

Fashion Styling 101

Teaching How to Style



Understanding Tones and Colors in Fashion

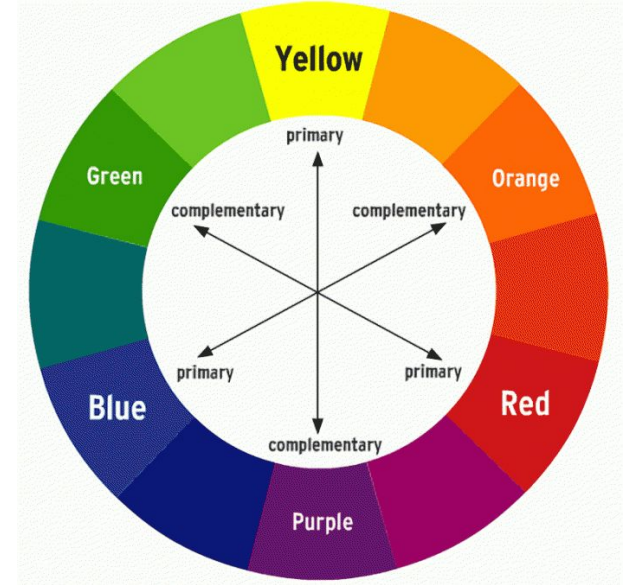
1. Tones: Lightness or darkness of a color. Important for creating balance.
2. Color Wheel: Tool to understand relationships between colors.

Color Harmony

- Monochromatic: Different shades of one color.
- Analogous: Colors next to each other on the color wheel.
- Complementary: Colors opposite each other for contrast.

Tips:

- a. **Skin Tone:** Warm tones (earthy colors), cool tones (jewel colors).
- b. **Occasion:** Bright colors (casual), muted tones (professional).



Wheel

Exploring Silhouettes in Fashion

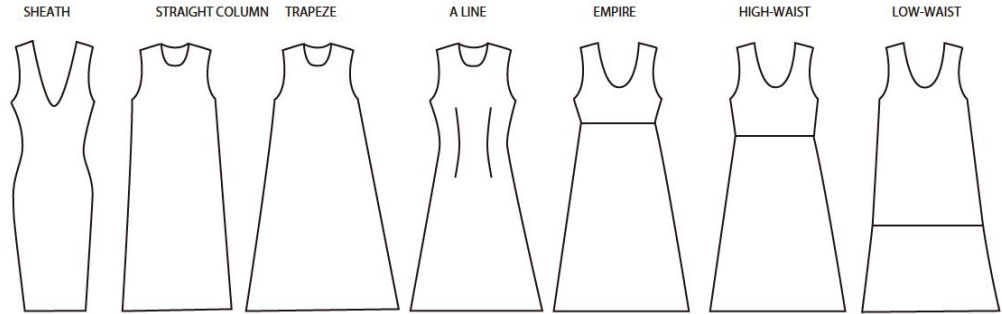
Definition: The outline or shape of a garment.

Common Silhouettes

- **A-Line:** Fitted waist, flares out.
- **Bodycon:** Tight and curve-hugging.
- **Empire Waist:** High waistline, flowing skirt.

Choosing Silhouettes

- **Body Shape:** Enhance natural shape (e.g., A-line for pear-shaped).
- **Comfort:** Ensure ease of movement.



Discovering and Defining Your Personal Style

Styles to Consider

- **Classic:** Timeless and elegant pieces like tailored blazers, trench coats, and pencil skirts. Focuses on quality and fit.
- **Bohemian:** Flowy, relaxed garments with earthy tones and unique patterns. Often incorporates vintage and handmade items.
- **Streetwear:** Casual, urban-inspired clothing with a focus on comfort and practicality. Includes items like hoodies, sneakers, and graphic tees.
- **Minimalist:** Simple and understated fashion with a neutral color palette and clean lines. Emphasizes quality over quantity.

Finding Your Style

- **Inspiration:** Gather ideas from fashion magazines, social media influencers, and style icons. Create a mood board to visualize your preferences.
- **Experimentation:** Try on different styles and outfits to see what makes you feel confident and comfortable. Don't be afraid to step out of your comfort zone.
- **Signature Pieces:** Invest in key items that reflect your personality, such as a statement jacket, a pair of unique shoes, or a favorite accessory.

Tips for Building a Wardrobe

- **Versatility:** Choose pieces that can be easily mixed and matched to create multiple outfits. This maximizes your wardrobe's potential.
- **Quality over Quantity:** Invest in high-quality, durable items that will last longer and maintain their appearance over time.
- **Personal Touch:** Add accessories, such as scarves, hats, and jewelry, to personalize your outfits. This helps make your look unique and representative of your personal style.

By understanding tones and colors, silhouettes, and discovering your personal style, you can create a wardrobe that not only looks great but also feels uniquely yours.