

Module:

Biological foundations of mental health

Week 2:

Building blocks of the brain



Dr Sandrine Thuret

Topic 2
From embryonic neural progenitor cells to adult hippocampal neurogenesis

Part 4 of 4

Modulation of Adult Neurogenesis

Modulation of Adult Neurogenesis

Modulation of Adult Hippocampal Neurogenesis

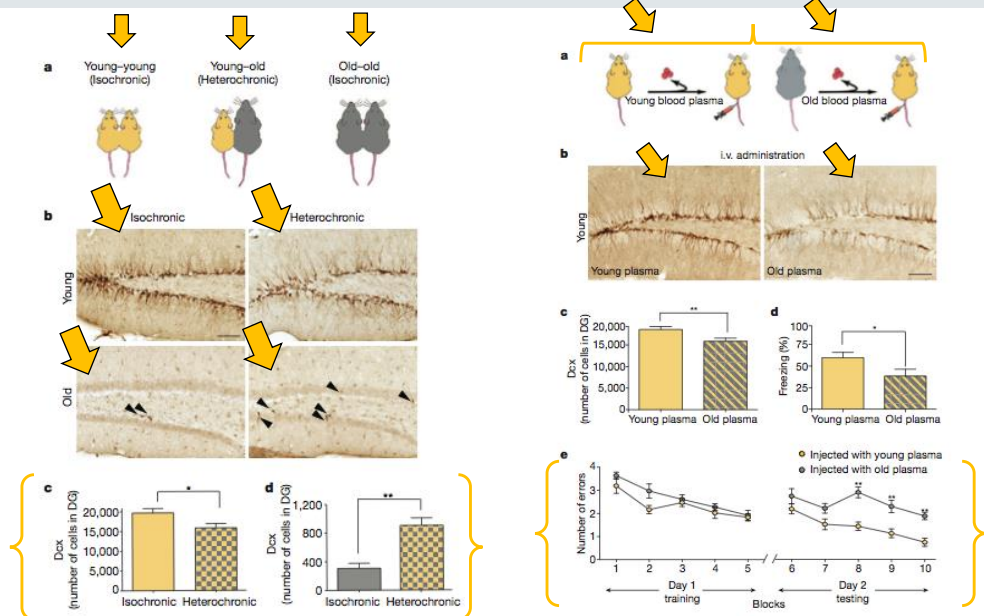


Week 2 Building blocks to the brain

Topic 2: From embryonic neural progenitor cells to adult hippocampal neurogenesis

3 of 12

Ageing influences adult hippocampal neurogenesis



Villeda et al., 2011

Figure 16: Plasma experiment

Week 2 Building blocks to the brain

Topic 2: From embryonic neural progenitor cells to adult hippocampal neurogenesis

4 of 12

Adult Hippocampal Neurogenesis emerging as Target of choice?

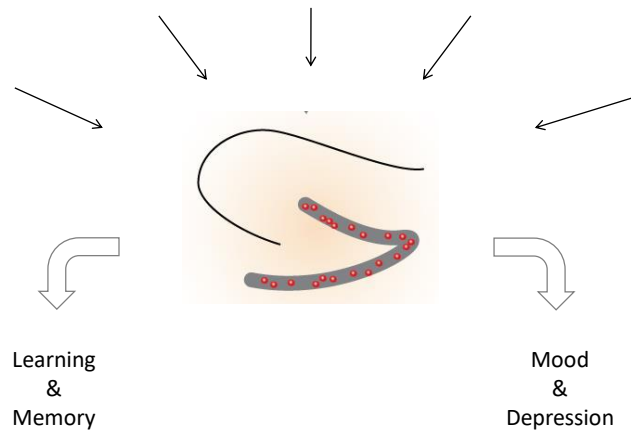


Figure 17: Target of choice?

Modulation of adult neurogenesis (1)

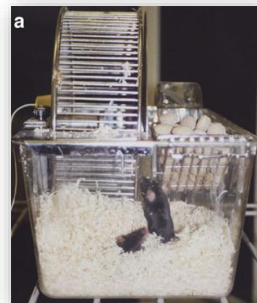


Figure 18: Modulation of adult neurogenesis

Van Praag, H., G. Kempermann, and F. H. Gage. "Running Increases Cell Proliferation and Neurogenesis in the Adult Mouse Dentate Gyrus." *Nature Neuroscience* 2, no. 3 (March 1999)

Modulation of adult neurogenesis (2)

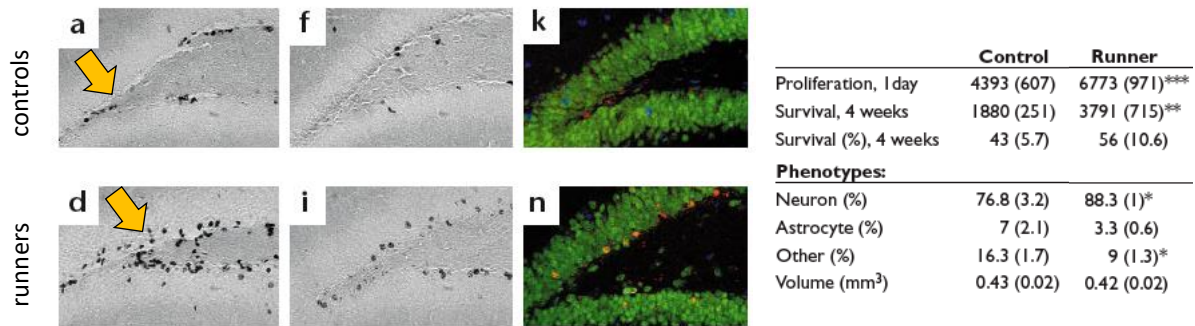


Figure 19: Modulation of adult neurogenesis

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Topic 2: From embryonic neural progenitor cells to adult hippocampal neurogenesis

7 of 12

In summary

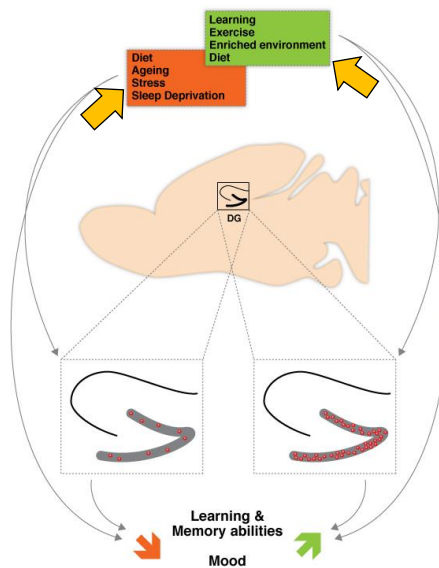


Figure 20: To summarise...

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8 of 12

Modulation of Adult Hippocampal Neurogenesis by Diet

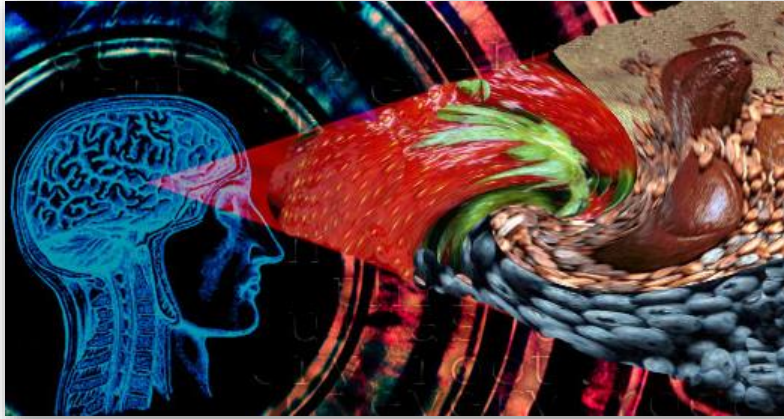


Figure 21: Modulation of Adult Hippocampal Neurogenesis by Diet

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9 of 12

Neurogenesis is related to diet

VITAMIN E DEFICIENCY RESVERATROL HIGH SUGAR
 OMEGA 3 FATTY ACIDS HIGH SATURATED FAT
 CALORIE RESTRICTION VITAMIN B DEFICIENCY
 SOFT DIET VITAMIN A DEFICIENCY BLUEBERRIES
 FOLIC ACID ZINC FLAVONOIDS CURCUMIN
 ETHANOL CAFFEINE INTERMITTENT FASTING

Figure 22: 'Neurogenesis and food' by Stangl and Thuret, 2009

Week 2 Building blocks to the brain

Topic 2: From embryonic neural progenitor cells to adult hippocampal neurogenesis

10 of 12

Diet, cognition and mood

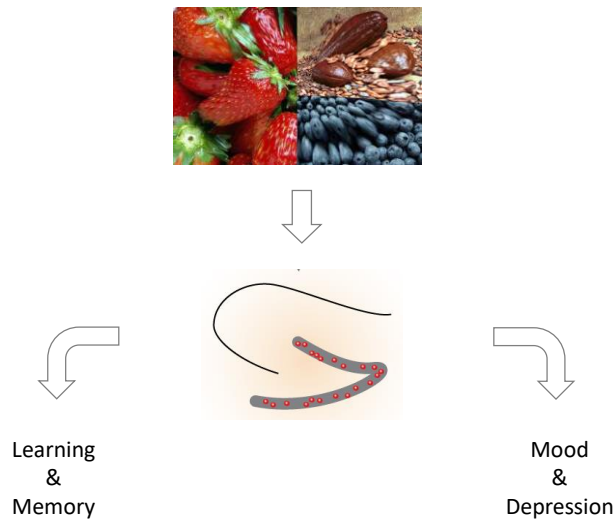


Figure 23 Diet, cognition and mood

Image references

1. Fig 2 & 3: Kirsty L. Spalding et al, "Dynamics of Hippocampal Neurogenesis in Adult Humans", *Cell*, Vol. 153, Issue 6, p1219–1227, 6 June 2013
2. Fig 9: Song, Hongjun, Charles F. Stevens, and Fred H. Gage. "Astroglia Induce Neurogenesis from Adult Neural Stem Cells." *Nature* 417, no. 6884 (May 2, 2002): 39–44.
3. Fig 11: Mu, Yangling, Star W Lee, and Fred H Gage. "Signaling in Adult Neurogenesis." *Current Opinion in Neurobiology* 20, no. 4 (August 2010): 416–23.
4. Fig 12 & 13: Lie, Dieter-Chichung, Sophia A. Colamarino, Hong-Jun Song, Laurent Désiré, Helena Mira, Antonella Consiglio, Edward S. Lein, et al. "Wnt Signalling Regulates Adult Hippocampal Neurogenesis." *Nature* 437, no. 7063 (October 27, 2005): 1370–75.
5. Fig 16: Villeda, Saul A., Jian Luo, Kira I. Mosher, Bende Zou, Markus Britschgi, Gregor Bieri, Trisha M. Stan, et al. "The Ageing Systemic Milieu Negatively Regulates Neurogenesis and Cognitive Function." *Nature* 477, no. 7362 (September 1, 2011): 90–94.
6. Fig 18 & 19: Van Praag, H., G. Kempermann, and F. H. Gage. "Running Increases Cell Proliferation and Neurogenesis in the Adult Mouse Dentate Gyrus." *Nature Neuroscience* 2, no. 3 (March 1999)