

# Patient Information

- Patient Name: Jane Smith
- Date of Birth: March 12, 1977
- Gender: Female
- Patient ID: 67890
- Address: 91011 Birch Road, Greenville, USA
- Phone: (555) 765-4321
- Email: [jane.smith@example.com](mailto:jane.smith@example.com)

## Primary Care Provider (PCP)

- Physician Name: Dr. Andrew Carter
- Facility/Clinic: Greenville Internal Medicine
- Address: 1357 Oak Lane, Greenville, USA
- Phone: (555) 321-0987

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# Medical Summary

## Chief Complaint:

- Follow-up for Type 2 Diabetes management and routine health check.

## Vital Signs (Last Visit: December 15, 2024)

- **Blood Pressure:** 130/85 mmHg
- **Heart Rate:** 80 bpm
- **Respiratory Rate:** 18 breaths per minute
- **Temperature:** 98.4 °F (36.9 °C)
- **BMI:** 28.2 kg/m<sup>2</sup>

## Medical History

- **Allergies:** None known
- **Past Diagnoses:** Type 2 Diabetes, Hypertension, Hyperlipidemia
- **Surgical History:** Appendectomy (2005)
- **Family History:**
  - Mother: Hypothyroidism
  - Father: High cholesterol

## Current Medications

1. **Metformin (500 mg)** – twice daily
2. **Lisinopril (10 mg)** – once daily
3. **Atorvastatin (20 mg)** – once daily

## Recent Lab Tests

- **HbA1c:** 7.2% (Slightly elevated; goal <7%)
- **Lipid Panel (December 10, 2024):**

- Total Cholesterol: 190 mg/dL
- LDL: 110 mg/dL
- HDL: 50 mg/dL
- Triglycerides: 120 mg/dL

### **Recommendations & Follow-Up**

- Increase daily physical activity to at least 30 minutes of moderate exercise.
- Monitor blood glucose levels daily.
- Return in 3 months for repeat lab tests and evaluation.