

INSTITUTE OF PSYCHIATRY, PSYCHOLOGY & NEUROSCIENCE

Module:

Psychological Foundations of Mental Health

Week 2:

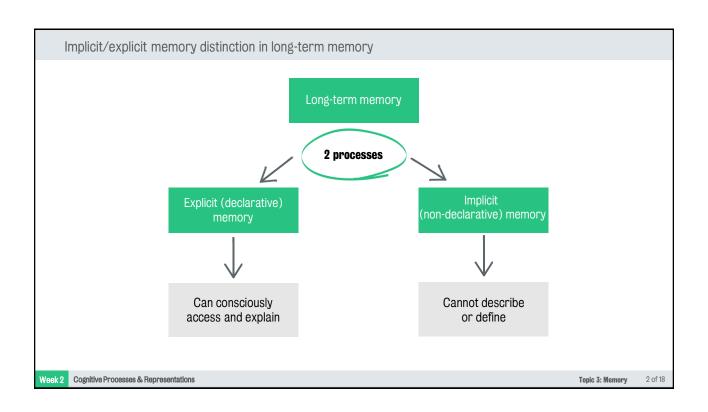
Cognitive Processes and Representations

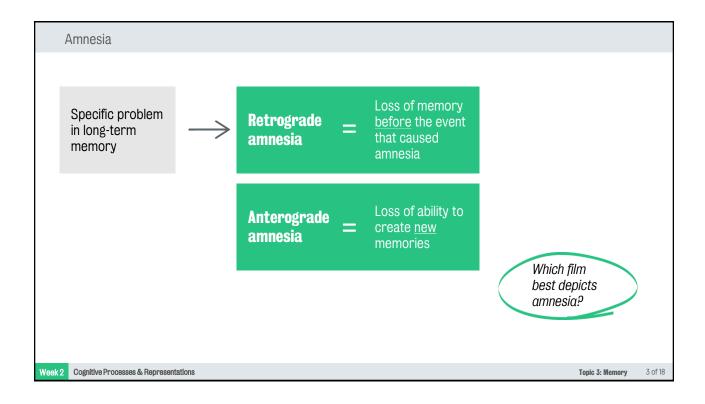


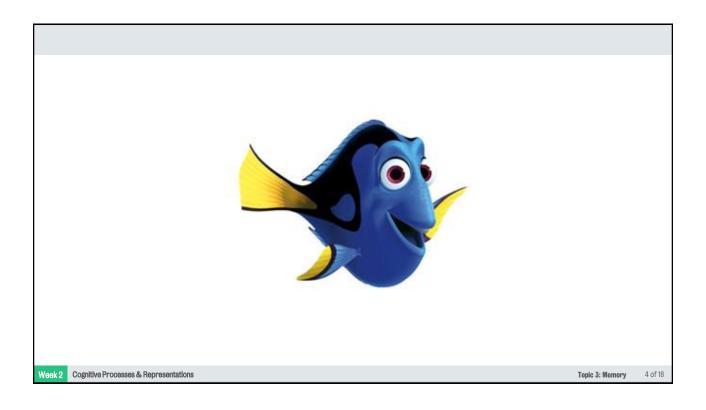
Dr Charlotte Russell

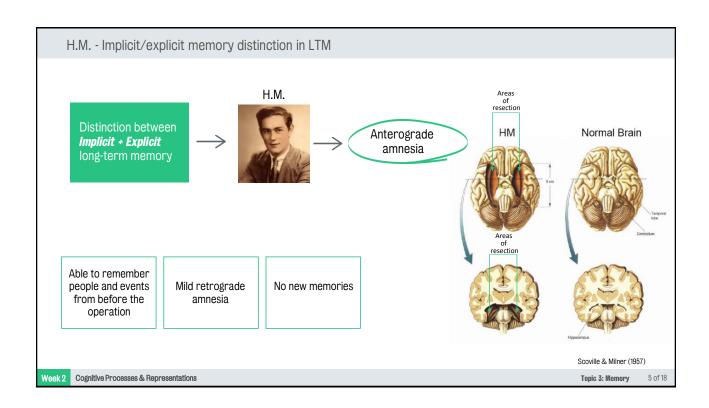
Topic 3: Memory

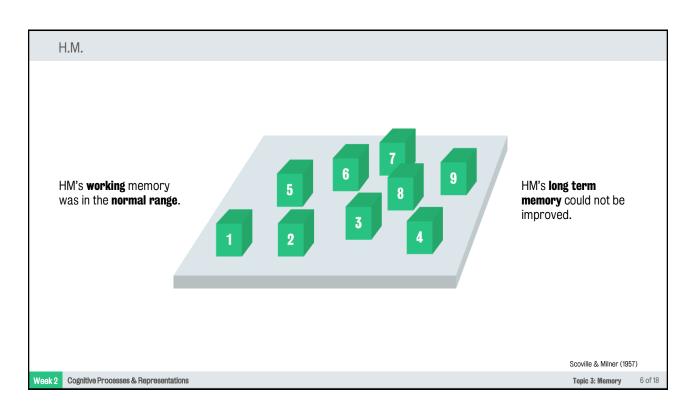
Part 2 of 2

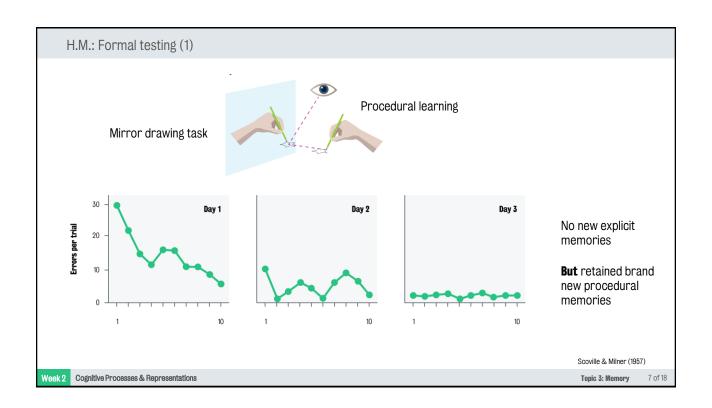


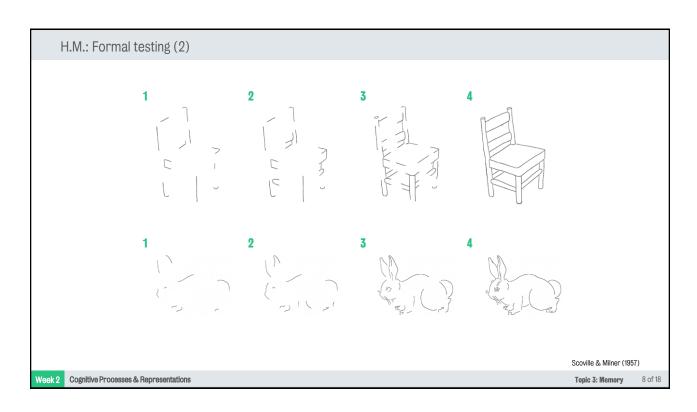


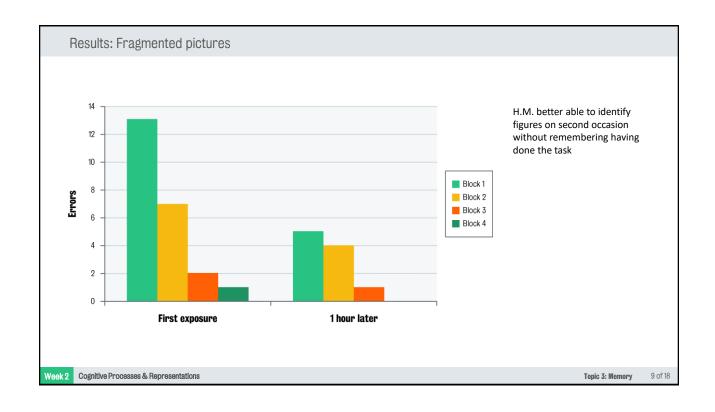


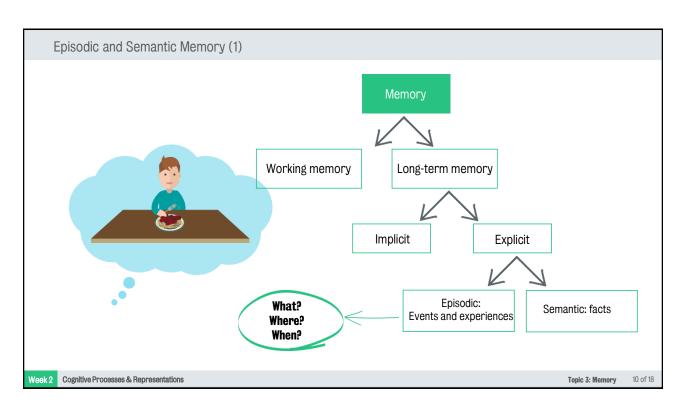


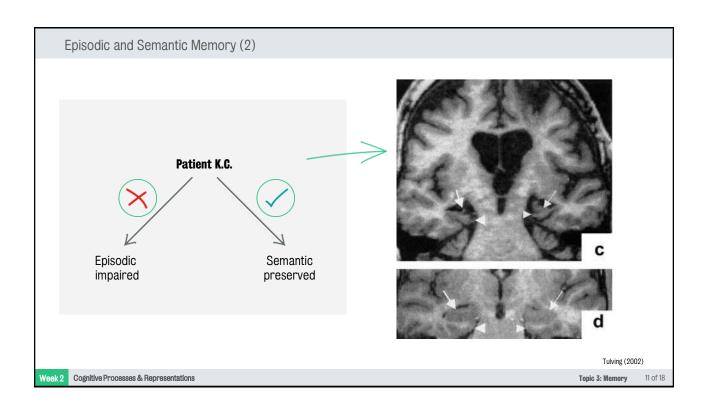


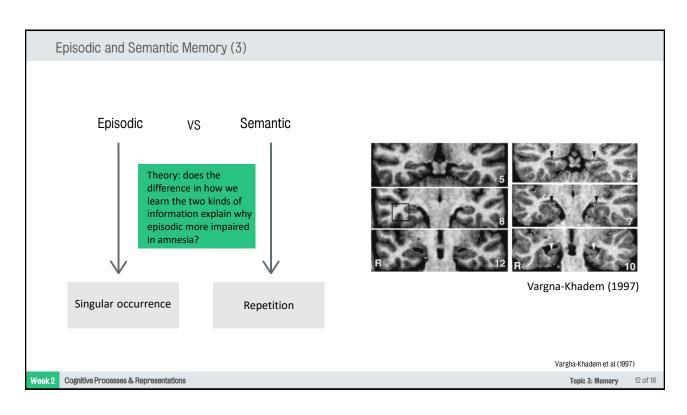


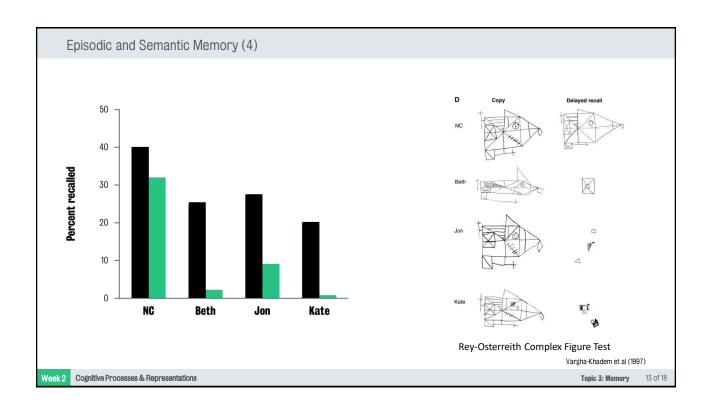












Episodic and Semantic Memory (5)

Sematic tasks

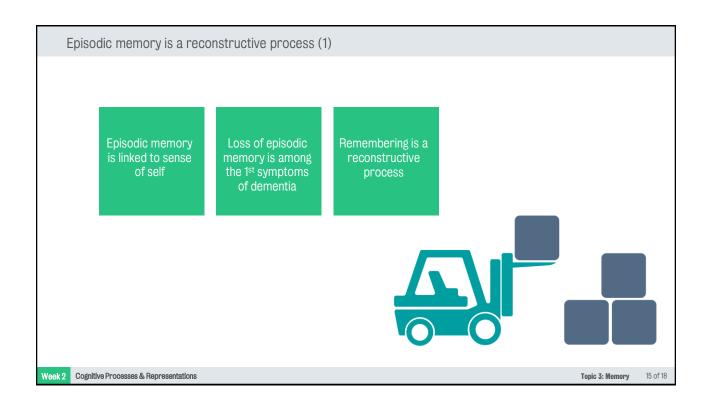
‡For example: Q: Which country in the world has the largest population? Beth: China, Q: Who was Martin Luther King? Jon: An American; fought for black rights; black rights leader in the 1970s; got assassinated. Q: What is the Koran? Jon: Holy Book of Moslems. Q: What is the capital of Italy? Kate: §For example: Q: What does "boast" mean? Rome. Beth: If someone has done something, they boast about it; they show off. Q: What is a "sanctuary"? Jon: Safe haven; place of safety everyone can go to. Q: What does "encumber" mean? Jon: When you try and burden them with lots of things. Q: What does "obstruct" mean? Kate: To get in the way of something. ||For example: Q: Why is it important for the government to make sure that meat is inspected before it is sold? Beth: Because it could be not clean and people could get a disease and die. Q: What does this saying mean? "One swallow does not make a summer." Jon: Just because you see a little bit of evidence toward something, unless you've got more evidence it's not really proof that you're right. Q: Why do some people prefer to borrow money from a bank rather than from a friend? Kate: Because they can pay back the money in their own time; a friend may pester them.

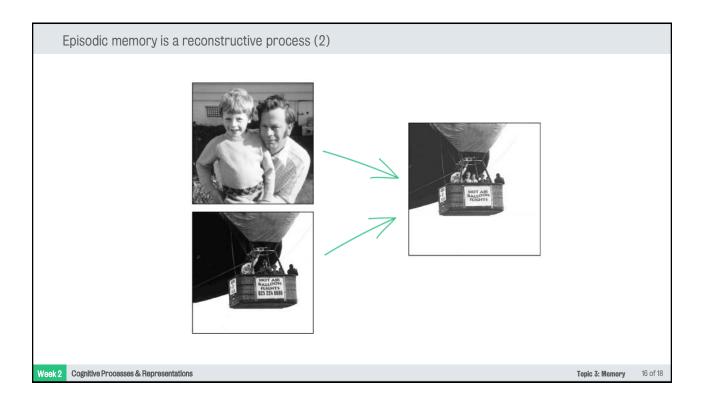
Vargha-Khadem et al (1997)

Topic 3: Memory

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Week 2 Cognitive Processes & Representations





Summary

- Memory
- Working memory
- Long-term memory
- Explicit/implicit
- Episodic/semantic
- Reconstructive nature of episodic memory
- This feature can be used to positive effect in therapy

Week 2 Cognitive Processes & Representations

Topic 3: Memory

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References

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Week 2 Cognitive Processes & Representations

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