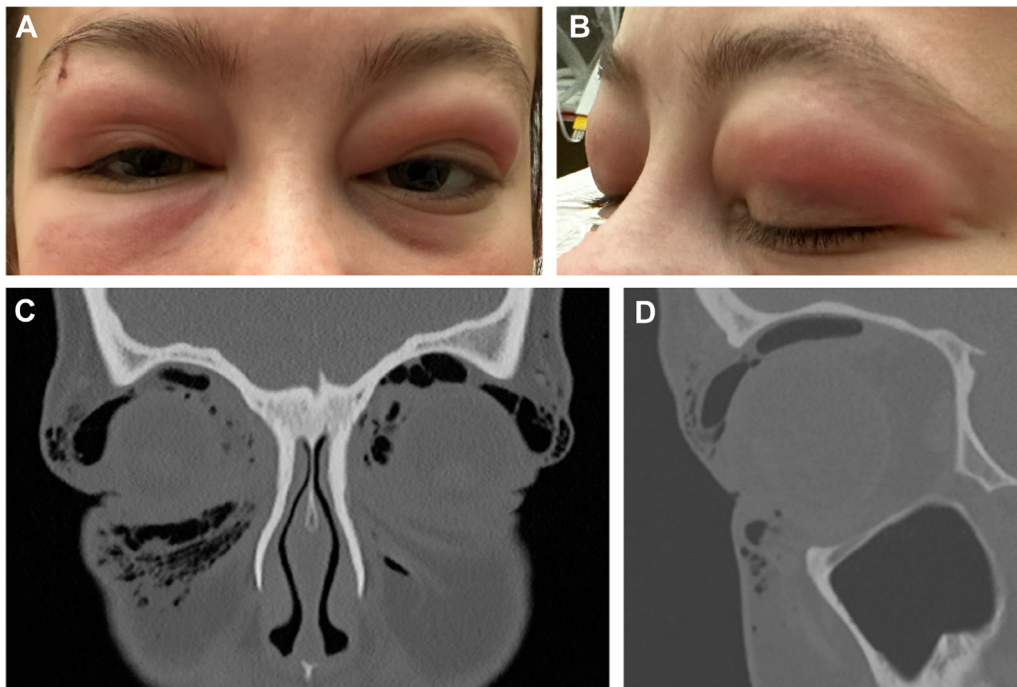


Pictures & Perspectives



Orbital Emphysema Caused by a Tik-Tok Challenge

A 21-year-old woman presented to the emergency department with 3 days of worsening periorbital swelling (**A, B**). She had recently completed a Tik-Tok challenge in which she induced air reflux through the nasolacrimal system by forcefully blowing against a plugged nose. Computed tomography scans (**C**, coronal; **D**, sagittal) demonstrated bilateral subcutaneous and orbital emphysema with no orbital fractures. Her swelling was managed conservatively, but she was subsequently lost to follow up. Forceful nose blowing may lead to orbital emphysema even in the absence of a visible fracture. (Magnified version of Figure A-D is available online at www.aaojournal.org).

ERICA N. WOERTZ, MD, PhD

SUDARSHAN SRIVATSAN, MD

ROBERT KERSTEN, MD

Department of Ophthalmology & Visual Sciences, John A. Moran Eye Center, University of Utah, Salt Lake City, Utah

Footnotes and Disclosures

Footnotes and Disclosures: Supported in part by an unrestricted grant from Research to Prevent Blindness, New York, NY, to the department of Ophthalmology & Visual Sciences, University of Utah.
