

# Damien Bachasson

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## Summary

I am a transdisciplinary scientist working at the cross-road between skeletal muscle (respiratory and locomotor) physiology, exercise physiology, bioengineering, and rehabilitation sciences. My main research topics are: relationship between skeletal muscle (respiratory (diaphragm) & locomotor muscles) structure and function, skeletal muscle plasticity and adaptability, neuromuscular fatigue, neuromuscular disorders, secondary muscle impairment induced by chronic disorders (respiratory diseases, critically ill). The development of technologies and methods for the characterization of neuromuscular structure and function hold an important place in my work. I have also interests in data science, reproducible research, and teaching.

## Education

**2014-2015 | University of California, San Diego** Post doctoral training - Muscle physiology

Topic: contribution of neural alterations to muscle impairments induced by tendon failure.

**2012 | Grenoble-Alpes University** PhD – Exercise physiology

Dissertation: **Neuromuscular function in chronic diseases: assessment, clinical impact, and training**

**2009 | Grenoble-Alpes University** MSc – Exercise physiology

Dissertation: Effect of acute hypoxia and hyperoxia on respiratory muscle fatigue.

**2008 | Haute Ecole de la Province de Liège** Master – Physical therapy

Dissertation: Assessing respiratory muscle endurance using an incremental isocapnic hyperpnoea test.

## Professional appointments

**2015-present | Research project leader** at the Neuromuscular Physiology Laboratory and **Associated researcher** in the Myology Centre for Research (UMRS 974), Institute of Myology, Paris, France.

- Developing methods based on multiparametric ultrasound imaging (ultrafast plane wave imaging, shear wave elastography, strain imaging) for the assessment of muscle (diaphragm and locomotor muscles) structure and function (spontaneous, volitional, and artificially evoked contractions) in healthy subjects and patients (neuromuscular diseases, critically ill).
- Investigating acute and chronic (structured training, daily physical activity) responses of the diseased muscle to exercise.
- Investigating relationships between viscoelastic/bioelectrical muscle properties and muscle content/function in healthy subjects (sedentary, trained, aged), patients, and murine models (injury-induced fibrosis).
- Developing technologies based on serial bioelectrical measurements for estimating lean regional muscle volume (skin-electrode interface, prototype, numerical models, validation against quantitative MRI).
- Investigating the effects of augmentation devices in patients with neuromuscular disorders (short and long term effects).

**2014-2015 | Postdoctoral researcher | Muscle Physiology Laboratory**, Departments of Orthopaedic Surgery, Bioengineering and the Biomedical Sciences Group at the University of California, San Diego, La Jolla, CA, USA; Advisor: Pr Samuel R. Ward, PT, PhD.

- Investigated structural and functional skeletal muscle impairments induced by chronic tendon failure with and without concomitant nerve injury: injury induced in rodent models (tenotomy and/or neurotomy) and human tissue gathered from cadaver or surgery.

- Extended my research capacities through the use of animal model and wet-lab techniques for cellular/molecular biology.

**2014 | Postdoctoral researcher | Hypoxia Pathophysiology Laboratory**, INSERM U1042, Grenoble-Alpes University, Grenoble, France; Advisor: Dr Samuel Verges, PhD.

- Investigated exercise-induced changes in corticomotoneuronal excitability and inhibition and uncovered methodological concerns regarding the selection of transcranial magnetic stimulation intensity.

**2009-2012 | Predoctoral fellow | Hypoxia Pathophysiology Laboratory**, INSERM U1042, Grenoble-Alpes University, Grenoble, France; Supervisors: Dr Samuel Verges, PhD and Bernard Wuyam, MD PhD.

- Investigated pathophysiological mechanisms underlying impaired exercise capacity in patients with COPD, neuromuscular disorders, and chronic fatigue syndrome.
- Developed and applied standardized procedures for neuromuscular function (respiratory and locomotor) assessment in clinical populations for multicentric studies.
- Conducted clinical trials investigating exercise-based and non-pharmacological interventions in patients with respiratory and neuromuscular disorders.

**2008-2009 | Research assistant Hypoxia Pathophysiology Laboratory**, INSERM U1042, Grenoble-Alpes University, Grenoble, France; Advisors: Dr Samuel Verges, PhD.

- Investigated the effect of hypoxia on respiratory muscle fatigue.
- Developed new methods for the assessment of respiratory muscle endurance under isocapnic hyperpnea.

**2008-2010 | Physical therapist**

- Rehabilitation and therapeutic patient education (Respiratory diseases, chronic lumbar pain syndrome, chronic painful syndrome) - **Grenoble Alpes University Hospital**, France.
- Private practice.

## External funding

### Current

**2021-2024 | Research Grant (Project leader)**; Agence nationale de la recherche (PRCE); Preventing diaphragm dysfunction in the intensive care unit with innovative ultrasound biomarkers (ULTRADIAPH project) – **580 000 €**.

**2018-2021 | Research Grant (Project leader)**; Fondation EDF; Multiparametric ultrasound imaging of the diaphragm – **500 000 €**.

**2018-2021 | Research Grant (Project co-leader)**; King Baudouin Foundation United State; Assistive device for neuromuscular disorders – **400 000 €**.

### Completed

**2009 | PhD fellowship**; French muscular dystrophy association (AFM) – **100 000 €**.

## Current scientific collaborations

- **Dr Jean-Luc Gennisson** – Imagerie par Résonance Magnétique Médicale et Multi-Modalités (IR4M), CNRS UMR8081, Université Paris-Saclay, Orsay, France – (Co-supervision of a PhD student).
- **Pr Thomas Similowski, Dr Martin Dres, Pr Alexandre Demoule et al.** – Sorbonne Université, INSERM, UMRS1158 **Neurophysiologie Respiratoire Expérimentale et Clinique**; AP-HP, Groupe Hospitalier Pitié-Salpêtrière Charles Foix, Service de Pneumologie et Réanimation Médicale du Département R3S, Paris, France.
- **Dr Jonne Dorduin** – **Department of Neurology, Donders Institute for Brain, Cognition and Behaviour**, Radboud University Medical Center, Nijmegen, The Netherlands.
- **Pr Guillaume Millet and Pr Léonard Féasson** – **Laboratoire Interuniversitaire de Biologie de la Motricité**, St Etienne, France.
- **Dr Benjamin Marty, Dr Harmen Regnoudt** – NMR Laboratory, Institute of Myology, Paris, France.
- **Dr Nathanael Jarassé** - **Institut des Systèmes Intelligents et de Robotique**, Paris, France.
- **Dr Juliana Antero** - **IRMES**, Paris, France.

## Publications

*\* indicates an equal contribution of authors (co-lead or co-senior authorship) | Supervised students are indicated in **bold**.*

## Peer-reviewed journal articles

1. Birnbaum S, **Bachasson D**, Sharshar T, Porcher R, Hogrel JY, and Portero P. (2021) **Free-Living Physical Activity and Sedentary Behaviour in Autoimmune Myasthenia Gravis: A Cross-Sectional Study**. *J Neuromuscul Dis*. [IF = 3.1].
2. Malartre S, **Bachasson D**, Mercy G, Sarkis E, Anquetil C, Benveniste O, and Allenbach Y. (2021) **MRI and muscle imaging for idiopathic inflammatory myopathies**. *Brain Pathology*. [IF = 5.5].
3. Martins-Bach AB, **Bachasson D**, Araujo ECA, Soustelle L, Loureiro de Sousa P, Fromes Y, and Carlier PG. (2021) **Non-invasive assessment of skeletal muscle fibrosis in mice using nuclear magnetic resonance imaging and ultrasound shear wave elastography**. *Scientific Report*. [IF = 4.0].
4. **Bachasson D**, Ayaz AC, Mosso J, Canal A, Boisserie J-M, Araujo ECA, Benveniste O, Reyngoudt H, Marty B, Carlier PG, and Hogrel J-Y. (2020) **Lean regional muscle volume estimates using explanatory bioelectrical models in healthy subjects and patients with muscle wasting**. *Journal of Cachexia, Sarcopenia and Muscle*. [IF = 12.5].
5. Landon-Cardinal O, **Bachasson D\***, Guillaume-Jugnot P, Vautier M, Champtiaux N, Hervier B, Rigolet A, Aggarwal R, Benveniste O, Hogrel JY, and Allenbach Y. (2020) **Relationship between change in physical activity and in clinical status in patients with idiopathic inflammatory myopathy: A prospective cohort study**. *Semin Arthritis Rheum*. [IF = 4.7].
6. Fossé Q, **Poulard T**, Nierat M-C, Virolle S, Morawiec E, Hogrel J-Y, Similowski T, Demoule A, Gennisson J-L, Bachasson D, and Dres M. (2020) **Ultrasound shear wave elastography for assessing diaphragm function in mechanically ventilated patients: a breath-by-breath analysis**. *Critical Care*. [IF = 6.4].
7. **Poulard T**, Dres M, Nierat MC, Rivals I, Hogrel JY, Similowski T, Gennisson JL\*, and **Bachasson D** (2020) **Ultrafast ultrasound coupled with cervical magnetic stimulation for non-invasive and non-volitional assessment of diaphragm contractility**. *The Journal of physiology*. [IF = 4.6].
8. Benveniste O, Hogrel J-Y, Belin L, Anoussamy M, **Bachasson D**, Rigolet A, Laforet P, Dzangué-Tchoupou G, Salem J-E, Nguyen LS, Stojkovic T, Zahr N, Hervier B, Landon-Cardinal O, Behin A, Guilloux E, Reyngoudt H, Amelin D, Uruha A, Mariampillai K, Marty B, Eymard B, Hulot J-S, Greenberg SA, Carlier PG, and Allenbach Y. (2020) **Sirolimus for treatment of patients with inclusion body myositis: a randomised, double-blind, placebo-controlled, proof-of-concept, phase 2b trial**. *The Lancet Rheumatology*. [IF = 8.1].
9. Landon O\*, **Bachasson D\***, Guillaume-Jugnot P, Vautier M, Champtiaux N, Hervier B, Rigolet A, Aggarwal R, Benveniste O, Hogrel J-Y, and Allenbach Y. (2020) **Relationship between change in physical activity and in clinical status in patients with idiopathic inflammatory myopathy: a prospective cohort study**. *Seminars in Arthritis and Rheumatism* [IF = 5.0].
10. Hogrel JY, Benveniste O, and **Bachasson D**. (2020) **Routine monitoring of isometric knee extension strength in patients with muscle impairments using a new portable device: cross-validation against a standard isokinetic dynamometer**. *Physiological measurement* [IF = 2.3].
11. Guinot M, Maindet C, Hodaj H, Hodaj E, **Bachasson D**, Baillieul S, Cracowski J-L, and Launois S. (2019) **Effects of repetitive transcranial magnetic stimulation and multicomponent therapy in patients with fibromyalgia: a randomized controlled trial**. *Arthritis care & research* [IF = 4.1].
12. **Bachasson D\***, Dres M\*, Nierat MC, Gennisson JL, Hogrel JY, Doorduyn J, Similowski T (2019) **Diaphragm shear modulus reflects transdiaphragmatic pressure during isovolumetric inspiratory efforts and ventilation against inspiratory loading**. *J Appl Physiol* [IF = 3.1].
13. Dubois G JR\*, **Bachasson D\***, Lacourpaille L, Benveniste O, Hogrel JY (2018) **Local Texture Anisotropy as an Estimate of Muscle Quality in Ultrasound Imaging**. *Ultrasound Med Biol* [IF = 2.5].
14. **Bachasson D**, Dubois G J-R, Allenbach Y, Benveniste O, and Hogrel J-Y (2018) **Muscle Shear Wave Elastography in Inclusion Body Myositis: feasibility, reliability and relationships with muscle impairments**. *Ultrasound Med Biol* [IF = 2.5].
15. **Bachasson D**, Benveniste O, Hogrel J-Y, Allenbach Y (2017) **Daily physical activity monitoring: a promising outcome measure in idiopathic inflammatory myopathies**. *Neurology*. Accompanying Editorial. [IF = 8.1].
16. Bankole LC, Millet GY, Temesi J, **Bachasson D**, Ravelojaona M, Wuyam B, . . . Feasson L (2016) **Safety and efficacy of a 6-month home-based exercise program in patients with facioscapulohumeral muscular dystrophy: A randomized controlled trial**. *Medicine (Baltimore)* [IF = 2.1].

17. **Bachasson D**, Moraux A, Ollivier G, Decostre V, Ledoux I, Gidaro T, . . . Hogrel J-Y (2016) Relationship between muscle impairments, postural stability, and gait parameters assessed with lower-trunk accelerometry in myotonic dystrophy type 1. *Neuromuscul Disord* [IF = 2.6]
18. Gibbons M C, Sato E J, **Bachasson D**, Cheng T, Azimi H, Schenk S, . . . Ward S R (2016) Muscle architectural changes after massive human rotator cuff tear. *J Orthop Res* [IF = 3.1].
19. **Bachasson D**, Singh A, Shah S B, Lane J G, and Ward S R (2015) The role of the peripheral and central nervous systems in rotator cuff disease. *J Shoulder Elbow Surg* [IF = 3.2].
20. **Bachasson D**, Temesi J, Gruet M, **Yokoyama K**, Rupp T, Millet G Y, and Verges S (2016) Transcranial magnetic stimulation intensity affects exercise-induced changes in corticomotoneuronal excitability and inhibition and voluntary activation. *Neuroscience* [IF = 3.2].
21. **Bachasson D**, Decorte N, Wuyam B, Millet G Y, and Verges S (2016) Original Research: Central and peripheral quadriceps fatigue in young and middle-aged untrained and endurance-trained men: A comparative study. *Exp Biol Med (Maywood)* [IF = 2.7].
22. **Bachasson D**, Villiot-Danger E, Verges S, Hayot M, Perez T, Chambellan A, and Wuyam B (2014) Maximal isometric voluntary quadriceps strength assessment in COPD. *Rev Mal Respir* [IF = 0.6].
23. Pépin J-L, **Bachasson D**, Borel J-C, Vivodtzev I, Verges S, Tamisier R, and Wuyam B (2014) Atteinte musculaire au cours des insuffisances respiratoires chroniques - Explorations, implications thérapeutiques. *Rev Mal Respir* [IF = 0.6].
24. **Bachasson D**, Temesi J, Bankole C, Lagrange E, Boutte C, Millet G Y, . . . Wuyam B (2014) Assessment of quadriceps strength, endurance and fatigue in FSHD and CMT: benefits and limits of femoral nerve magnetic stimulation. *Clin Neurophysiol* [IF = 3.2].
25. Nespoulet H, Rupp T, **Bachasson D**, Tamisier R, Wuyam B, Levy P, and Verges S (2013) Positive expiratory pressure improves oxygenation in healthy subjects exposed to hypoxia. *PLoS One* [IF = 4.5].
26. Decorte N, **Bachasson D**, Guinot M, Flore P, Levy P, Verges S, and Wuyam B. (2013) Effect of salbutamol on neuromuscular function in endurance athletes. *Med Sci Sports Exerc* [IF = 4.8].
27. **Bachasson D**, Wuyam B, Pepin J L, Tamisier R, Levy P, and Verges S (2013) Quadriceps and respiratory muscle fatigue following high-intensity cycling in COPD patients. *PLoS One* [IF = 4.5].
28. **Bachasson D**, Millet G Y, Decorte N, Wuyam B, Levy P, and Verges S (2013) Quadriceps function assessment using an incremental test and magnetic neurostimulation: a reliability study. *J Electromyogr Kinesiol* [IF = 1.7].
29. **Bachasson D**, Guinot M, Wuyam B, Favre-Juvin A, Millet G Y, Levy P, and Verges S (2013) Neuromuscular fatigue and exercise capacity in fibromyalgia syndrome. *Arthritis Care Res (Hoboken)* [IF = 4.1].
30. Millet G Y, **Bachasson D**, Temesi J, Wuyam B, Feasson L, Verges S, and Levy P (2012) Potential interests and limits of magnetic and electrical stimulation techniques to assess neuromuscular fatigue. *Neuromuscul Disord* [IF = 2.6].
31. Verges S\*, **Bachasson D\***, and Wuyam B (2010) Effect of acute hypoxia on respiratory muscle fatigue in healthy humans. *Respir Res* [IF = 3.8].

## Editorial and commissioned articles regarding published work

- Smith BK. (2020) Ultrafast ultrasound responses to twitch stimulation: Bridging the gap between non-volitional and non-invasive tests of diaphragm contractility. *The Journal of physiology*.
- Dimachkie MM, and Paganoni S. (2017) Outcome measures in the idiopathic inflammatory myopathies: On the search for the holy grail. *Neurology*.

## Patents

1. **Bachasson D**, Hogrel J-Y. Method, device and apparatus for measuring segmental muscle volume. Submitted on August 14 2019. Pending.
2. **Bachasson D**, Dres M, Gennisson J-L, Hogrel J-Y, and Similowski T. Method, Device and apparatus for measuring diaphragmatic functional parameters. Submitted on September 14 2018. Pending.

## Letters & Comments

- **Poulard T**, Dres M, Niérat M-C, Rivals I, Hogrel J-Y, Similowski T, Gennisson J-L, and **Bachasson D**. Reply to 'Letter to the editor: is maximal diaphragm tissue velocity suited for the assessment of diaphragm contractility?'. *The Journal of Physiology*.
- Verges S, **Bachasson D** (2012) Comments on crossTalk opposing view Respiratory muscle training does improve exercise tolerance Respiratory muscle training: How and who ? *Journal of Physiology (London)*.

## Conference activity

- **Poulard T**, Dres M, Niérat MC, Hogrel JY, Similowski T, **Bachasson D\***, and Gennisson JL.\* **Ultrafast Ultrasound Plane Wave Imaging As a Novel non-Invasive Technique to Assess Diaphragm Contractility in Response to Phrenic Nerve Magnetic Stimulation**. In: IEEE International Ultrasonics Symposium (IUS) 2020, p. 1-4.
- **Bachasson D**, **Ayaz AC**, Canal A, Boisserie J, **Mosso J**, **Jean-Amans**, Carlier P, Caldas E, Reyngoudt H, Marty B, Benveniste O, and Hogrel J. (2020) **Estimating lean thigh muscle volume using multifrequency serial bioelectrical impedance in patients with muscle atrophy and fatty degeneration**. *Neuromuscular Disorders*.
- Birnbaum S, **Bachasson D**, Sharshar T, Porcher R, Hogrel J, and Portero P. (2020) **P39 Free-living physical activity and sedentary behaviour in auto-immune myasthenia gravis: a cross-sectional study**. *Neuromuscular Disorders*.
- **Poulard T**, Fossé Q, Gennisson J-L, Niérat M-C, Hogrel J-Y, Similowski T, Demoule A, **Bachasson D\***, and Dres M\*. (2020) **Diaphragm thickening fraction versus transdiaphragmatic pressure in healthy subjects and ventilated patients: a breath-by-breath analysis**. *ERJ Open Research*.
- Fossé Q, **Poulard T**, Hogrel JY, Gennisson JL, Similowski T, Demoule A, Niérat MC, **Bachasson D\***, and Dres M\*. (2020) **Ultrasound shear wave elastography for non-invasive assessment of diaphragm activity in mechanically ventilated patients**. *ERJ Open Research*.
- Short communications (2020) **Proceedings of Reanimation 2020, the French Intensive Care Society International Congress**. *Annals of intensive care*.
- Landon-Cardinal O, **Bachasson D**, Guillaume-Jugnot P, Vautier M, Champtiaux N, Hervier B, Rigolet A, Benveniste O, Hogrel J, and Allenbach Y. (2019) **P195Physical activity monitoring using wrist-worn accelerometer in the assessment of patients with myositis**. *Neuromuscular Disorders*.
- **Poulard T**, Fosse Q, Hogrel J, Niérat M, Similowski T, Dres M, **Bachasson D**, and Gennisson J-L. **Ultrasound shear wave elastography for assessing diaphragm function within the intensive care unit**. In: 2019 IEEE International Ultrasonics Symposium (IUS) 2019, Glasgow, Scotland.
- **Bachasson D**, Dres M, Nierat M-C, Doorduyn J, Gennisson J-L, Hogrel J-Y, and Similowski T. (2018) **Changes in diaphragm stiffness assessed with ultrasound shear wave elastography reflect changes in transdiaphragmatic pressure**. *European Respiratory Journal*, 52(suppl 62). Presentation at poster session at the ERS 2018, Versailles, France.
- **Bachasson D**, **Mosso J**, Marty B, Benveniste B, Carlier PG, Hogrel JY. (2018) **Estimating thigh muscle volume using bioelectrical impedance analysis with reference to contractile muscle volume assessed by nuclear magnetic resonance imaging**. Poster session at 23rd International Annual Congress of the World Muscle Society (WMS), Mendoza, Argentina.
- **Bachasson D**, Dres M, Nierat M-C, Doorduyn J, Gennisson J-L, Hogrel J-Y, and Similowski T. (2018) **Ultrafast ultrasound imaging grants alternate methods for assessing diaphragm function**. IEEE International Ultrasonic Symposium, Kobe, Japan.
- Landon-Cardinal, O, **Bachasson, D**, Guillaume P, Vautier M, Champtiaux N, Hervier B, Rigolet A, Benveniste O, Hogrel J-Y, Allenbach Y. (2018) **Physical activity monitoring using wrist-worn accelerometer in the assessment and follow-up of patients with myositis**. *Arthritis Rheumatol*. 70 (suppl 10). 2018 ACR/ARHP Annual Meeting in Chicago, USA.
- Carlier PG, Lopez Kolkovsky A, Reyngoudt H, Marty B, Giacomini E, **Bachasson D** and Hogrel J-Y. (2018) **Interleaved multiparametric multinuclear dynamic NMR imaging and spectroscopy: a non-invasive setup to further investigate the skeletal muscle functional alterations associated with sarcopenia**. 11th International Conference on Cachexia, Sarcopenia and Muscle Wasting, Maastricht, The Netherlands.
- **Bachasson D**, Reyngoudt H, Turk S, Benveniste O, Hogrel J-Y, Carlier PG (2017) **Muscle alterations in sporadic inclusion body myositis assessed using quantitative nuclear magnetic resonance imaging and spectroscopy, ultrafast shear-wave elastography, and relationships with muscle function**. *Neuromuscul Disord*, 27: S123-S123; P86. Poster session at the World Muscle Society congress, St. Malo, France.
- Benveniste, O, **Bachasson D**, Landon O, Champtiaux N, Gilardin L, Hervier B, Hogrel J-Y. (2017) **Une solution nouvelle pour l'évaluation des myosites: la mesure de l'activité physique quotidienne par accélérométrie**. *La Revue de Médecine Interne*, 38 (suppl 1): A79. Oral communication at the 75èmes congrès français de médecine interne, Brest, France.
- **Bachasson D**, Dubois G J-R, Benveniste O, Hogrel J-Y. (2016) **Lower muscle stiffness assessed with supersonic shear imaging is associated with more severe muscle impairments in patients with sporadic inclusion body myositis**. *Neuromuscul Disord*, 26, S99. Poster session at the World Muscle Society congress, Granada, Spain.



- **Bachasson D**, Moraux A, Ollivier G, Decostre V, Ledoux I, Gidaro, T Servais, L Behin, Stojkovic T, Hébert L J, Puymirat J, Eymard B, Bassez G, Hogrel J-Y. (2016) Muscle Weakness, Postural Instability, and Gait Abnormalities in Patients with Myotonic Dystrophy Type I. Poster session at Myology 2016, Lyon, France.
- Gibbons MC, Sato E J, **Bachasson D**, Cheng T T, Azimi H, Schenk S, . . . Ward SR. (2016) **Human Muscle Architectural Adaptations after Rotator Cuff Tendon Tears and Repairs**. Paper presented at the Orthopedic Research Society 2016 Annual Meeting, Orlando, Florida, USA.
- Gruet M, Temesi J, **Bachasson D**, Rupp T, Millet G Y, Verges S. **Adaptations corticospinales à la fatigue et stimulation magnétique transcranienne : aspects méthodologiques**. Paper presented at the ACAPS (Association of researchers in physical activities and sport) congress, Nantes, France.
- **Bachasson D** (2014) Methodological advances in neuromuscular phenotyping: implications for chronic diseases. Poster session at the Alternative Muscle Conference, San Diego, USA.
- Bankolé C, Millet GY, Temesi J, Wuyam B, **Bachasson D**, Kadi F, Antoine J-C, Carlier PG, Féasson L. (2012) Exercice et FSHD : Résultats préliminaires des effets d'un programme d'entraînement de 6 mois : Etude contrôlée randomisée. Paper presented at the 10èmes Journées Annuelles de la Société Française de Myologie, Grenoble, France.
- Millet GY, **Bachasson D**, Temesi J, Wuyam B, Féasson L, Verges S, Lévy P. (2012) Measuring fatigue in the context of neuromuscular diseases. *Neuromuscul Disord*, 22: S181-S186. Paper presented at the World Muscle Society.
- **Bachasson D**, Millet, G.Y, Decorte, N, Wuyam, B, Levy P, Verges S (2012, March) Evaluation de la fatigue neuromusculaire des muscles inspiratoires, expiratoires et locomoteurs chez le patient BPCO. Poster session at the Congrès Alvéole (Société de Pneumologie de Langue Française), Lyon, France.
- **Bachasson D**, Millet GY, Decorte N, Wuyam B, Levy P, Verges S. Validation d'un nouveau test pour l'évaluation non invasive de la fonction neuromusculaire. Poster session at the Congrès Alvéole (Société de Pneumologie de Langue Française), Lyon, France.
- Verges S, **Bachasson D**, Wuyam B. (2010) **Effect of hypoxia on respiratory muscle fatigue in human**. Paper presented at the Congress of the European Respiratory Society, Amsterdam, Netherlands.

## Invited Talks

- 2021 | **Multiparametric ultrasound imaging of the diaphragm**. *Journée France Life Imaging Paris Centre - Paris Sud*.
- 2021 | **Multiparametric ultrasound imaging of the diaphragm and muscle volume estimation based on bioelectrical impedance measurements**. *Seminar of the Laboratoire Interuniversitaire de Biologie de la Motricité (LIBM), St Etienne, France*.
- 2018 | **Evaluation des Muscles Respiratoires: Innovations en Echographie multimodale**. *12<sup>ème</sup> congrès Alvéoles, Nantes, France*.
- 2017 | Fonction neuromusculaire: indicateurs physiologiques, fatigue et impact clinique. *Journées Francophones de Kinésithérapie, Paris, France*.
- 2017 | Quantitative ultrasound and shear wave elastography in muscle and nerve disorders. *Paris meets Nijmegen, Paris, France*.
- 2012 | **Evaluation de la fonction neuromusculaire dans les pathologies chroniques**. *Congrès national de l'association Hautevilloise pour la recherche et l'étude en kinésithérapie (AHREK), Hauteville, France*.
- 2011 | **Stimulation magnétique transcranienne répétitive et réentraînement dans le syndrome fibromyalgique: résultats préliminaires**. *Congrès de la Société française d'étude et du traitement de la douleur (SFTEd), Paris, France*.
- 2011 | Activité physique dans les maladies chroniques : outils pour évaluation préliminaire. *\*6èmes journée de la société Dauphiné Savoie de médecine du sport, Grenoble, France*.

## Awards, honors and fellowships

**2012 | Best poster award**; Congrès Alvéole (Société de Pneumologie de Langue Française), Lyon, France: Assessment of inspiratory, expiratory and locomotor muscle fatigue in COPD – **1000 €**.

**2010 | Research prize**; Société Française d'Etude et de Traitement de la Douleur (SFETD)-Janssen Cilag: Repetitive transcranial magnetic stimulation in patients with chronic painful syndrome undergoing exercise-based rehabilitation – **20 000 €**.

**2009 | PhD fellowship**; French muscular dystrophy association (AFM) – **100 000 €**.

## Research methods and scientific techniques

### Human Experiments

- Peripheral nerve and transcranial/spinal magnetic/electrical stimulation (respiratory/locomotor muscles).
- Multiparametric ultrasound imaging (texture, strain, shear wave elastography, ultrafast plane-wave imaging).

- Electroneuromyography.
- Muscle strength, voluntary activation, endurance, fatigue.
- Gastro-esophageal manometry (transdiaphragmatic pressure measurements).
- Bioelectrical analysis for the estimation of muscle volume.
- Standard cardiopulmonary exercise testing.
- Ventilatory mechanics.
- Estimates of physical activity energy expenditure from accelerometers raw signal analysis.
- Inertial measurement unit motion-capture systems.
- Anatomy, dissection.

## Animal experiments

- Project designer (French certification: *Niveau concepteur de projet en expérimentation animale* (2017))
- rodents, rabbit.
- Anaesthesia, small surgeries (tenotomy, neurotomy), euthanasia, dissection, nerve/muscle tissue processing.
- Passive and active muscle mechanics (*in situ*, *in vivo*, *in vitro*).
- Muscle architecture.

## Wet lab techniques

- Tissue processing: cryosectioning, staining, immunohistochemistry/fluorescence (muscle/nerve).
- Experience with western blotting analysis, qPCR (e.g. myogenic, atrophic, adipogenic, fibrotic, and inflammatory responses).

## Computer skills

**Programing Languages** | R (data science and reproducible research); MATLAB; Shiny (Interactive web apps e.g. *Interactive apps for computing predicted muscle strength*) ; Python.

**Scientific Softwares** | Rstudio, Labchart; Statistica; ImageJ.

**Technical Writing and web** | rMarkdown; knitr; pandoc; Hugo websites.

## Teaching and mentoring experience

### Teaching

**Since 2020 | Speaker**, Université Paris-Saclay, DU Posture Mouvement Santé, Faculté des sciences du sport : Neuromuscular physiology and Evaluation [8 h].

**Since 2020 | Speaker**, IFMK, APHP-SU: Musculoskeletal ultrasound, France. [8 h].

**Since 2019 | Speaker**, Master 2 PAPS, Activité Physique et Maladies Chroniques: Pathologies Respiratoires & Pathologies Neuromusculaires, Paris Descartes University, Paris, France. [4 h].

**Since 2015 | Speaker**, Master 2 Analysis of the electromyographic signal and research applications. Master Neuro-moteur, UE Recueil et Analyse des Signaux Neurophysiologiques Neurophysiologie Centrale, Paris-Est Creteil Val de Marne University, Paris, France. [4 h].

**2009-2013 | Instructor** for health professionals' ongoing training: Neuromuscular function assessment in patients. Grenoble-Alpes University Hospital Centre, Grenoble, France. [20 h].

**2009-2013 | Therapeutic education.** Grenoble-Alpes University Hospital Centre, Grenoble, France.

## Students supervision

### PhD students

1. **2019- to date | Thomas Poulard**, Electrical, Optical, Bio: Physics and Engineering (EOBE), Université Paris-Saclay: *Multiparametric ultrasound imaging of the diaphragm* – Co-supervisor with Dr J-L Gennisson, PhD.
2. **2021- to date | Romain Feigean, MSc** Physiologie Physiopathologie et Thérapeutique (ED 394), Sorbonne Université: Exoskeletons in neuromuscular disorders – Co-supervisor with Dr JY Hogrel., PhD.

### MSc students

1. **2021-présent | Lazhar Bouacha**, Université Paris Descartes - Master 2 Mathématiques, modélisation apprentissage: Deep learning approaches for diaphragm ultrasound imaging – Principal supervisor.
2. **2019-2020 | Claire de Belenet**, IFMK-APHP-SU & Master Sciences de la réadaptation: Ultrafast ultrasound for the assessment of maximal tissue velocity during artificially evoked contractions – Principal supervisor.
3. **2019-2020 | Cléa Langouet**, IFMK-APHP-SU & Master Sciences de la réadaptation: Powered lower-limb exoskeleton in patients with neuromuscular disorders – Principal supervisor.

4. **2019-2020 | Mohammad Mohajery**, Institut Polytechnique de Paris (I'X): Development of a portable ultrasound device for the assessment of diaphragm structure and function – Principal supervisor.
5. **2019-to date | Kevin Gramage**, Technical University of Munich: Powered lower-limb exoskeleton in patients with neuromuscular disorders – Principal supervisor.
6. **2018-to date | Alper Carras Ayaz**, Institut Supérieur de BioSciences de Paris: Multiparametric ultrasound for estimating muscle content – Co-supervisor.
7. **2019 | Karla Mirallès**, Mines Saint-Etienne: Powered lower-limb exoskeleton in patients with neuromuscular disorders – Principal supervisor.
8. **2018 | Nicolas Jean-Amans**, École Supérieure de Physique et de Chimie Industrielles de la ville de Paris: Bioelectrical muscle properties for the assessment of muscle volume and muscle activation: development of skin-electrode interfaces, prototyping, and validation studies – Principal supervisor.
9. **2018 | Jessie Mosso**, École Supérieure de Physique et de Chimie Industrielles de la ville de Paris: Estimating contractile muscle volume in thigh using bio-electrical impedance analysis: a reappraisal – Principal supervisor.
10. **2016 | Hans Bourgeois**, Université Pierre Marie Curie: Relationships between diaphragm stiffness and buccal pressure during closed-airways inspiratory maneuvers – Principal supervisor.
11. **2016 | Yassir Garoiaz**, Université de Technologie Compiègne: Methods and custom software for ultrasound imaging and elastography in skeletal muscles and nerves – Principal supervisor.
12. **2015 | Floriane Chevalier**, Université de Technologie Compiègne: Device for the regulation of probe pressure during ultrasound imaging and elastography – Co-supervisor.
13. **2013-14 | Kenji Yokoyama**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Transcranial magnetic for investigating exercise-induced changes in corticomotoneuronal excitability and inhibition and voluntary activation: effects of stimulation intensity – Principal supervisor.
14. **2013 | Alexandre Estieux**, Institut Lorrain de Formation en Masso-kinésithérapie, Nancy, France: Assessment of quadriceps weakness in COPD: reliability and clinical impact – Principal supervisor.
15. **2013 | Julien Gauthier**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Impact of fatigue on response to exercise training in COPD – Principal supervisor.
16. **2013 | Manon Boglietti**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Assessment of respiratory muscle endurance: influence of COPD stages – Principal supervisor
17. **2012 | Clément Hussenot**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Ambulatory assessment of respiratory muscle endurance in COPD – Co-supervisor.
18. **2011 | Grégoire Payen**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Predictive factors of responses to exercise training in patients with fibromyalgia syndrome – Co-supervisor.
19. **2011 | Alexandre Gonzalez**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Respiratory muscle endurance assessment using an incremental test in isocapnic hyperpnea – Co-supervisor.
20. **2010 | Anaïs Nowak**, UFRAPS/CHU Grenoble, Université Grenoble-Alpes: Neuromuscular fatigue in fibromyalgia: a control study – Co-supervisor.
21. **2010 | Yoann Barnouin**, UFRAPS, Université Grenoble-Alpes: Intermittent quadriceps function test: reliability in healthy subjects – Co-supervisor.

## Service to profession

### Manuscripts reviewing

Journal of Physiology; Journal of Applied Physiology; European Journal of Applied Physiology; European Respiratory Journal; Neuromuscular Disorders; Arthritis Care and Research; Muscle and Nerve; Acta physiologica.

See reviews on [Publons](#) (non-exhaustive).

### Grant/Award reviewing

- AFM-TELETHON scientific council (since 2016).
- ECOS SUD CHILI (since 2019).
- Prix de l'Ordre des masseurs-kinésithérapeutes (CNOMK, since 2019).
- Appel à projets interdisciplinaires (2017); Université de Nantes, Nantes, France.
- Fonds de Dotation Recherche en Santé Respiratoire (2015); Fondation du Souffle.



## University service

### External examiner

**2010-14 | Examiner** MSc dissertation defense; Departments of Exercise Sciences and Physical Therapy, Grenoble-Alpes University, Grenoble, France.

## Scientific Events organization

**2018 | Co-organizer** of the 2èmes Journée de l'exercice musculaire 2018. Institute of Myology, Paris, France; [website of the event](#) & [associated internal press release](#).

## Community involvement and outreach

- **Organizer**, Déficyclothon de l'Institut de Myologie (2016, [2017](#), [2018](#), 2019), Paris, France.
- **Speaker**, Opération 1000 chercheurs dans les écoles (AFM-Téléthon) (2015, 2016), Lycée International, Grenoble, France.
- **Speaker**, Journée des Familles (2015) AFM-Téléthon, Paris, France.

## Professional memberships, other memberships

European Respiratory Society (Early Career Member; Main group: Clinical respiratory physiology, exercise and functional imaging) | Société française de Myologie | Treat-NMD | World Muscle Society | PhD Alumni Univ Grenoble Alpes.

## Vulgarization, wide-audience presentations and media

*(Selected appearances)*

- **Video:** [RespiMyo | Fondation de myologie](#), presentation of our recent advances in multiparametric ultrasound imaging of the diaphragm; October 2020.
- **Press release:** [L'échographie ultrarapide comme technique d'évaluation non-invasive et non-volitionnelle de la contractilité du diaphragme](#), Life Sciences Université Paris-Saclay; October 2020.
- **TV:** [France 5: Le magazine de la santé: dossier spécial diaphragme](#); December 2019.
- **Radio:** [RTL La Curiosité Est Un Vilain Défaut: Tout ce que vous ne savez pas sur vos muscles](#); May 2019.
- **Press release:** Advance in diagnosis of respiratory disorders from [AFM-presse](#) and [APHP](#); February 2019.
- **Press article:** [Interview for an article in Dr Good](#) (French Wellness and Health Magazine); January 2019.
- **Video:** [Interview for the RESPIMYO project involving multiparametric ultrasound imaging](#); Grande Ambition AFM-TELETHON; February 2017.
- **Press article:** [Appearance in Science & Santé INSERM - Têtes Chercheuses](#); March 2012.

## Language skills

English: Fluent | French: Native | Spanish: Intermediate

## Referees

Available on request.