Religion/sect	Problem	Remedy	Means	Spiritual growth
Native (wiccan, neopagen, shaman	Survival, extinction of tribe	Encouragement of natural cycles	Civil ritual, prayer	Connection to nature, relationship to earth justice, staying in balance
Hinduism (1000s of sects 2300-1500 BCE)	Human condition is not true self	Samsara/reincarnation to reveal true identity, enlightenment	Meditation, devotion to gods, love, knowledge, karma	Balance of 4 paths, (devotion, action, knowledge, wisdom)
Judaism (apx 1900 BCE)	Survival of tribe	Make bargains: observe laws, God protects	Covenant, good deeds	Torah observance, involvement in community, healing the world (tikkun olam)
Zoroastrianism (6th BCE)	Born into the battlefield Perisan Empire	Choose sides: good/evil. Mazda/Akem Manah	Devotion Discern good from bad, angels/demons	discernment
Confusians (500BCE)	Disorder/chaos	A place for everything to save society	"li" which is "civil ritual." Everyone is educated in living "li"	Find identity, your place in "li" in society
Taoism (3-4th BCE)	We have forgotten how to be human. Life is full of striving because we have forgotten who we are	Stop striving, do only what is within your nature. Called "woo-wi"	Learn by watching nature – go with flow	Sensitizing self to "re-membering" our discerning true nature