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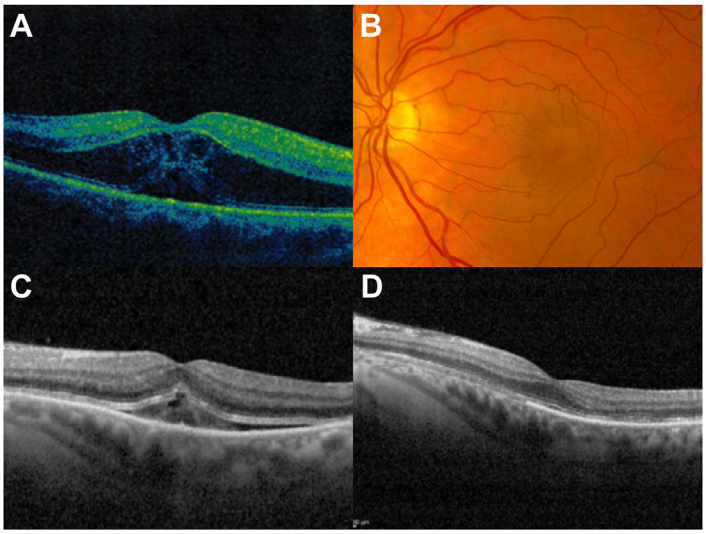
Pictures & Perspectives



Self-limiting Bilateral Foveal Detachment after Coup-Contrecoup Injury

A 68-year-old man had sudden, painless, bilateral central blurred vision after an automobile collision. He did not lose consciousness. Three hours later, visual acuity was 20/150 in his right eye and 20/300 in his left eye. OCT showed bilateral subfoveal and intraretinal fluid (Fig **A**). One day later, intraretinal fluid had resolved with residual subfoveal fluid (Fig **B**). The posterior hyaloid was broadly adherent, and the choriocapillaris appeared abnormally hyperreflective (Fig **C**). Two months later, the only OCT abnormality was irregularity of the ellipsoid zone (Fig **D**). Visual acuity recovered to 20/25 in both eyes. Acute, bilateral, self-limiting foveal detachment after coup-contrecoup injury, sometimes referred to as "whiplash maculopathy," is a rare but likely underdiagnosed condition. Possible mechanisms include broad vitreomacular traction, transient choriocapillaris ischemia, or hyperacute rise in endogenous corticosteroids leading to increased choroidal vascular permeability (Magnified version of Fig **A**-**D** is available online at www.aaojournal.org/).

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