

2023 METRO CONFERENCE CHAMPIONSHIPSSioux Falls, SD
Yankton Trail Park

Thursday, October 12, 2023

**OFFICIAL MEET REPORT**

printed: 10/14/2023 12:09 PM

Race #1
Varsity Boys**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 Sioux Falls Lincoln	41	2-6-8-9-16(18)(33)	1:20:57
2 Sioux Falls Washingt	57	3-11-12-14-17(19)(23)	1:22:12
3 O'Gorman	84*	5-7-15-26-31(36)(42)	1:24:33
4 Sioux Falls Jefferson	84*	4-10-20-22-28(40)(41)	1:24:14
5 Harrisburg	117	13-21-24-25-34(35)(38)	1:26:41
6 Brandon Valley	119	1-27-29-30-32(37)(39)	1:27:12

***Tiebreakers**

O'Gorman	5	7	15	26	31	36
Sioux Falls Jefferson	4	10	20	22	28	40

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time
1 PETERS, Mikah	SO	Brandon Valley	1	15:29.3
2 LECHTENBERG, Miles	SO	Sioux Falls Linc	2	15:35.0
3 REILLY, Cole	FR	Sioux Falls Wa	3	15:43.8
4 WEIGELT, Kieran	SR	Sioux Falls Jeff	4	15:46.6
5 CASTELLI, Jack	SR	O'Gorman	5	15:49.3
6 LEVESQUE, Joseph	JR	Sioux Falls Linc	6	16:03.5
7 RIPPERDA, Dominic	SR	O'Gorman	7	16:07.8
8 NELSEN, Aemil	JR	Sioux Falls Linc	8	16:12.2
9 THOMPSON, Nathan	JR	Sioux Falls Linc	9	16:13.5
10 WAGONER, Jack	JR	Sioux Falls Jeff	10	16:14.1
11 ANBESSE, Emran	SR	Sioux Falls Wa	11	16:22.8
12 MILLER, Griffin	FR	Sioux Falls Wa	12	16:30.7
13 SMITH, Griffin	SO	Harrisburg	13	16:32.4
14 PARSONS, Ben	FR	Sioux Falls Wa	14	16:41.3
15 MAHROUS, Evan	JR	O'Gorman	15	16:47.2
16 SCHELLPFEFFER, Co	JR	Sioux Falls Linc	16	16:52.5
17 WILLIAMS, Riley	SR	Sioux Falls Wa	17	16:53.4
18 NEEDLES, Tyrus	FR	Sioux Falls Linc	(18)	16:58.9
19 BOLTJES, Jackson	FR	Sioux Falls Wa	(19)	17:06.2
20 BORCHERS, Seth	JR	Sioux Falls Jeff	20	17:07.1
21 BODEEN, Lance	SO	Harrisburg	21	17:10.6
22 SJOMELING, Kellar	JR	Sioux Falls Jeff	22	17:13.0
23 SANCHEZ, Andrew	JR	Sioux Falls Roo	-	17:17.6
24 BITELER, Brekken	FR	Sioux Falls Wa	(23)	17:20.2
25 KLATT, Easton	JR	Harrisburg	24	17:21.1
26 REILLY, Camden	SR	Sioux Falls Wa	-	17:23.9
27 MILLER, Evan	SR	Harrisburg	25	17:25.4
28 BOEREMA, Charles	JR	Sioux Falls Roo	-	17:28.4
29 KNOX, Trevor	SO	Sioux Falls Roo	-	17:33.6
30 COULTER, Carson	FR	Sioux Falls Wa	-	17:35.9
31 BIEREMA, Ashton	SR	O'Gorman	26	17:43.3
32 IREY, Bergen	SR	Brandon Valley	27	17:47.1
33 KLEIN, Caden	JR	Sioux Falls Roo	-	17:52.4

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time
34 PALMER, Jaylen	JR	Sioux Falls Jeff	28	17:52.8
35 KYTE, Ethan	8	Brandon Valley	29	17:54.7
36 MICHAILIDIS, Elias	SO	Brandon Valley	30	17:55.2
37 PRAIRIE, Sam	SR	O'Gorman	31	18:05.1
38 PADGETT, Colton	SR	Brandon Valley	32	18:05.2
39 KRUEGER, Teddy	SO	Sioux Falls Linc	(33)	18:11.2
40 MCKEOWN, Ryan	SO	Harrisburg	34	18:11.6
41 HEINZ, James	SR	Harrisburg	(35)	18:14.0
42 SORENSON, Will	SO	O'Gorman	(36)	18:14.1
43 GREENFIELD, Gavin	8	Brandon Valley	(37)	18:30.7
44 CAUWELS, Greyson	SO	Harrisburg	(38)	18:35.4
45 PETERSON, Chase	FR	Brandon Valley	(39)	18:39.2
46 HOFER, Jakob	SO	Harrisburg	-	18:40.3
47 MAGER, Connor	SO	Sioux Falls Jeff	(40)	18:49.4
48 KOCH, Harper	FR	Sioux Falls Jeff	(41)	18:49.5
49 ERDMANN, Gavin	FR	Harrisburg	-	18:54.2
50 DESCHEPPER, Nichol	JR	Harrisburg	-	18:59.1
51 TYNAN, Brody	SO	O'Gorman	(42)	20:31.9

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Race #2
Varsity Girls**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 Brandon Valley	34	2-5-6-8-13(14)(16)	1:33:12
2 Harrisburg	51	3-7-9-10-22(28)(29)	1:35:06
3 O'Gorman	64	1-12-15-17-19(25)(26)	1:35:41
4 Sioux Falls Lincoln	74	4-11-18-20-21(23)(24)	1:37:18
5 Sioux Falls Washingt	153	27-30-31-32-33(34)(35)	1:46:25

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time
40 STAHLBERG, Emily	JR	Sioux Falls Wa	33	22:01.5
41 KNUTSON, Siri	FR	Sioux Falls Wa	(34)	22:05.6
42 KUOL, Yom	SR	Sioux Falls Wa	(35)	22:13.1
43 BECKER, Morgan	JR	Brandon Valley	-	22:16.4
44 CLAYTON, Kendall	FR	Brandon Valley	-	24:56.3

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time
1 CASTELLI, Libby	JR	O'Gorman	1	17:33.4
2 WENTZY, Mia	SR	Brandon Valley	2	17:45.4
3 GENRICH, Hannah	7	Harrisburg	3	18:23.8
4 OLSON, Leni	SR	Sioux Falls Linc	4	18:37.5
5 SCHOLTEN, Addison	SO	Brandon Valley	5	18:41.8
6 VANDEBERG, Sarah	JR	Brandon Valley	6	18:44.0
7 GILHOOLY, Autumn	7	Harrisburg	7	18:45.6
8 RUDE, Lilian	SO	Brandon Valley	8	18:48.5
9 MILLER, Bria	FR	Harrisburg	9	18:53.6
10 REILLY, Addison	8	Harrisburg	10	18:57.3
11 DEKAM, Addalai	SR	Sioux Falls Linc	11	19:05.5
12 PARDY, Ruth	SR	O'Gorman	12	19:11.1
13 ANDERS, Ellie	7	Brandon Valley	13	19:11.5
14 TIDEMANN, Emma	7	Brandon Valley	(14)	19:12.5
15 BOETEL, Nora	JR	O'Gorman	15	19:32.1
16 BERGAN, Haley	SR	Brandon Valley	(16)	19:32.1
17 TIANGCO, Lia	8	O'Gorman	17	19:36.8
18 BEARDEN, Ruby	JR	Sioux Falls Linc	18	19:39.2
19 BERGAN, Shelby	FR	Brandon Valley	-	19:44.3
20 CASTELLUZZO, Laney	SO	O'Gorman	19	19:47.8
21 WEISS, Audrey	SR	Sioux Falls Linc	20	19:53.2
22 MURRAY, Emmeline	FR	Sioux Falls Linc	21	20:02.7
23 MCCALLUM, Claire	FR	Harrisburg	22	20:05.9
24 BOUWMAN, Ruby	SO	Sioux Falls Linc	(23)	20:06.3
25 BARTZ, Ella	SO	Sioux Falls Linc	(24)	20:06.8
26 CHRISTIAN, Cecilia	JR	O'Gorman	(25)	20:08.5
27 FRANKMAN, Alaina	8	O'Gorman	(26)	20:08.6
28 O'CONNOR, Lily	SO	O'Gorman	-	20:09.3
29 BUUS, Ansley	FR	Sioux Falls Wa	27	20:11.5
30 KIPPES, Bella	SR	O'Gorman	-	20:12.1
31 GIEGLING, Gracen	FR	Harrisburg	(28)	20:18.8
32 SAVEY, Emma	SR	Harrisburg	(29)	20:21.2
33 GILHOOLY, Sarah	FR	Harrisburg	-	20:57.0
34 BOUWMAN, Marissa	FR	Sioux Falls Wa	30	21:01.5
35 NEKL, Kaylor	SO	Sioux Falls Linc	-	21:08.5
36 JENNEWEIN, Jasmine	SR	Sioux Falls Jeff	-	21:10.4
37 ROCK, Naomi	SR	Sioux Falls Wa	31	21:34.6
38 DEVRIES, Gabby	FR	Sioux Falls Wa	32	21:35.2
39 LUEBKE, Natalie	FR	Harrisburg	-	21:49.9

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**Race #3
JV Boys****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 Sioux Falls Lincoln	21	2-3-4-5-7(9)(10)	1:29:29
2 Sioux Falls Washingt	45	1-6-8-13-17(24)(29)	1:32:21
3 Sioux Falls Roosevelt	71	11-12-14-16-18(21)(22)	1:35:49
4 Brandon Valley	106	15-19-20-25-27(30)(32)	1:40:09
5 O'Gorman	141	23-26-28-31-33	1:51:46

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time
1 KLEIN, Kory	JR	Sioux Falls Wa	1	17:22.3
2 RINGING SHIELD, Na	SO	Sioux Falls Linc	2	17:42.8
3 HERRBOLDT, Everett	FR	Sioux Falls Linc	3	17:45.8
4 CISAR, Hudson	SO	Sioux Falls Linc	4	17:56.6
5 GROHER, Reid	FR	Sioux Falls Linc	5	17:59.6
6 ROACH, Brayden	SR	Sioux Falls Wa	6	18:00.6
7 NELSEN, Arvid	SO	Sioux Falls Linc	7	18:04.1
8 DOYLE, Landon	FR	Sioux Falls Wa	8	18:14.9
9 BRATKIEWICZ, Sam	JR	Sioux Falls Linc	(9)	18:17.8
10 ISEMINGER, Adrian	JR	Sioux Falls Linc	(10)	18:28.7
11 DEKAM, Caden	SR	Sioux Falls Linc	-	18:32.6
12 JOHNSON, Brooks	FR	Sioux Falls Linc	-	18:37.1
13 ALVAREZ, Brendan	JR	Sioux Falls Roo	11	18:40.4
14 WALLING, Christian	FR	Sioux Falls Linc	-	18:44.9
15 KLEIN, Colton	SO	Sioux Falls Roo	12	18:50.4
16 WEBB, Tyler	FR	Sioux Falls Linc	-	18:56.2
17 SUMEY, Elijah	SO	Sioux Falls Linc	-	19:01.0
18 SAYLER, Henry	FR	Sioux Falls Linc	-	19:01.5
19 HUETE, Jorge	JR	Sioux Falls Wa	13	19:06.4
20 MADSEN, Jacob	FR	Sioux Falls Linc	-	19:06.7
21 HERBST, Jason	FR	Sioux Falls Roo	14	19:11.9
22 ENGELTJES, Vandon	SO	Brandon Valley	15	19:16.8
23 JENSEN, Brendan	SR	Harrisburg	-	19:18.4
24 NELSON, Cohen	SR	Sioux Falls Roo	16	19:29.3
25 SCHNEIDER, Corey	FR	Sioux Falls Wa	17	19:36.8
26 BROWN, Vaughn	SR	Sioux Falls Roo	18	19:37.0
27 ENGELSMAN, Blake	JR	Brandon Valley	19	19:44.6
28 ISEMINGER, Riddick	FR	Sioux Falls Linc	-	19:49.8
29 ELKIN, Saddler	SR	Brandon Valley	20	19:52.0
30 ANDERSON, Liam	FR	Sioux Falls Roo	(21)	19:54.6
31 NIELSEN, Liam	FR	Sioux Falls Roo	(22)	19:55.1
32 HUTCHINSON, Conno	SO	Sioux Falls Linc	-	20:06.5
33 POCIASK, Drew	FR	O'Gorman	23	20:07.3
34 TORGERSON, Jacob	FR	Sioux Falls Linc	-	20:08.6
35 WILSON, Brian	FR	Sioux Falls Linc	-	20:12.0
36 HERMANSON, Tait	JR	Harrisburg	-	20:12.3
37 FICK, Deyondre	FR	Sioux Falls Jeff	-	20:12.9
38 WABWIRE, Daniel	SO	Harrisburg	-	20:16.3
39 ROJAS, Matias	SR	Sioux Falls Linc	-	20:20.9

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time
40 LURCH, Braeden	SO	Sioux Falls Roo	-	20:30.2
41 FARMER, Jacob	SO	Sioux Falls Wa	(24)	20:30.3
42 BRAY, Austin	FR	Brandon Valley	25	20:32.5
43 ODNEY, Erik	FR	Harrisburg	-	20:34.5
44 KOBALL, Rocco	FR	Sioux Falls Roo	-	20:40.6
45 STEFFEN, Cohen	FR	O'Gorman	26	20:40.7
46 ELKIN, Lander	SO	Brandon Valley	27	20:42.6
47 UMSTEAD, Cole	FR	Sioux Falls Linc	-	20:54.4
48 WILSON, Luke	SO	Sioux Falls Linc	-	21:04.0
49 KALLHOFF, Liam	FR	Sioux Falls Jeff	-	21:19.6
50 SMITH, Noah	FR	Sioux Falls Linc	-	21:19.6
51 KONZ, Noah	SO	Sioux Falls Linc	-	21:26.4
52 HEIN, Oskar	SR	Sioux Falls Linc	-	21:43.1
53 ADAM, Wei	FR	Sioux Falls Roo	-	22:00.7
54 BRANAUGH, Holden	FR	O'Gorman	28	22:04.0
55 TORGERSON, William	SO	Sioux Falls Wa	(29)	22:46.2
56 TILLE, Joey	JR	Brandon Valley	(30)	22:55.6
57 WILLIAMS, Amare	FR	Sioux Falls Linc	-	22:56.9
58 SCHURING, Lincoln	FR	Sioux Falls Linc	-	23:04.8
59 MASSARELLO, James	FR	O'Gorman	31	23:07.0
60 PETERSON, Aiden	FR	Sioux Falls Roo	-	23:27.9
61 NEELEY, Jackson	FR	Sioux Falls Roo	-	23:29.9
62 HAUCK, Tyler	JR	Brandon Valley	(32)	23:38.9
63 JOHNSON, Sawyer	SR	Sioux Falls Wa	-	23:39.2
64 DUMDEI, Ethan	FR	Sioux Falls Linc	-	23:44.9
65 EEKHOFF, Israel	FR	Sioux Falls Jeff	-	24:25.9
66 FOGERTY, Will	SR	O'Gorman	33	25:46.9

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**Race #4
JV Girls****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total
1 Sioux Falls Lincoln	24	1-2-4-7-10(11)(12)	1:44:37
2 Harrisburg	31	3-5-6-8-9(13)(17)	1:46:40
3 Brandon Valley	82	14-15-16-18-19(20)(21)	1:53:21

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time
1 KADI, Mia	FR	Sioux Falls Linc	1	20:08.8
2 GLANVILLE, McKinley	FR	Sioux Falls Linc	2	20:11.7
3 HOFFMANN, Kendra	JR	Harrisburg	3	20:51.8
4 JESPERSEN, Bethany	FR	Sioux Falls Linc	4	20:59.5
5 WINTER, Kailey	SO	Harrisburg	5	21:13.3
6 PLAHN, Kiana	SO	Harrisburg	6	21:22.2
7 HECKENLAIBLE, Laur	SR	Sioux Falls Linc	7	21:24.4
8 KOCMICK, Verity	FR	Harrisburg	8	21:32.2
9 TECKLENBURG, Sierr	SR	Harrisburg	9	21:39.8
10 EGGERT, Julia	JR	O'Gorman	-	21:47.5
11 LUSCHAS, Soraya	JR	Sioux Falls Linc	10	21:52.3
12 SUNDVOLD, Emma	SO	O'Gorman	-	21:56.6
13 OSTRANSKY, Reagan	FR	Sioux Falls Linc	(11)	22:00.7
14 WIGG, Macey	SO	Sioux Falls Jeff	-	22:01.0
15 MILLER, Laila	JR	Sioux Falls Linc	(12)	22:02.4
16 OKKEN, Amarise	SR	Harrisburg	(13)	22:10.0
17 KIEFFER, Anastasia	SO	Sioux Falls Wa	-	22:11.9
18 MERGEN, Ellie	SR	Sioux Falls Jeff	-	22:16.0
19 DEBLIECK, Brianna	JR	Brandon Valley	14	22:18.0
20 UNG, Jessica	FR	Sioux Falls Linc	-	22:21.0
21 DIRKSEN, Lillian	JR	Brandon Valley	15	22:25.0
22 BALSDAN, Tyann	FR	Brandon Valley	16	22:36.5
23 GORMAN, Brooke	SR	Harrisburg	(17)	22:37.6
24 BOCKHOLT, Claire	JR	Harrisburg	-	22:41.0
25 SANBORN, Logan Gra	SO	Sioux Falls Linc	-	22:44.4
26 HOLMQUIST, Elizabet	FR	Brandon Valley	18	22:47.6
27 HENSON, Annika	FR	Brandon Valley	19	23:13.9
28 BACH, Macy	FR	Harrisburg	-	23:16.2
29 SPRIDGEN, Carly	SR	Sioux Falls Linc	-	23:16.7
30 GURATH, Xaria	FR	Sioux Falls Wa	-	23:24.4
31 ULRICH, Courtney	SO	Sioux Falls Linc	-	23:36.8
32 SANTI, Kamryn	FR	Brandon Valley	(20)	23:38.6
33 DONALDSON, Kinley	SO	Sioux Falls Wa	-	23:41.8
34 WAGNER, Emery	SO	Harrisburg	-	23:45.7
35 TIMM, Addison	FR	Brandon Valley	(21)	23:48.9
36 OKKEN, Vera	SO	Harrisburg	-	23:51.1
37 BRINKMAN, Grace	FR	Harrisburg	-	24:34.1
38 MASSARELLO, Madis	SR	O'Gorman	-	24:42.6
39 GJORAAS, McKenzie	JR	Brandon Valley	-	24:49.6
40 DELAY, Samantha	JR	Sioux Falls Wa	-	24:58.0
41 REESE, Briana	SO	Brandon Valley	-	25:02.6

TEAM SCORING SUMMARY (cont'd)

Athlete	YR	Team	Score	Time
42 HARMS, Regan	FR	Sioux Falls Roo	-	25:16.8
43 NWADIBIA, Zara	SO	Harrisburg	-	25:33.6
44 DAVIS, Kayla	FR	Brandon Valley	-	25:34.0
45 MCKEOWN, Maggie	SR	Harrisburg	-	26:09.6
46 ROJAS, Tirzah	FR	Sioux Falls Linc	-	27:29.4
47 JANS, Elly (Elizabeth)	SO	Harrisburg	-	27:31.9
48 HAKEMAN, Caroline	SR	Sioux Falls Roo	-	27:54.4
49 TADLOCK, Maisy	SO	Sioux Falls Roo	-	28:08.6