Multidimensional assessment of COPD

GOLD: Severity of airflow limitation (based on postbronchodilator FEV_1)		
Stage	**Severity**	**FEV_1 (percent predicted)**
In patients with FEV_1/FVC <0.7:*		
GOLD 1	Mild	≥80
GOLD 2	Moderate	50 to 79
GOLD 3	Severe	30 to 49
GOLD 4	Very severe	<30

GOLD: Assessment of symptoms and risk of exacerbations		
Exacerbations/hospitalizations	**Symptom assessment**	
	mMRC¶ 0 to 1; CAT <10Δ	**mMRC ≥2; CAT ≥10**
0 or 1 exacerbations without hospitalization	A	B
≥2 exacerbations or ≥1 hospitalization	C	D

COPD: chronic obstructive pulmonary disease; FEV_1: forced expiratory volume in one second; FVC: forced vital capacity; CAT: COPD Assessment Test; mMRC: modified Medical Research Council (mMRC) dyspnea scale.

* The Global Initiative for Chronic Obstructive Lung Disease (GOLD) guidelines (www.goldgopd.org) prefer the threshold of <0.7 to the alternative of the fifth percentile LLN for FEV_1/FVC.

¶ mMRC dyspnea scale: Refer to UpToDate graphic.

Δ http://www.catestonline.org.

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