

# **The Brain and Cultured Meat:**

## Consumer Adoption and Scientific Implications

Daniel Burger

**King's College London**  
[public@danielburger.online](mailto:public@danielburger.online)

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### **Abstract**

Lab-grown meat, sometimes called cultured meat, presents a sustainable and ethical alternative to traditional meat, addressing environmental and ethical issues associated with industrial animal agriculture. This essay explores the intersection of neuroscience and consumer adoption in the marketing of lab-grown meat. It examines the potential strategies necessary for consumer adoption, such as replicating the sensory qualities of conventional meat, optimising nutritional content, and ensuring product safety and sustainability. A significant focus is placed on the role of neuromarketing in understanding consumer perceptions and decision-making processes. The essay systematically reviews and discusses recent research employing functional magnetic resonance imaging (fMRI), electroencephalography (EEG) neuroimaging, and eye-tracking techniques to provide neuroscientific insights into consumer behaviour, aiming to enhance the marketing strategies for lab-grown meat to the general public.

Additionally, the essay considers the broader implications of cultured meat research in related scientific fields, with potential benefits in organ transplantation, drug testing models, and the development of biologically plausible neural tissues.

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## 1 Introduction

Generating traditional meat through livestock farming has brought forth prominent discussions regarding its alignment with ecological balance, the global climate scenario, and the ethical treatment of animals. Livestock production is estimated to account for approximately 34% of global greenhouse gas emissions, requiring large amounts of land, water and feed crops (Tuomisto & Teixeira de Mattos, 2011). In addition, practices in industrial animal farming such as close confinement in crates and cages, painful mutilations like dehorning, and selective breeding for accelerated growth have faced ethical criticisms regarding infringement of animal rights and natural behaviours (Stephens et al., 2018). As global meat consumption continues to rise, there is an urgent need for more sustainable and ethical alternatives to conventional meat production.



Figure 1: **Cultured meat prototype by Mosa Meat.** A petri dish showcasing a sample of lab-grown meat developed by Mosa Meat (Mosa, 2020).

Lab-grown meat offers a promising solution to address these issues associated with industrial animal agriculture. It involves growing animal cells in a culture medium rich in nutrients, encouraging them to proliferate and differentiate into muscle and fat tissues (Datar & Betti, 2010), exemplarily shown in Figure 1. This emerging technology enables meat production without animal slaughter and with substantially lower greenhouse gas emissions land and water use compared to conventional methods (Tuomisto & Teixeira de Mattos, 2011). However, optimising bioreactor design and cell culture media formulation by reducing production costs is a crucial barrier to commercialisation (Specht et al., 2018).

Consumer research indicates that concerns about environmental sustainability and

animal welfare could motivate the purchase of lab-grown meat as an alternative to traditional meat (Circus & Robison, 2018). However, public perceptions and reactions to this novel food technology are still largely unknown and warrant further investigation (Verbeke et al., 2015). Consumers may harbour concerns regarding the safety, taste, price and perceived naturalness of lab-grown meat (Bryant & Barnett, 2018). Uncertainties and challenges must be addressed as we move towards a future where lab-grown meat products will likely become more prevalent in the food industry. However, with the help of neuromarketing techniques, we can gain valuable insights into consumer decision-making and emotional responses that can help us overcome these challenges. By better understanding consumers' motivations, preferences and attitudes, we can develop and market lab-grown meat products more successfully.

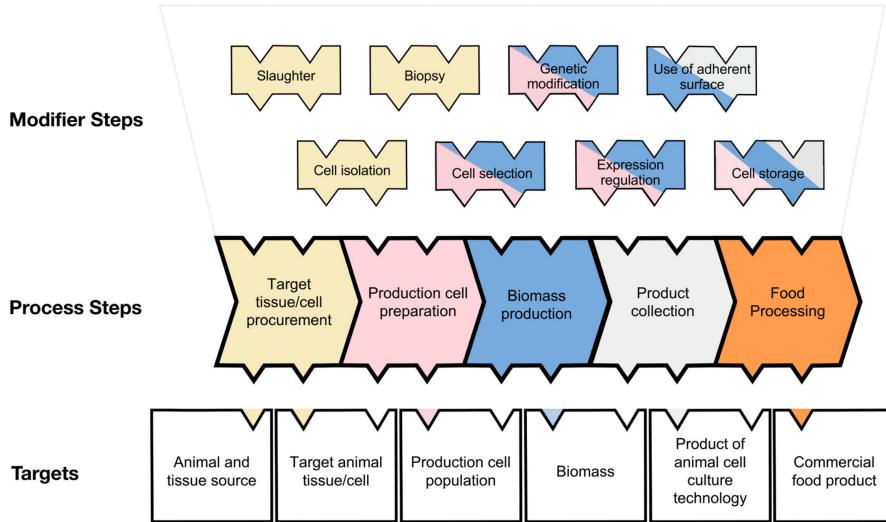
This essay will provide an overview of the role of neuroscientific findings in developing and marketing lab-grown meat. Topics covered will include consumer perceptions, neuromarketing applications, product development strategies, and potential marketing approaches to introduce this sustainable protein alternative.

## 2 How Developing Lab-Grown Meat Works

There are several important considerations to take into account when developing high-quality lab-grown meat products that can effectively replace traditional meat. Creating lab-grown meat is a multi-step process that involves cell isolation and others, as illustrated in Figure 2.

Here are some important considerations when developing lab-grown meat for the mass market:

- Texture and mouthfeel are essential attributes, with consumers expecting a comparable experience to cooked animal meat (Datar & Betti, 2010). Culturing techniques that promote muscle fibre alignment and the formation of connective tissue can help achieve the texture profile of whole-cut meats like steak (Post, 2012). Advanced culturing techniques are currently being developed to align muscle fibres to mimic the natural growth patterns found in livestock. This involves bioengineering scaffolds that provide a structure for cells to grow on, which can influence the texture by promoting the alignment of muscle fibres and the development of connective tissues. These scaffolds, often made from biocompatible materials, can be designed to degrade over time, leaving behind a structured tissue that closely resembles the texture of whole-cut meats such as steak. For ground products like burgers, smaller tissue spheroids or microcarriers can be used (Specht et al., 2018).
- Flavour compounds produced during the cooking process also affect taste and should be matched to traditional meat using ingredients like heme to catalyse reactions like Maillard browning (Post, 2012). On top of that, one should remember that ensuring adequate nutritional quality is also critical. Fortification of culture medium with iron, zinc, vitamin B12, and other micronutrients found in meat can optimise the nutritional composition of cultured meat (Fraeye et al., 2020). Health claims related to potential benefits like reduced saturated fats may



**Figure 2: Modular process diagram depicting the generalised steps in cultured meat and seafood production.** The main steps are obtaining initial cells from an animal source, preparing a cell line through isolation, culture, optimisation and selection, increasing cell biomass via proliferation, differentiation and/or maturation, harvesting the cultured product, and incorporating it into food items. Modifier steps like cell isolation, genetic modification, selection and storage may occur at various points. Arrows indicate the process flow from each step to the next (Ong et al., 2021).

add appeal for some consumers but require scientific substantiation (Sergelidis, 2019).

- Rigorous safety testing and compliance with regulatory standards will help address potential consumer concerns and build confidence in lab-grown meat. Careful screening for pathogens and contaminants combined with strict quality control during manufacturing is imperative (Ong et al., 2021). Obtaining regulatory approval from the FDA and USDA demonstrates oversight and safety, as it did just some time ago for two companies (McCarthy, 2023). Environmental sustainability of production methods should be demonstrated through life cycle assessments (LCAs) accounting for factors like energy use, emissions and raw material inputs (Mattick et al., 2015). Communicating the results of such studies can reinforce the ecological benefits compared to conventional meat.
- Last but not least, transparent labelling that provides consumers with clear information on lab-grown meat's origin and production process will be necessary for acceptance and adoption (Failla et al., 2023). Descriptive designations help inform purchasing decisions.

Addressing these areas will allow developers of lab-grown meat to create products that match or exceed traditional meat in terms of sensory factors, nutritional content, safety and sustainability.

### 3 Consumer Perceptions and Attitudes

Understanding consumer perceptions, motivations, and potential barriers regarding lab-grown meat is essential for its successful introduction and adoption.

Qualitative techniques like interviews and focus groups provide deeper insights into consumers' values, concerns and ambivalence toward lab-grown meat (Laestadius & Caldwell, 2015). For example, doubts about naturalness and mixed perceptions of high-tech food production emerge in focus groups. Interviews reveal nuanced risk-benefit calculations regarding ethics, environment, and personal health. These methods reveal complex psychological factors shaping attitudes. Cultural and religious values also play a role, as do varying levels of trust in institutions (Al-Kwifi et al., 2019). Incorporating findings from qualitative research provides a more complete understanding of consumer decision-making.

Lab-grown meat	Driver: <i>Environmental friendliness</i>	"I knew it was better ecologically compared to normal meat, but I didn't quite realise how much. I mean ninety six percent fewer greenhouse gases emissions, that seems absolutely incredible"	33.3%
	Driver: <i>Moral or ethical reasons</i>	"It seems like it would be very few animals that would be harmed"	27.3%
	Driver: <i>Interesting idea or good concept</i>	"I like the idea and principal"	18.7%
	Barrier: <i>Moral or ethical issues</i>	"That one, probably the morality has got some sort of attachment to that...so you're growing it from a dead thing in the first instant. I dunno, there might be issues around that"	19.4%
	Barrier: <i>Too processed, unnatural or artificial</i>	"You'd have to do masses to it, to make it, it's so fiddled with...I don't want my food to be played with"	16.7%
	Barrier: <i>Preference for other sources of protein</i>	"I've got no problems with eating meat that's been well reared"	12.5%

Figure 3: **Key Personal Drivers and Barriers for Lab-Grown Meat.** This excerpt from Table 1 in Circus & Robison's paper shows the top personal drivers and barriers for lab-grown meat. The drivers are Environmental friendliness, moral/ethical reasons, and interesting ideas (with percentage responses). The barriers are Moral/ethical issues, Too unnatural, and Preference for other proteins with percentages (Circus & Robison, 2018).

As depicted in Figure 3, recent surveys find that the percentage of consumers currently willing to try cultured meat products spans a wide range, from approximately 10% on the low end up to 65% on the high end, with cost, taste, and perceived naturalness being top concerns (Bryant & Barnett, 2018). However, approximately two-thirds to three-quarters are open to trying lab-grown meat, motivated by potential benefits such as sustainability, animal welfare and health (Wilks & Phillips, 2017).

Demographic factors correlate with acceptance, with younger generations more open to radical food innovations. Urban, liberal, educated consumers also exhibit greater receptiveness to lab-grown meat than rural, conservative and less educated segments (Circus & Robison, 2018). Targeting aligned groups can drive early adoption.

Ongoing consumer research across diverse segments will be invaluable. Conjoint analysis can quantify preferences and willingness-to-pay, while choice modelling examines purchase decisions (Wilks & Phillips, 2017). Surveys should track key performance indicators over time.

These findings will inform educational and promotional initiatives to shift consumer perceptions and build acceptance in retail and food service channels. Monitoring online conversations with semantic analysis tools such as ‘Blue Ocean SWS’ provides real-time insights into evolving attitudes. While scepticism persists in some groups, systematic research and engagement can identify effective strategies for expanding consumer appeal.

## 4 Role of Neuroscience

Neuromarketing techniques that measure brain activity provide novel insights into consumer decision-making that can inform efforts to develop and market lab-grown meat.

Tools like functional magnetic resonance imaging (fMRI) enable researchers to pinpoint specific regions of the brain activated in response to marketing messages or product concepts (Bryant & Barnett, 2018). This can identify patterns tied to positive or negative perceptions that could potentially be used to refine communication materials.

Electroencephalography (EEG) detects electrical activity in the brain, helping decipher cognitive processing and emotional engagement with branding elements like logos, names or packaging (Khushaba et al., 2013). These inputs could guide design choices to spark favourable reactions. However, as is also the case with fMRI, it is essential to note that there may be limitations in broad generalisations due to inherent individual differences in brain structure and function across consumers.

Biometric measures like galvanic skin response and eye tracking, as depicted in Figure 4, also indicate emotional arousal and attention patterns when consumers view ads or evaluate products (Riedl et al., 2020). This data could help optimise marketing content and formats, such as the choice of words, imagery, and even colour palettes.

The choice to buy lab-grown meat involves complex risk-benefit calculations that neuroscience can unpack. While consumers are often unaware of their deeper motivations, neuroimaging may reveal unfiltered responses that drive behaviour. Overall, neuromarketing may provide complementary perspectives to traditional consumer research for understanding the psychology behind adopting lab-grown meat. Further research on its specific applications in this context is still needed.

## 5 Marketing Strategies

Marketing lab-grown meat requires strategic and targeted initiatives tailored to consumer segments most likely to adopt this novel product initially. A comparable example



**Figure 4: Neuromarketing Tools in Action.** The left images display a Reebok advertisement, while the right images exhibit a Sunsilk hair product advertisement. The top rows show the original ads, and the right column demonstrates heatmaps generated from eye-tracking data, indicating areas of high viewer engagement (marked by warmer colours). These visualisations exemplify how biometric measures like galvanic skin response and eye tracking can inform marketing strategies by highlighting the emotional arousal and attention consumers pay to different elements of advertisements (BrandLab).

targeted tech-savvy early adopters of consumer electronic devices such as the iPhone in 2007 (Vliert, 2021). As a disruptive innovation, lab-grown meat should first focus on innovators and early adopters who are intrigued by new technologies and exhibit less risk aversion. Engaging these groups helps drive word-of-mouth and advocacy.

Leveraging social media and partnering with influencers, environmental groups, and technology sites exposes lab-grown meat to aligned audiences receptive to its sustainability and high-tech nature (Goodwin & Shoulders, 2013). Hashtags and shareable visual content should be part of the social strategy.

Messaging should focus on safety, nutritional parity with conventional meat, and ecological benefits, as these factors are likely top concerns and motivations (Circus & Robison, 2018). The higher production costs can also be framed as premium “clean meat”. Generally, a transparent and educational approach is essential to build trust and understanding. E.g. transparent packaging and labelling can communicate the production process and benefits, as exemplarily shown in Figure 5.

Monitoring social listening platforms like Reddit and X (formerly known as Twitter) provides invaluable real-time insight into consumer conversations, questions and attitudes to continually refine communication (Verbeke et al., 2015). Viral moments can be capitalised on.

As production scales and costs decrease, neuromarketing and consumer studies will identify how to pragmatically broaden the appeal of lab-grown meat to the mainstream (Verbeke et al., 2015). This may require adjustments to communication and pricing.



**Figure 5: The Future of Meat on Shelves: Packaged Cultured Beef.** Imaginary lab-grown meat product inside a supermarket. Image generated using OpenAI's DALL-E 3.

Partnerships with grocery retailers and experiential in-store sampling can help drive the trial and purchase of lab-grown meat products. Retail settings lend themselves to educational efforts about technology and its benefits.

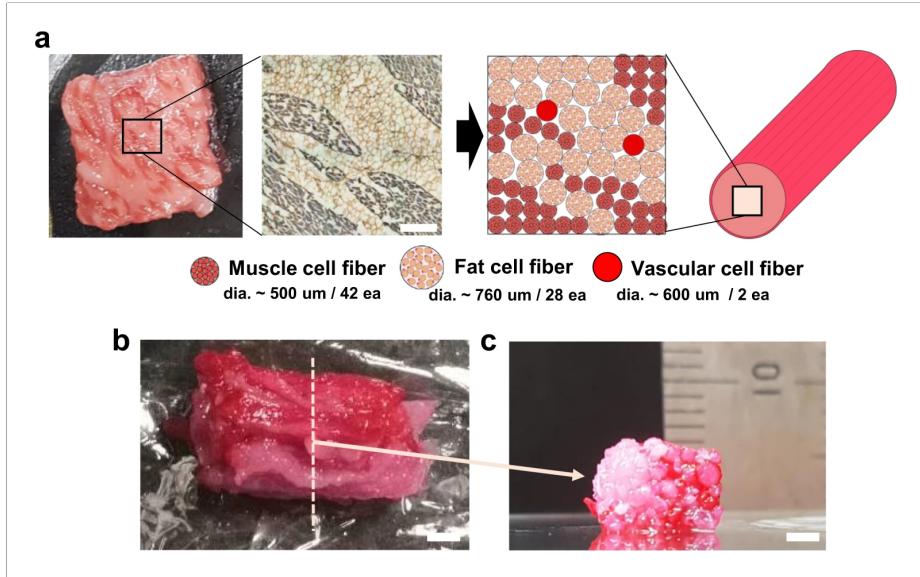
Different branding and positioning may be optimal for launching lab-grown meat in retail channels focused on home cooking versus food service contexts where the experience of eating out differs from preparing one's meals.

Just as plant-based alternatives have steadily gained acceptance, employing these targeted marketing strategies based on data-driven insights about early adopters can help establish lab-grown meat as part of the future food system.

## 6 Alternative Benefits of Lab-Grown Meat

Investments in lab-grown meat have the potential to go beyond just producing sustainable food. They can lead to more scientific and engineering innovations due to increased awareness and funding in closely related fields and sub-fields. This can make this industry more attractive for companies to invest in, such as creating better software and hardware, like incubator technologies and nutritional mediums.

Techniques used to culture meat cells promise to revolutionise the creation of com-



**Figure 6: Innovations in Cultured Meat Tissue Assembly:** Panel (a) presents a schematic representation and histological staining of lab-grown meat tissues demonstrating the structural organisation and approximate diameters of muscle, fat, and vascular components. Panels (b) and (c) showcase optical images of the assembled cultured steak from top and cross-sectional views, respectively, with carmine staining to emphasise muscle and vascular tissues, underscoring the precision in engineered tissue assembly. This figure highlights the advanced techniques crucial for developing the complex tissue structures that are fundamental for the progression of lab-grown meat, also suggesting potential overlaps with biomedical applications.

Adapted from Kang et al. (2021).

plex tissue structures, which, as mentioned in section 2, are most likely needed for mass adoption to replace traditional animal-based meat fully and replicate animals' complex muscle and fat tissues. This has a significantly beneficial side-effect for medical applications, including organ transplants and drug testing models. As a professional working with brain organoids, the author recognises the significant impact that lab-grown meat research could have on developing advanced brain organoid structures. This can benefit neural prosthetics or treatments for neurological disorders by developing more biologically plausible neural tissue as found *in vivo* (Sharma et al., 2020). These advancements can enhance cognitive abilities, offer new therapies for patients with severe injuries or degenerative diseases, and benefit the development of more advanced brain-computer interfaces or synthetic biological intelligence.

Combining topics like food with heart transplantation or brain organoids may initially seem off-putting. However, it is a topic that may arise more frequently as it develops in the coming years.

## 7 Conclusion

Developing and marketing lab-grown meat encompasses an interdisciplinary approach, merging scientific innovation, consumer research, and neuromarketing. This innovative domain addresses sustainable alternatives to conventional animal agriculture and subtly contributes to advancements in related scientific fields.

The promise of lab-grown meat in addressing environmental and ethical concerns is substantial. However, realising this potential necessitates products that emulate the sensory experience of traditional meat and assure consumers about safety, nutrition, and ecological benefits. Such advancements echo in parallel scientific domains, promising broader technological and health-related impacts.

Research into consumer perceptions, motivations, and decision-making processes is vital. Marketers can craft strategies that resonate with specific consumer segments by employing quantitative surveys, qualitative studies, and neuromarketing tools. This holistic understanding also informs the broader narrative of innovation and its impact beyond the food industry. From product development to marketing, meticulous attention to taste, texture, nutritional content, safety, and sustainability is essential.

Transparent branding and labelling are crucial for consumer acceptance and trust, reflecting a commitment to transparency in innovation. Targeted marketing strategies, particularly towards innovators and early adopters, will play a key role in expanding the reach of lab-grown meat. This gradual process, responsive to consumer feedback and effective communication, has the potential to revolutionise global food production and consumption practices.

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