

2019 Carleton College Beer Olympics Manifesto

Order of Events

Revised and amended by the 2019 Beer Olympics Commission:

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Originally Compiled by the 2002 Beer Olympics Commission

Adam Beebe, Daren Nyquist, Robert von Glahn, Jon Groteboer and Scott O'Reily

Amended by 2003 Beer Olympics Commission

Justin Merriman, Jon Davey, Erik Fisher, Scott O'Reily, Ashley Griffin, and Conor Crimmins

Second Amendment by 2005 Beer Olympics Commission

Ben Phillips, Kevin Beck, Ben Olson, Matt Sevcik

Third Amendment by 2006 Beer Olympics Commission

Nick Wanka and Kevin Hanley

Fourth amendment by the 2009 Beer Olympics Commission

Nick Artenstein, Tim Kane, Pete Gottschalk, Steve Ramey, and Bobby Schmitz

Fifth Amendment by the 2018 Beer Olympics Commission

Katharine Byrne, Brian Frett, Chase Gottschalk, Nicholas Herring, Jennifer Ramey, Benjamin Truax

GENERAL RULES

- Order of draft to be determined by a simple game of chance. Second round to be reversal of first round (last team to pick in first round picks first in second round, etc.)
- If a substitute is needed for a team, captains are to draw from those not drafted
- Each team must have at least one non-cismale identifying individual
- Trading of players or draft picks are strictly prohibited.
- Teams may not be amended on the day of competition, unless agreed upon by the B.O.C. All amendments to teams must be agreed on by B.O.C. All team amendments must be voted on, passed by simple majority.
- Financial accommodations should be made for any desiring participants who are unable to afford the full cost of participation. This can be done on a discretionary basis.
- Scoring to be done by reverse places (1st receives 11 points, 2nd 10 points etc. with a 11 team competition).
- All ties to be decided by a Dizzy Bat competition between captains of tied teams, first to miss can loses

-ALL REFEREE'S DECISIONS ARE FINAL AND BINDING.

OPENING CEREMONIES – DAY ONE

Opening ceremonies will begin precisely at whatever time is agreed upon by the B.O. Commission, Central Standard Time. All participants, wearing their official Beer Olympics team shirt, must be present at this time. Failure to arrive on time will result in loss of points.

United States National Anthem, as performed by Whitney Houston.

Recitation of the Beer Olympics Anthem with the ceremonial beer slamming:

“May the winners be gracious, may the losers not be bitter and most of all, may there be no fucking spillage!”

FIRST EVENT – EGG TOSS

Each team will send forth its two pre-selected participants. Each participant must bring with him/her a full beer. Participants will be supplied with one raw egg. There are no gender requirements for this event. All teams will participate at the same time. Each contestant **MUST** hold a full beer in one hand throughout the contest. Dropping the beer results in immediate disqualification. Spillage will result in a penalty, the degree of which is made at judges' discretion.

Participants will stand approximately 10 yards apart, facing each other. One participant will be stationary throughout, while the other participant will be stepping backwards as the event progresses.

One participant will be holding an egg and a beer, while the other will have a free hand and a beer. At the judges' signal, the participant with the egg will toss the egg, in any manner they choose, to the participant with the free hand without taking more than one step.

If the participant receiving the egg catches the egg, his/her team will advance to the next round, and the participant throwing the egg will take step backwards at a distance set forth by the judges. If the egg is cracked or broken, the team is disqualified. This process is repeated until only one team remains.

If the egg is not caught but does not break, the offending team is still eligible to participate. A TEAM IS ONLY DISQUALIFIED ONCE THE EGG HAS BROKEN.

EQUALIZER

After EVERY event, the judges will announce standings and an equalizer will occur. Throughout the rest of the manifest, the equalizer will not be explained, but merely noted. All members of teams finishing first, second, and third in the previous event (in this case, egg toss) will participate in the equalizer.

All members of the team finishing first will be expected to bring with them a full beer. Members of the team finishing second will bring a half beer, and members of the third place team will bring 1/3 of a beer. The head judge will lead the recitation of the Beer Olympics anthem. At the conclusion of the anthem, the members of the first, second, and third place teams will slam their beers.

SECOND EVENT – FRISBEE

Each team will send forth its two pre-selected participants. There are no gender requirements for this event. Teams will start in inverse order of total standings (with the last place team going first, the second to last place team going second, etc, until the first place team, who goes last). One team will participate at a time. Refs assigned to each team will be in charge of organizing their team once they are in the hole. Once they are on deck, the ref may begin pouring the Frisbee. There will be two designated Frisbee chug locations.

Judges will fill a Frisbee on the ground with 4-12oz cold ones.

The two participants will lie face down on opposite sides of the Frisbee. Participants will then attempt to drink all the beer out of the frisbee **WITHOUT USING THEIR HANDS**. The team that finishes the beer the in the fastest amount of time wins.

Any spillage will be penalized, to a degree determined by the judges by the amount of spillage. If the entire Frisbee is spilled, disqualification is possible.

At the conclusion of the event, an **EQUALIZER** will occur.

THIRD EVENT – LINE OUT RELAY

In this event, the entire team will participate. Each team member must bring a full beer with them to the start of the event. Judges will inspect to make sure each beer is appropriately filled. Post-inspection sipping/spilling WILL result in disqualification. Teams will start in inverse order of the total standings, with 2 teams participating at one time.

Each of the two teams will line up single file with a beer in hand. The order of each team's respective members is up to each team captain.

The event will commence upon the referee counting, "3-2-1-DRINK!" Upon hearing this, the first member of each of the first 2 participating teams will drink his/her beer as quickly as possible. Once the beer has been finished, the first participant of each team will place the cup upside down upon his/her head. Any spillage will be penalized.

Once the first team member has finished his/her beer and placed the cup upside down upon his/her head, the second team member may begin to drink his/her beer. Once the second team member has finished his/her beer and placed the cup upside down upon his/her head, the third team member may begin. This process is repeated until everyone on the team has finished his or her beer.

The team with the fastest time wins the event.

At the conclusion of the event, an **EQUALIZER** will occur.

FOURTH EVENT – HURDLES

Each team will send forth its two pre-selected participants. One participant must be female. Teams will start in inverse order of total standings. One team will participate at a time.

Participants will sit across from each other, with a 16-cube ice tray placed on a table or park bench in between. Each team of two participants will be provided with one straw (normal drinking straw: full-length, not bendy) out of which they are expected to drink beer from the ice tray. B.O.C. approved straws will be provided. Use of hands, feet, or other appendages during any point of the event WILL RESULT IN IMMEDIATE DISQUALIFICATION.

If the straw breaks preventing a team from continuing, a DO-OVER will be awarded, but 10 seconds of penalty time will be added to the team's final time.

Judges will fill up one ice tray with ONE beer. Each participant is expected to drink! Each participant must drink from one side of the tray (length-wise;). The second drinker must finish the beer in any compartment the judges deem not sufficiently empty.

Participants must drink ALL of the beer in the ice tray for the judges to stop the timing. Participants are not finished until, in the judges' opinion, all traces of beer deemed able to be drunk are finished.

At the conclusion of the event, an **EQUALIZER** will occur.

FIFTH EVENT – MARATHON

Each team will send forth its one pre-selected competitor and his/her spotter. There are no gender requirements for this event. Teams will start in inverse order of the total standings. One competitor will participate at a time.

Each competitor will be required to finish 26.2 (~ 40oz or 3.3333333 beers) shots of beer and hold the beer down for 2 minutes. **COMPETITORS MAY POUR ONLY ONE SHOT AT A TIME.** After taking each shot, spotters will turn their shot glass (Dixie cup) upside down into the SOLO[®] provided in order to catch any excess beer. At the conclusion of taking the 26 shots, competitors will finish whatever excess beer is in the SOLO[®]. Competitors will be judged by how quickly they finish the allotted beer, both in the shot glasses and SOLO[®].

At the conclusion of the event, an **EQUALIZER** will occur.

SIXTH EVENT - HIGH JUMP

Each team will send forth its one pre-selected competitor. There are no gender requirements for this event. Teams will start in inverse order of the total standings, with 1 team participating at a time.

Prior to the event, the judges will call for each team captain to place their one **SILENT** bid for the number of ounces to be bonged by the participant. Team captains will inform the head ref of their bids. Bids will be placed in 4-ounce increments, starting at **48** ounces and ending at **80** ounces. Teams will make **ONE** bid; once the judges announce the bid, it cannot be changed.

After the bids are announced, the event will begin. Each participant will be expected to attempt to bong the amount of beer bid by his/her captain. Judges will conduct the measuring of the amount of beer and filtering the beer into the bong, with all judges' decisions final. Participants are permitted to use any reasonable style of bonging beer but must use the bong provided by the Beer Olympics Committee. Butt-chugging will not be permitted for this event due to the blatant waste of precious, precious beer.

In order for a participant to gain points for the event, he/she **MUST** successfully bong the amount of beer bid by his/her captain **AND** keep the beer ingested for at least 2 minutes. Failure to either bong the beer or keep it ingested will result in disqualification.

Disqualification can also result from attempting to slow the flow of beer by stopping the beer with one's tongue, squeezing the tube the beer is flowing through, or any other actions deemed illicit by the judges.

While not advised, the lighting of a cigarette or joint immediately post-bonging is highly encouraged.

At the conclusion of the event, an **EQUALIZER** will occur.

SEVENTH EVENT - BOAT RACE

In this event, the entire team will participate. Each team member must bring 2 full beers with them to the start of the event. Judges will inspect to make sure each of the beers is appropriately filled. Post-inspection sipping/spilling WILL result in disqualification. Teams will start in inverse order of the total standings, with 2 teams participating at one time.

Each of the two teams will line up single file with a beer in hand. The order of each team's respective members is up to each team's captain.

The event will commence upon the referee counting, "3-2-1-DRINK!" Upon hearing this, the first member of each of the first 2 participating teams will drink his/her beer as quickly as possible. Once the beer has been finished, the first participant of each team will place the cup upside down upon his/her head. Any spillage will be penalized. Once the first team member has finished his/her beer and placed the cup upside down upon his/her head, the second team member may begin to drink his/her beer. Once the second team member has finished his/her beer and placed the cup upside down upon his/her head, the third team member may begin. The process continues like the line out, but after the final participant finishes his/her first beer, the process continues back to the initial chugger.

The team with the fastest time wins the event.

At the conclusion of the event, an **EQUALIZER** will occur.

EIGHTH EVENT – MYSTERY EVENT

A WHOLE TEAM event decided upon by the committee, which is not revealed to other competitors until after the final scheduled event. Referees will be instructed on judging prior to commencement of the games.

At the conclusion of the event, an **EQUALIZER** will occur.

*******End of First Day*******

OPENING CEREMONIES – DAY 2 – KEGS & EGGS

All Beer Olympics participants are to report to the field of competition by 7:30 A.M.

Failure by any members to report on time will result in penalties including points and additional ingestion of alcohol and possibly undercooked eggs. All participants are expected to wear their official team shirts.

Every participant is required to eat eggs in the morning. Failure to eat eggs or a non-lactose version of eggs will result in penalties. (Note: Bloody Marys are optional but looked upon favorably by the Beer Olympics committee).

At 8:00 A.M., every participant must have a full beer in hand. At this point, the judges will announce the standings after the first day of competition, and the Beer Olympics anthem will be recited. At the conclusion of the recitation, every participant will slam his/her beer.

After the Beer Olympics anthem recitation is completed, an **EQUALIZER** will occur based on the standings of the first day.

Enthusiasm Chug – Any and all draftees who put down a “10” for Enthusiasm on the Draft are required to participate in a shared drink. Their names shall be read out for shared humor. This will follow opening chug and recitations.

THE FIRST EVENT- THE 40 DASH

Each team will send forth its one pre-selected competitor. There are no gender requirements for this event. Teams will start in inverse order of the total standings, with one competitors participating at one time.

Each competitor will be required to drink 40 ounces of beer and then sprint 40 yards. Competitors must finish all 40 ounces before beginning the sprint. Timing begins when the competitor begins drinking his/her 40 and concludes when the competitor crosses the finish line 40 yards away. The competitor with the fastest time wins. Post-40 Dash vomiting is encouraged.

At the conclusion of the event, an **EQUALIZER** will occur.

SECOND EVENT – LINE OUT RELAY

In this event, the entire team will participate. Each team member must bring a full beer with them to the start of the event. Judges will inspect to make sure each beer is appropriately filled. Post-inspection sipping beforehand may result in disqualification. Teams will start in inverse order of the total standings, with 2 teams participating at one time.

Each of the two teams will line up single file with a beer in hand. The order of each team's respective members is up to each team captain.

The event will commence upon the referee counting, “3-2-1-DRINK!” Upon hearing this, the first member of each of the first 2 participating teams will drink his/her beer as

quickly as possible. Once the beer has been finished, the first participant of each team will place the cup upside down upon his/her head. Any spillage will be penalized. Once the first team member has finished his/her beer and placed the cup upside down upon his/her head, the second team member may begin to drink his/her beer. Once the second team member has finished his/her beer and placed the cup upside down upon his/her

head, the third team member may begin. This process is repeated until everyone on the team has finished his or her beer.

The team with the fastest time wins the event.

At the conclusion of the event, an **EQUALIZER** will occur.

THIRD EVENT – THREE-LEGGED RACE

Each team will send forth its two pre-selected competitors. One competitor must be female. Teams will start in inverse order of the total standings, with 1 team participating at a time.

Competitors will tie one of their legs together with the other competitors (for example, tying one person's left leg together with another person's right leg, with both participants facing forward) through means supplied by the judges (e.g. bandana). If at any point during competition the legs become untied, competitors may continue but must keep their legs in the same position as if they were tied, in effect simulating the legs being tied. If a deliberate attempt to circumvent the rules is made through tying the legs loosely and/or ineffectively, teams will be penalized with point deductions and possibly be ICED™.

The field of play will be set up similar to a baseball diamond (*location dependent*), with competitors beginning at home plate and running to first, second, and third base while finishing at home. One competitor will slam a beer at each base (starting at first and ending at home plate). Each competitor must drink two beers each, however the order of when each participant drinks the beer is up to the participants. Spillage during the event is penalized to a degree determined by the judges – vomiting after the event is not penalized. The team finishing its way around the base paths fastest wins the event.

At the conclusion of the event, an **EQUALIZER** will occur.

FOURTH EVENT – KEG TOSS

Each team will send forth its one pre-selected participant. There are no gender requirements for this event. Teams will start in inverse order of total standings. One participant will throw/bong at a time. The throw will be completed and measured according to Olympic Discus Standards (

https://en.wikipedia.org/wiki/Discus_throw#Description).

Participants will attempt to throw an empty keg as far as possible. Participants will have one warm-up throw and two judged throws, with the competition throws coming back to back. Participants are expected to take their second throw once the judges mark the distance of the first throw and retrieve the keg. The best throw will count – throws will not be averaged. If desired, participants may make only one throw.

Directly after the participant makes his/her two throws, judges will announce the participant's distance. At this point, judges will retrieve the beer bong and fill it up with

the amount of ounces equivalent to the number of feet the participant threw the keg (for example, 33 feet = 33 ounces). Distance WILL be rounded up when determining ounces of beer to be bonged.

After the bong is filled up, the participant will bong the amount of beer. There will be no slowing down or stopping the beer bong, and clogging the tube with the tongue WILL RESULT IN DISQUALIFICATION. As always, all judges' decisions are final.

Participants must keep the bonged beer ingested for a minimum of two minutes for the event to count in the total standings. If the beer is vomited before two minutes passes, the participant's score in the keg toss will be zero.

At the conclusion of the event, an **EQUALIZER** will occur.

FIFTH EVENT - BOAT RACE

In this event, the entire team will participate. Each team member must bring 2 full beers with them to the start of the event. Judges will inspect to make sure each of the beers is appropriately filled. Post-inspection sipping WILL result in disqualification. Teams will start in inverse order of the total standings, with 2 teams participating at one time.

Each of the two teams will line up single file with a beer in hand. The order of each team's respective members is up to each team captain.

The event will commence upon the referee counting, "3-2-1-DRINK!" Upon hearing this, the first member of each of the first 2 participating teams will drink his/her beer as quickly as possible. Once the beer has been finished, the first participant of each team will place the cup upside down upon his/her head. Any spillage will be penalized.

Once the first team member has finished his/her beer and placed the cup upside down upon his/her head, the second team member may begin to drink his/her beer. Once the second team member has finished his/her beer and placed the cup upside down upon his/her head, the third team member may begin. The process continues like the line out, but after the final participant finishes his/her first beer, the process continues back to the initial chugger.

The team with the fastest time wins the event.

At the conclusion of the event, an **EQUALIZER** will occur.

SIXTH EVENT – MYSTERY EVENT

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At the conclusion of the event, an **EQUALIZER** will occur.

SEVENTH EVENT – CAPTAINS RACE

Each team will send forth its one pre-selected competitor. Only captains are eligible to participate in this event. Teams will start in inverse order of the total standings, with 1 team captain participating at a time.

Setup of the event will be similar to the three-legged race, with four bases set up similar to a baseball diamond (*location dependent*) containing four beers.

Competitors will begin at home plate. Upon arrival at each base (first, second, third, and home) competitors will slam the beer sitting at each base, with the end result being that competitors drink one beer at each of first base, second base, third base, and home plate. At home plate, participants will be given the option of bonging the final beer. Participants will be penalized for spillage but will not be penalized for puking. The participant who completes the home run trot the quickest wins the race.

At the conclusion of the event, an **EQUALIZER** will occur.

EIGHTH EVENT – DIZZY BAT RACE

In this event, the ENTIRE TEAM WILL PARTICPATE. Each team member must bring a full beer with them to the start of the event. Judges will inspect to make sure each beer is appropriately filled. Teams will start in inverse order of the total standings; each judge will have a team to time.

Participants will line up single file with beer in hand in a manner similar to the line out. The order of each team's respective members is up to each team's captain.

At the sound of the whistle signaling the event's beginning, the first member of each team will slam his/her beer. Once the beer is finished, the team member will place the empty cup upside down upon his/her head, get approval from the judge that the beer is finished, and then proceed to spring directly ahead to the judge holding the bat of their team. Each team will be provided with their own bat.

Upon reaching the judge with the bat, the participant will vertically place one end of the bat ON THE GROUND and place his/her forehead on the other end of the bat. The participant will then, all the while keeping the end of the bat placed ON THE GROUND in a constant position, spin around the bat 10 times. Judges will count the number of revolutions around the bat, and all judges' decisions are final. Once 10 revolutions in THE SAME DIRECTION are complete, the participant will run back to the rest of his/her team and tag hands with the next awaiting member. After tagging hands with the next member of the team, the participant must sit down.

Once the hand of the next member is tagged, he/she may begin slamming his/her beer. Once the beer is slammed, the contestant will place the cup on his/her head, wait for approval from the judge, and then proceed to the bat revolution portion of the event. After completing the spinning as described above, the contestant will sprint back, tag the

hand of the next member, and sit down. This process is repeated until all members are finished.

Once all of a team's members have completed the event and sat down, the team is judged to have finished. A TEAM MUST BE SEATED IN ORDER TO BE COUNTED AS FINISHED.

CLOSING CEREMONIES

Judges will tally up the final standings and gather with team captains to announce award winners. Announcements will occur in the following order.

- Team Results: Judges will announce the top three teams of the 2018 Beer Olympics, with the results based on cumulative points. Each team will be called up to the stage to claim their prize, which will be contingent on completing one final **EQUALIZER**.
 - Newcomer of the year: Awarded by the Beer Olympics Committee to the first year participant judged to have the biggest impact on the competition.
 - Darkhorse of the year: Awarded by the Beer Olympics Committee to the participant (any year) judged to have made the most unexpected impact on the competition. Traditionally rewarded to someone taken in the third round or later in the Beer Olympics draft.
 - Female of the year: Awarded by the Beer Olympics Committee to the female participant judged to have made the biggest impact on the competition.
 - Most Valuable Drinker: Awarded by the Beer Olympics Committee to the participant judged to have the biggest impact on the competition. Traditionally awarded to a captain.
 - Least Washed Up Award: Awarded by the Beer Olympics Committee to the alumni judged to have outstanding achievement throughout the 2018 Beer Olympics and judged to be washed up the least relative to their drinking prime.
 - Lifetime Achievement Award: Awarded by the Beer Olympics Committee to the Senior judged to have had the biggest impact on the Beer Olympics throughout his/her tenure at Carleton.
 - All Beer Olympics Team: Awarded by the Beer Olympics Committee to the 6 individuals judged to have outstanding achievement throughout the 2018 Beer Olympics.
- Final recitation of Beer Olympics Anthem: All of the award winners, both team and individual, will lead the rest of the participants in the final recitation of the Beer Olympics Anthem for 2018. Each participant is encouraged, but not required, to slam a beer after this recitation.

All participants are encouraged to continue any form of drunken debauchery they see fit. The Beer Olympics Committee thanks all participants for competing.

