



PREPARING FOR YOUR CAREER

students with disabilities

As a student with a disability, the way in which you go about charting your path is not unlike the process other college students follow. You should utilize all services the UCC has to offer, including career fairs, individual counseling appointments, career assessments, ePACK, and on-campus interviews.

Gaining practical work experience while in college is highly encouraged of all students. This can take place through internships, co-op, research and volunteer experiences. These will help you gain exposure to a career field of interest, develop important professional skills, and increase your self-confidence in your ability to do a job.

Specific opportunities

In addition to opportunities posted through ePACK, the following programs exist specifically for students with disabilities.

- COSD -- <http://www.cosdonline.org/>
- Workforce Recruitment Program -- <http://www.dol.gov/odep/pubs/brochures/wrp1.html>
- DisabilityInfo.gov -- <http://www.disabilityinfo.gov/>
- ENTRY Point! (technical majors) -- <http://ehrweb.aaas.org/entrypoint/>

Disclosure options

When and how to disclose your disability is a personal decision.

- Decide when to disclose.
- Educate. Take literature or cite a website to help explain and clarify your disability.
- Prepare and practice this conversation.
- Be positive. Emphasize your strengths as you discuss your disability.

Additional resources

- NC State Disability Services Office -- <http://www.ncsu.edu/dso/>
- Job Accommodation Network (JAN) -- <http://www.jan.wvu.edu/>
- The Americans with Disabilities Act (ADA) -- <http://www.ada.gov/>

Updated 2010