

QUARANTINE CHRONICLES

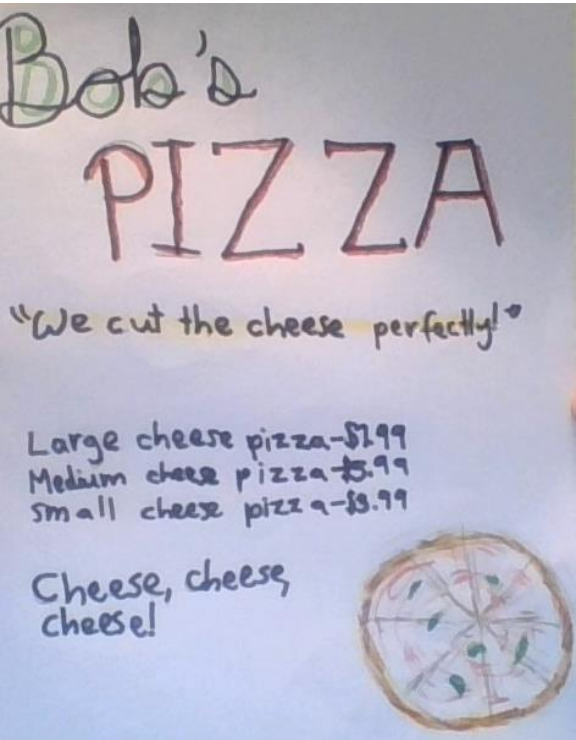


Meet the New Meat

HENRY D. RUSSELL

Six weeks ago, I went to a Sheetz and got a beyond burger. I took a bite, and I was like; did I order wrong? Beyond meat and Impossible foods make plant burgers (and other meat) that actually work!!!

Previously, veggie burgers just looked like patties. Since no innocent animals are slaughtered; Beyond & Impossible meat have better animal rights, less trees cut down, less food used, less water used, and less land used, so you can eat without guilt. **This article was not sponsored.**



Mary Watson’s House

Basement Haunted by Child

BEA A. RUSSELL

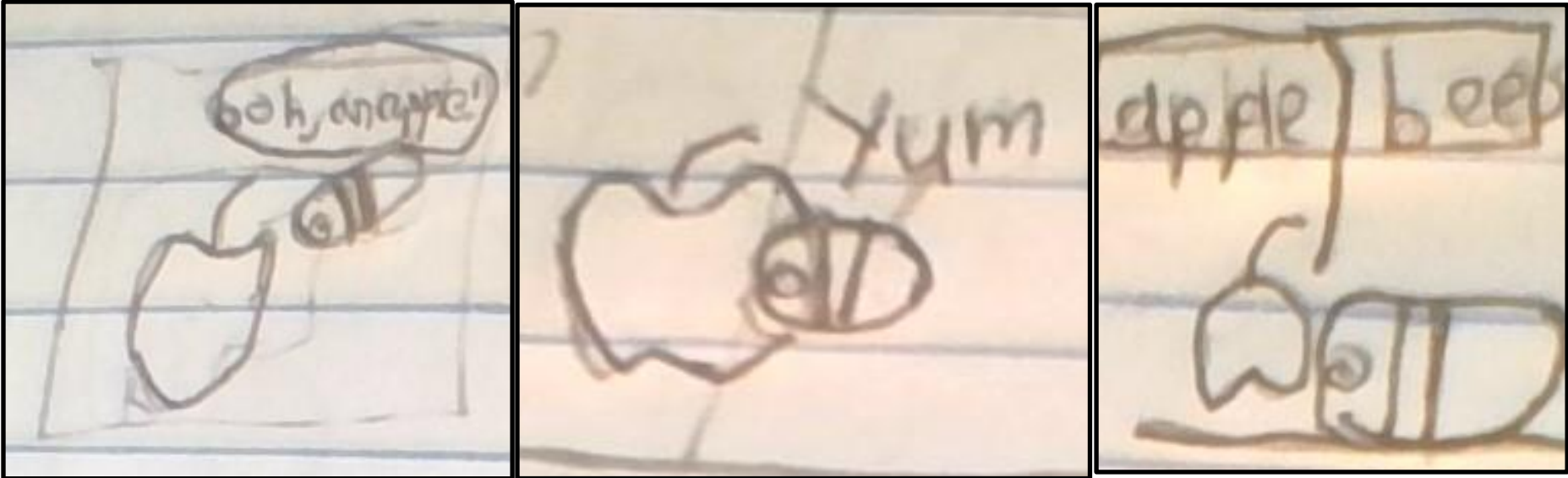
“I was sitting in my living room knitting when I heard a scream. I went into the basement and then I saw him...: Mary Watson lives in an old brick house on 47 Spruce Ln. She is 93 years old and likes to knit scarves for her cats.

When Mary was a child she was playing in the river with her brother and she pushed him into the deep end. Sadly, he was unable to swim and promptly died. Now he is back to haunt her

The hauntings started last week when Mary heard what she described as aggravated screaming and so she went to investigate. She went to the basement and saw her brother looking pale, translucent, and dripping water. Other than that he looked the same as when he was a child. She ran out screaming and has been staying with a neighbor ever since.

Authorities are still trying to figure out what is going on, but what they have learned is highly classified.

MOE



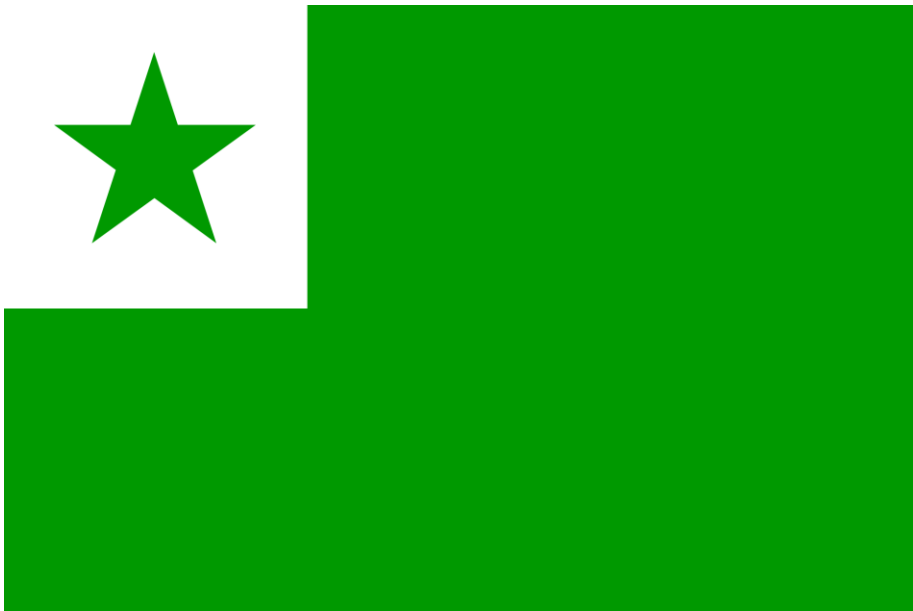
Siblings



Daily Esperanto Word and Tip

kaj=and

Remember, you always add a “j” at the end of a noun to make it plural!



Esperanto Flag

Esperanto: a global language

Henry D. Russell

Have you ever flown on an airplane and were like, “What is this guy talking about?” That would have been a good time to use Esperanto. Esperanto is an international language with 9m people learning.

Esperanto is a synthetic language, designed so that it is not geographically specific, and is made from other languages.

Passover: The Seder Plate

BEA A. RUSSELL

Passover is a Jewish holiday in the spring that celebrates escaping from slavery in Egypt. It is celebrated with a seder which means order. Everyone does their seder a little bit differently, but there are some things most people include. Some of these things are telling the Passover story, hiding the affikomen, saying various blessings, and having a seder plate. Today I am going to talk about the seder plate.

One of the things on the seder plate is the egg. This represents spring and rebirth.

Another thing is the charoset. This represents the mortar that the slaves used to build buildings. Next is the bitter herbs. This represents how hard it was to be a slave. Then there is the saltwater for the tears the slaves shed. Next is the greens to dip in the saltwater. These represent springtime. Another thing is a bone. This represents the lamb that all the Jewish families killed to mark their doors. Last is the orange. Not everyone puts an orange on their seder plate, but it represents letting women be rabbis.



This is a picture of the seder plate with no food on it. The writing is in Hebrew and labels the different spots.

Have an article you want to share or a note you want to send to someone? Email us at brussell26@gasd-pa.org or hbrussell29@gasd-pa.org and we will put it in as long as it is not offensive or inappropriate.

How to Stay Sane:

tips, tricks, & techniques

BEA A. RUSSELL

We are all experiencing this unique time of social distancing and staying at home. Even though you may not like it, you might as well make the best of your time. Have you been wanting to learn Portuguese for years? Is the food that other people in your household make leaving much to be desired? Now is the time to change that. First, make a list of problems you want to solve, things you want to learn, and things you want to do. (Make sure it still works with social distancing). Next you should choose which ones you want to do starting with number one as the priority. Last get to work!

If you are stuck, here are some tips for things to do. Some good ideas include learning a new language, crocheting, sewing, birdwatching, reading, writing letters, painting, walking, yoga, board games, biking, woodworking, baking and singing. One last very important tip is to continue socializing. Some ways to do this include emailing, letter writing, using online platforms such as zoom, skype, or facetime and doing projects with your friends online. If you live with people, you should make sure to spend time with them.



When you write letters to friends, you get lots of letters back!