow (Y, d')$ is biLipschitz, if there exists a constant C such that

$$C^{-1}d'(f(x), f(y)) \leq d(x, y) \leq Cd'(f(x), f(y))$$


Let $f : [0, 1]^n \rightarrow \mathbb{R}^n$ be biLipschitz, where $E = f([0, 1]^n)$, then we have

$$C^{-1}E \leq |[0, 1]^n| \leq CE$$

Hence $[0, 1] \sim E$, and $|E|_\delta \sim \delta^{-n}$.

Definition 2.2 (Upper and Lower Minkowski's dimension)

Let E be a bounded set in \mathbb{R}^n , and $|E|_\delta$ be the δ -covering number, then we define the upper and lower Minkowski dimension as follows:

$$\overline{\dim}_B(E) = \limsup_{\delta \rightarrow 0} \frac{\log(|E|_\delta)}{\log(1/\delta)}, \underline{\dim}_B(E) = \liminf_{\delta \rightarrow 0} \frac{\log(|E|_\delta)}{\log(1/\delta)}$$


Example 2.2 The countable set $E = \mathbb{Q} \cap [0, 1]$, has Lebesgue measure 0, and has Minkowski dimension:

$$\dim_B(E) = \lim_{\delta \rightarrow 0} \frac{\log(\delta^{-1})}{\log(\delta^{-1})} = 1$$

Example 2.3 The set $E = \{\frac{1}{n} : n \in \mathbb{N}\}$ has Minkowski dimension: for every $\frac{1}{n}$, it could be covered by a $\delta = n^{-2}$ -length disjoint interval, hence

$$\dim_B(E) = \lim_{\delta \rightarrow 0} \frac{\log(n)}{\log(n^2)} = \frac{1}{2}$$


Example 2.4 The set $E = \{\frac{1}{2^n} : n \in \mathbb{N}\}$ is “too sparse” of a fractal so its box counting dimension is the same as the topological dimension.


$$\dim_B(E) = \lim_{\delta \rightarrow 0} \frac{\log(n)}{\log(2^n)} = \lim_{n \rightarrow \infty} \frac{\log(n)}{n \log(2)} = 0$$

One could generalize this to get any set $E = \{a^{-n} : n \in \mathbb{N}\}$ has Minkowski dimension 0.

Example 2.5 The Cantor set, splits into 2^n intervals of length $\frac{1}{3^n}$.

$$\dim_B(E) = \lim_{\delta \rightarrow 0} \frac{\log(2^n)}{\log(3^n)} = \frac{\log(2)}{\log(3)}$$

 **Note** Minkowski dimension does not always exist if the upper or lower Minkowski dimensions don't agree, and it does not work with unbounded sets E .

 **Note** The example 2.2 has Minkowski dimension 1, but it is a countable set, hence we would like to assign it measure 0.

$$\dim \cup_i E_i = \sup_i \dim E_i$$

To address the above two concerns, we introduce the Hausdorff dimension. We do it in three steps: introduce an up-to- δ -cover $\{U_j\}$, construct Hausdorff δ -measure, and letting $\delta \rightarrow 0$.

2.0.1 Hausdorff measure

Definition 2.3 (s -dim Hausdorff measure)

Fix $s \geq 0$, and $\delta \in (0, \infty]$, given a set $E \subset \mathbb{R}^n$, an “up-to- δ ”-cover of E is a **countable** family of sets $\{U_j\}_{j \in \mathbb{N}}$ such that

$$E \subset \cup_j U_j, \text{diam}(U_j) \leq \delta, \text{ for all } j$$

And an s -dimensional Hausdorff δ -measure of the set E is

$$H_\delta^s(E) = \inf \left\{ \sum_j \text{diam}(U_j)^s, \{U_j\}_j \text{ is an up-to-}\delta\text{-cover of } E \right\}$$

Finally, the s -dimensional Hausdorff measure of E is

$$H^s(E) = \lim_{\delta \rightarrow 0} H_\delta^s(E)$$



Remark The limit is well justified since as $\delta \rightarrow 0$, $H_\delta^s(E)$ is an increasing function.

There are many nice properties regarding the Hausdorff measure, for example, n -dim Hausdorff measure agrees with the n -dim Lebesgue measure, and there is a unique number such that the Hausdorff measure stops being ∞ , and equivalently drops to zero. Hence based on this observation, we introduce the Hausdorff dimension of a set E .

Definition 2.4 (Hausdorff dimension)

For a set $E \subset \mathbb{R}^n$, we have

$$\dim_H(E) = \sup\{s : H^s(E) = \infty\} = \inf\{s : H^s(E) = 0\}$$



Before anything, we first check that the s -dimensional Hausdorff measure defined above is indeed a measure.

Proposition 2.1

For $s \geq 0$, the s -dimensional measure is indeed a measure.



Proof We have that $\mu(\emptyset) = 0$, and $\mu(E) \geq 0$ for all E . Finally we check the measure is countably additive. For $\{E_j\}_{j \in \mathbb{N}}$ disjoint sets, we consider $E = \cup_j E_j$, as $\delta \rightarrow 0$, (or for δ sufficiently small, given E_j 's are disjoint), all the up-to- δ -covers are disjoint, hence

$$H_\delta^s(\cup_j E_j) = \sum_j H_\delta^s(E_j)$$

And letting $\delta \rightarrow 0$, we get

$$H^s(\cup_j E_j) = \sum_j H^s(E_j)$$

□

Proposition 2.2

The following are basic facts about the Hausdorff measure:

1. for $n \in \mathbb{N}$, let m be the n -dim Lebesgue measure, there exists a constant C such that

$$C^{-1}H^n(E) \leq m(E) \leq CH^n(E)$$

2. $H^s(E)$ is a nonincreasing function of s .
3. For $0 \leq s_1 < s_2 < \infty$

$$\text{either } H^{s_1}(E) = \infty \text{ or } H^{s_2}(E) = 0$$

4. For $s > n$, and $E \subset \mathbb{R}^n$, we have that

$$H^s(E) = 0$$

5. For $E \subset \mathbb{R}^n$, and $s \geq 0$, we have that

$$H^s(E) = 0 \iff H_\infty^s(E) = 0$$

Example 2.6 For a set $E \subset \mathbb{R}^n$, we have that the n -dimensional Hausdorff measure should agree with the standard Lebesgue measure on \mathbb{R}^n . For if E is unbounded, then $m(E) = \infty$, and

Exercise 2.1 We have that for $f : A \rightarrow \mathbb{R}^m$, $A \subset \mathbb{R}^n$, for a fixed $s \geq 0$, and f is Lipschitz with Lipschitz constant L , we have that

$$H^s(f(A)) \lesssim_L H^s(A)$$

Proof For any up-to- δ cover $\{E_j\}$ of A , we have $\{f(E_j)\}_j$ is an (up-to-some constant)- δ cover of $f(A)$, hence

Proposition 2.3

The Hausdorff measure is monotone: for $E_1 \subset E_2$, we have that

$$H^s(E_1) \leq H^s(E_2)$$

Proof For $E_1 \subset E_2$, for each δ , an up-to- δ -cover of E_2 is also an up-to- δ cover of E_1 , and hence taking the infimum, we get that $H^s(E_1) \leq H^s(E_2)$. □

Proposition 2.4

The Hausdorff dimension satisfies that the dimension is a local property:

$$\dim(\cup_j E_j) = \sup_j \dim(E_j)$$

Proof We would like to show that $H^s(\cup_j E_j) = \infty$ if and only if $\sup_j H^s(E_j) = \infty$, and similarly, $H^s(\cup_j E_j) = 0$ if and only if $\sup_j H^s(E_j) = 0$.

This is a total of 4 directions. By monotonicity, two directions are shown:

$$\sup_j H^s(E_j) = \infty \Rightarrow H^s(\cup_j E_j) = \infty$$

Moreover,

$$H^s(\cup_j E_j) = 0 \Rightarrow \sup_j H^s(E_j) = 0$$

Moreover, by H^s being a measure, if we have $\sup_j H^s(E_j) = 0$, then all $H^s(E_j) = 0$ for all j , thus

$$H^s(\cup_j E_j) \leq \sum_j H^s(E_j) = 0$$

Now it remains to show that **what**

Now we justify the usage of H^s , instead of just working H_δ^s .

Exercise 2.2 For $0 \leq s \leq 1, n \geq 2$, we have

$$H_2^s(B_1) = H_2^s(\overline{B_1}) = H_2^s(\partial(B_1))$$

We see that

$$H_2^s(B) = H_2^s(\overline{B}) = 2$$

Then $H_2^s(\partial B) = 0$ if \overline{B} was indeed measurable. But for $0 \leq s \leq 1$, it is more reasonable to cover $\partial \overline{B}$ with bigger covers.

Hence we work with H^s to get a Borel regular measure. Recall the following definitions.

Definition 2.5

A measure μ is a Borel measure if all Borel sets are μ -measurable. Moreover, μ is called Borel regular if for any Borel set A , there exists another Borel set B such that $B \subset A$, and $\mu(A) = \mu(B)$.

With our construction, we claim that the Hausdorff measure H^s for any $s > 0$ is a Borel regular measure.

Proposition 2.5

H_δ^s is a Borel regular measure.



Proof We first accept the fact that every Borel set is H^s -measurable. We show that H^s is Borel-regular. For a Borel set A , we would like to approximate it by “fattening up” the covers. For each n , let $B_n := \cup_j E_{n,j}$ be a cover of A , and such that $\sum_j (\text{diam}(E_{n,j}))^s \leq H_{\frac{1}{n}}^s(A) + \frac{1}{n}$. Then if we take $B = \cap_n B_n$, we have that $A \subset B$, and $H^s(A) = \cap_n H_{\frac{1}{n}}^s(A) \geq \sum_j (\text{diam}(E_{n,j}))^s - \frac{1}{n} \geq \cap_n H_{\frac{1}{n}}^s(B_n) - \frac{1}{n}$, which by our construction, is $H^s(B)$. Then by monotonicity of H^s , we have that

$$H^s(A) = H^s(B)$$



Note The countably additivity of H^s comes from the fact that all Borel sets are H^s -measurable, and any measure is countably additive on its measurable sets.

Section 3 This is part to be typed up. We did Mass distribution principle, which states that if E has that a r_0 Frostman measure μ , then $H_{r_0}(E) \geq \mu(E)/C$, and if further we have that $\mu(E) > 0$, then $\dim_H E \geq s$.

1. Frostman implies positive Hausdorff dimension
2. definition of support of a measure
3. push-forward measure

This is page 12 on weak convergence of measures.

Definition 2.6 (Weak convergence of measures)

Let $\{\mu_j\}$ be a sequence of locally finite measures (they automatically assign finite measures to all compact sets), and we say $\{\mu_j\}$ converges to μ weakly if for all $\varphi \in C_c(X)$, we have

$$\lim_{j \rightarrow \infty} \int \varphi d\mu_j = \int \varphi d\mu$$



Our goal for tonight is to understand the proof of the Frostman Lemma.

Lemma 2.1 (Frostman Lemma)

Assume $E \subset \mathbb{R}^n$ is a compact set with $H^s(E) > 0$, then there exists a compactly supported Borel measure μ with $\text{supp}(\mu) \subset E$ and $\mu(E) \gtrsim H_\infty^s(E)$, and such that for all $x \in \mathbb{R}^n, r > 0$, we have

$$\mu(B(x, r)) \leq r^s$$

**Proof**

There are some things we need to establish before the we prove the Frostman lemma. For a set $E \in \mathbb{R}^n$, we use $\mathcal{M}(E)$ to denote the set of finite Borel measures whose support is contained in E , i.e. if $\mu \in \mathcal{M}(E)$, we have

$$\text{supp}(\mu) \subset E, \text{ and } 0 < \mu(E) < \infty$$

Next we state the “Bolzano-Weierstrass” theorem for measures.

Lemma 2.2

Let $\{\mu_j\}$ be a sequence of locally finite Borel measures on \mathbb{R}^n , i.e., for all K compact subset in \mathbb{R}^n , we have

$$\sup_{j \in \mathbb{N}} \mu_j(K) < \infty$$

Then there exists a subsequence μ_{j_k} such that as $k \rightarrow \infty$, the subsequence converges to μ .



2.1 Hausdorff dimension of product sets

Theorem 2.1 (Hausdorff dimension of product sets)

Let A, B be Borel sets, and $s, t \geq 0$, then we have

$$H_\infty^{s+t}(A \times B) \gtrsim_{d_1, d_2} H_\infty^s(A) H_\infty^t(B)$$



Proof We use the theorem that positive Hausdorff measure if and only if there exists a Frostman measure.

Assume $H_\infty^s(A) > 0$, $H_\infty^t(B) > 0$, then there exists μ_1, μ_2 such that

$$\mu_1(A) \gtrsim H_\infty^s(A), \mu_2(B) \gtrsim H_\infty^t(B)$$

Then we consider any ball $B((x_1, x_2), r)$, we have that

$$B((x_1, x_2), r) \subset B(x_1, r) \times B(x_2, r)$$

Hence we have

$$\mu_1 \times \mu_2(A \times B) \gtrsim r^{s+t}$$

Hence $\mu_1 \times \mu_2$ is a Frostman measure on $A \times B$, hence

$$H_\infty^{s+t}(E) \geq r^{s+t} \gtrsim H_\infty^s(A) H_\infty^t(B)$$

Corollary 2.1

For A, B Borel sets, we have

$$\dim_H(A \times B) \geq \dim_H(A) + \dim_H(B)$$



Proof Once we have $H_\infty^{s+t}(A \times B) \gtrsim_{d_1, d_2} H_\infty^s(A) H_\infty^t(B)$, it is easy to see, if $\dim_H(A) > s$, and $\dim_H(B) > t$, then we have that $H_\infty^s(A) \geq 0$, and $H_\infty^t(B) \geq 0$, thus $H_\infty^{s+t}(A \times B) \geq 0$, hence we have

$$\dim_H(A \times B) \geq s + t$$

□

Corollary 2.2

We also have that

$$\dim_H(A \times B) \leq \dim_H A + \overline{\dim}_M B$$



Proof If we assume that $\dim_H(A) < s$, $\dim_H(B) \leq \overline{\dim}_M(B) < t$, then we have

$$\dim_H(B) < t, \text{ i.e. } H_\infty^t(B) = 0$$

$$\dim_\infty(A \times B)$$

2.2 Riesz Energies

We revisit the question regarding projections. Assume E is compact, do we always have

$$\dim_H(\pi_e(E)) = \min\{\dim_H(E), 1\}$$

for some $e \in S^1$ or for all $e \in S^1$.

The important implication is we would like to transfer an s -dimensional Frostman measure on E to an s -dimensional Frostman measure (the push-forward measure) on $\pi_e(E)$, i.e. we would like to have if $\mu(B(x, r)) \lesssim r^s$ for $\text{supp}(\mu) \subset E$,

$$\mu_{\pi_e}(B(x, r)) \lesssim r^s$$

where $\text{supp}(\mu_{\pi_e}) \subset \pi_e(E)$.

Definition 2.7 (Riesz potential and energy of measures)

Let $0 \leq s \leq d$, and let μ be a Borel measure on \mathbb{R}^d . The s -dimensional Riesz potential of the measure μ at a particular point is

$$V_s(\mu)(x) = \mu * k_s(x) = \int \frac{1}{|x-y|^s} d\mu(y)$$

where k_s is the s -dimensional Riesz kernel

$$k_s(x) = \frac{1}{|x|^s}$$

And the s -dimensional Riesz energy of the measure μ is given by integrating the potential:

$$I_s(\mu) = \int V_s(\mu) d\mu(x) = \int \int \frac{1}{|x-y|^s} d\mu(x) d\mu(y)$$



The reason for introducing the Riesz energies and potentials is because they almost carry the same information as a measure being s -Frostman.

Proposition 2.6 (Finite energy if and only if s -Frostman)

Let $\mu \in M(\mathbb{R}^d)$ be s -Frostman, then for all $0 \leq t < s$, we have $\|V_t(\mu)\|_\infty < \infty$, and

$$I_t(\mu) < \infty$$

Conversely, if we have finite s -Riesz energy, $I_s(\mu) < \infty$, then there exists a subset $B \subset \mathbb{R}^d$, that we have

$$\mu(B) > 0, \mu|_B \text{ is } s\text{-Frostman}$$

**Proof** computation, should do this

As an immediate corollary, we establish a relationship between finite energy of a measure with positive Hausdorff dimension.

Corollary 2.3 (Finite energy and positive Hausdorff measure)

Let $E \subset \mathbb{R}^d$, then $\dim_H(E) > s \geq 0$, then there exists a measure μ such that $\mu \in M(E)$, and

$$I_s(\mu) < \infty$$

Conversely, if there exists a $\mu \in M(E)$ such that $I_s(\mu) < \infty$, then we have

$$\dim_H(E) \geq s$$



Note Justifying that the measure has finite energy for H^1 almost every e is the strategy for proving Marstrand's projection theorem.

Now we prove the Marstrand's projection theorem.

Theorem 2.2 (Marstrand's projection theorem)

Let $E \subset \mathbb{R}^2$ be Borel, then

$$\dim_H \pi_e(E) = \min\{\dim_H(E), 1\}$$

for H^1 almost every $e \in S^1$.



2.3 Rectifiable sets

There is actually a second part of the statement of Marstrand's projection theorem.

Theorem 2.3

If $\dim_H(E) > 1$, then for H^1 almost every e , we have

$$H^1(\pi_e(E)) > 0$$



To prove this, we will use tools in section 6. However, we can ask the following question now:

Problem 2.1 If $E \subset \mathbb{R}^2$ is compact, can we always have

$$H^1(\pi_e(E)) > 0?$$



Note We will answer this with a positive answer if E is 1-rectifiable, and $0 < H^1(E) < \infty$. And we will answer this with a negative answer, as our last theorem of the section, the Besicovitch theorem.

Theorem 2.4

Let $E \subset \mathbb{R}^2$ be a purely 1-unrectifiable set with $0 < H^1(E) < \infty$, then for H^1 almost every $e \in S^1$, we have

$$H^1(\pi_e(E)) = 0$$



We define the densities at a particular point.

Definition 2.8 (s -dimensional density)

Let $A \subset \mathbb{R}^d$, and $H^s(A) < \infty$, for $s \geq 0$. The upper and lower s -dimensional densities of A at x is defined to be

$$\Theta^{s,*}(A, x) = \limsup_{r \rightarrow 0} \frac{H^s(A \cap B(x, r))}{r^s}, \quad \Theta_*^s(A, x) = \liminf_{r \rightarrow 0} \frac{H^s(A \cap B(x, r))}{r^s}$$



Note The following should be interpreted just as the Lebesgue point density theorem.

The following two propositions are just like Lebesgue density theorems, and I shall call them the analogs of Hausdorff density theorems. This implies that depending on whether x is in the set or not, the density at that point is either positive or 0.

Proposition 2.7 (Hausdorff density theorem)

For H^s almost all $x \in A$.

$$1 \leq \Theta^{s,*}(A, x) \leq 2^s$$



And it is what we expected for $x \notin A$.

Proposition 2.8

For H^s almost all $x \in \mathbb{R}^d \setminus A$, we have

$$\Theta^{s,*}(A, x) = 0$$

**2.3.1 Rectifiable sets**

Let's define the two types of sets that answer oppositely to our positive projection theorem.

Definition 2.9 (rectifiable)

Let $0 < n < d$ be integers, and let $E \subset \mathbb{R}^d$, and we say that E is n -rectifiable if for H^n almost all of E can be covered by Lipschitz images of \mathbb{R}^n . In other words, there exists a set of countable Lipschitz maps $\{f_j\}$, $f_j : \mathbb{R}^n \rightarrow \mathbb{R}^d$ such that

$$H^n \left(E \setminus \bigcup_j f_j(\mathbb{R}^n) \right) = 0$$



Definition 2.10 (n-unrectifiable)

E is called purely n -unrectifiable if for all Lipschitz map $f : \mathbb{R}^n \rightarrow \mathbb{R}^d$, we have

$$H^n(E \cap f(\mathbb{R}^n)) = 0$$

(This means that E does not intersect nontrivially with any $f(\mathbb{R}^n)$).

Alternatively, E is n -unrectifiable if and only if for all n -rectifiable sets $R \subset \mathbb{R}^d$, we have

$$H(E \cap R) = 0$$



The following asserts that any $E \subset \mathbb{R}^d$ with $H^n(E) < \infty$ can be decomposed into n -rectifiable sets, and purely n -unrectifiable sets.

Theorem 2.5 (Rectifiable decompositions)

Let $0 < n < d$, and let $E \subset \mathbb{R}^d$, and $H^n(E) < \infty$, and then there exists $R \subset \mathbb{R}^d$, n -rectifiable, such that E can be written into disjoint unions of rectifiable and unrectifiable portions:

$$E = [E \cap R] \cup U$$

where $U = E \setminus R$ is purely n -unrectifiable, and $E \cap R$ is n -rectifiable.



Note This decomposition is unique up to null sets.

Proof finish this

2.3.2 Projections of rectifiable sets**Theorem 2.6**

For $E \subset \mathbb{R}^2$, if E is 1-rectifiable with $0 < H^1(E) < \infty$, and if $e_1, e_2 \in S^1$ are distinct vectors such that

$$H^1(\pi_{e_1}(E)) = H^1(\pi_{e_2}(E)) = 0$$

then $e_1 = -e_2$.



Proof We show that there exists a direction e_0 such that for all $e \in S^1 \setminus e_0^\perp$, we have

$$H^1(\pi_e(E)) > 0$$

Then this would imply that if two directions e_1, e_2 have zero length projections, then they both must live in e_0^\perp , hence $e_1 = -e_2$.

For E 1-rectifiable, there exists an open interval J and some Lipschitz function f such that

$$H^1(E \cap f(J)) > 0$$

For any Lipschitz function, we can approximate it well with a C^1 function g such that

$$H^1(\{x : f(x) \neq g(x)\}) = 0$$

And via computation, we also have

$$H^1(E \cap g(J)) > 0$$

Then let

$$F_1 = \{t \in J : g'(t) = 0\}, F_2 = \{t : \liminf_{r \rightarrow 0} \frac{H^1((E \cap B(t, r)))}{r} = 0\}$$

We would like to show that $H^1(g(F_1)) = H^1(E \cap g(F_2)) = 0$, and by $H^1(E \cap g(J)) > 0$, we know there must exist some point $t_0 \in J$ such that

$$g'(t_0) \neq 0, \text{ and } \liminf_{r \rightarrow 0} \frac{H^1(E \cap B(t, r))}{r} > 0$$

Let $e_0 = \frac{g'(t_0)}{|g'(t_0)|}$, and for

$$e \in S^1 \setminus e_0^\perp$$

We have π_e as a biLipschitz function. And by the density at t , we have

$$H^1(\pi_e(E)) \geq H^1(\pi_e(E \cap B(t, r))) \gtrsim H^1(E \cap B(t, r)) \gtrsim r > 0$$

□

2.3.3 Projection of unrectifiable sets

We first say a bit about the “conical” density of unrectifiable sets. We know from the density theorem, for H^s almost every $x \in E$, we have the upper s dimensional density at x :

$$\Theta^{s,*}(E, x) = \limsup_{r \rightarrow 0} \frac{H^s(E \cap B(x, r))}{r^s} \geq 1$$

This is because our $B(x, r)$ is quite large. Now we ask the question, can we replace $B(x, r)$ with smaller sets, such that when we intersect it with E , the upper s -dimensional density is still positive?

Definition 2.11 (Cone)

For $S \subset S^1$, for example, an arc J , we define the “cone:”

$$C(x, S) = \bigcup_{e \in S} l_e(x)$$

where $l_e(x)$ is the line parallel to e and passes through x .



Problem 2.2 Will the following still hold?

$$\Theta_J^{1,*} = \limsup_{r \rightarrow 0} \frac{H^s(E \cap B(x, r) \cap C(x, J))}{r^s} > 0$$



Note We defined a new density at x with the J arc or cone cutoff.

The answer is generally no. We will demonstrate via an example

Example 2.7 Let $E = \text{span}((1, 0))$, i.e. the horizontal line in \mathbb{R}^2 , and take $J = S^1 \setminus (1, 0) \cup (-1, 0)$. Then we see that

$$E \cap B(x, r) \cap C(x, J) = \{x\}$$

where the horizontal line intersects every nonhorizontal line exactly at one point $\{x\}$.

However, for unrectifiable sets, the above situations cannot happen. In other words, unrectifiable sets are still in a sense that, for any arc we take, the H^1 measure of their intersections are pretty large.

Theorem 2.7 (Density of unrectifiable sets)

Let $E \subset \mathbb{R}^2$ be a purely 1-unrectifiable set, with $0 < H^1(E) < \infty$, then for H^1 almost every $x \in E$, and for all arcs $J \subset S^1$, we have

$$\Theta_J^{1,*}(E, x) \geq cH^1(J)$$

for some absolute constant c independent of J .



To prove this theorem, we first exhibit the following lemma:

Lemma 2.3

Let $E \subset \mathbb{R}^2$, and J is any arc in S^1 , if

$$E \cap C(x, J) = \{x\}$$

then E is rectifiable.



Example 2.8 Just like the previous example, where E is just the horizontal line in \mathbb{R}^2 , which is 1-rectifiable.

Proof [of the lemma] It suffices to show that **lemma** You show that E can be written as the image of a Lipschitz map from $\mathbb{R} \rightarrow \mathbb{R}^2$, and this Lipschitz map is the inverse an a projection. We use the assumption carefully to produce a direction $e \in S^1$ such that is not contained in J or $-J$.

Now we are ready to prove the theorem. This is to say, the unrectifiable sets carry some sense of “density” with them, such that when they intersect any cone, the intersection is not small.

Proof [of the theorem] We first note that it suffices to show this for a fixed arc, since any arc has arbitrary length > 0 . And assume $J = B((0, 1), \rho) \cap S^1$, the “north cap.” If we let the **low density set** be denoted as $B_{\delta, \tau}$, we have

$$B_{\delta, \tau} = \{x \in E : \mu(B(x, r) \cap C(x, J)) < \tau r, 0 < r < \delta\}$$

Then clearly, we have

$$\{x \in E : \Theta_J^{1,*}(E, x) < \tau\} \subset \bigcup_{\delta > 0} B_{\delta, \tau}$$

Hence we see that it suffices to show these sets have measure 0, i.e.

$$H^1(B_{\delta, \tau}) = 0$$

However, to show this, we take an indirect proof. Fix $\delta > 0$, for sufficiently large $C \geq 1$, for $x_0 \in B(x_0, r_0/4)$,

$$H^1(B_{\delta, \tau} \cap B(x_0, r_0/4)) \lesssim \frac{r_0}{C}, 0 < r_0 \leq \delta$$

And we then have


$$\Theta^{1,*}(B_{\delta, \tau}, x_0) < 1$$

for all $x_0 \in B_{\delta, \tau}$, since we have the Hausdorff density theorem, which states points inside a set should have density ≥ 1 , we thus have

$$H^1(B_{\delta, \tau}) = 0$$

Hence it suffices to show for any compact $K \subset B_{\delta, \tau} \cap B(x_0, r_0/4)$, we have

$$H^1(K) \lesssim \frac{r_0}{C}$$

 **Note** Here is where we use the “low-density” property of $B_{\delta, \tau}$, where if we take $\tau = \frac{H^1(J)}{C}$, we have

$$H^1(B(x, r) \cap C(x, J)) < \tau r = \frac{H^1(J)r}{C}$$


However, this condition is bit hard to use since it is the intersection of $B(x, r)$ with a cone, and we turn this information from cones to tubes using the following lemma.

Lemma 2.4 (From cones to tubes)

For H^1 almost every $x \in K$, there exists a vertical tube of width $0 < w(T_x) \leq r_0$ around the line $l_{(0,1)}(x)$ such that

$$H^1(K \cap T_x) \lesssim \frac{w(T_x)}{C}$$



 **Note** We will prove this lemma shortly after.

(By removing a null set), note that K can be covered using a countable set of tubes $\{T_j\}$ such that $T_j/5$ are disjoint, and

$$K \subset \bigcup_j T_j$$

And we thus have

$$H^1(K) \leq \sum_j H^1(K \cap T_j) \lesssim \sum_j \frac{w(T_j)}{C} = \frac{5}{C} \sum_j w(T_j/5) \lesssim \frac{r_0}{C}$$

□

Lemma 2.5 (From cones to tubes)

For H^1 almost every $x \in K$, there exists a vertical tube of width $0 < w(T_x) \leq r_0$ around the line $l_{(0,1)}(x)$ such that

$$H^1(K \cap T_x) \lesssim \frac{w(T_x)}{C}$$



Proof We will now prove this lemma. The key idea is that we would like to cover $T_x \cap K$ with a ball $B(x, h(x))$, and also two cones.

1. $T_x \cap K \subset B(x, h(x))$
2. We have $T_x \subset C(x, J) \cup C(x^*, J)$. And using how we will construct $B(x, h(x))$, we have $B(x^*, 2h(x))$.

If we show both of the above claims, then we have that

$$H^1(K \cap T_x) \leq H^1(B(x, h(x)) \cap C(x, J)) + H^1(B(x^*, 2h(x)) \cup C(x^*, J))$$

Thus by our conical estimate, we have that

$$H^1(K \cap T_x) \lesssim \frac{h(x)H^1(J)}{C}$$

we take a smaller region

We construct a ball $B(x, h(x))$ such that $T_x \cap K \subset B(x, h(x))$.

We now talk about projections of unrectifiable sets.

Theorem 2.8 (Besicovitch)

Assume $E \subset \mathbb{R}^2$ is Borel purely 1-unrectifiable 1-set. Then we have

$$H^1(\pi_e(E)) = 0$$

for H^1 almost every $e \in S^1$.



We first define the notion of high multiplicity and high density for directions $e \in S^1$.

Definition 2.12 (High Multiplicity)

We say a direction e is a direction of high multiplicity at x , denoted $e \in H_x$, if

$$|E \cap l_e(x) \cap B(x, r)| \geq 2, \text{ for all } r > 0$$

Alternatively, for a fix $r > 0$, we can denote the above as $H_x(r)$, then we have

$$H_x = \bigcap_{r>0} H_x(r)$$



The condition “for all $r > 0$ ” implies that there are points in E that are in $l_e(x)$ that are infinitely close to x .

Definition 2.13 (High density)

We say e is a direction of high density at x , denoted that $e \in D_x$, if for all $r_0, M, \epsilon > 0$, there exists a radius $0 < r < r_0$, and an arc $J \subset S^1$, and $e \in J$, $0 < \sigma(J) < \epsilon$, we have

$$\frac{\mu(C(x, J) \cap B(x, r))}{r} \geq M\sigma(J)$$

where $\mu = \frac{1}{|H^s(E)|} H^1|_E$, and $C(x, J)$ is the cone $C(x, J) = \bigcup_{e \in J} l_e(x)$.

Alternatively, for fixed $r_0, M, \epsilon > 0$, we have

$$D_x = \bigcup_{r_0, \epsilon, M > 0} D_x(r_0, \epsilon, M)$$



Note Both high multiplicities and high densities at x mean that there are plenty of points in E that are arbitrarily close to x , contained in an arbitrarily narrow cones around $l_e(x)$. This could give intuition that E has very small projections.



Note Proof Sketch We will show that for H^1_E almost every $x \in E$, and for almost all H^1_S directions e , we have that e is either high multiplicity or high density. Then we will show that points with almost all directions that are either of high density or high multiplicity will have small projections in almost all directions.

Lemma 2.6 (High density or high multiplicity)

For H^1 almost every $x \in E$, and H^1 almost every $e \in S^1$ is either a direction of high multiplicity ($e \in H_x$) or high density at x ($e \in D_x$).



Proof We will specify what those points are and show that H^1 (not these points) are of measure 0. In other words, for any fixed $r_0, \epsilon, M > 0$, we show that for μ almost every $x \in E$, we have

$$\sigma(S^1 \setminus [H_x(r_0) \cup D_x(r_0, \epsilon, M)]) = 0$$

Since μ almost every $x \in E$, satisfies

$$\frac{\mu(B(x, r) \cap C(x, J))}{r} \geq c\sigma(J)$$

for arbitrary arc $J \subset S^1$, it suffices to show that for almost every $e \in S^1$, we have either

$$\Theta^{1,*}(H_x(r_0), e) > 0 \text{ or } \Theta_x^1(D_x(r_0, \epsilon, M)) > 0$$

And note that for σ almost everywhere $e \in S^1 \setminus [H_x(r_0) \cup D_x(r_0, \epsilon, M)]$, we have

$$\Theta^1(H_x(r_0), e) = \Theta^1(D_x(r_0, \epsilon, M), e) = 0$$

Then we have

We will now show how this lemma implies the Besicovitch projection theorem.

unfinished here

Chapter 3 Fourier transform of measures

Recall we let $M(E)$ denote the set of finite Borel measures μ with compact support satisfying

$$\text{supp}(\mu) \subset E, \mu(E) > 0$$

We define the Fourier transform of measures as follows:

Definition 3.1 (Fourier transform of measures)

Let $\mu \in M(\mathbb{R}^d)$, we have

$$\widehat{\mu}(\xi) = \int_{\mathbb{R}^d} e^{-ix \cdot \xi} d\mu(x)$$

Notice the exponent that we use here is slightly different from the usual 2π , but most is just notation. 

We then state and prove some important properties that we will use later about Fourier transform of measures.



Note Orponen used \mathcal{L}^d to denote the d -dimensional Lebesgue measure, here we will simply use dx , whenever we are integrating with respect to the Lebesgue measure in \mathbb{R}^d .

Proposition 3.1

Let $\mu \in M(\mathbb{R}^d)$, and let $f \in \mathcal{S}$. Then we have

$$\int f d\mu = \frac{1}{(2\pi)^d} \int \widehat{f} \widehat{\mu} dx$$

Moreover, we have

$$\|f\|_{L^2} = \frac{1}{(2\pi)^d} \|f\|_{L^2}$$



Proof The same proof that we did for duality and Plancherel.

There are some useful identities that you get from this duality relation.

Corollary 3.1

$$\int |\widehat{\mu}|^2 d\sigma(\xi) = \int \widehat{\sigma} * \mu d\mu$$



Later we will define the quantity on the left.

Next we give a list of properties.

Lemma 3.1

We have

1. Fourier transform turns convolution into pointwise multiplication:

$$\widehat{\mu * f}(\xi) = \widehat{\mu}(\xi) \widehat{f}(\xi)$$

2. If $\widehat{\mu} \in L^2$, then $\mu \in L^2$, and $\mu \ll m^d$, where m^d is the Lebesgue measure.
3. For an invertible linear transformation $T : \mathbb{R}^d \rightarrow \mathbb{R}^d$, we have

$$\widehat{f \circ T}(\xi) = \frac{1}{|\det(T)|} \widehat{f}((T^{-1})^t \xi)$$



Proof For 2, we note that it is absolutely continuous with respect to the Lebesgue measure, because by the previous proposition,

$$f \mapsto \int f d\mu$$

is a positive linear functional defined on functions dense in L^2 , hence by Riesz representation theorem, there exists a

unique $g \in L^2$ such that

$$\varphi(f) := \int f d\mu = \int f g dx$$

And clearly we have $d\mu = g dx$.

For 4, note that we do a change of variable and use the fact that for an invertible linear transformation A , we have

$$Ax \cdot y = x \cdot A^t y$$

□

Next we connect the Riesz energy of a measure with the Fourier transform of this measure (specifically, its L^2 behavior.) Recall that the Riesz energy is defined as

$$I_s(\mu) = \int |x - y|^{-s} d\mu(x) d\mu(y) = \int k_s * \mu d\mu(x)$$

where k_s is the s -dimensional Riesz kernel $|x|^{-s}$, and we define convolution with respect to a measure as

$$k_s * \mu(x) = \int |x - y|^{-s} d\mu(y)$$

Proposition 3.2

Let $\mu \in M(\mathbb{R}^d)$, let $0 < s < d$, there exists some (ignorable constant) c such that

$$I_s(\mu) = c \int |\hat{\mu}(\xi)|^2 |\xi|^{s-d} d\xi$$

♠

Proof This follows simply from computation (assuming there is no issue with convergence).

$$\begin{aligned} I_s(\mu) &= \int k_s * \mu d\mu \\ &= \int \widehat{k_s * \mu} \bar{\hat{\mu}} dx \\ &= \int \hat{k_s} \hat{\mu} \bar{\hat{\mu}} dx \\ &= c \int |\hat{\mu}|^2 |\xi|^{s-d} d\xi \end{aligned}$$

□

We will use this identity a lot. Namely, a common technique we will use is that we will attempt to define a measure μ on a set (for example, the projection measure, or the pushforward distance measure on $\Delta(E)$), and it suffices to show E has positive Lebesgue measure if $\hat{\mu} \in L^2$.



Note One can sometimes extract that $\mu \in L^2$ given finite energy.

Corollary 3.2

If $\mu \in M(E)$, and $\hat{\mu} \in L^2$, then

$$d\mu = f dx$$

for some $f \in L^2$, hence $|E| > 0$.

♡

We will look at one specific application of the above method.

Theorem 3.1 (Marstrand's Projection theorem, II)

Let $E \subset \mathbb{R}^2$ be compact. If $\dim_H(E) > 1$, then for H^1 almost every $e \in S^1$, we have

$$|\pi_e(E)| > 0$$

♡

Proof Since $\dim_H(E) > 1$, there exists a measure $\mu \in M(E)$ such that $I_1(\mu) < \infty$. And our goal is to show the

pushforward measure $\widehat{\pi_e \mu} \in L^2$. This is given by

$$\begin{aligned} \int_{\mathbb{R}^2} |\widehat{\pi_e \mu}(\xi)|^2 d\xi &= \int_{S^1} \int_{\mathbb{R}} |\widehat{\pi_e \mu}|^2 d\xi d\sigma(\omega) \\ &= \int_{S^1} \int_{\mathbb{R}} |\hat{\mu}(\xi\omega)|^2 d\xi d\sigma(\omega) \\ &= \int_{\mathbb{R}^2} \frac{|\mu(\xi)|^2}{|\xi|} d\xi \\ &\sim I_1(\mu) < \infty \end{aligned}$$

Note the last \sim means it differs by a constant. □

From the above, we see that one should expect some decay of $|\hat{\mu}(\xi)|$ from the finiteness of $I_s(\mu)$, however, this decay is in an average sense. We next define the spherical average.

Definition 3.2 (Spherical average)

Let σ_r be the spherical measure on the ball $B(0, r)$. The spherical average of $\hat{\mu}$ is

$$\sigma(\mu)(r) = \frac{1}{r^{d-1}} \int_{S(0, r)} |\hat{\mu}|^2 d\sigma_r$$

where $S(0, r)$ is the sphere in \mathbb{R}^d . ♣

think about this To agree with Wolff's notations, one can show

Proposition 3.3

$$\sigma(\mu)(r) = \int_{S^{d-1}} \hat{\mu}(Re^{i\theta}) d\theta$$

Moreover, the energy $I_s(\mu)$ is given by

$$I_s(\mu) = \int_{\mathbb{R}^n} |\hat{\mu}(\xi)|^2 |\xi|^{s-d} d\xi = \int \sigma(\mu)(r) r^{s-d} dr$$
♠

How do we connect the spherical average with the positive Lebesgue measure of the distance set $|\Delta(E)|$.

Proposition 3.4 (Spherical average and $|\Delta(E)|$)

Let ν be the pushforward distance measure on $\Delta(E)$, then $\hat{\nu} \in L^2$ if and only if

$$\int r^{d-1} (\sigma(\mu)(r))^2 dr < \infty$$
♠

Now we discuss the case in $d = 2$.

Corollary 3.3

If $d = 2$ and $s > 1$, and for some $\mu \in \Delta(E)$, we have $I_s(\mu) < \infty$, and if $\sigma(\mu)(r) \lesssim r^{s-2}$, then a subset $E \subset \mathbb{R}^2$, with $\dim_H(E) > s$, we have $|\Delta(E)| > 0$. ♥

Proof This is given by the finiteness of $I_s(\mu) < \infty$. We have

$$\begin{aligned} \int r (\sigma(\mu)(r))^2 dr &\lesssim \int r^{s-1} \sigma(\mu)(r) dr \\ &\sim I_s(\mu) < \infty \end{aligned}$$
□

Remark The $s - 2$ is the exponent that one needs to turn the critical integral to the finite energy. So if we can bound the spherical average with some exponent less than $s - 2$, then we obtain some gain.

Now if we gain new average on $\sigma(\mu)(r)$, we gain better lower bound.

Theorem 3.2 (Mattila)

For $s \geq 1$, we have

$$\sigma(\mu)(r) \lesssim r^{1-s}$$



This is the bound that was obtained by Mattila on spherical averages.

Corollary 3.4

Let $E \subset \mathbb{R}^2$, and $\mu \in M(E)$ such that $I_s(\mu) < \infty$, for all $s > 3/2$, we have

$$|\Delta(E)| > 0$$



Proof Again, we show that

$$\int r(\sigma(\mu)(r))^2 dr < \infty$$

This is given by

$$\begin{aligned} \int r(\sigma(\mu)(r))^2 dr &\lesssim \int r \cdot r^{1-s} \sigma(\mu)(r) dr \\ &\lesssim \int r \cdot r^{s-2} \sigma(\mu)(r) dr \\ &\sim I_s(\mu) < \infty \end{aligned}$$

The second line follows from the fact that $s > 3/2$.

**Theorem 3.3 (Wolff)**

We have

$$\sigma(\mu)(r) \lesssim r^{-s/2+\epsilon}$$



Then exactly by the same process as above, if we want to have

$$r^{-s/2} \lesssim r^{s-2}$$

We have $s > 4/3$.

Corollary 3.5

For $E \subset \mathbb{R}^2$, if $\dim_H(E) > 4/3$, then $|\Delta(E)| > 0$.



Now we discuss Fourier dimension.

Definition 3.3 (Fourier dimension)

Let $E \subset \mathbb{R}^d$, the Fourier dimension of E is

$$\dim_F(E) = \sup\{s \in [0, d] : \text{there exists } \mu \in M(E) : |\hat{\mu}(\xi)| \lesssim |\xi|^{-s/2}, \forall \xi \in \mathbb{R}^n \setminus \{0\}\}$$



We make sense of the Fourier dimension with some examples, to show the Fourier dimension needless to agree with the Hausdorff dimension in any sense.

Example 3.1 For S^{d-1} , we note that the spherical measure has the good decay, in other words,

$$|\hat{\sigma}(\xi)| \lesssim |\xi|^{-(d-1)/2}$$

Hence $\dim_F(S^{d-1}) = d - 1$. We see that the Fourier dimension agrees with the Lebesgue and Hausdorff dimension.

Example 3.2 If we consider the set $E = [0, 1] \times \{0\}$, then the Lebesgue or Hausdorff dimension is 1, however, $\dim_F(E) = 0$.

We first relate the Fourier dimension with the Hausdorff dimension.

Proposition 3.5

For $E \subset \mathbb{R}^d$, we have

$$\dim_F E \leq \dim_H E$$



Proof It suffices to show that if $\dim_F E > s$, then $\dim_H(E) \geq s$ for all $s > 0$. One could choose $s + \epsilon$ such that there exists a μ such that

$$|\hat{\mu}(\xi)| \lesssim |\xi|^{-(s+\epsilon)/2}$$

To show $\dim_H E \geq s$, it suffices to show for this μ , $I_s(\mu) < \infty$.

$$I_s(\mu) = \int |\hat{\mu}(\xi)|^2 |\xi|^{s-d} d\xi \lesssim \int |\xi|^{-d-\epsilon} d\xi < \infty$$

□



Note This is no longer an L^2 problem. Now we cut it into good and bad parts. But its L^1 norm is small.

Chapter 4 Kakeya set

We will prove the following two results in the plane: Kakeya set in \mathbb{R}^2 has lower Minkowski dimension 2, and has Hausdorff dimension 2.

Theorem 4.1

Let E be a Kakeya set in \mathbb{R}^2 , then it has lower Minkowski dimension 2.

Proof We will prove the key lemma.

Lemma 4.1

Let $S = \{e_1, \dots, e_n\} \subset S^1$ be a set of δ -separated directions, and let T_j be the $\delta \times 1$ tube containing a line parallel to e_j (in other words, they are δ -separated tubes), if we write $T = \bigcup_{j=1}^N T_j$, then we have

$$|T| \gtrsim \frac{N\delta}{\log(1/\delta)}$$

where $|T| = \mathcal{L}^2(T)$. This states that the δ -separated tubes cannot too much intersection in volume.

We first show how the lemma implies the lower Minkowski dimension. We simply pick the S to be the maximal set, i.e. $N \sim \delta^{-1}$. Fix any cover of E using balls $B(x_1, \delta/2), \dots, B(x_M, \delta/2)$ (this aligns with the definition of covering using balls of diameter δ), we know that

$$T = \bigcup_{j=1}^N T_j \subset \bigcup_{j=1}^M B(x_j, 10\delta)$$

And since $|T| \gtrsim \frac{1}{\log(1/\delta)}$, we have

$$\left| \bigcup_{j=1}^M B(x_j, 10\delta) \right| \gtrsim \delta^{-2} M \gtrsim |T|$$

This gives $M \gtrsim \frac{1}{\delta^2 \log(1/\delta)}$. Hence by definition, we have

$$\liminf_{\delta \rightarrow 0} \frac{\log |E|_\delta}{\log(1/\delta)} \gtrsim \liminf_{\delta \rightarrow 0} \frac{\log(\delta^{-2}) + \log(\log(1/\delta))}{\log(1/\delta)} = 2$$

□

prove the lemma The lemma is proved by some pictures and geometric observations. If we let

$$f = \sum_{j=1}^N \chi_{T_j}$$

Then it is reduced to a problem of bounding $\|f\|_{L^2}$.

$$|T| \geq \frac{\|f\|_{L^1}^2}{\|f\|_{L^2}^2}$$

This is given by Cauchy Schwartz.

$$\|f\|_{L^1}^2 \leq \|f\|_{L^2}^2 \text{supp}(f) = \|f\|_{L^2}^2 |T|$$

And bounding the L^2 norm of f is naturally associated with intersections of two tubes.

$$\|f\|_{L^2}^2 = \int \sum_i \sum_j \chi_{T_i} \chi_{T_j} dx = \sum_i \sum_j |T_i \cap T_j|$$

Theorem 4.2 (Kakeya conjecture in \mathbb{R}^2)

Let E be a Kakeya set in \mathbb{R}^2 , then it has Hausdorff dimension 2.

Proof We will use a pigenholing principle.

Lemma 4.2 (pighenole lemma)

Let ν be a finite measure on X , and let $\{E_i\}_{i=1}^\infty$ be a set that cover X , then there exists an index i_0 such that

$$\nu(E_{i_0}) \gtrsim \frac{\nu(X)}{i_0^2}$$



We will use this lemma, and essentially the i_0 in here to argue that there are many U_j 's with $\text{diam}(U_j) \sim 2^{-i_0}$.

Let $\{U_j\}$ be a cover of E with diam at most 1. And let

$$I_i = \{j \in \mathbb{N} : 2^{-i} < \text{diam}(U_j) < 2^{-i+1}\} \text{ picking out the indices with a specific diam}$$

Let

$$A_i = \bigcup_{j \in I_i} U_j$$

Hence now A_i is the set of $\{U_j\}$'s with $\text{diam} \sim 2^{-i}$. If we fix $e \in S^1$, then $\{A_i \cap I_e\}$ cover I_e , where I_e is the unit line segment parallel to e , then there exists an index i_e such that

$$H^1(A_{i_e} \cap I_e) \gtrsim \frac{H^1(I_e)}{i_e^2} = \frac{1}{i_e^2}$$

We shall now apply a second pighenoling argument. Let

$$S_i = \{e \in S^1 : i_e = i\}$$

where for any $e \in S^1$, i_e is the index that “captures more weight,” hence we would like to categorize all directions of S^1 ,

$$S_2 = \{e \in S^1 : i_e = 2\}, S_4 = \{e \in S^1 : i_e = 4\}$$

Then clearly $\{S_i\}_{i=1}^\infty$ is a cover of S^1 , hence again by the pighenole lemma, there exists an index i_0 , such that

$$H^1(S_{i_0}) \gtrsim \frac{1}{i_0^2}$$

Now let $\delta = 2^{-i_0}$, then we have

$$H^1(S_{i_0}) \gtrsim \frac{1}{(\log(1/\delta))^2}$$

We now find a maximal set of S_{i_0} , $\{e_1, \dots, e_N\}$, and

$$N \gtrsim \frac{H^1(S_{i_0})}{\delta} \gtrsim \delta^{-1} (\log(1/\delta))^{-2}$$

Then let T_k be $\delta \times 1$ tube parallel to e_k in S_{i_0} . Then for each $j \in I_{i_0}$, we have $\text{diam}(U_j) \sim 2^{-i_0}$, hence pick some $x_j \in U_j$,

$$U_j \subset B(x_j, 10\delta), \delta = 2^{-i_0}$$

If we consider

$$T'_k = T_k \cap \bigcup_{j \in I_{i_0}} B(x_j, 10\delta)$$

We have

$$|T'_k| \gtrsim |I_{i_0}| \delta^2$$

where $|I_{i_0}|$ is the size of the maximal δ -separated set in S_{i_0} , hence $|I_{i_0}| \gtrsim \delta^{-1} (\log(1/\delta))^{-2}$, hence

$$|T'_k| \gtrsim \frac{\delta}{(\log(1/\delta))^2}$$

Then if we define

$$f = \sum_{k=1}^N \chi_{T'_k}$$

Then by bounding the L^2 norm of the minkowski bound, we have $\|f\|_{L^2}^2 \lesssim N \delta \log(1/\delta)$, thus

$$\left| \bigcup_{k=1}^N T'_k \right| \gtrsim \frac{\|f\|_{L^1}^2}{\|f\|_{L^2}^2} \gtrsim \frac{1}{\log^9(1/\delta)}$$

And given that $\bigcup T'_k$ is covered with $|I_{i_0}|$ balls of size δ^2 , we have

$$|I_{i_0}| \gtrsim \frac{\delta^{-2}}{\log^9(1/\delta)}$$

Then to lower bound the quantity $\sum \text{diam}(U_j)^s$, for any $s < 2$, we simply consider the subportion with $\text{diam}(U_j) \sim 2^{-i_0}$,

$$\sum_{j=1}^{\infty} \text{diam}(U_j)^s \gtrsim |I_{i_0}| 2^{-i_0 s} \gtrsim \frac{2^{i_0(2-s)}}{i_0^9} \gtrsim 1$$

for any $s < 2$, as $i_0 \rightarrow \infty$.

□

Chapter 5 Work

Maybe recover Wolff's bound on spherical measure using decoupling.

duality, let $r \rightarrow \infty$, then μ could be large. $\hat{\mu} \in L^2$, and extend it, μ weighted restriction, just integrate with respect to μ . Our eventual goal in L^1 . Weighted restriction is decay of spherical mean, by duality.

-Weighted restriction in high dimension.

-take a convolution operator, convolve with a straight line, this turns into pointwise multiplication, and use the L^2 bound on this. (this can be viewed as a projection, then vary the direction of the line).

Hi, what is going on here

Chapter 6 Questions

Can one think of rectifiable or unrectifiable as compressible or noncompressible?

-some examples of rectifiable sets

-The measures of projections are big when it's a rectifiable set, and are small when it's a rectifiable.

-Unrectifiable means not rectifiable? What?

-the constant 4 in page 28

-high density (purely unrectifiable sets and the fact that their projections are quite small)

Week 3 -Notation issue: page 37, $\hat{\mu} \in L^2$ is well defined, but a measure $\mu \in L^2$ means it has an L^2 density?

-check whether Wolff's statement 9B1 is true in \mathbb{R}^d ,

-check your definition of the $I_s(\mu)$ using spherical average, namely,

$$I_s(\mu) = \int r^{s-d} (\sigma(\mu)(r))^2 dr$$

-the critical exponent $s - 2$ in the spherical average, so bounding the spherical average by anything below is a gain.

-did not talk about how spherical averages of the decay of Fourier transform relates to the distance set.

-Fourier dimension before Theorem 6.28? But was only talking about it in Theorem 6.30.

-The discretized sum-product and projections theorems for Fourier dimension of the product set: what type of problem is this related to, and why do we care about Fourier dimension to begin with.

-can we talk about the Erdos ring conjecture.

week 4 The mechanism from lower Minkowski to Hausdorff always works?

-do we have difficulty bounding how tubes intersect (it was not easy in \mathbb{R}^2) in \mathbb{R}^3

-Wolff's notes uses two proofs of Kakeya maximal function conjecture. And Fefferman and Bourgain showed that the restriction conjecture implies Kakeya maximal function conjecture.

$$\|\widehat{fd\sigma}\|_{L^p} \lesssim \|f\|_{L^p}$$

one can show that this is equivalent to replacing the RHS with $\|f\|_{L^\infty}$.

-which direction is people mainly working towards.

-what are some difficulties using what we know about how lines intersect, Guth and Katz used polynomial method to prove the joints conjecture in \mathbb{R}^3 , basically saying we can't have too many joints, why can't we adapt these

-Hausdorff: just a fraction of the tube, but Minkowski is the entire tube.

-plane brush (by someone in Caltech), by Josh Zahl and Nat Katz -the L^2 method doesn't work in \mathbb{R}^3 , there are 2^{2j} times $1/2^j$ directions, then summing we do not get a log.

-consider the example where all tubes go through the same point, where in \mathbb{R}^2 , we get N^2 divided by N^2 , by in \mathbb{R}^3 , it becomes N^4 divided by N^3 .

-joints conjecture-multilinear conjecture; high-low method

week 6

1. How much can heavy tubes cover

2. train track

3. Kevin Ren and Yuqiu Fu

4. Endpoint case of Kakeya

5. Guth-Solomon-Wang well-spaced tubes

6. Wang-Orponen-Shmerkin bootstrapping method

-Orponen's radial projection theorem, and Vinh's sum product, going from energy to Sobolev norm, applying Littlewood-Paley, and coming back to the norm.

-Furstenberg set: the example is not regular, but what if the set is regular, can we improve on Furstenberg set.

When I talk: **Nov.28** -will begin with L^2 method -Guth-Solomon-Wang, well-spaced tubes -Furstenberg set in the plane

-assumed the set is AD-regular

Questions:

1. a set that looks like t dimensional at low scale and s dimensional at high scale.
2. page 11 of heavy lines
3. The bound on sub-uniformly distributed set is not sharp, and not for AD-regular either.
- 4.
5. next text: Mattila's book on Fourier analysis and Hausdorff dimension.
1. uniformly distributed sets and AD-regular sets; sub-uniformly distributed sets
- 2.

Chapter 7 Typos

Page 8, the 6th line, should read

$$H_{\delta_j}^s(E) \leq |E|_{\delta_j} \delta_j^s \leq 1$$

Page 22, line (4.13)

$$\int_{S^1} \frac{dH^1(e)}{|\pi_e(z)|^s} \lesssim_s 1, z \in S^1$$

Page 22, same error as above two equations down.

Page 24, in the definition of purely n -unrectifiable if for all $f : \mathbb{R}^d \rightarrow \mathbb{R}^n$, we have

$$H^n(E \cap f(\mathbb{R}^n)) = 0$$

Page 38, Fourier transform of f composite with a linear transformation T , the second line: There should be a negative sign in front.

$$\frac{1}{|\det(T)|} \int e^{-iT^{-1}y \cdot \xi} f(y) d\mathcal{L}^d$$

Page 44, Proof of (i) in Theorem 6.28. It should say we will only prove (i), and it should be clear from the proof that (ii) also holds.

Page 49, lemma 7.10, the last line should be there exists an index i_0 .