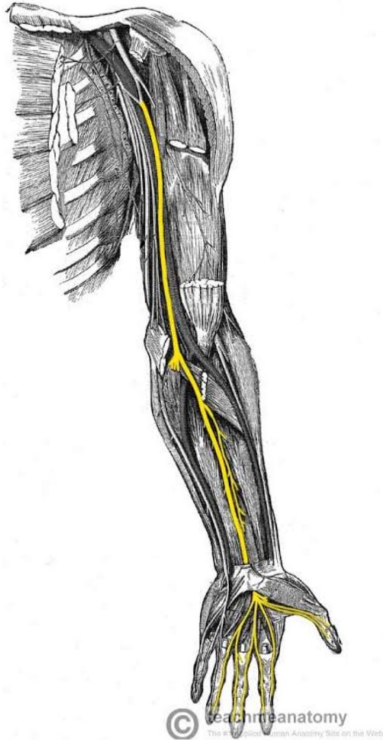


RSI

The Median Nerve



The Carpal Tunnel



Initial Symptoms

Carpal tunnel syndrome

Also called: median nerve compression

Very common

More than 10 million cases per year (India)

Overview

Symptoms

Treatments

Specialists

Requires a medical diagnosis

Key symptoms are pain in the hand and arm with numbness or tingling.

People may experience:

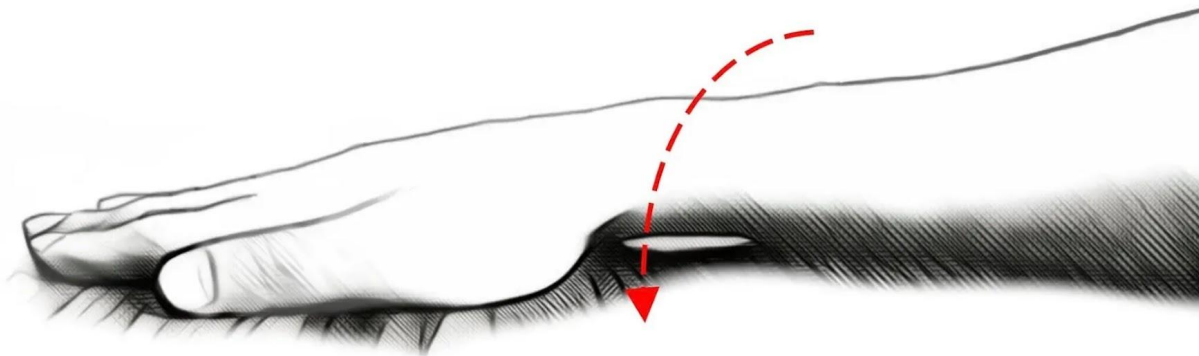
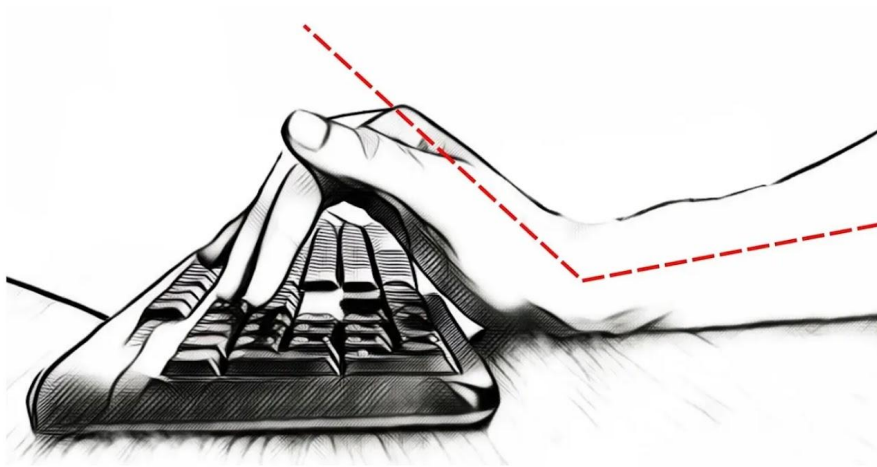
Pain areas: in the hands, wrist, or forearm

Also common: hand numbness, sensation of pins and needles, hand clumsiness, hand pain at night, hand weakness, or wrist weakness

For informational purposes only. Consult your local medical authority for advice.

Sources: Apollo Hospitals and others. [Learn more](#)

What causes it?



Pictures courtesy of [Zergotech](#).

So What?

