

VEG EATS VICTORIA	VEGAN & VEGETARIAN EATERIES IN VICTORIA	182 eateries
	View/download - http://bit.ly/veg-eats - send feedback vegeatsVIC@gmail.com (Dale Kerr)	43 fully vegan
	Except where specified, businesses are open 7 days (check legend below). Use this list as a mere guide, consult individual businesses for current details. Please share this list with friends + family.	63 new in 2015/16

LEGEND: ①: fully vegan / CM: vegan food, cow's milk / 🌳: open Dec 25 / **Discounts:** #ALV-Animal Lib Vic #VV-VegVic (yes you are) xMo: closed Monday / **Delivery:** #HD-home #DR-Deliveroo #EN-EatNow #FD-Foodora #ML-MenuLog #UE-UberEATS

INNER SUBURBS MELBOURNE

① = fully vegan

* 21 vegan *

* 85 vegetarian *

MELBOURNE CBD

#ML The Carlton Club xMo	Oct '16	193 Bourke St	(to book: thecarlton.com.au or 03 9663 3246)
Om Vegetarian (Indian) \$6.50 all you can eat	2012	4/227 Collins St	Wales Arcade
Om Vegetarian (Indian) \$6.50 all you can eat xSaSu	Sep '15	546 Collins St	McPhersons Building
Om Vegetarian (Indian) \$6.50 all you can eat	2010	28 Elizabeth St	RGIT Building, Level 1
#VV Lord of the Fries 🌳	2007	Flinders St Station	St Kilda Rd
#VV Lord of the Fries	Oct '16	Flinders St Station 2	cnr Elizabeth St
① RMIT Realfoods Café (Food Court) xSaSu	2010	124 La Trobe St	Building 8, Level 4
Divine Realm Vegie Delight xSaSu	2013	10/422 Lt Collins St	near Queen St
① #ALV Supercharger Wholefood xSu	Aug '16	Lonsdale St	QV Melbourne, Level 1
① #ALV Supercharger Wholefood	2014	Lonsdale St	Emporium, Level 3
Fo Guang Yuan Water Drop Tea House (Buddhist) xSaSu	2001	141 Queen St	near Bourke St
#DR #VV Lord of the Fries	2014	Southern Cross Station	Level 1
Om Vegetarian (Indian) \$6.50 all you can eat	Nov '16	470 Spencer St	cnr Rosslyn St
CM Raw Trader	2014	10 Sutherland St	off Lt Lonsdale St
#DR #VV Lord of the Fries	2012	55	cnr Flinders Ln
Om Veg Cafe (Indian) \$6.50 all you can eat	2014	113	Capitol Arcade
#VV Crossways Food for Life (Krishna) xSu	1980	123	1st Floor
#FD #VV Gopal's Pure Vegetarian (Krishna) xSu	1980	139	1st Floor
① Gong Dē Lin (Chinese)	2013	264	Level 3
#DR #VV Lord of the Fries	2009	367	Melbourne Central
#VV Invita Living Food xMo	2003	76 Therry St	Queen Vic Market

Swanston Street



VeganEasy.org

Kickstart a kinder, greener life with the free **VeganEasy.org 30 Day Challenge**

ABBOTSFORD

5km

Admiral Cheng-Ho 🌳	2014	325 Johnston St	03 9417 1887
#FD Lentil As Anything (Pay As You Feel) 🌳	2005	1 St Heliers St (Abbotsford Convent)	03 9419 6444

ALBERT PARK

4km

Hare Krishna Temple (Pay As You Feel)	1975	197 Danks St	03 9699 5122
serving free Prasadam (spiritual meal) daily. Daily breakfast 8:45am, daily lunch 1:00pm, weekday dinner 5:30pm, weekend dinner feast 6:00pm			
Urban Projuice	Mar '15	315 Montague St	03 9696 0048

ASCOT VALE

6km

① #ALV Mr Nice Guy's Bake Shop (online 2010)	2011	151 Union Rd	
CM Crumbs Organic Bakehouse xSu 🌳	2009	170 Union Rd	03 9375 4777

AVONDALE HEIGHTS

12km

① Particle Cinnamon xMoTu	Jul '16	47 Military Rd	
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BALACLAVA

8km

① The Keykeeper's Vegan Pie Shop xSuMo	Oct '16	115 Carlisle St	
Monk Bodhi Dharma	2010	202 Carlisle St (rear)	03 9534 7250

BRAYBROOK


11km

Quang Minh Buddhist Temple (Sundays @ noon)		18 Burke St	03 9017 2999
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BRUNSWICK








6km


#UE Little River Vegetarian Café 🌳	2014	7/208 Albion St	03 9973 0473
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BRUNSWICK EAST	5km		
New Day Rising	2010	221D Blyth St	
Moroccan Deli-cacy	Aug '15	313 Lygon St	03 9387 6805
Tamil Feasts (CERES) (Tue 6:30pm, pre-book online)	May '15	cnr Roberts & Stewart Sts	
BURNLEY	6km		
#FD #UE Serotonin Eatery xMoTu	Apr '15	52 Madden Gr	03 9428 8256
CAMBERWELL	11km		
Dosa Plaza	Jul '15	1101 Toorak Rd	03 9809 1999
CARLTON	2km		
Shakahari	1972	201 Faraday St	03 9347 3848
⑦ #VV Mantra Lounge xSaSu	2014	167 Grattan St	03 9036 2996
CAULFIELD	12km		
Falafel Omisi (Middle Eastern, kosher) xSa	2011	359 Hawthorn Rd	03 9523 8882
CAULFIELD NORTH	10km		
Nostralis Wholemeal Pizza xMo	1981	55 Hawthorn Rd	03 9528 4961
Zavdiel's Vegetarian Pizza & Falafel Bar xSa	2002	57a Kooyong Rd	03 9500 8227
COBURG	8km		
Little Deer Tracks Café & Gallery	2011	44 O'Hea St	03 9354 3449
CM Al Nada Sweets (Lebanese)	1978	160 Sydney Rd	03 9386 0002
COLLINGWOOD	3km		
Friends of the Earth Café	1975	312 Smith St	03 9417 4382
⑦ Red Sparrow Pizza	Dec '16	406 Smith St	
ELSTERNWICK	10km		
#EN #ML Ren Dao Vegetarian xSu	2011	275 Glen Huntly Rd	03 9523 0150
⑦ Cocomama's xMo	May '15	1C Staniland Gr	
  			
FITZROY	3km		
⑦ Smith & Daughters (Latin) xMo	2014	175	03 9939 3293
CM Merry Cupcakes xTu	2012	261	03 9416 3991
Radhey Kitchen and Chai Bar (Krishna)	2014	336	03 9077 8858
⑦ Fina's 2 (Vietnamese) xTu	Apr '15	339	03 9415 6765
⑦ #HD #EN #ML #VV Madame K's Vegetarian (Thai, Asian)	2012	367	03 9415 6099
#UE Vegie Bar	1998	378	03 9417 6935
#VV Lord of the Fries	2012	383	1300 667 552
#UE Yong Green Food xMo	2009	421	03 9417 3338
#ML Mr Natural Vegetarian Pizza	1999	469	03 9481 7775
Trippy Taco (Mexican)	2006	234 Gertrude St	03 9415 7711
⑦ Smith & Deli xSuMo	Jun '15	111 Moor St	03 9042 4117
Transformer xMo	Mar '15	97 Rose St	03 9419 2022
FITZROY NORTH	5km		
Moroccan Soup Bar xMo	1988	183	03 9482 4240
Healthy Planet #VV	Jan '15	252	03 9481 8406
Munster Haus	2010	371	03 9489 4420
FLEMINGTON	5km		
Veggie Villa xTu	2014	331 Racecourse Rd	03 9994 7229
FOOTSCRAY	7km		
Lentil As Anything (Pay As You Feel)	2009	233 Barkly St	
The Little Rabbit Café & Foodstore	2014	2/277 Barkly St	
Hương Việt	Oct '16	36a Leeds St	03 9041 3922

**Brunswick
Street**

St Georges Rd

Bồ Dề Trai Vegetarian Restaurant (Vietnamese)			1995	94 Hopkins St	03 9689 9909
FOOTSCRAY WEST		9km			
#HD Krishna on Barkly xMo			Apr ' 15	3/578 Barkly St	03 9687 5531
HAWTHORN		8km			
Gujjubhai Indian Vegetarian Restaurant			2012	424 Burwood Rd	03 9077 3900
#EN #ML Veggie Choice Pizza & Pasta			Jun ' 15	580 Burwood Rd	03 9819 6887
KENSINGTON		5km			
CM Crumbs Organic Bakehouse xSu (North Melb 2012-2016)			Jul ' 16	169 Rankins Rd	03 9375 4777
KEW		7km			
V Series			Sep ' 15	4/26 Princess St	03 9939 6133
NEWPORT		11km			
Shalimar Food Junction Restaurant (Indian) xSu			Mar ' 15	148 Mason St (Liberty petrol station)	03 9077 3790
NORTHCOTE		7km			
Shokuiku xMo			2013	120	
Tahina Bar xMo			Aug ' 15	223	03 9972 1479
⑦ #ML Loving Hut xMo			Dec ' 13	377	03 9077 1335
PARKVILLE		3km			
University of Melbourne Food Co-op xSaSu			1976	Union House (1st Floor)	03 9347 8716
PRAHRAN		6km			
⑦ #ALV Supercharger Wholefood xSaSu			Nov ' 15	3/22 Chatham St	03 9529 5737
PRESTON		10km			
Mack Lentils (Pay As You Feel)			Nov ' 16	288 High St	
La Panella Bakery			1996	465 High St	03 9478 4443
#EN #ML Dosa Plaza			2014	4 Plenty Rd	03 9484 8444
	PRESIDENT: Noah Hannibal		Founded in 1978		
	WEB: www.alv.org.au				
	EMAIL: info@alv.org.au		FACEBOOK: fb.com/AnimalLiberationVictoria		
	PHONE: (03) 8060 1725		SUPPORT: www.alv.org.au/take-action/donate		
	PO Box 15, Elwood VIC 3184		VOLUNTEER: www.alv.org.au/take-action/volunteer		
RICHMOND		4km			
Tofu Shop International xSu			1982	78 Bridge Rd	03 9429 6204
Fresh Organic Goods (F.O.G) xSu			Feb ' 16	276 Church St	
⑦ #ALV Pana Chocolate (online only 2012)			2013	491 Church St	1300 717 488
⑦ Loving Hut			2010	10/242 Victoria St	03 9427 8916
Fina's Vegetarian Café (Vietnamese) xMo			2011	268 Victoria St	03 9428 6765
SEDDON		8km			
Rhubarb Wholefoods xMo			Jan ' 15	129 Buckley St	
SOUTH MELBOURNE		3km			
Shakahari Too xSuMo			2012	225 Clarendon St	03 9682 2207
SOUTH YARRA		5km			
Veg Out Time			2004	366 Chapel St	03 9827 7570
Green Cup			2014	593 Chapel St	
Beangreen Vegetarian Café xMoWe			2008	Prahran Market 163 Commercial Rd	03 9826 9483
⑦ The Falafel Man xMoWeSu			1998		0414 724 578
Kooks Kitchen xMoWe			2014		03 9827 9364
#FD Simple Seed Eatery xSaSu			2014		
SOUTHBANK		2km			
#VV Enlightened Cuisine xMo (relocating in 2017)			2004	113 Queensbridge St	03 9686 9188
ST KILDA		6km			
#UE Trippy Taco (Mexican)			Jan ' 16	6	
⑦ Matcha Mylkbar			Mar ' 16	72	03 9534 1111
#FD Sister of Soul			2013	73	03 9593 8550
#EN Mr Natural Vegetarian Pizza			1985	223 Barkly St	03 9534 2542

Lentil As Anything (Pay As You Feel)	🌳 2000	41 Blessington St	none
#VV Vegilicious xMo (markets only 2007-2014)	2014	118 Carlisle St	03 9537 3820
Veggie Time (formerly Veg Out Time)	2006	49 Fitzroy St	03 9534 0077
THORNBURY	8km		
Lentil As Anything (Pay As You Feel)	🌳 Sep '15	562 High St	
WINDSOR	6km		
#UE #DR #VV Lord of the Fries	🌳 2011	170 Chapel St	
YARRAVILLE	8km		
🕒 gojé xMo	Mar '16	38 Anderson St	03 9687 5264
	PRESIDENT: Mark Doneddu WEB: www.vegvic.org.au EMAIL: info@vegvic.org.au PHONE: (0430) 201 167 PO Box 12029, A'Beckett St, Melbourne VIC 8006		
	Founded in 1998 FACEBOOK: fb.com/VegVic MEMBERSHIP: Individual \$20 / \$35 (1 or 2 years) Concession \$15 / \$25 Family \$30 / \$50		
OUTER SUBURBS MELBOURNE		🕒 = fully vegan	* 3 vegan * * 37 vegetarian *
➔ ASHWOOD	16km		
From the Art Café xMo	Sep '15	1/3 Yertchuk Ave	03 9807 5158
➔ BELGRAVE	39km		
The Laughing Owl xTu		1652 Burwood Hwy	03 9754 2596
↘ BERWICK	45km		
CM Mr Black Juicery	Aug '16	1 Blackburne Sq	03 9707 5143
➔ BOX HILL	15km		
🕒 Blissful Station	Jul '16	Box Hill Central Shopping Centre	
🕒 Fo Guang Shan Er You Temple / Teahouse (Buddhist) xM		42 Rutland Rd	03 9890 3996
Vegie Hut (Chinese) xTu	🌳 1997	984 Whitehorse Rd	03 9898 2287
↘ BRIGHTON EAST	13km		
Café Bliss	Mar '15	3 Mavis Ave	0423 025 906
↗ BUNDOORA	18km		
Life Skills Vegetarian Café (La Trobe University) xSaSu	2008	Agora West, Ground Floor	03 9479 1525
↘ CHADSTONE	16km		
#VV Lord of the Fries	2009	Chadstone Shopping Centre	
🕒 #ALV Supercharger Wholefood	Oct '16		
Gold Sweets (Indian) xMo [*closed indefinitely*]		273 Huntingdale Rd	03 9807 6005
↘ CLAYTON	20km		
Wholefoods Café (Monash University) xSaSu	1977	Union Bldg, 1st Floor	03 9905 4156
↘ CRANBOURNE WEST	47km		
Earthy Eating (Marriott Waters Shopping Centre)	Feb '15	945 Thompsons Rd	
↘ DANDENONG	31km		
Dosa Plaza	🌳 2014	10 Princes Hwy	03 8774 4913
Lakshmi Vilas (Indian)	1998	5/31 Pulteney St	03 9793 7726
➔ DONCASTER	16km		
Vegie Mum (Chinese, Malaysian) xMo	2005	27 Village Ave	03 9816 3222
➔ DONCASTER EAST	20km		
Chanhouse (Chinese) xMo (Melbourne 2010)	🌳 2014	21 Rosella St	03 8806 9056
➔ FERNTREE GULLY	31km		
Wholefood Merchants	Nov '15	3/794 Burwood Hwy	03 9801 5696
➔ FOREST HILL	20km		
Vegie Bowl (formerly Vegetarian Noodle Bowl)	2013	382 Springvale Rd (service lane)	03 8822 3873
↘ FRANKSTON	44km		
The Dharma Hub xSu (Aum Shanti 2007)	Sep '15	439 Nepean Hwy	03 9783 2899
↘ GLEN HUNTLY	13km		
Gold Sweets (Indian)	2013	1214 Glen Huntly Rd	03 9571 1005

➔ KNOXFIELD	29km		
Shreenathji ki Rasoi (Indian) xSuMo	2012	2 Kathryn Rd	
← LAVERTON	21km		
Baba Sweets (Indian)		4 Lohse St	03 9369 1607
↘ LYNBROOK	40km		
Gold Sweets (Indian)	2013	3/550 South Gippsland Hwy	03 8752 0586
↘ MALVERN EAST	13km		
Gujju's Café & Chaat House (Indian)	2007	1/141 Waverley Rd	03 9571 1188
↓ MORDIALLOC	25km		
#VV Wild Yam Healthfoods & Café (The Yam) xSu	2008	499 Main St (Nepean Hwy)	
↘ MOUNT WAVERLEY	19km		
#VV Sampoorana Vegetarian Surprise (Indian) xSu	2010	11 Essex Rd	03 9807 0607
↓ ORMOND	14km		
Global Vegetarian (Asian) xSu #VV	1997	499 North Rd	03 9578 9566
↙ POINT COOK	28km		
Dosa Plaza	🌲 Dec '15	20 Adelphi Blv	03 8334 4100
↑ RESERVOIR	13km		
Gold Sweets (Indian)	2011	970 High St	03 9471 1661
↓ SOMERVILLE	53km		
Raw Meet (Bulk Whole Foods) xSu	Jun '15	1081 Frankston-Flinders Rd	03 5977 8348
↘ SPRINGVALE SOUTH	29km		
Hoa Nghiem Buddhist Temple	1987	442 Springvale Rd	03 9548 2215
↖ SUNBURY	42km		
Just Planet xSu	2008	37 O'Shanassy St	03 9740 3106
↗ TEMPLESTOWE	19km		
CM Power Plant xSuMo	Oct '15	2 Swilk St (at Westerfolds Sports Centre)	03 8838 1282
➔ THE BASIN	33km		
Sri Vakrathunda Vinayagar Temple (Hindu) xMoWeTh		1292 Mountain Hwy	03 9762 1835
↑ THOMASTOWN	16km		
Baba Sweets (Indian)	2008	191 High St	03 9078 5975
➔ UPPER FERNTREE GULLY	34km		
#VV Waratah Organics	Mar '15	1224 Burwood Hwy	03 8719 5982
➔ WANTIRNA	25km		
Saravanaa Bhavan	May '16	701 Boronia Rd	03 9837 5555
↙ WERRIBEE	32km		
Gujju's Café & Chaat House (Indian)	2013	2/1 Watton St	03 9741 1178
➔ YARRA JUNCTION	62km		
Koha Community Café (Thu 6-8pm) #PAYF	2010	1 Park Rd (Yarraburn Centre)	0403 185 580

REGIONAL VICTORIA

🍽️ = fully vegan

* 4 vegan *

* 13 vegetarian *



↙ ANGLESEA	(1hr 26mins south-west ↙ of Melbourne)		
🍽️ Diggers Vegie Kitchen xMoTu	Dec '15	5 Diggers Pde	03 5263 3535
↖ BALLARAT	(1hr 22mins north-west ↖ of Melbourne)		
Chat for Tea Vegetarian Tea Garden xSuMoTu	2003	25 Armstrong St Nth	03 5331 3898
← BACCHUS MARSH	(47mins west ← of Melbourne)		
🍽️ peace love vegan Café xSu	Oct '16	160 Main St (Bacchus Marsh Natural Health)	03 5367 5639
↙ BAMBRA	(1hr 30mins south-west ↙ of Melbourne)		
Hare Krishna Valley (free, 2nd Sunday monthly @ noon)		1265 Winchelsea-Deans Marsh Rd	03 5288 7383
↓ DROMANA	(1hr 2mins south ↓ of Melbourne)		
Wombat Café & Store xMoTu	Oct '16	230 Boundary Rd	
↑ ECHUCA	(2hr 33mins north ↑ of Melbourne)		
🍽️ The Sweet Meadow	Oct '16	640 High St	03 5482 4099

↙ GEELONG	(1hr 4mins south-west ↙ of Melbourne)		
Wholefoods Café xSaSu	1999?	2 Baylie Pl	03 5221 5421
🍃 #VV Dolly's Sister Vegan Café & Bar xMoTu	Jun '15	221 Moorabool St	03 4245 1013
↖ KYNETON	(1hr 7mins north-west ↖ of Melbourne)		
Hamster	Sep '15	5 High St	
↖ MALDON	(1hr 39mins north-west ↖ of Melbourne)		
Zen Eden Produce & Café xMo	2010	6 Main St	0408 319 188
↖ MILDURA	(5hr 50mins north-west ↖ of Melbourne)		
Clove Organics xSu	2010	121A Eighth St	03 5021 2230
↖ MOUNT FRANKLIN	(1hr 30mins north-west ↖ of Melbourne)		
The Chocolate Mill	2003	5451 Midland Hwy	03 5476 4208
➔ ORBOST	(4hr 32mins east ➔ of Melbourne)		
Morganics xSaSu	Jan '15	36A Nicholson St	03 5154 2188
↙ QUEENSCLIFF	(1hr 34mins south-west ↙ of Melbourne)		
Pomegranate	2014	2/84 Hesse St	03 5258 4527
↙ TORQUAY	(1hr 20mins south-west ↙ of Melbourne)		
The Usual Suspects Coffee Co.	2011	4 Baines Cres	03 5264 7114
The Kindness Co xTu	Apr '15	5 Zeally Bay Rd	
↙ WARRNAMBOOL	(3hr 1min south-west ↙ of Melbourne)		
Day Kitty xSu	2014	52B Kepler St	03 5561 6921

MISCELLANEOUS

🍃 = fully vegan

BRAYBROOK			
Global Green Vegetarian Food Mart	2010	105 South Rd	03 9939 8566
BRUNSWICK EAST			
#HD vege2go Factory Outlet (ready-made meals) xSu	2008	452 Lygon St	03 9384 6200
CAMBERWELL			
The Veggie Van (Sun 7am-1pm) (Wayne)	2008	Station St (Sunday Market)	0423 639 097
ELSTERNWICK			
Perfect Pantry (general store, 0900-2100 daily)	Jun '16	349 Glen Huntly Rd	03 9528 5386
FITZROY			
🍃 #ALV The Cruelty Free Shop	2014	385 Brunswick St	03 9495 6673
FOOTSCRAY			
Vincent Vegetarian Food	1996	353 Barkly St	03 9687 0808
HAWTHORN			
Erasmus School (Years P-6)	1996	40 Lisson Gr	03 9819 1266
PRAHRAN			
Prahran Convenience (general store, open 24/7)	2006	196 Commercial Rd	03 9529 2050
RESERVOIR			
Maharishi School (Years P-6)	1997	2 Dundee St	03 9462 2888
WOORI YALLOCK			
Dhamma Aloka (Vipassana Meditation centre)	1995	1121 Healesville- Kooweerup Rd	03 5961 5722
*ONLINE			
🍃 The Green Edge	2009	greenedgeonline.com.au	07 3861 1132
🍃 Uproar Vegan Store (ALV) #ALV Noah	2010	uproar.org.au/uproar-shop	via website
🍃 Vegan Online #VOTY'13 Kym & Kelly	2010	veganonline.com.au	1300 GOVEGAN
🍃 Vegan Perfection #ALV #VOTY'12 Jeremy & Rebecca	2006	veganperfection.com.au	03 9357 8069

VeganEasy.com ChooseVeg.com HowDoIGoVegan.com FindingVegan.com Barnivore.com MercyForAnimals.org ChooseCrueltyFree.org.au		The China Study by T. Colin Campbell Animal Liberation by Peter Singer Becoming Vegan by Brenda Davis Eating Animals by Jonathan Safran Foer World Peace Diet by Will Tuttle Why We Love Dogs, by Melanie Joy Eat Pigs and Wear Cows	Carnism, The Psychology of Eating Meat by Melanie Joy Ethics, Truth and Occam's Razor by Philip Wollen The Ethics of What We Eat by Peter Singer 101 Reasons To Go Vegan by James Wildman Best Speech You Will Ever Hear by Gary Yourorsky Cowspiracy - Forks Over Knives - The Ghosts in our Machine Peaceable Kingdom - Live And Let Live - Earthlings - Lucent	
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MARKET/FESTIVAL STALLS, ONLINE

Ⓥ = fully vegan

* 25 vegan *

* 4 vegetarian *

				www		Stalls	
A Hidden Secret (tarts, meals, dips)	Cherry & Christina	2009	✓	✓		✓	0400 141 218
A lil' Miss B'haven (custom cakes & treats)	Betty	2010	✓		✓	✓	0432 712 755
Ⓥ AVS Organic Foods (cheeses, creams, salts)	Melissa	2013	✓	✓	✓	✓	0449 764 537
Ⓥ Baking Bad Vegan Bakehouse		Nov'15	✓	✓	✓	✓	none
Ⓥ Bomba Wood Fired Pizza	Adrian	Aug'15	✓	✓	✓	✓	0430 670 090
Ⓥ Good Freakin Food (meal delivery, catering)	Jacq & Rosie	2013	✓	✓	✓		0417 055 122
Ⓥ HaHa Food (food van, cooking classes)	Rico & Osamu	2012	✓	✓		✓	0430 811 393
Ⓥ Halfpint Vegan Dairy (ice cream, butter)	Sam & Jules	2014	✓	✓	✓	✓	0412 017 047
Jerry's Vegiburgers	Jerry	1991	✓		✓	✓	0412 947 425
Ⓥ Kb's Vegan Cakery	Kristabelle	Jun'16	✓				0410 985 927
Ⓥ Las Vegan Catering	Melanie	1999	✓	✓			03 9415 9001
Ⓥ Lavana Wholefoods (meal delivery, catering)	Jess	Jul'15	✓	✓	✓	✓	0431 212 448
Ⓥ Leaf It To Me Catering (meal delivery, catering)	Shannon	Apr'15	✓				0404 512 310
Ⓥ Mrs Monagle's Ethical Fine Food (meal delivery)	Rissy	Jan'16	✓				0425 222 279
Ⓥ OMV Bakery (cakes made to order)	Felicity	2011	✓		✓	✓	0411 438 824
Ⓥ Simply Vegan Cuisine (the Dolly bus) #VV	Steve & Lisa	2014	✓			✓	0429 955 884
Ⓥ Soy Division		Nov'15	✓			✓	none
Ⓥ The Butter Thief (Krishna)	Brett & Anna	2014	✓			✓	none
Ⓥ The Decadent Desserts Company (fudge, biscuits, catering)	Kylie	2013	✓	✓			0417 058 014
The Little Mushroom Co. (food truck)	Bryan	2013	✓	✓		✓	0405 985 000
Ⓥ The Organic Sustainable Food Trailer	James	May'15	✓			✓	0487 001 434
Ⓥ The Surprise Vegan (cookies, muffins, cakes, cupcakes)	Erin	2013	✓	✓			0400 176 057
Ⓥ Toastie Temple	Rishi	Aug'15	✓			✓	0400 550 149
Ⓥ Vegan Cakes by Monika (cakes, cookies) #VV	Monika	2014	✓	✓			0431 695 215
Ⓥ Vegan Pop-Ups	Emma	Oct'15	✓			✓	0477 248 762
Ⓥ VGF (Vegan Gluten Free) (food van)	Shellie	Jun'15	✓		✓	✓	03 5174 8534
Ⓥ Von's Vegan Bake House (cakes, baked goods & treats) #ALV	Von	Apr'14	✓	✓		✓	0410 622 309
Ⓥ Wheelie Green Grub (food van, catering)	Amber	Jan'15	✓		✓	✓	0402 456 451
Ⓥ Woking Amazing (asian street food) #ALV	Michael & Kat	Nov'15	✓	✓		✓	none

** ACCOMMODATION **

Ⓥ = fully vegan

⚡ BARONGAROOK WEST (2hrs / 166km south-west of Melbourne; refer to http://fb.com/VeloOtways for current info)											
Ⓥ	Velo Otways (cycling retreat) (Robin & Felicity)					2013	northern side of the Otway Ranges				0430 593 693
	Rooms	Min stay	Check in/out	Breakfast	Lunch	Dinner	Children	Pets	TV/DVD	Wi-Fi	Hot tub
	bunks	no	flexible	✓	✓	✓	✓ (16+)	x	x	✓	✓
← BEAUFORT (1½hrs / 161km west of Melbourne; refer to http://foresthavenbnb.com.au for current info)											
Ⓥ	#ALV Forest Haven B&B (Jo)					Jan'15	182 Dalgleishs Rd				0406 031 051
	Rooms	Min stay	Check in/out	Breakfast	Lunch	Dinner	Children	Pets	TV/DVD	Wi-Fi	Wood heater
	2	2	2 PM / 10 AM	✓	x	option	✓	x	x	✓	✓
⚡ ELPHINSTONE (1½hrs / 113km north-west of Melbourne; refer to http://bedandbroccoli.com.au for current info)											
Ⓥ	#ALV Bed & Broccoli B&B (Nikki & Scott) (Katandra West 2011)					Nov'15	223 Pollards Rd				03 5473 3484
	Rooms	Min stay	Check in/out	Breakfast	Lunch	Dinner	Children	Pets	TV/DVD	Wi-Fi	Fr/MW/Toast
	1	1 (Fr-Su 2)	2 PM / 10 AM	✓	option	option	x	x	✓	x	✓
↗ SMITHS GULLY (1hr / 42km north-east of Melbourne; refer to http://thebeetretreat.com.au for current info)											
Ⓥ	#ALV The Beet Retreat B&B (Jan)					2014	55 One Tree Hill Rd				0407 967 462
	Rooms	Min stay	Check in/out	Breakfast	Lunch	Dinner	Children	Pets	TV/DVD	Wi-Fi	P. Training
	2	1	2 PM / 11 AM	✓	option	option	x	✓	✓	✓	✓
*VARIOUS LOCATIONS (refer to http://fb.com/fieldworkretreats for current info)											
Ⓥ	Fieldwork Retreats (Bella)					2014	***various locations***				0413 558 801
	People	Check in	Check out	Breakfast	Lunch	Dinner	Children	Pets	TV/DVD	Wi-Fi	Alcohol
	6-10	Fri 7PM	Sun 2-4 PM	✓	✓	✓	x	x	x	x	BYO

EVENT CALENDAR

VEGAN T-SHIRT DAY fb.com/VeganTshirtDay est. 2011 1st SATURDAY OF EVERY MONTH

THE 5th CRUELTY FREE WEST EXPO (not held in 2015)	est. 2011				
WestWaters Hotel, 10-20 Lake St, Caroline Springs bit.ly/cfwestexpo2016	10 AM to 3 PM	SUNDAY	NOVEMBER	6	
THE 6th ANNUAL WORLDWIDE EVENT TO END ANIMAL CRUELTY	est. 2011				
Williamstown Foreshore, Nelson Place bit.ly/weeac2016	12 PM to 8 PM	SUNDAY	NOVEMBER	13	
HAPPY, HEALTHY YOU - THE 3rd REAL FOOD REVOLUTION MELBOURNE	est. 2014				
St Kilda Town Hall, 99A Carlisle St, St Kilda therealfoodrevolution.com	10 AM to 4 PM	SUNDAY	NOVEMBER	27	
THE 4TH ANNUAL VERY VEGAN CHRISTMAS PICNIC	est. 2013				
Edinburgh Gardens, Alfred Cres, Fitzroy North bit.ly/vegan-picnic-2016	11 AM to 11 PM	SUNDAY	DECEMBER	25	
THE 5th WE ♥ LIFE FESTIVAL (not held in 2016)	est. 2012				
CERES Environment Park, Brunswick East welovelife.com	12 PM to 6 PM	SATURDAY	JANUARY	21	
THE 2nd ANNUAL BALLARAT VEGAN FESTIVAL	est. 2016				
Various locations in Ballarat fb.com/BallaratVeganFestival	various times		JANUARY	14-22	
THE 18th SUSTAINABLE LIVING FESTIVAL (not held in 2000)	est. 1998				
Various city venues slf.org.au	various times		FEBRUARY	4-28	
THE 2nd ANNUAL GLOBAL DAY OF SILENCE (TODAY I AM VOICELESS)	est. 2016				
Worldwide bit.ly/voiceless2017	all day, 24 hours	SUNDAY	FEBRUARY	5	
THE 6th VEGAN DAY OUT MELBOURNE (tbc)	est. 2014				
The Cruelty Free Shop, 385 Brunswick St, Fitzroy crueltyfreeshop.com.au	times tba	SAT-SUN	MARCH	tba	
THE 3rd ANNUAL MELBOURNE VEGAN FESTIVAL (18+) (\$40)	est. 2015				
The Corner Hotel, 57 Swan St, Richmond	11 AM to 5 PM		MARCH	tba	
THE 2nd ANNUAL ANIMAL LAW WEEK (tbc)	est. 2016				
The Cluster, Level 17, 31 Queen St, Melbourne	times tba		APRIL	tba	
THE 9th ANNUAL WORLDWIDE VEGAN BAKE SALE (tbc)	est. 2009				
Location tba alv.org.au	11 AM to 6 PM	SUNDAY	APRIL	tba	
WORLD VEGAN PIZZA DAY (tbc)	est. 2009				
Location tba	times tba	SATURDAY	JUNE	24	
THE GREAT VEGAN ACTIVIST MEET					
Location tba bit.ly/GVAM-2017	times tba	FRI-SUN	NOVEMBER	10-12	
THE 15th ANNUAL WORLD VEGAN DAY (free entry)	est. 2003				
Melbourne Showgrounds, Epsom Rd, Ascot Vale wvd.org.au	10 AM to 8:30PM	SUNDAY	NOVEMBER	12	

RESCUES, SANCTUARIES, ETC (please consider shopping, donating, sponsoring, fostering, adopting, volunteering or bequeathing)

* entitled to receive tax deductible donations (over \$2) Available: B (bags) - C (calendars) - D (diaries) - T (tshirts) - X (xmas cards)

fb.com/AAPSKeysborough*		bit.ly/HogwatchFarmSanctuary		bit.ly/SC_animalrescue*	
fb.com/AARorg*		bit.ly/HomelessHounds*		fb.com/SouthOakleighWildlifeShelter*	
fb.com/AmarooWildlife		fb.com/HorseShepherd		fb.com/SouthernAshWildlifeShelter*	
fb.com/AustralianDeafDogRescue*		fb.com/KindPastures		bit.ly/StaffordRescueVic*	-CTX
fb.com/BeagleFreedomAustralia*		fb.com/LeftysPlace		bit.ly/TheWingedHorse*	-B
fb.com/BigSkySanctuaryInc		fb.com/LittleNestRefuge		fb.com/UYWRN	
fb.com/BlackwoodFields		fb.com/LortSmithHospital*		fb.com/VictorianAnimalAid*	-CX
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fb.com/EdgarsMission*	-BCDTX	fb.com/NekoRescue*	-BCT	fb.com/WalaAnimalSanctuary*	
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bit.ly/GreyhoundSafetyNet*		bit.ly/OurAnimalRescuePlace*		fb.com/Willowite2006	
bit.ly/GreysRescueVic*	-BCX	fb.com/PawsOfLoveAnimalRescue*		bit.ly/WRAP_Gippsland*	
fb.com/Gunyah*		fb.com/RabbitRunAway*	-C	bit.ly/WRES_wildlife*	
fb.com/HelpingHandsAnimalRescue		fb.com/SaveADogScheme*			

GET INVOLVED

" The question is not 'Can they reason?' nor 'Can they talk?' but 'Can they suffer?' "

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