

structured for each participant a sFC matrix,  $\mathbf{W}$ , whose elements were equal to  $W_{ij} = \frac{1}{T-1} \sum_{t=1}^T z_i(t) \cdot z_j(t)$ , where  $\mathbf{z}_i = \{z_i(1), \dots, z_i(T)\}$  is the zero-mean, unit-variance fMRI BOLD time series for region  $i$ .

#### *Dynamic functional connectivity*

We also constructed each participant’s dynamic functional connectivity (dFC) matrix,  $\mathcal{W} = \{\mathbf{W}(1), \dots, \mathbf{W}(T - L + 1)\}$ , where  $\mathbf{W}(t) = [W_{ij}(t)]$  is the estimated connectivity matrix for the time interval beginning at  $t$ . This entailed first dividing the regional BOLD time series into overlapping windows of approximately 100 seconds in length. With a sampling frequency of  $f = \frac{1}{0.645}$  Hz, this translated to a window of  $L = 156$  time points. The decision to select a window of 100 s was made so that the window was long enough to capture a full cycle of the slowest frequency component. As the high-pass cutoff for the BOLD time series was 0.01 Hz, the shortest possible window was 100 s long (Zalesky and Breakspear, 2015; Leonardi and Van De Ville, 2015). For each window, we then calculated the cross-correlation matrix using only the observations within that window. The cross-correlation was calculated after exponentially discounting the fluctuations of more distant time points so that the correlation coefficients weighed recent events more heavily.

In slightly more detail, we define a discounting function for each window:

$$w(\tau) = w_0 e^{(\tau-L)/\theta} \quad (1)$$

where  $\tau = 1, \dots, L$ ,  $w_0 = (1 - e^{-1/\theta})/(1 - e^{-L/\theta})$ , and  $\theta = L/3$ .

Based on this weighting, we calculated for each window:

$$\bar{z}_i(t) = \sum_{\tau=1}^L w(\tau) z_i(t - L + \tau) \quad (2)$$