



The Children's Reflexology Programme

Instructors Course **BOOKING CONFIRMATION**

Thank you once again for your interest in The Children's Reflexology Programme and for your down-payment for the Instructors Course. Your place is now reserved!

Here are the full details of the course. Please make sure you arrive in good time to register on the first day and bring everything you will need (see the panel to the right). Any outstanding payment must be made in full at least two weeks before the start date of the course. If you have any questions at all, please do get in touch by telephone or email.

I can't wait to meet you and introduce you to the wonderful thing that is The Children's Reflexology Programme!

Course details

Location	<input type="text"/>		
Dates	<input type="text"/>		
Time	<input type="text"/>	to	<input type="text"/>
Fee	<input type="text"/>		
Deposit	<input type="text"/>		
To pay	<input type="text" value="£"/>		

What to bring

Please wear comfortable clothes and be prepared to give and receive reflexology. Make sure you bring:

- Large towel
- Notebook and pen
- Lunch if you want to. There will be shops and cafés etc nearby unless it says otherwise in the location details.
- A large doll if you can!

Timetable

The course timetable is flexible according to needs but will be roughly as shown below:

Day One

- 10:00 **Introductions**
- 11:30 *Coffee Break*
- 11:45 **Reflexology**
- 13:00 *Lunch Break*
- 14:00 **Anatomy & Physiology**
- Protocols & Pathology**
- 15:30 *Coffee Break*
- 15:45 **Practical**
Start working on the Protocols
- 17:00 **End**

Day Two

- 10:00 **Teaching**
- 11:30 *Coffee Break*
- 11:45 **Running a Course**
- 13:00 *Lunch Break*
- 14:00 **Running a Course (continued)**
- 15:30 *Coffee Break*
- 15:45 **Practical**
Protocols – singing the rhymes
- 17:00 **End**

Day Three

- 10:30 **Micro Teach**
- 11:30 *Coffee Break*
- 11:45 **The Programme as a business**
- 13:00 *Lunch Break*
- 14:00 **Programme assets**
- 15:30 *Coffee Break*
- 15:45 **Presentation**
- Questions & Answers**
- 17:00 **End**

