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# **BraveTart: Glossy Fudge Brownies Recipe**

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A glossy, paper-thin crust is a sure sign of chocolate brownies loaded with cocoa butter, and a solid indication that their flavor will shine through as well. To that end, these BraveTart brownies are made with <u>dark chocolate</u> and high-fat <u>Dutch cocoa powder</u>, a one-two punch that gives them a powerful chocolate flavor—one that's underscored by the toasty richness of brown butter.



Adapted from BraveTart: Iconic American Desserts with permission from W. W. Norton.

### **Why It Works**

- Brown butter adds a nutty richness that deepens the chocolate flavor.
- Thickly foamed eggs lighten the batter, for brownies that are fudgy but not overly dense.
- Cocoa powder reduces the need for flour, making the brownies especially flavorful and tender.
- The cocoa butter in dark chocolate gives the brownies a lingering richness.
- An aluminum pan helps the brownies bake quickly and evenly, without the extended timeline associated with baking
  in glass or the risks of over-baking in nonstick pans.

YIELD: Makes 24 (2 1/2-inch) squares ACTIVE TIME: 40 minutes TOTAL TIME: 2 hours

## **Ingredients**

12 ounces unsalted butter (about 3 sticks; 340g)

6 ounces finely chopped dark chocolate, about 72% (about 1 cup; 170g)

Joseph need to be too fine 16 ounces white sugar (about 2 1/4 cups; 450g)

2 ounces light brown sugar (about 1/4 cup, packed; 55g)

1 3/4 teaspoons (4g) Diamond Crystal kosher salt; for table salt, use about half as much by volume or the same weight

## **Directions**

- Getting Ready: Adjust oven rack to middle position and preheat to 350°F (180°C). Line a 9- by 13- by 2-inch anodized aluminum baking pan with foil to cover the bottom and long sides of the pan. (It's all right to leave the short sides exposed.) If you like, grease lightly with pan spray.
- 2. In a 3-quart stainless steel saucier, melt butter over medium-low heat. When it has completely melted, increase heat to medium and simmer, stirring with a heat-resistant spatula while butter hisses and pops. Continue cooking and stirring, scraping up any brown bits that form inside the pan, until butter is golden yellow and perfectly silent (see note). Remove from heat and stir in dark chocolate; the mixture will seem quite thin.
- **3. Making the Batter:** Combine white sugar, brown sugar, salt, eggs, vanilla, and instant espresso (if using) in the bowl of a stand mixer

6 large eggs, straight from the fridge (about 10 1/2 ounces; 295q)

1/2 ounce vanilla extract (about 1 tablespoon; 15q)

1 teaspoon instant espresso powder, such as Medaglia d'Oro (optional) Used 2-3 tsp. + way fine

4 1/2 ounces all-purpose flour, such as Gold Medal (about 1 cup, spooned; 125q)

4 ounces Dutch-process cocoa powder, such as Cacao Barry Extra Brute (about 1 1/3 cups, spooned; 115q)

fitted with the whisk attachment. Whip on medium-high until extremely thick and fluffy, about 8 minutes. (The whipping time can vary significantly depending on bowl size, batter temperature, and mixer wattage, so use the visual cues as your primary guide.)

- Meanwhile, sift together flour and cocoa powder. When the foamed eggs are fluffy and thick, reduce speed to low and pour in the warm chocolate-butter. Once it is incorporated, add cocoa-flour all at once and continue mixing until roughly combined. Finish with a flexible spatula, scraping and folding to ensure batter is well mixed from the bottom up.
- Pour into prepared pan and bake until brownies are glossy and just barely firm, about 30 minutes or to an internal temperature of 205°F (96°C). (Take care that the probe is inserted at a sharp angle to avoid touching the bottom of the pan.) The timing of this recipe is based on anodized aluminum and will vary significantly with glass, ceramic, or nonstick pans, materials that will also affect the brownies'

consistency. ~36 min. for Norweigh? 3500 was good

6. Cool brownies to room temperature to allow their crumb to set before slicing. Slide a butter knife between the brownies and the short ends of the pan; gently tug on the foil, then lift to remove the brownies from the pan. Cut into 24 two-and-a-half-inch squares and store in an airtight container with a sheet of wax paper between layers, about 1 week at room temperature.

#### **Special Equipment**

3-quart stainless steel saucier, stand mixer, anodized aluminum brownie pan

#### **Notes**

Brown butter can burn when cooked too fast or too hot, or when not stirred frequently along the way; should this happen to you, simply strain the brown butter before use to remove the bitter, burned milk solids.

#### **Make-Ahead and Storage**

Stored in an airtight container, with a sheet of wax paper between the layers, the brownies will keep about 1 week at room temperature.