

JAMA Ophthalmology Clinical Challenge

Progressive Eyelid Lesions in a Woman With Essential Thrombocythemia

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Figure 1. External photograph of right upper eyelid lesions. Examination of the patient's right upper eyelid on presentation demonstrated a central lesion with thickening of the margin and an ulcerated and erythematous nodule near the medial canthus.

A 75-year-old woman presented with a history of enlarging, erythematous right upper eyelid lesions. She reported approximately 3 months of symptoms, with initial development of a single erythematous lesion along the eyelid margin. The lesion had previously been evaluated by another practitioner who diagnosed a hordeolum and prescribed erythromycin ointment and warm compresses. However, the lesion became progressively larger with development of a second medial lesion over the ensuing 2 months, prompting referral. She denied pain, trauma, and prior skin cancer. Her medical history was notable for essential thrombocythemia (ET) with calreticulin (*CALR*) gene variation. Her ocular history was notable for an upper eyelid blepharoplasty 20 years prior but was otherwise unremarkable.

Examination of the right upper eyelid demonstrated a central lesion with a thickened eyelid margin, madarosis, and inspissated glands, and a medial nodular and erythematous lesion with overlying ulceration (**Figure 1**). There was minimal tenderness to palpation. There was no proptosis, and her extraocular muscle movements were full. There was mild conjunctival injection of the right eye without any conjunctival lesions. The remainder of her ocular examination was unremarkable.

WHAT WOULD YOU DO NEXT?

- A.** Intralesional corticosteroid injection
- B.** Biopsy of eyelid lesions
- C.** Oral antibiotics
- D.** Oral corticosteroids

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Diagnosis

ALK⁻ anaplastic large cell lymphoma

What to Do Next

B. Biopsy of eyelid lesions

Discussion

Despite initial treatment for suspected hordeolum, the patient's eyelid lesions progressively enlarged with new madarosis and ulceration. This raised concern for malignancy including sebaceous cell carcinoma, lymphoma, and squamous cell carcinoma, prompting biopsy (option B) as the next step. Intralesional corticosteroid injection for acute chalazion (option A), oral antibiotics for preseptal cellulitis (option C), and oral corticosteroids for inflammatory disease (option D) were not indicated given the clinical presentation and concern for malignancy.

Histopathology demonstrated medium cells with horseshoe nuclei, abundant cytoplasm, and mitotic figures that were CD30+, Ki67+, and ALK⁻, consistent with ALK⁻ anaplastic large cell lymphoma (ALCL) (**Figure 2**). Initial systemic imaging showed no systemic involvement, leading to a diagnosis of primary cutaneous ALCL.

Primary cutaneous ALCL is a CD30+ T-cell lymphoproliferative disorder that may present as rapidly growing localized lesions in the face, trunk, or extremities.¹ It may be classified as ALK+ and ALK⁻ based on presence of ALK-fusion proteins, with ALK⁻ ALCL typically having worse prognosis due to delayed diagnosis or poor response to treatment.^{2,3} Treatment options include CHOP chemotherapy (ie, cyclophosphamide, doxorubicin, vincristine, and prednisolone), radiotherapy, or surgical resection.¹

Eyelid lymphoma is overall rare, composing 5% of ocular adnexal lymphomas, and tends to be of B-cell origin.^{4,5} ALCL involv-

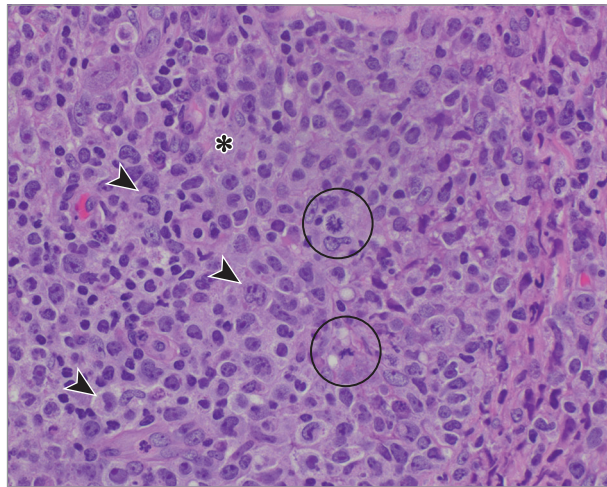


Figure 2. Histopathology of right upper eyelid lesion. Histopathology of the biopsied eyelid lesion demonstrates medium-sized atypical lymphoid cells with irregular to horseshoelike nuclear contours (black arrowheads) and relatively abundant pale cytoplasm (asterisk). Scattered atypical mitotic figures (circled) are noted. (hematoxylin-eosin, original magnification $\times 40$).

ing the eyelid is very uncommon, with fewer than 25 reported cases.^{5,6} Its infrequent presentation often leads to misdiagnosis as other periorbital pathology, such as chalazion or squamous cell carcinoma, potentially delaying diagnosis and treatment.⁶ Concerning features of progression despite treatment, development of new lesions, madarosis, or ulceration warrant biopsy.

The patient's history of ET, a chronic myeloproliferative neoplasm, may have increased the risk of ALCL. ET is associated with increased risk of secondary hematological malignancies and solid tumors.⁷ ALK[−] ALCL associated with ET is rare, with only 1 prior report of central nervous system ALK[−] ALCL occurring in a patient with ET without skin or eyelid involvement.⁸ ET may potentially increase the risk of developing ALCL due to abnormalities of the JAK-STAT pathway.⁹ This patient had a variant in the *CALR* gene, which is involved in this pathway and may deregulate hematopoietic stem cell clonal expansion while disrupting natural immunosurveillance.⁹ Physicians should consider malignancy in persistent or enlarging eyelid lesions, especially in patients with hematological conditions such as ET. Prompt biopsy may lead to earlier diagnosis and treatment, potentially improving prognosis in patients with ALK[−] ALCL.

Patient Outcome

In subsequent oncology visits, the patient developed new skin lesions along her face and body, with repeat biopsy confirming the same ALK[−] ALCL. She received orbital radiation for her eyelid lesions and started weekly methotrexate, with resolution of her eyelid lesions and marginal improvement of her other lesions. However, further testing revealed central nervous system involvement, suggesting systemic ALCL for which she began systemic and intrathecal chemotherapy. Her eyelid lesions represented the first manifestation of systemic disease, highlighting the importance of vigilance and a high index of suspicion as well as prompt biopsy to facilitate timely diagnosis and treatment.

ARTICLE INFORMATION

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