

## **Planning for Next Semester**

### *Raider Academy*

For this short assignment, you will be reflecting back on your first semester of high school and looking ahead to your next semester. Reflection is widely accepted to be a very important component of success.

**“We do not learn from experience...we learn from reflecting on experience.”**

**— John Dewey**

You just experienced a semester of high school. Some of you are probably happy with the way it went, some of you might not be happy, but for most it is probably a mix of the two. I want you to spend a few minutes today thinking back on the last few months and try to take some lessons to apply to the future.

1. What did you do well over the course of your first semester in high school? This should include reference to your academic work but you may include other aspects of your life as well.
2. What did you feel you did not do well over the course of your first semester in high school?
3. Has high school been what you expected it to be so far? Why or why not?
4. In what ways could you be pro-active in making high school a valuable and enjoyable experience? (If you can't think of anything, one suggestion would be to think back to the stress reduction presentation)
5. Taking what you learned about yourself over the first semester, what changes would you like to make in your approach to school (if any) or your life outside of school?
6. What are your goals for next semester and how do you plan on achieving them? (Remember, your goals should be attainable but not easily attainable).

**When finished, hold on to your paper and work quietly on something else.**