

INSTITUTE OF PSYCHIATRY,  
PSYCHOLOGY & NEUROSCIENCE

## Module:

**Biological Foundations of Mental Health**

Week 1:

Introduction to brain anatomy



Dr Sarah Mizielska

**Topic 3:**

**Microanatomy of the nervous system**

Part 2 of 3

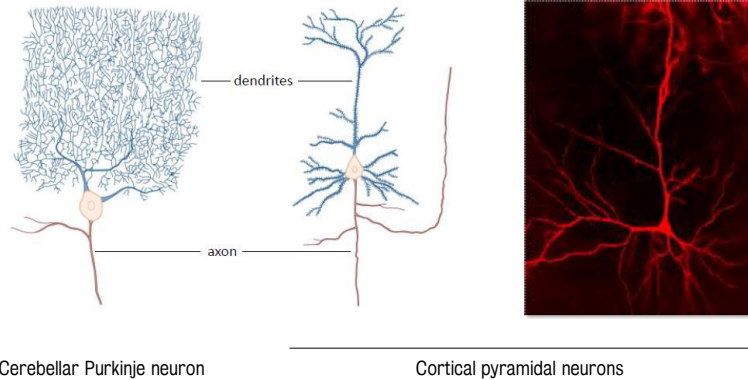
# Part 2

**Cell structures and function**

## Neuronal morphology

**Neuronal morphology is refined during development to fit specific functions.**

The extent of dendritic branching reflects the neuron's required level of input.



Cerebellar Purkinje neuron

Cortical pyramidal neurons

## Neuronal axons

**Axonal length determines the distance of output in the network.**

Motor neurons exhibit incredibly long axons.

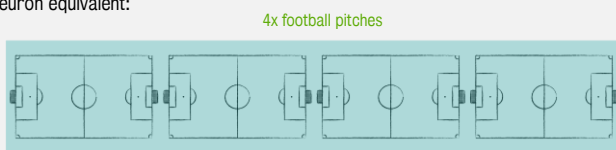


Longest axon from lower motor neuron cell body in spinal cord to control the muscles in your big toe = 1 meter

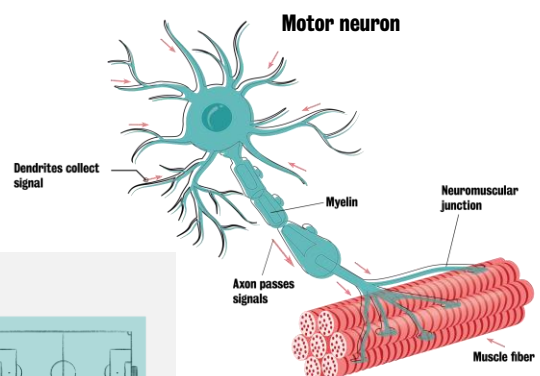
Lower motor neuron equivalent:



Cell body  
~30  $\mu\text{m}$  diameter

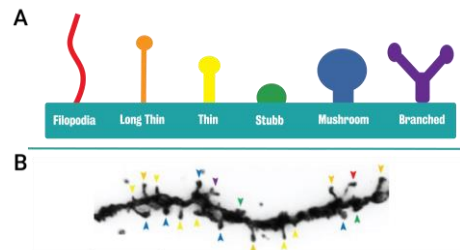
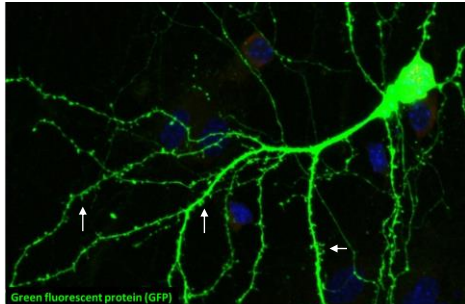


Axon  
~3  $\mu\text{m}$  diameter, up to 1 meter in length



## Neuronal dendritic spines

**Dendritic spines** – small protrusions on dendrites which form the postsynaptic side of a synapse, receiving input from another neuron



- variable forms from long and thin to mushroom-shaped
- spines with larger surface area form stronger, more stable synapses
- spines are 'plastic' - increase in size during learning and memory

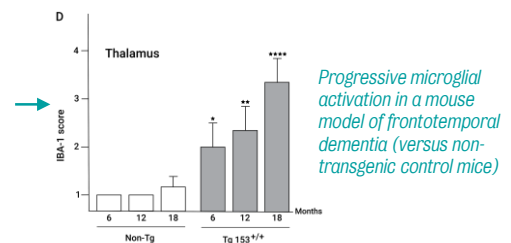
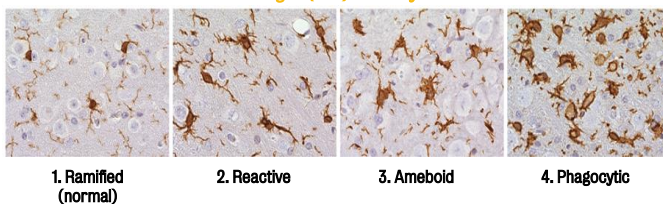
## Microglial morphology

**Microglia change morphology when they become activated or 'reactive':**

- microglia progressively become round and phagocytic
- reactive microglia release more cytokines to attract more microglia to the site of perceived injury
- in phagocytic mode, they engulf any perceived debris, which can include synapses

Morphology can be used to score and infer neuroinflammation:

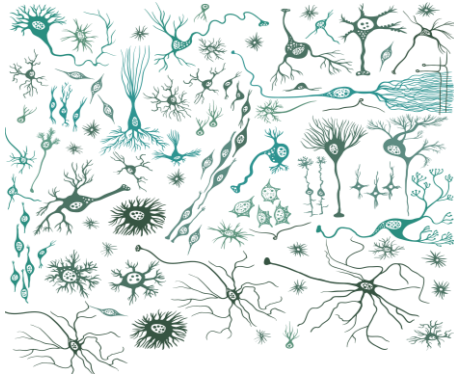
*Mouse brain stained with anti-microglial (Iba1) antibody*



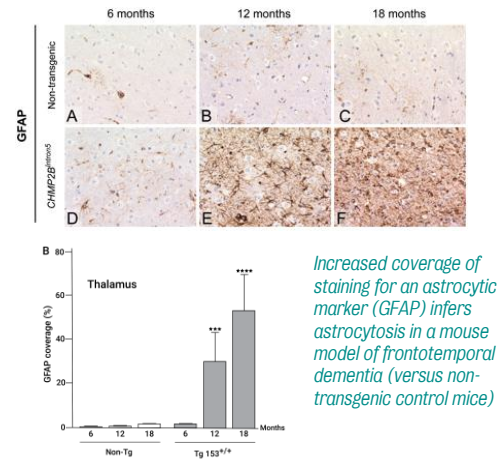
Ghazi-Noori et al., 2012

## Astrocytic morphology

**Astrocytic morphology is highly variable even at rest.**

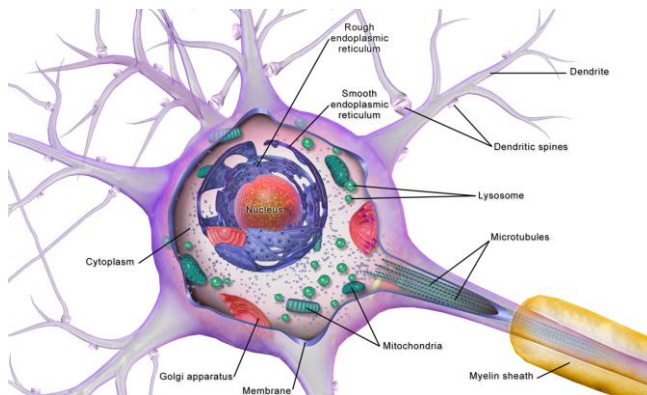


- activation is therefore often inferred through astrocytosis
- **astrocytosis** is an increased number of cells in a given location (due to recruitment or proliferation)



Ghazi-Noori et al., 2012

## Neuronal substructures and their functions



**Nucleus** – genetic information store



**Endoplasmic reticulum** – proteins produced, sorted and processed for delivery to their required location



**Golgi apparatus** – additional sorting and processing centre



**Mitochondria** – energy generator (also has roles in calcium buffering and cell signalling)



**Lysosome** – degrades proteins and organelles when faulty



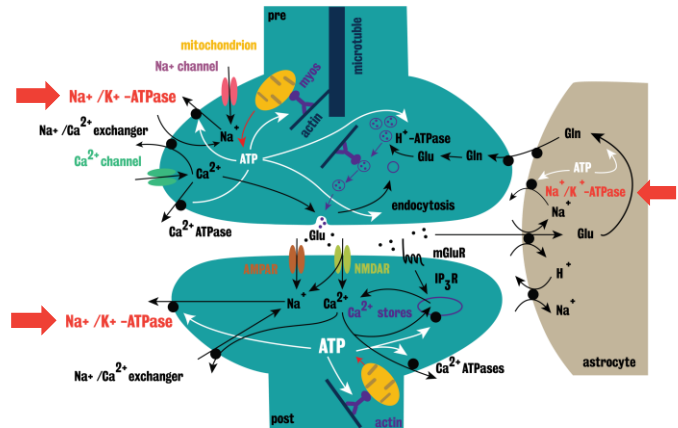
**Cell membrane** – lipid bilayer containing receptors for cellular communication

For a video introduction to these concepts, please visit <https://www.youtube.com/watch?v=URUJD5NEXC8>

## Unique features of a neuron (1)

### Neurons have an unusually high energy demand.

- the human brain = 2% of body mass, but uses about 20% of the oxygen consumed (in the resting body)
- biggest energy (ATP) demand = **sodium-potassium ATP pump ( $\text{Na}^+/\text{K}^+-\text{ATPase}$ )**, which maintains the electrical equilibrium of the neuronal cell membrane
- other demands include recycling neurotransmitters and calcium ( $\text{Ca}^{2+}$ ) buffering



Key energy demands at neuronal synapse (Harris et al., 2012)

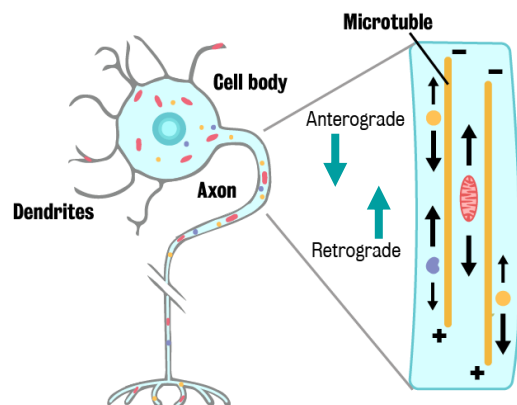
## Unique features of a neuron (2)

### Neurons need to transport cargo along long distances due to their extended morphology.

- though the majority of proteins and mitochondria are produced next to the nucleus, they are often required at distant sites, eg synapses
- cargo needs to be transported back to the soma for recycling and signalling
- transport occurs along microtubules

**anterograde** = away from the cell body

**retrograde** = towards the cell body



Saxton & Hollenbeck, 2014

## A note on cellular transport

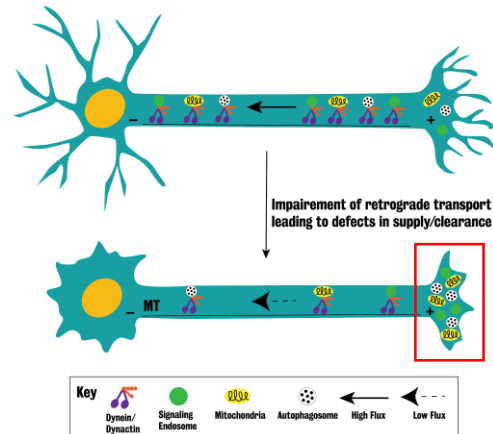
**Neuronal transport exists in a balance between anterograde and retrograde transport.**

### Example

A small impairment in retrograde transport in motor neurons

Build up of dysfunctional components at the synapse

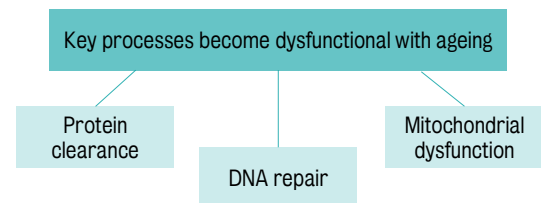
Disruption of normal synaptic function



## Unique features of a neuron (3)

### Neurons are vulnerable to stress.

- we have limited capacity to generate new neurons
- neurons cannot undergo cell division (post-mitotic) for growth or repair
- neurons become vulnerable with age as cell components deteriorate



Selective vulnerability of distinct neuronal populations/brain regions in different neurological diseases is probably due to differences in the resistance of particular neurons to different cell/network stressors.

## Figures

## Figures

## Slide 5

<https://bodytomy.com/motor-neurons-location-structure-function> (redrawn)

## Slide 6

Mizielinska personal research image

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0107591>

## Slide 7+8

<https://academic.oup.com/brain/article/135/3/819/1746712#86267722> (Mizielinska author on this paper)

## Slide 8

<https://www.sciencedirect.com/science/article/pii/S0165017309001295#fig1> (redrawn)

## Slide 9

[https://commons.wikimedia.org/wiki/File:Neuron\\_Cell\\_Body.png](https://commons.wikimedia.org/wiki/File:Neuron_Cell_Body.png)

## Slide 10

[https://www.cell.com/neuron/comments/S0896-6273\(12\)00756-8](https://www.cell.com/neuron/comments/S0896-6273(12)00756-8) (redrawn)

## Slide 11

<http://jcs.biologists.org/content/125/9/2095> (redrawn)

## Slide 12

<https://www.sciencedirect.com/science/article/pii/S016623610000524> (redrawn)

# End of part 2