

## Personal Reflection

### *Physical Science and Technology*

In typed, complete paragraphs, reflect on your progress and success so far this year and discuss some strategies for improving your performance in the future. Each paragraph should be brief but descriptive (3-4 sentences). Some answers might require more than one paragraph. Please use correct grammar, punctuation, and spelling and write in complete sentences. Type your work in Google Docs and ***make sure your name is at the top of the page***. When you think you are done, carefully proof-read and edit your document, then print it and turn it in to the basket.

1. List your overall grades (for all your classes) for first semester and your grades so far this semester. Describe any patterns you see that help you realize some personal strengths and weaknesses you have as a student.
2. Describe in detail three things you learned about yourself this year as a student or a person.
3. List some of the work we did in the class this year that helped you learn the most and explain why this work was effective for you. Be as specific as possible with your explanation.
4. Describe three specific things you want to or need to improve on for the rest of this year and next year. Consider things like study skills, academic skills, and other things that might be helpful for you to achieve your future goals. Make sure you explain these goals in detail.
5. At this point in your education, what do you think you are most likely going to want to do right after high school? Explain why you think you would want to do this and how it might benefit you as you move into adulthood.
6. What would you like to be doing in 10 years? Describe at least three possibilities, discuss the advantages and disadvantages to those outcomes, and explain why you think each of those options is realistic for you.