

Module:
Mental Health in the Community

Week 3:
The epidemiology and burdens of mental disorder



Dr Frank Holloway

Topic 2:
The burden of mental ill-health for the individual

Part 1 of 2

Topic list



This week, we will be looking at the following topics:

- Topic 1: Epidemiology of mental disorder
- **Topic 2: The burden of mental ill-health for the individual**
- Topic 3: The societal burden of mental ill-health

Click **Next** to continue

Part 1

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

3 of 19

Introduction

The burden of mental ill-health for the individual

**Individual's
perspective**



**Society's
perspective**

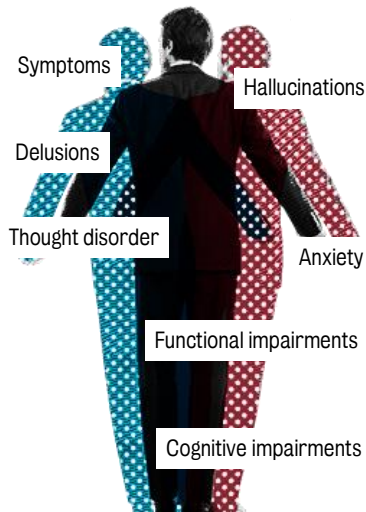


Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

4 of 19

The personal impact of mental disorder (1)

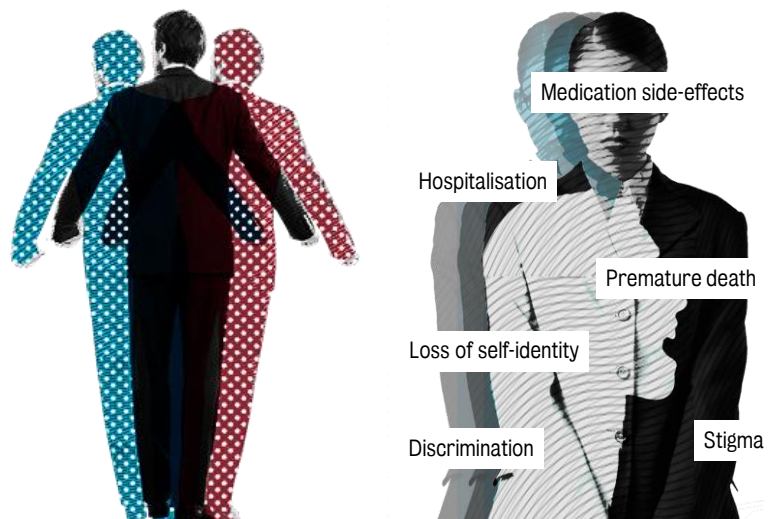
Schizophrenia as the paradigmatic disorder

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

5 of 19

The personal impact of mental disorder (2)

Schizophrenia as the paradigmatic disorder

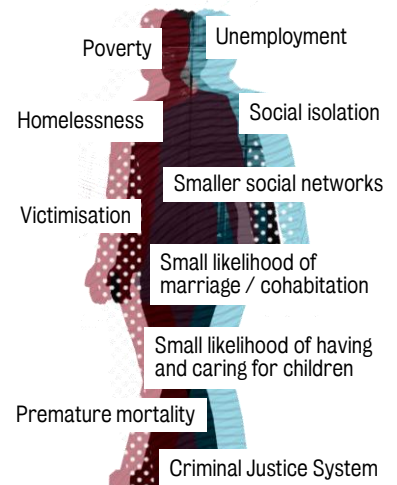
Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

6 of 19

The personal impact of mental disorder (3)

Schizophrenia as the paradigmatic disorder



Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

7 of 19

The impact of mental disorder on carers



Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

8 of 19

The impact of mental disorder: A phenomenological approach (1)

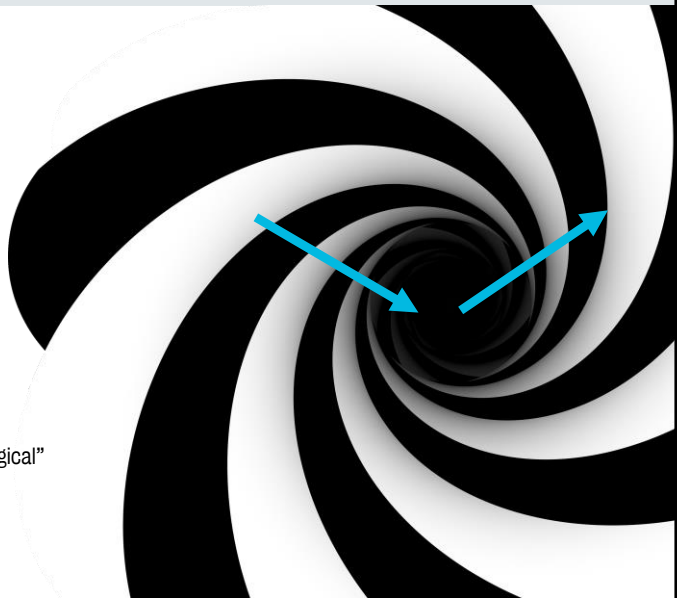
Phenomenological approach

Becoming mentally ill
Escaping the illness identity
Recovery from illness

Davidson, L. (2003) *Living Outside Mental Illness, Qualitative Studies of Recovery in Schizophrenia*. New York University Press

Processes of becoming ill

"Phenomenological" enquiry



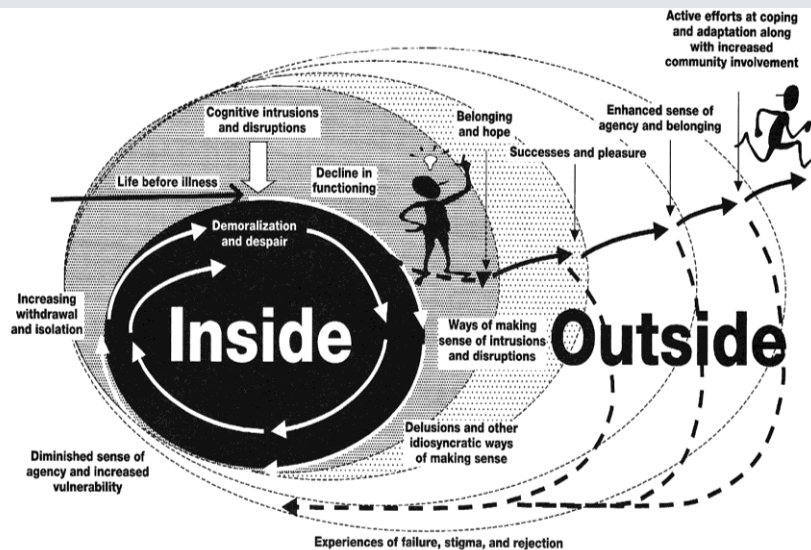
Click **Next** to view Davidson's graphic in more detail

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

9 of 19

The impact of mental disorder: A phenomenological approach (2)



Davidson, L. (2003) *Living outside mental illness: Qualitative studies of recovery in schizophrenia*. New York: New York University Press.

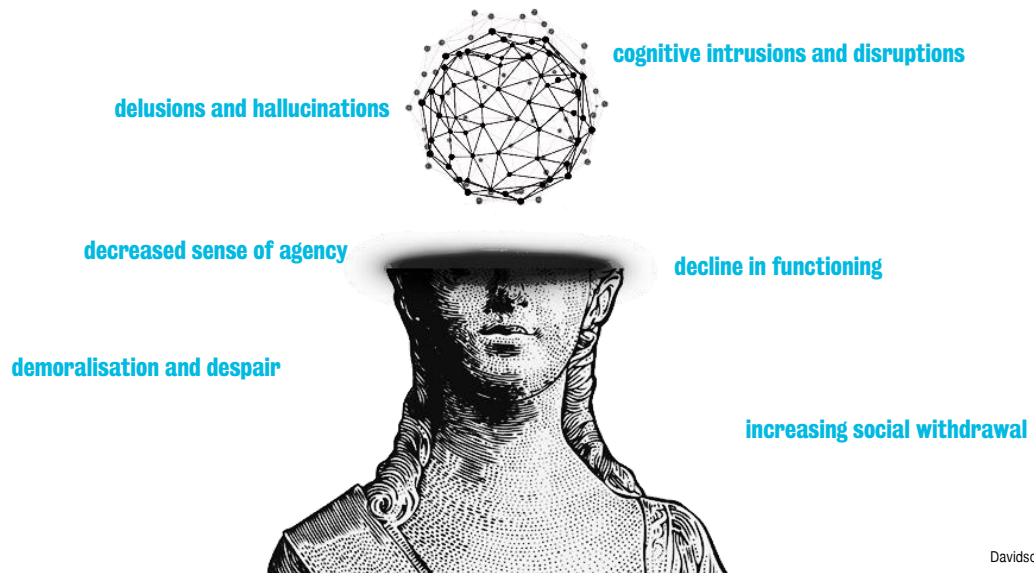
Click **Next** to continue

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

10 of 19

The impact of mental disorder: A phenomenological approach (3)



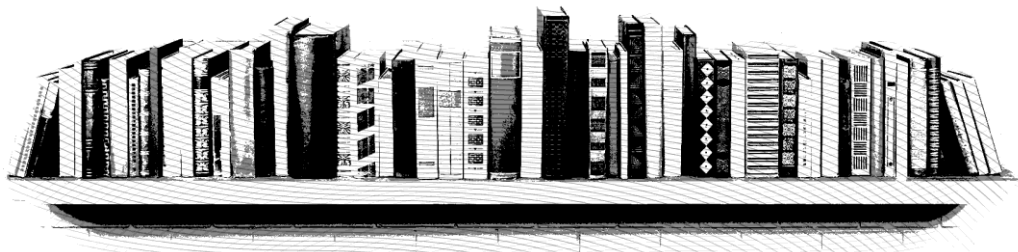
Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

11 of 19

A visual description of mental disorders (1)

“First-person” experiences and recovery literature

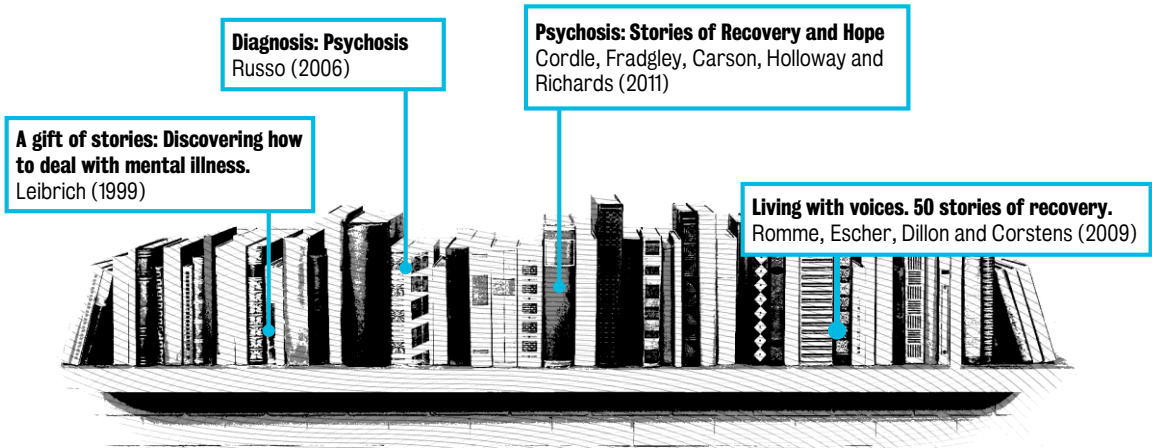


Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

12 of 19

A visual description of mental disorders (2)

“First-person” experiences and recovery literature

Cordle et al. (2011); Leibrich (1999); Romme et al. (2009); Russo (2006)

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

13 of 19

Disability (1)



Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

14 of 19

Disability (2)

“

Disabilities is an umbrella term, covering impairments, activity limitations, and participation restrictions. An impairment is a problem in body function or structure; an activity limitation is a difficulty encountered by an individual in executing a task or action; while a participation restriction is a problem experienced by an individual in involvement in life situations. Thus, disability is a complex phenomenon, reflecting an interaction between features of a person's body and features of the society in which he or she lives.

”



World Health Organization



Week 3 The epidemiology and burdens of mental disorder

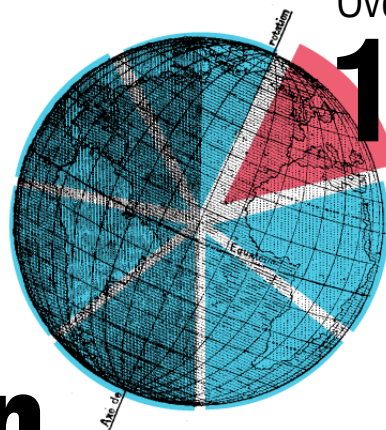
Topic 2: The burden of mental ill-health for the individual

15 of 19

Disability (3)

WHO: Better health for people with disabilities

Over

1 Billionpeople
living with disability**7 Billion** World populationNumbers quoted from WHO's
Better health for people with
disabilities: infographicClick **Next** to view WHO's infographic in more detail

World Health Organization (n.d.)

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

16 of 19

Disability (4)

Better health for people with disabilities



1 Over **BILLION** people globally experience disability



1 in 7 people

People with disabilities have the same general health care needs as others

But they are:

2x more likely to find health care providers' skills and facilities **inadequate**

3x more likely to be **denied** health care

4x more likely to be treated **badly** in the health care system



1/2 of people with disabilities cannot afford health care

They are: **50%** more likely to suffer catastrophic health expenditure



These out-of-pocket health care payments can push a family into poverty

Click **Next** button for part 2

World Health Organization (n.d.)

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

17 of 19

Disability (5)



Rehabilitation and assistive devices can enable people with disabilities to be independent



200 MIL people need glasses or other low-vision devices and do not have access to them



70 MIL people need a wheelchair. Only **5-15%** have access to one

360 MIL

people globally have moderate to profound hearing loss



Production of hearing aids only meets: **10%** of global need **3%** of developing countries' needs

Making all health care services accessible to people with disabilities is achievable and will reduce unacceptable health disparities



remove physical barriers to health facilities, information and equipment



make health care affordable



train all health care workers in disability issues including rights



invest in specific services such as rehabilitation

Source: World report on disability: www.who.int/disabilities/world_report

Click **Next** to continue

World Health Organization (n.d.)

Week 3 The epidemiology and burdens of mental disorder

Topic 2: The burden of mental ill-health for the individual

18 of 19

End of part 1