

INSTITUTE OF PSYCHIATRY, PSYCHOLOGY & NEUROSCIENCE

## **Module:**

**Psychological Foundations of Mental Health** 

Week 1:

Introduction to Cognitive Psychology



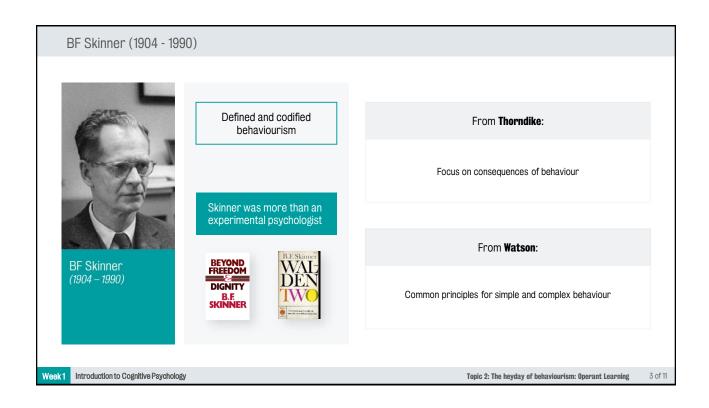
**Professor Richard Brown** 

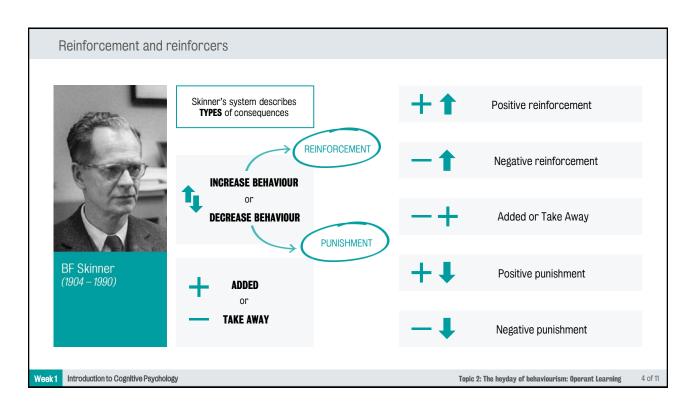
Topic 2:

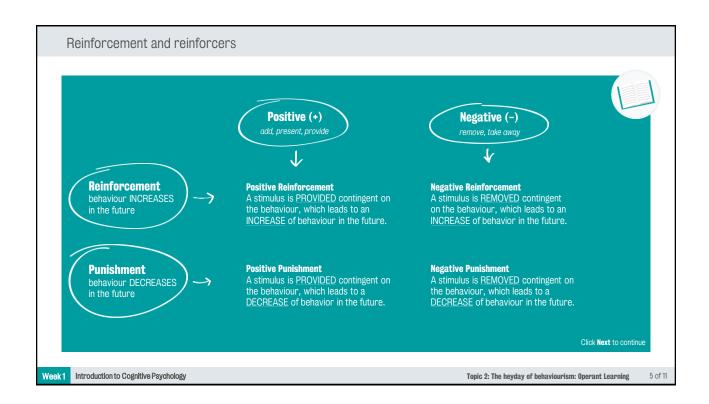
The heyday of behaviourism: Operant Learning

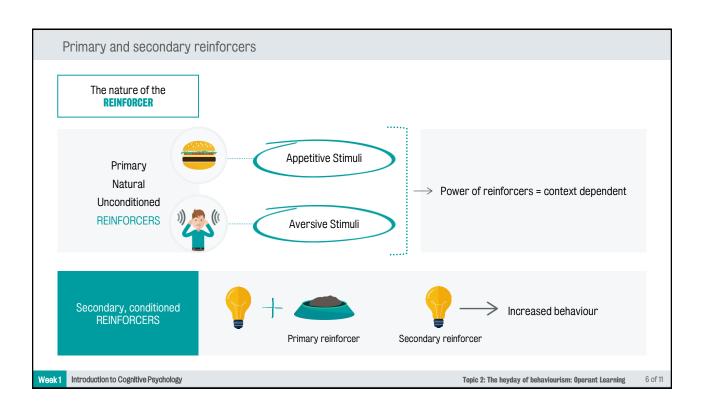
Part 2 of 3











7 of 11

Topic 2: The heyday of behaviourism: Operant Learning

## There are a vast range of factors which change our behaviours What influences human behaviour is multifactorial Drivers: Reinforcers Punishers Both: Positive Negative

Introduction to Cognitive Psychology

