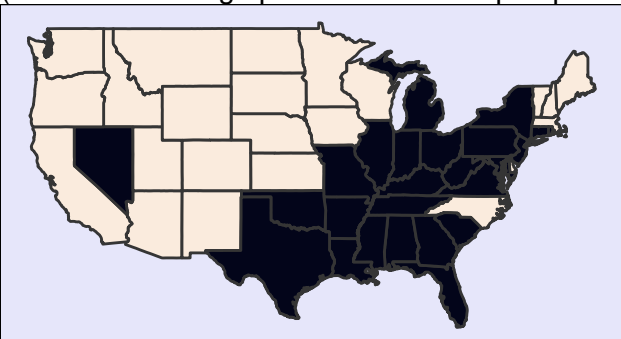


## U.S. States With Higher Than Average Sleep Deprivation (where the average prevalence of sleep deprivation is 35.82%)



### Prevalence of Sleep Deprivation



More Than Average

Less Than Average

Source: CDC's PLACES Census Tract Data 2024 Release  
[census-tract-data-gis-friendly-format-2024-/yjkw-uj5s](#)