

Keywords for internal work:

Non-Hierarchy - Take initiative - Ownership - Flexibility

We want to create a group dynamic where common initiative is carrying our work forward. We want a non-hierarchy environment, where all members take responsibility for their ownership in the group. We value all our members equally and trust everyone to meet each other with support and flexibility.

Safe space - Trust - Support

We want to build a safe space based on trust where we can let all our sides be seen. We support each other by making space and encouraging each other.

Non-Result-Thinking

We wish to step away from the result-based way of working and focus on encouraging creativity and presence instead. We believe that the result created from joy and well-being is the one to aim for.

Openness - Non-judgmental

We want all opinions, personalities and emotions to be welcome in our group. We want a non-judgmental environment where we meet ourselves and others with an open mind. By being a diverse group we can learn from each other and grow both as persons and as artists.

Being present – Listening

We practice sensitivity for each other and strive to be present as a group by focusing on contact, listening and creating in the moment.

Joy

We want Damkapellet to be a place where you can show your emotions freely and our goal is to have a joyful, fulfilling and inspiring journey.