CMPT 459 - Report

Data Selection

- The Estimation of Obesity Levels Based on Eating Habits and Physical Condition dataset was selected for the following reasons:
- Relevance: Obesity is a significant global health issue. This dataset provides an opportunity to address a real-world problem with potential impact on public health.
- Data Quality: The dataset contains no missing values, simplifying preprocessing and ensuring data completeness.
- Diverse Features: It includes a mix of categorical, binary, and continuous variables, allowing for rich analysis and feature engineering opportunities.
- Multiple Tasks: The dataset supports various machine learning tasks including classification, regression, and clustering, providing flexibility in approach.
- Size and Complexity: With 2111 instances and 16 features, the dataset is substantial enough to train robust models while remaining manageable for computational resources.
- Synthetic Data: 77% of the data is synthetically generated, which can help in addressing potential privacy concerns while still maintaining realistic patterns.
- Multi-country Data: The inclusion of data from three countries (Mexico, Peru, Colombia) allows for potential cross-cultural analysis of obesity factors.
- Clear Target Variable: The NObesity variable provides clear classification labels, making it suitable for supervised learning tasks.

Main Goal:

Data Preprocessing

- 1. Dataset Loading
 - Loaded the data using Pandas
 - Configured to display all columns for easier inspection

2. Duplicate Removal and Null value

- Identified and removed duplicate rows to ensure data integrity
 - i. Data = data.drop duplicates()

3. Handling Missing Values:

- Checked for missing Values:
 - i. Missing values were evaluated by calculating the total number of null entries in each column using data.isnull().sum(). The analysis confirmed that there are no missing values in the dataset, as the sum was 0 for all columns.

4. Normalization and standardization

 After analyzing the dataset, normalization and standardization techniques (e.g., Min-Max Scaling and StandardScaler) were considered for feature scaling.
 However, upon inspection, it was determined that the dataset's numerical features are already scaled to an appropriate range, eliminating the need for additional scaling transformations.

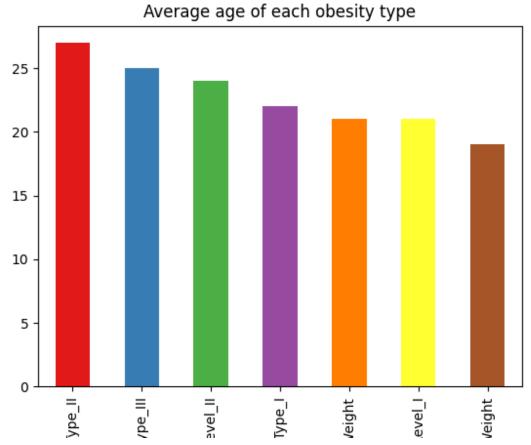
EDA

Facts

Average age of each obesity type

```
Insufficient_Weight 19.0
Normal_Weight 21.0
Obesity_Type_I 22.0
Obesity_Type_II 27.0
Obesity_Type_III 25.0
Overweight_Level_I 21.0
Overweight_Level_II 24.0
Name: Age, dtype: float64
```

Figure 1. The average age of each obesity type



Notice that the average age is lowest in insufficient weight and is highest in **obesity type II** followed by **type III and I**. Concluding age has a positive correlation with weight

Average Weight of each obesity type

```
Insufficient_Weight 50.00

Normal_Weight 61.00

Obesity_Type_I 90.74

Obesity_Type_II 117.79

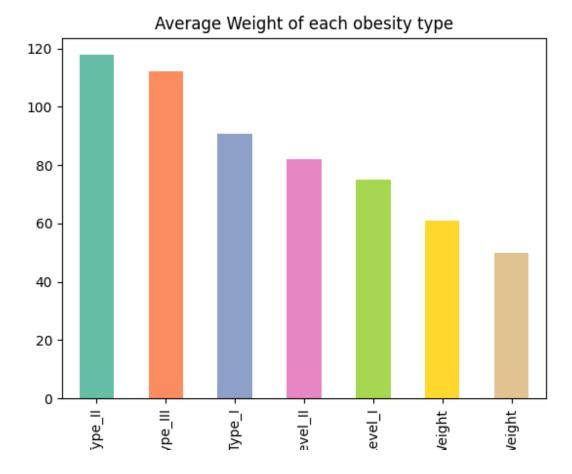
Obesity_Type_III 112.05

Overweight_Level_I 75.00

Overweight_Level_II 82.00

Name: Weight, dtype: float64
```

Figure 2. Average Weight of each obesity type



The way we have preprocessed the data, **obesity type II** has higher weight numerics than **type III**.

How is obesity type affected by eating high calorie food?

```
Insufficient Weight
                      no
                                 50
                               217
                       yes
Normal_Weight
                                 78
                       no
                               204
                       yes
Obesity_Type_I
                                 11
                               340
                       yes
Obesity_Type_II
                       no
                               290
                       yes
```

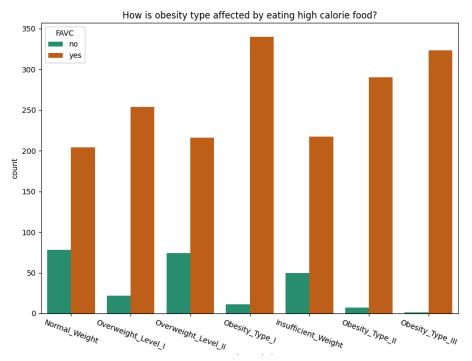
```
Obesity_Type_III no 1
yes 323

Overweight_Level_I no 22
yes 254

Overweight_Level_II no 74
yes 216

Name: FAVC, dtype: int64
```

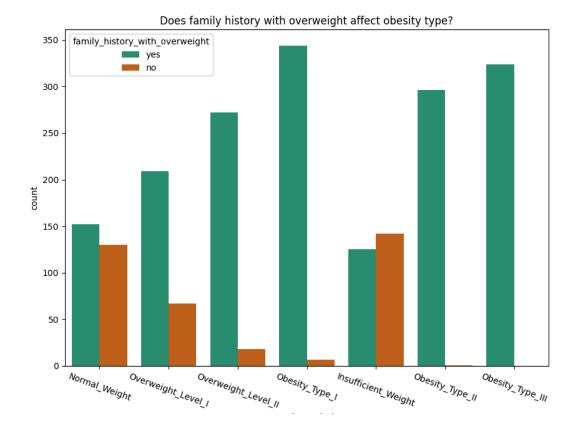
Figure 3. How is obesity type affected by eating high-calorie food?



What is interesting to note here is **obesity type III** seems to have no one eating low-calorie food.

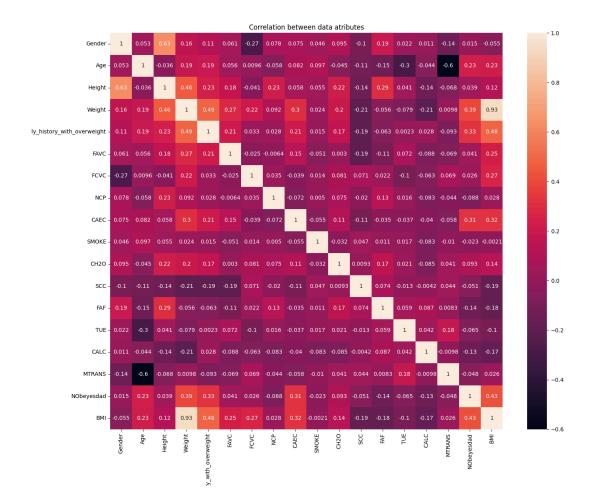
Does family history with overweight affect obesity type?

Figure 4. Family history with obesity



Having issues with weights run in your family seems to have a positive effect on increasing weights in **obesity type I,II,III**

Correlation between attributes



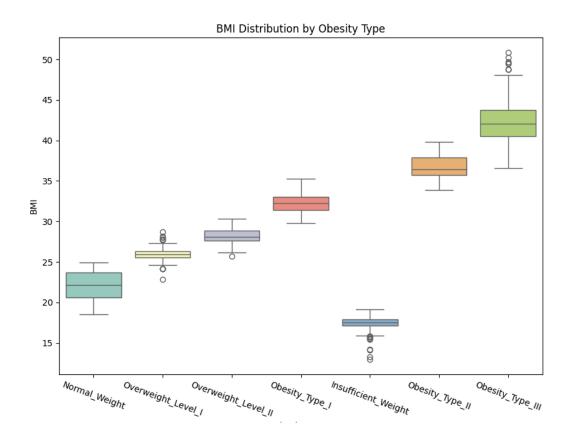
Addition of new feature BMI (Body Mass Index)

```
data['BMI'] = round(data['Weight'] / (data['Height']) ** 2, 2)
```

Advantages:

- 1. Direct relation with obesity:
- BMI is a direct indicator of weight status (underweight, normal, overweight, or obese).
- 2. Feature for Model Training:

BMI could act as a strong predictor in machine learning models for classifying obesity types since it is derived from weight and height.



Insights about the results obtained:

BMI Gradually Increases Across Obesity Types:

- The BMI values are progressively higher as you move from **Normal Weight** to **Overweight Levels I & II**, and then to **Obesity Types I, II**, and III.
- This shows that BMI is strongly indicative of the assigned obesity types, as expected.

Clear Separation of Obesity Categories:

- The categories are well-separated by BMI, suggesting that BMI is an effective feature for distinguishing between obesity levels in the dataset.
- For instance:
 - Normal Weight has a median BMI close to 22.
 - Obesity Type III has the highest median BMI, near 45, with a broader range.
- Insufficient Weight lies at the lowest BMI end (around 16-18).

Outliers:

• Some outliers are visible in categories like **Overweight Levels I & II** and **Insufficient Weight**, which may represent rare cases that deviate from typical BMI ranges.

Consistency of BMI Within Groups:

- The spread (interquartile range) of BMI within each category is relatively small, indicating consistency within each group.
- **Obesity Type III**, however, has the widest range, suggesting that individuals in this category have a broader variation in BMI

Clustering

K-Means

 We begin clustering with a low value of k = 2 and try to tune it for bigger cluster sizes. In our case, we do a range of k = 2 to 9. Obtaining results:

```
Normalized Scores:
Silhouette: [1.
                           0.6463781 0.55012837 0.39690318 0.31398566
0.25680637
0.16581162 0.
Calinski-Harabasz: [0.48318981 1. 0.97880425 0.47626443 0.72975219
0.44278261 0.2878056 ]
Inverted Davies-Bouldin: [1.
                                       0.68748531 0.72277838 0.26132563
0.41331726 0.17644861
0.08984546 0.
Average Scores: [0.82772994 0.77795447 0.75057033 0.37816441 0.48568504
0.14441833
0.23281323 0.0959352 1
Best number of clusters: 2
  Number of Clusters Silhouette Score Calinski-Harabasz Index
                   2
0
                              0.561510
                                                    4233.633560
                   3
                              0.499831
                                                    4623.288144
                   4
                              0.483043
                                                    4607.307384
3
                   5
                              0.456317
                                                    4228.412099
4
                   6
                              0.441854
                                                    4419.531910
                   7
                              0.431881
                                                    3869.327427
6
                   8
                              0.416010
                                                    4203.168122
                   9
                                                    4086.321542
                              0.387089
  Davies-Bouldin Index
              0.597637
```

```
1 0.671880

2 0.662584

3 0.808910

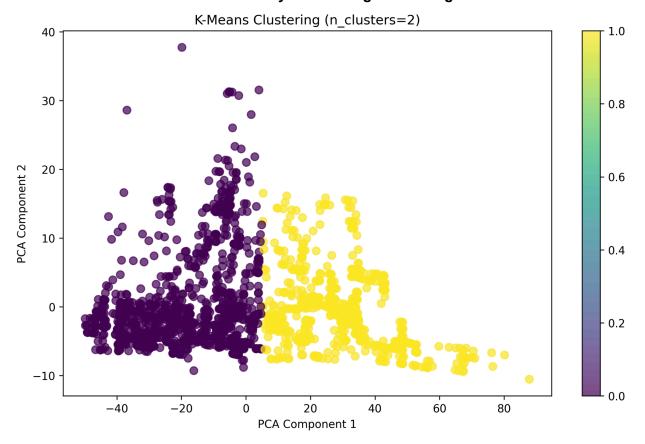
4 0.754060

5 0.843160

6 0.881230

7 0.924537
```

Including the target column in the clustering yields the same results. The best cluster is always obtained on the same number of clusters k = 2. We calculated this number using MlnMaxSacling on all the scores and averaged the score for each cluster. Whichever cluster yields the highest average is chosen.



- Two clusters:

- The two clusters likely represent broad groupings in the population based on shared behavioural and physiological characteristics.
- Potential groupings could be:
 - **Cluster 1**: Individuals closer to normal weight or having healthier lifestyles.
 - Cluster 2: Individuals with obesity or overweight tendencies based on BMI and related features.

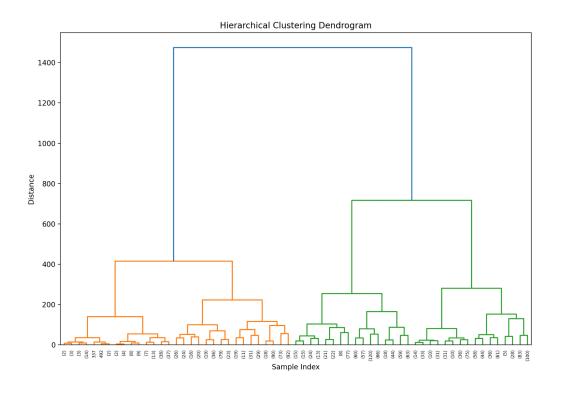
- Cluster Separation:

- From the scatterplot, the clusters are fairly well-separated, suggesting meaningful grouping in the PCA-reduced feature space.
- This separation indicates that the PCA components effectively capture the variance in the original features and that K-Means clustering can differentiate distinct groups.

- Factors:

- Cluster 1: Can include people with lower BMI, fewer unhealthy eating habits, and more physical activity
- Cluster 2: Captures individuals with higher BMI, Frequent unhealthy eating, a family history of overweight.

Hierarchical Clustering:



Key Observations from the Dendrogram

1. Structure of the Dendrogram:

- The dendrogram reveals a clear separation of the data into two main clusters at a relatively large height (distance ~800).
- Cutting the dendrogram at this height results in 2 primary clusters. This is supported by the long vertical line connecting the two clusters, indicating high dissimilarity between them.

2. Sub-Cluster Formation:

- At lower heights (distance ~200), smaller sub-clusters within each main cluster can be observed.
- This suggests further divisions in the data, which could be explored if finer granularity is needed.

Hierarchical Clustering Results

	Number of Clusters	Silhouette Score	Calinski-Harabasz Index	١
0	2	0.553126	3973.795004	
1	. 3	0.486990	4456.775007	
2	4	0.475618	4349.417708	
3	5	0.413437	4042.282084	
4	6	0.410793	3982.273169	
5	7	0.371111	3998.565327	
6	8	0.340028	3851.967826	
7	9	0.334509	3759.642530	

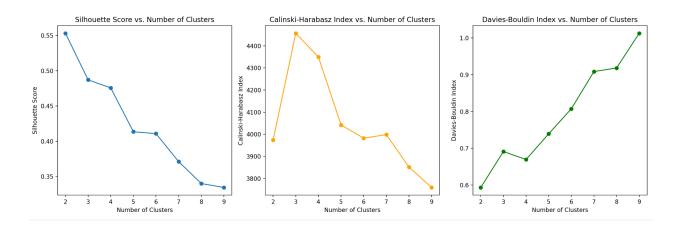
	Davies-Bouldin Index	
0	0.593365	
1	0.691122	
2	0.669340	
3	0.739289	
4	0.807392	
5	0.908770	
6	0.918445	
7	1.013045	

Best Results:

Best Number of Clusters (Silhouette): 2

Silhouette Score: 0.5531

Calinski-Harabasz Index: 3973.7950 Davies-Bouldin Index: 0.5934



Performance Metrics and Optimal Clusters

1. Silhouette Score:

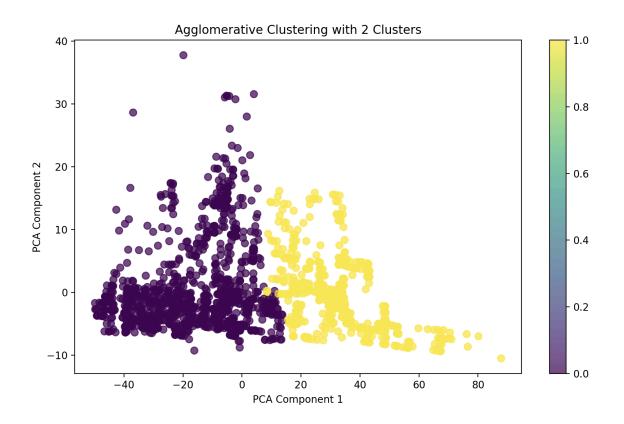
- The highest Silhouette Score (0.553) is observed when 2 clusters are formed.
 This indicates that data points are well-separated and cohesive within their respective clusters.
- The Silhouette Score decreases consistently as the number of clusters increases, indicating reduced separation quality.

2. Calinski-Harabasz Index:

- The highest Calinski-Harabasz Index (4456.775) occurs at 3 clusters, suggesting slightly better compactness and separation compared to 2 clusters.
- However, the drop in Silhouette Score for 3 clusters indicates that the separation quality might not be as strong as for 2 clusters.

3. Davies-Bouldin Index:

• The lowest Davies-Bouldin Index (0.593) is observed for 2 clusters, reinforcing that 2 clusters provide the best separation with minimal intra-cluster variance.



Agglomerative Cluster Visualization

The 2-cluster solution was visualized using PCA-reduced components:

- Cluster 1 (Purple): Contains data points that form a distinct, compact group.
- Cluster 2 (Yellow): Represents another well-separated group.
- The clear boundary between the clusters in the PCA plot further supports the 2-cluster solution as optimal.

Therefore:

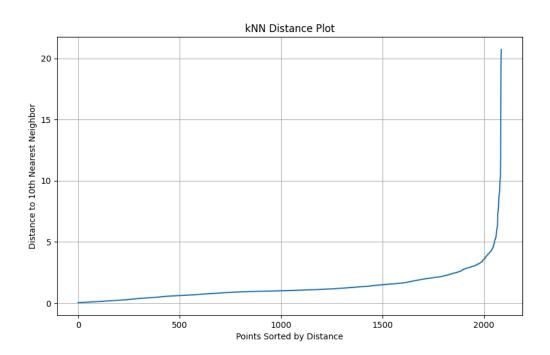
Based on the dendrogram and clustering evaluation metrics, 2 clusters is the most suitable choice for this dataset:

- It achieves the highest Silhouette Score (0.553) and the lowest Davies-Bouldin Index (0.593), indicating strong separation and compactness.
- While 3 clusters show a slightly higher Calinski-Harabasz Index, the reduction in Silhouette Score and the increase in Davies-Bouldin Index suggest that the additional cluster reduces overall clustering quality.

DBSCAN Clustering:

Role of kNN in DBSCAN

The kNN distance plot was used to estimate the eps parameter. By plotting the distance to the 10th nearest neighbor for all points and sorting them, the "elbow" point (a sharp increase in distance) around **eps=4.0** was identified. This threshold balances cluster density while minimizing noise. This informed our starting value for eps.



```
DBSCAN Normalized Scores:
Silhouette: [0. 0.3695213 0.94361671 1.
Calinski-Harabasz: [0.
                                0.40715451 0.9981448 1.
Inverted Davies-Bouldin: [1. 0.64276527 0.
                                                            0.14921504
0.149215041
Average Scores: [0.33333333 0.47314703 0.64725384 0.71640501 0.71640501]
Best eps value: 4.8
DBSCAN Results Summary:
   Eps Min Samples Clusters Silhouette Score Calinski-Harabasz Index
  4.0
                                                           43.698329
                                   -0.308187
  4.2
                                                           54.360162
                                   -0.092836
  4.5
                                    0.241739
                                                           69.835957
  4.8
                                    0.274599
                                                           69.884538
                                                           69.884538
  5.0
  Davies-Bouldin Index
              2.110660
              2.289275
              2.700458
              2.592366
              2.592366
```

Key Metrics Evaluation

1. Silhouette Score:

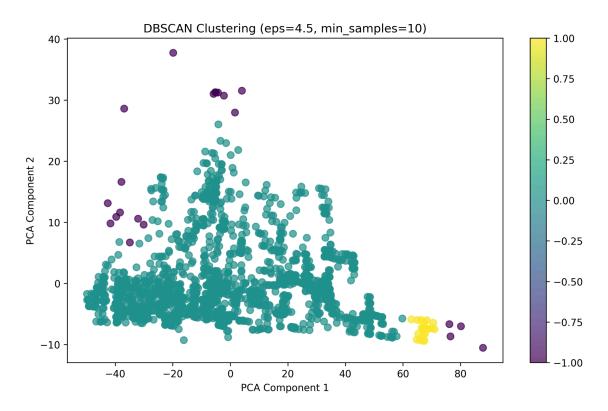
- At eps=4.0, the Silhouette Score was **-0.308**, indicating poorly defined clusters with significant overlap and noise.
- At eps=4.8, the score improved to **0.275**, showing better-defined clusters with minimized overlap.
- The increasing Silhouette Score with higher eps values highlights better cohesion and separation.
- Scores peaked at eps=4.8, suggesting this value best balances density and separation of clusters.

2. Calinski-Harabasz Index:

- At eps=4.0, the index was 43.7, suggesting loosely compact clusters.
- At eps=4.8, the index stabilized at 69.9, indicating clusters that are both compact and reasonably well-separated.

3. Davies-Bouldin Index:

- At eps=4.0, the Davies-Bouldin Index was **2.11**, showing moderate separation between clusters.
- At eps=4.8, the index slightly increased to **2.59**, reflecting slightly less distinct separation but balanced by improvements in cohesion.
- Stabilization at 4.8 confirms a reasonable trade-off between compactness and separation.



Cluster Visualization:

- Higher eps values (>4.5) result in better Silhouette and Calinski-Harabasz scores while reducing noise.
- **eps=4.5** and **eps=4.8** yield similar results, but **eps=4.5** might be preferred for slightly better cohesion and separation based on Davies-Bouldin Index.
- For eps=4.5: Clusters formed: 2 (yellow and green regions are valid clusters).
- Purple points represent noise points (outliers) and are not considered part of any cluster.

Final Selection:

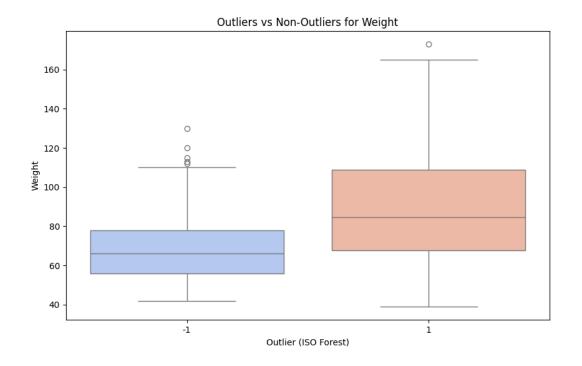
 Clustering at eps=4.5 with 2 clusters confirms well-separated and interpretable clusters, making it the optimal choice.

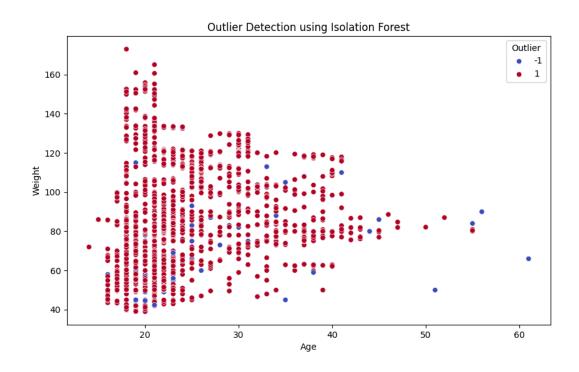
- Achieves a balance between noise reduction and maintaining meaningful clusters.
 This aligns with the results from Silhouette and Calinski-Harabasz scores, which improve significantly at this value.

Outlier Detection

We do remove the extreme outliers using z-score.

Isolation Forest:





```
Outliers for Age:
252 31.990896
92
    30.990896
232
    26.990896
492
    20.990896
137
    19.990896
Name: Age, dtype: float64
Outliers for Height:
334 0.252616
464 0.227384
165 0.217384
178 0.207384
152 0.202616
Name: Height, dtype: float64
-----
Outliers for Weight:
339 44.858706
632 44.848706
712
    44.318706
165 43.141294
42.668706
Name: Weight, dtype: float64
Outliers for FCVC:
68
   1.421409
30
    1.421409
236
    1.421409
    0.578591
333 0.578591
Name: FCVC, dtype: float64
_____
Outliers for NCP:
399 1.701203
    1.701203
193
414
    1.701203
152
    1.701203
384 1.701203
```

```
Name: NCP, dtype: float64
_____
Outliers for CH2O:
416 1.004792
1.004792
339
    1.004792
156 1.004792
350 1.004792
Name: CH2O, dtype: float64
Outliers for FAF:
92
   1.987173
380
    1.987173
138
    1.987173
356 1.987173
Name: FAF, dtype: float64
Outliers for TUE:
220 1.336943
302
    1.336943
132 1.336943
334
    1.336943
120 1.336943
Name: TUE, dtype: float64
-----
Outliers for NObeyesdad:
245 3.014375
83
    3.014375
712
    3.014375
660
    3.014375
640
    3.014375
Name: NObeyesdad, dtype: float64
Outliers for BMI:
302 16.478888
519
    14.008888
122
    13.438888
356 13.148888
712 12.938888
```

There are 105 outliers identified by the ISOLATIONFOREST() forest algorithm. We tried to find out how much they deviate from their original values, and some results have been produced above in descending order for deviation from the mean. Each of the data points above could been removed from the data, next to them is their deviation from the mean of the column. From the results, the IsolationForest() algorithm works efficiently for our dataset.

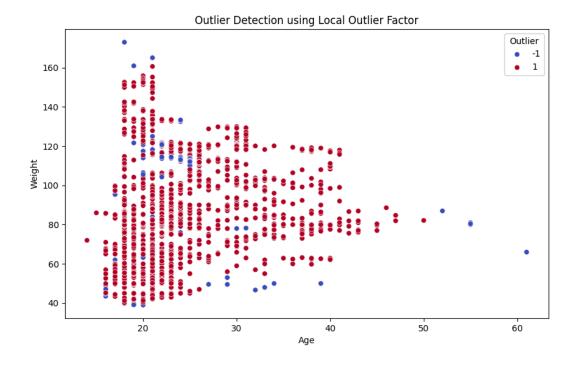
The output lists outliers for several numerical and categorical features (e.g., Age, Weight, BMI, FCVC, SMOKE_no, etc.).

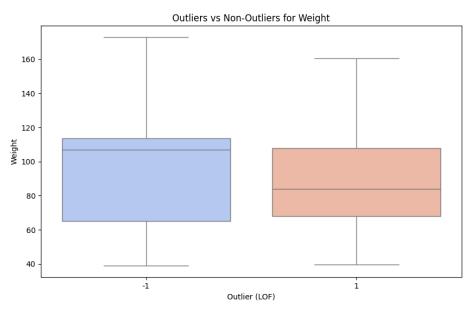
For example:

- Age has outliers like 133, 252, 92 with significant deviations from the average.
- Weight shows high deviations for points like 339, 632, 652, and 712.
- BMI also has significant outliers, with 302, 519, 122, and 356 having unusually high values.

The results show a larger variation for these data points so that we can chop them off from the original dataset. We repeated the algorithm with different contamination scores to obtain

LOF - Local outlier factor





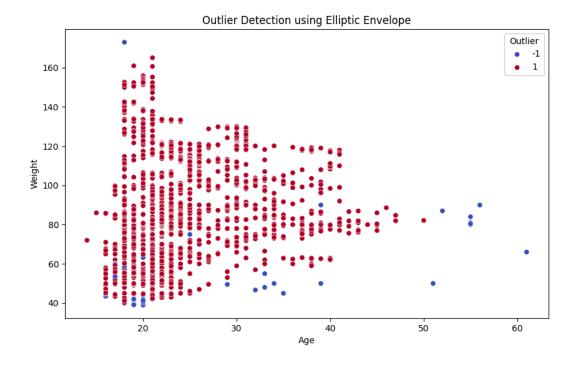
133	37.02775
1088	31.02775
1013	31.02775
161	31.02775
1158	31.02775

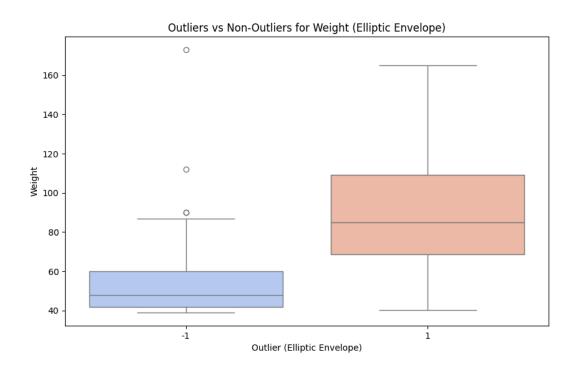
```
Name: Age, dtype: float64
_____
Outliers for Height:
349
     0.276983
1350 0.276983
1262
     0.246983
1349 0.236983
1261
     0.226983
Name: Height, dtype: float64
-----
Outliers for Weight:
344
     85.158885
502
     77.218885
1898
     73.098885
395 48.841115
     48.741115
725
Name: Weight, dtype: float64
Outliers for FCVC:
395
     1.413688
218
     1.413688
725
     1.293688
589
     0.893688
1609 0.653688
Name: FCVC, dtype: float64
Outliers for NCP:
21 1.690131
86
     1.690131
17
    1.690131
398
     1.690131
198
    1.690131
Name: NCP, dtype: float64
Outliers for CH2O:
198 1.002634
51
     1.002634
370
     1.002634
398
     1.002634
1261 0.997366
```

```
Name: CH2O, dtype: float64
Outliers for FAF:
404
     2.01552
311 2.01552
395
    2.01552
177 2.01552
Name: FAF, dtype: float64
Outliers for TUE:
198
     1.334435
395
     1.334435
     0.964435
725
698 0.884435
627 0.804435
Name: TUE, dtype: float64
Outliers for NObeyesdad:
266 3.066599
589
     3.066599
276 3.066599
     3.066599
623
627 3.066599
Name: NObeyesdad, dtype: float64
Outliers for BMI:
1898 20.132941
344
      19.372941
502
     18.652941
627
      17.097059
698 15.967059
Name: BMI, dtype: float64
```

There are 100 outliers identified by the LOF algorithm which will be considered for removal. More than ISOLATIONFOREST() algorithm and also deviates more than it for this dataset.

Elliptic Envelope





```
133
     36.990896
252
     31.990896
1158 30.990896
1088
     30.990896
1013 30.990896
Name: Age, dtype: float64
Outliers for Height:
334 0.252616
865
    0.242616
464 0.227384
951
    0.212616
457 0.202616
Name: Height, dtype: float64
Outliers for Weight:
344 86.141294
395 47.858706
725
    47.758706
589 47.488706
636
    47.158706
Name: Weight, dtype: float64
_____
Outliers for FCVC:
395 1.421409
218 1.421409
     1.301409
725
588
    1.211409
589 0.901409
Name: FCVC, dtype: float64
Outliers for NCP:
1.701203
539
     1.701203
409
    1.701203
605
    1.701203
469 1.701203
Name: NCP, dtype: float64
Outliers for CH2O:
```

```
1.004792
198
     1.004792
713
    1.004792
522
    1.004792
523 1.004792
Name: CH2O, dtype: float64
Outliers for FAF:
302 1.987173
321
    1.987173
25
    1.987173
445
    1.987173
434 1.987173
Name: FAF, dtype: float64
Outliers for TUE:
588 1.336943
198 1.336943
334
    1.336943
302 1.336943
271
    1.336943
Name: TUE, dtype: float64
_____
Outliers for BMI:
344 19.701112
627 16.768888
302
    16.478888
698 15.638888
198 13.948888
Name: BMI, dtype: float64
Outliers for Gender Female:
17 0.504073
588
    0.504073
0.504073
615 0.504073
0.504073
Name: Gender Female, dtype: float64
```

Now that we have all the data needed to perform the chops. One approach, that we have decided on is to identify common rows among these outliers as the graphs suggest that most outliers could be potentially real data. The heatmap from earlier suggested that Age, and Weight have the most correlation from other columns. So, we don't have to sacrifice real data, and just chop off common rows among the entire dataset. We obtained 14 common outliers which could be removed, to improve the accuracy. We also chopped off extreme value cases to produce better results in our classifier using Z-score values.

Feature Selection

1. Mutual Information:

These results were obtained from one of the runs. We first calculated the mutual information(MI) of numerical columns and ran through one iteration of KNN. One significant boost in our results is obtained through the inclusion of categorical data columns. The results obtained are shown above with different classifiers playing a role.

```
Mutual Information Scores:
 Feature MI Score
  Weight 0.429766
     Age 0.156311
  Height 0.119271
     TUE 0.092754
    CH2O 0.055161
     NCP 0.046697
    FCVC 0.009528
Selected Features by Mutual Information: ['Weight', 'Age',
                                                                'Height',
'TUE', 'FAF', 'CH2O', 'NCP']
Cross-Validation Scores: [0.92113565 0.92113565 0.92429022 0.90851735
0.946372241
Mean Cross-Validation Score: 0.9242902208201894
Accuracy: 0.9370277078085643
Precision: 0.9475409836065574
Recall: 0.9697986577181208
F1 Score: 0.9585406301824212
AUC-ROC: 0.982746932411362
```

Key observations:

- While MI provided a good starting point for selecting numerical features, ignoring categorical features led to suboptimal results because important predictors were excluded.
- Many categorical features capture unique and essential information about obesity-related factors that numerical features cannot fully explain.
- The performance improvement is observed across various classifiers (e.g., KNN, Random Forest, SVM), indicating that including categorical features is universally beneficial for the classification task.

Classification

Results from one of the runs:

Results from one of the ru	ns:				
Model: Random Forest					
Classification Repor	t:				
	precision	recall	f1-score	support	
Insufficient_Weight	0.98	0.97	0.97	59	
Normal_Weight	0.91	0.98	0.94	61	
Obesity_Type_I	1.00	0.99	0.99	70	
Obesity_Type_II	1.00	1.00	1.00	64	
Obesity_Type_III	1.00	1.00	1.00	60	
Overweight_Level_I	1.00	0.91	0.95	55	
Overweight_Level_II	0.96	1.00	0.98	49	
accuracy			0.98	418	
macro avg	0.98	0.98	0.98	418	
weighted avg	0.98	0.98	0.98	418	
Model: Gradient Boos	ting				
Classification Repor	t:				
	precision	recall	f1-score	support	
Insufficient_Weight	1.00	0.97	0.98	59	
Normal_Weight	0.95	1.00	0.98	61	
Obesity_Type_I	1.00	0.97	0.99	70	
Obesity_Type_II	0.97	1.00	0.98	64	
Obesity_Type_III	1.00	1.00	1.00	60	
Overweight_Level_I	0.98	0.89	0.93	55	

Overweight_Level_II	0.91	0.98	0.94	49
accuracy			0.97	418
macro avg	0.97	0.97	0.97	418
weighted avg	0.97	0.97	0.97	418
Model: SVM				
Classification Report				
	precision	recall	f1-score	support
Insufficient_Weight		1.00		59
Normal_Weight	0.81	0.48	0.60	61
Obesity_Type_I		0.51	0.65	70
Obesity_Type_II				64
Obesity_Type_III	0.97		0.96	60
Overweight_Level_I		0.60	0.62	55
Overweight_Level_II	0.44	0.76	0.56	49
accuracy		0	0.75	418
macro avg		0.75		418
weighted avg	0.78	0.75	0.74	418
M. J. J. TZNINI				
Model: KNN				
Classification Report	- •			
Classification Report	precision	rocall	fl cccrc	allphort
	brecision	recarr	f1-score	support
Insufficient Weight	0.89	1.00	0.94	59
Normal Weight	1.00	0.75	0.86	61
Obesity Type I		0.99	0.99	70
Obesity Type II	0.98	0.98	0.98	64
Obesity Type III	0.98	1.00	0.99	60
Overweight Level I	0.87	0.95	0.90	55
Overweight Level II	0.94	1.00	0.97	49
	.	1 • 0 0		
accuracy			0.95	418
macro avg	0.95	0.95	0.95	418
weighted avg	0.96	0.95	0.95	418

Model: Decision Tree				
Classification Report				
	precision	recall	f1-score	support
- 661 1	1 00	0 0 0	0 00	5 0
Insufficient_Weight	1.00	0.97	0.98	59
Normal_Weight	0.95	0.89	0.92	61
Obesity_Type_I	0.99	0.97	0.98	70
Obesity_Type_II	0.97	0.98	0.98	64
Obesity_Type_III	1.00	1.00	1.00	60
Overweight_Level_I	0.85	0.91	0.88	55
Overweight_Level_II	0.92	0.96	0.94	49
accuracy			0.95	418
macro avg	0.95	0.95	0.95	418
weighted avg	0.96	0.95	0.95	418

Hyperparameter tuning

With Hyperparameter tuning:

Model: Random Forest					
Classification Report	(ss):				
	precision	recall	f1-score	support	
Insufficient_Weight	1.00	0.96	0.98	46	
Normal_Weight	0.90	1.00	0.95	54	
Obesity_Type_I	1.00	1.00	1.00	64	
Obesity_Type_II	1.00	0.98	0.99	64	
Obesity_Type_III	0.99	1.00	0.99	70	
Overweight_Level_I	0.98	0.92	0.95	53	
Overweight_Level_II	0.98	0.97	0.98	64	
accuracy			0.98	415	
macro avg	0.98	0.98	0.98	415	
weighted avg	0.98	0.98	0.98	415	
Model: Gradient Boost	ing				

Classification Report	(ss):			
	precision	recall	f1-score	support
Insufficient_Weight	0.98	0.98	0.98	46
Normal_Weight	0.98	0.96	0.97	54
Obesity_Type_I	0.98	1.00	0.99	64
Obesity_Type_II	1.00	0.97	0.98	64
Obesity_Type_III	0.99	1.00	0.99	70
Overweight_Level_I	0.98	1.00	0.99	53
Overweight_Level_II	1.00	1.00	1.00	64
accuracy			0.99	415
macro avg	0.99	0.99	0.99	415
weighted avg	0.99	0.99	0.99	415
Model: SVM				
Classification Report	(ss):			
	precision	recall	f1-score	support
Insufficient_Weight	0.96	0.93	0.95	46
Normal_Weight	0.95	0.96	0.95	54
Obesity_Type_I	0.98	1.00	0.99	64
Obesity_Type_II	1.00	0.98	0.99	64
Obesity_Type_III	0.99	1.00	0.99	70
Overweight_Level_I	1.00	1.00	1.00	53
Overweight_Level_II	1.00	0.98	0.99	64
accuracy			0.98	415
macro avg	0.98	0.98	0.98	415
weighted avg	0.98	0.98	0.98	415
Model: KNN				
Classification Report	(ss):			
	precision	recall	f1-score	support
Insufficient_Weight	0.94	0.96	0.95	46
Normal_Weight	0.96	0.80	0.87	54
Obesity_Type_I	1.00	1.00	1.00	64

Obesity_Type_II	1.00	1.00	1.00	64	
Obesity_Type_III	1.00	1.00	1.00	70	
Overweight_Level_I	0.87	1.00	0.93	53	
Overweight_Level_II	0.98	0.98	0.98	64	
accuracy			0.97	415	
macro avg	0.96	0.96	0.96	415	
weighted avg	0.97	0.97	0.97	415	
Model: Decision Tree					
Classification Report	(ss):				
	precision	recall	f1-score	support	
Insufficient Weight	1.00	0.96	0.98	46	
- Normal Weight	0.95	0.98	0.96	54	
 Obesity_Type_I	1.00	1.00	1.00	64	
Obesity Type II		0.98	0.99	64	
Obesity Type III	0.99	1.00	0.99	70	
Overweight Level I	0.96	0.96	0.96	53	
Overweight Level II	0.98	0.98	0.98	64	
accuracy			0.98	415	
macro avg	0.98	0.98	0.98	415	
weighted avg	0.98	0.98	0.98	415	

SVM had a boot in it score, which strengthens the fact that our tuning worked. Why would this happen? The improvement in the SVM model's performance after hyperparameter tuning is likely due to better alignment of the hyperparameters (C, gamma, and kernel). We don't see much changes in other classifiers.

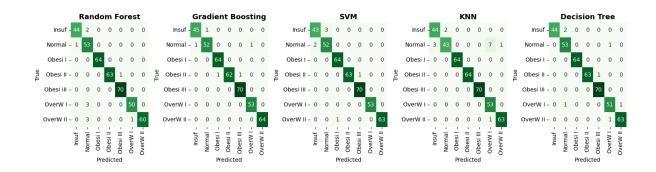
C parameter: The C parameter controls the trade-off between achieving a low error on the training data and maintaining a smooth decision boundary. A high C focuses on fitting the training

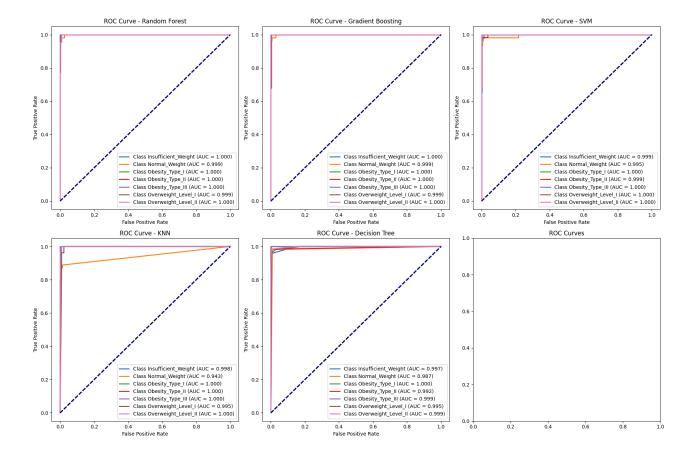
data more precisely, potentially capturing complex relationships in the data. During tuning, the optimal C was likely found, balancing overfitting and underfitting for your data.

gamma parameter: gamma defines how far the influence of a single training example reaches. A high gamma means the model focuses on closer points, potentially leading to overfitting, while a low gamma considers points further away, resulting in a smoother decision boundary. The tuned gamma might have improved the model's ability to capture non-linear relationships in your data, especially if there are clusters or complex patterns.

Kernel Parameter: The kernel determines how SVM maps input data into a higher-dimensional space for better separability. The linear kernel works well for linearly separable data, while the rbf kernel captures non-linear relationships.

GridSearchCV: The grid search systematically explored combinations of C, gamma, and kernel, identifying the optimal set of parameters for your data. Before tuning, the default parameters might not have been suitable for your dataset, leading to suboptimal performance.





Learnings and Outcome

Best Classifier with hyper tuning:

```
Best Classifier: Gradient Boosting
Best F1-Score: 0.9879
```

Insights about the Domain

Obesity is closely linked to age, weight, and lifestyle factors like food consumption and family history. This dataset highlights the importance of both biological and behavioural factors in the development of obesity. The synthetic data with merged with the real data, limited our scalability, and methodologies that could have used to preprocess the data.

Lessons Learned about Data Mining

- **Feature Engineering**: Adding features like **BMI** significantly improved the model's ability to predict obesity types.
- Outlier Detection: Identifying and removing outliers, especially using techniques like Isolation Forest, can greatly improve model performance by removing noise. In our case, the synthetic data, had little to no noise which could be chopped off. Although, we did find a way around this, by removing the common outliers obtained by the three detection methods.
- Clustering: Clustering helped segment individuals based on shared characteristics, offering further insight into the different obesity types. The k=2 clustering for k-means divided unhealthy and healthy points from the dataset with a higher average score in all algorithms.
- **Hyperparameter Tuning**: Proper hyperparameter tuning, especially for models like SVM, can lead to significant improvements in predictive performance, The best overall performance with tuning, was shown by Gradient boosting, Each classifier algorithm does not overfit or underfit the data, as both of them stay close to each other.

```
Model: Decision Tree

Training Accuracy: 0.9832

Test Accuracy: 0.9545
```

```
Model: KNN
Training Accuracy: 0.9754
Test Accuracy: 0.9593
```

Model: SVM

Training Accuracy: 0.9862
Test Accuracy: 0.9737

Contribution

Bhavneet

Kmeans (clustering), Elliptic Envelope (outlier detection), Random forest (Classification)

- Helped various aspects of the project such as visualization and data analysis, including a new column BMI (Body Mass Index, calculated from the dataset.
- Refined the whole classification algorithm to obtain hyper-tuned and efficient classifiers.
- Visualization of Confusion matrix and ROC curves for different classifiers
- Wrote EDA for relationships between different columns, to help identify correlations and build a better classifier.
- Outlier detection strategies were refined and cleaned up
- Recorded each outcome onto the report, to help with data analysis

Damanpreet

Hierarchical (clustering), LOF(outlier detection), KNN classification and hyperparameter tuning

- Recorded each outcome onto the report, to help with data analysis
- Helped with ideation aspects of project such how project can be proceeded and multiple outcomes model and plotting on ROC curves

Aroofa

DBSCAN (clustering), Isolation forerst (outlier detection), SVM (Classification) and Feature Selection

- Helped with data analysis and visualization through clustering, outlier detection and classification.
- Recorded the outcomes onto the report and evaluated the methods used.
- Feature selection using Mututal information
- Computed the best classifier from the results of hyperparameter tunning
- Visualized ROC curve and relevant plots to the report