



BERG NUUS

DIE BERGKLUB VAN SUID-AFRIKA
AFDELING TYGERBERG

POSBUS 4572
7536 TYGERBERG

Oktober 2010

BERGskinner

The year is speeding to an end with only two more hikes left that will be reported on in the last Newsletter in December. Please send in some contributions so that the end of the year Newsletter can indeed be a festive one.

Remember that Hannes Truter is organizing a planning session for Thursday 4 November 2010 to put together a hiking program for 2011.

Let him know if you would like to join the meeting - and/or if you have suggestions for hikes next year.

You will find some important news in this issue and also an excellent tip for sealing a bottle. Try to join the last two hikes of the year so that you can be fit for the onslaught of the festival season.

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BERGnuus

BEMARKING VAN DIE BERGKLUB ONDER HOËRSKOOLLEERLINGE

Op die Algemene Jaarvergadering van 2010 is besluit om bemarking vir die klub te doen deur avontuurlike uitstappies aan te bied vir die leerders van Hoërskool Tygerberg. Op die 24 Januarie is daar in samewerking met Bruce en Avril Powrie van Paarl-Wellingtonklub 'n "kloofing" uitstappie in die Kromrivier gedoen.

Leerders het die geleentheid gekry om te leer "absail" onder die bekwame leiding van Ian Smuts. In Februarie is daar onder Ludi se bekwame leiding (en plek-plek lyding) in temperature van meer as 40° gekamp by Beaverlac. Ludi het ons laatmiddag die Boesmantekeninge gaan wys, asook die strooibaalhuis. Sondag het ons opgestap tot by die Totem-poele, en heerlijk geswem. Die kinders was meer in as uit die water. 13 Maart

het 3 leerders van die skool en 'n paar ander jongmense Suicide Gorge aangedurf. Die naweek is voorafgegaan deur heerlike warm weer, en opgevolg deur snikhete somersdae, maar die "kloofing" is in trietsige reënweer afgelê. Dit het egter glad nie die entoesiasme van die kloofers gedemp nie.

In April het ons bergfiets gery by Koeberg-natuurreservaat. Tafelberg is ook langs Skeletonravyn geklim, waarna ons tot by McClear's-baken gestap het. Die terugtog was langs die Platteklipafgronde, verby die damme en toe af met Nurseryravyn.

Ongelukkig het die weer 'n paar keer 'n stokkie in ons beplanningsspeke gestee. Die daguitstap in Jonkershoek, sowel as die naweekstap saam met Altus na Thomashut het uitgereën, terwyl die Doringrivier-uitstap weens 'n gebrek aan water ook gekanselleer moes word. Gedurende die September-vakansie neem Carl en Sandra egter 14 leerders op die Oranjerivier. Op Saterdag 9 Oktober is 'n nagmars op Olive Glen Farm beplan, weereens in samewerking met die Paarl-Wellingtonklub, waar die kinders touwysgemaak word oor navigasie in die donker.

Die aktiwiteite is deur 15 leerders, 5 ouers en 3 onderwysers meegedoen. Een van die leerders en sy ouers toon belangstelling om aan te sluit nadat hy en sy ma 'n amptelike uitstap na die Wolfbergskeure meegemaak het.

Sandra Lombard

WALVISROETE 13 - 18 OKTOBER 2010

Wat 'n voorreg om plek te kry op die Walvisroete gedurende hoog (walvis) seisoen! Ongelukkig moes 'n paar mense in die groep kanselleer - maar dit het nie die opwindning vir die oorblywende drie stappers geblus nie! Inteendeel, die stap was nou soveel meer 'eksklusief' en 'luuks'.

Stappers: Hannes Truter, Welma Wehmeyer en Maretha Kruger

Die eerste dag het hard gereën en die wind sterk gewaai - veral bo-op Potberg. Ons was dankbaar en verlig om Cupido's Kraal hut te bereik. 'n Lekker vuur en warm kos het ons gou herstel.

Die tweede dag het gelukkig net oggend buie gehad - en toe 'n pragtige, warm middag toe ons die see bereik. Ons het die aand heerlik gebraai in wolklose, windstil kondisies by 'n rowwe see.

Die oggend is die eerste walvisse vlak voor die hut opgemerk. Dit sou die begin wees van drie dae van 'wall-to-wall' walvisse, dolfyne en ander seelewe. Hamerkop hut was heerlik met die sand strand en strandhuis gevoel.

Vaalkrans-hut was dramaties mooi met die rowwe see - maar het 'n hartseer ondertoon gehad omdat die einde in sig was.

Advies vir mense wat beplan om binnekort die Whale Trail te stap:

- Die roete is hoogs aan te bevele. Dit was my derde keer - en ek beplan om weer te gaan.
- Gebruik gerus die 'houer' opsie - R300 vir 'n 75 liter houer waarin jou goed van hut tot hut aangery word deur die skoonmaak mense. Ons het 'n koelhouer gevat met interessante eet en drinkgoed vir elke dag. (Ons het gewig aangesit op die stap..)
- Al die hutte bevat 'n twee-plaat gasstoof, potte, panne, swartpote, (blik) borde, poedingbakkies, bekere, (blik) glase, eetgerei (insl 'steak' messe), toeknyp rooster, braaitange, kaasrasper en opwasgoed. Daar is min wat jy hoef saam te vat!
- Vermy die somermaande: dit raak BAIE warm en die steekvlieë is 'n pes.

Hannes Truter

BERGsosiaal

Vrydagaand 8 Oktober het agt van ons met kos en drinkgoed by Hannes se huis in Boston opgedaag. Welma (Hannes se verloofde) is weggelok vir haar kombuistee en het Hannes gasheer gespeel.



Ons het heerlik agter in sy tuin in 'n natuurlike lapa gekuier onder die blare van die grootste Ivy wat ek in my lewe gesien het. Na almal se vleis gaar was, het Hannes 'n behoorlike staanvuur gemaak en het die nege van ons, soos Bergklubmense maar maak, mekaar vermaak met stapstaaltjies. Dankie Hannes – hoop ons kan weer so maak.

Mariana Rabie

BERGkoopgids

Evelyn Gates has many camping items in good order, for sale. Contact her at 083-727-0010 (a.h) or mail her at gatesejg@gmail.com for a detailed list.

BERGsnuffelgids

At last a "USEFUL" idea!!!!

The guy who first thought of this idea must be given an award for originality!!!

Now you don't have to grapple with rubber bands or knots that are tied too tightly. How to seal a bag and make it air-tight!



Cut up a disposable water bottle and keep the neck and top, as in photo.

Insert the plastic bag through the neck and screw the top to seal.



The bottle is made to be air-tight, such that water will not leak, the secret lies with the top and screw!

*This is a great idea to share.
Good for us and the environment too.*

BERGdagboek

30 - 31 Okt: Naweekstap – Palmiet en Bettysbaai omgewing - Gerrit v Zyl, 076-953-2600 of gerritvz@vodamail.co.za

20 Nov: Dagstap gekanselleer

5 Des: Dagstap gekanselleer

31 Des – 02 Jan: Naweekstap – Thomashut en Fonteintjiesberg – Altus, 021 913 1500 (nu) of altus.dewet@capetown.gov.za

BERGbriewe

This snippet was received via Pretoria Mountain Club's Newsletter

TABLE MOUNTAIN SAFETY (Brent Jennings on MCSA Connect): I just want to direct members' attention to the worsening situation of safety within the TMNP. Attacks have been on the increase lately, and have not seen much reportage in the press or from park management. I suggest that we all remain extra vigilant, and avoid the hot spots completely (at the moment, the Sandy Bay area and the King's Blockhouse area /Mowbray ridge). It also seems that there is no safety in numbers, as a group of seven males was attacked in one incident. For those who don't know, I direct you to the following sites:

- Table Mountain Watch
<http://groups.google.co.za/group/>
- Make Table Mountain Safe
<http://www.facebook.com/group.php>

TABLE MOUNTAIN KLIPSPRINGERS: During the past six years, along with the controversial attempt to remove the Himalayan tahrs from Table Mountain, SanParks reintroduced klipspringers on the mountain. In May a pair of klipspringers was seen at Jesus Cave. Glynn Alard of SanParks (021-7137512, 082- 455 2919) has said that all sightings information on the larger mammals (grysbok, klipspringer, tahr, fallow deer, etc.) - including date, locality and numbers - would be useful to help monitor these populations. Photographs would be appreciated too.



INFORMATION RECEIVED FROM MCSA, CAPE TOWN

Access to Table Mountain through Kirstenbosch Botanical Gardens

A meeting was held with Mr Andrew Jacobs, Communications Officer at KBG, who confirmed that access arrangements remain in place for our members, as before. The continuation of this concession remains dependent on the conduct of each and every one of our members, so please always adhere to the following conditions:

- Show both sides of your MCSA card, with a valid current-year sticker, to the gatekeeper upon entry.
- Note that this concession does not apply to Gate 1, the 'new' main gate to the Visitors Centre.
- For the other two gates, the following applies:

Gate 2, the 'old' main gate to the Garden Centre:

- No entry after 08h30, except when you will be leaving a car overnight (to stay over at the hut) you must notify Mr Jacobs prior to your arrival. Do so at a.jacobs@sanbi.org.za / 021 799 8674 / 073 969 2026, and stipulate the make, colour and registration number of your car.

Gate 3, Rycroft or the 'top' gate:

- Entry at any time. Occasionally, a new security staff member may get it wrong, in which case an informed and polite attitude on your part should save the day. Unfortunately some of our members sometimes abuse this privilege, thereby putting continued good relations with KBG at risk. Please ensure that you never make yourself guilty of any of the below:
- Failure to adhere to the above conditions, and then arguing with the gatekeeper about it.
- Failure to carry a valid card, and then trying to cajole the gatekeeper into breaking the rules that s/he is employed to enforce.
- Failure to obtain the new year's sticker in good time, and then attempting entry with the previous year's sticker.
- Use of the card to gain entry into the gardens for a picnic, instead of only for access to the mountain.

~ Thank you, from Gencom ~



Die Brandwondvereniging hou 'n pretstap op 6 Nov 2010 by die Ikapa Militêre Basis, Goodwood om fondse in te samel vir die ondersteuning van brandwondpasiente. Die pasiënte verloor dikwels al hulle besittings in die brand, benewens die feit dat hulle ernstig beseer word. Die stap is 5 km of 8 km lank en begin om 8:00. Inskrywing is R25 vir volwassenes en R10 vir kinders. Ek heg die inskrywingsvorm hierby aan, met meer inligting.

Ina Steenkamp ina@easy-mail.co.za

BERGpitkos

Stap en bly fiks want onthou –

Die luiaard is die enigste man wat van sy slaap sal moet rekenskap gee. (Al het hy gedroom dat hy wakker was)

CJ Langenhofen

BERGbydrae

Enige nuus, menings en interessante inligting is baie welkom. Stuur bydraes in die taal van u keuse. / Any news, views and interesting information welcome. Submissions can be in the language of your choice.



Please send contributions to Mariana Rabie at mariana@agriexpo.co.za.

The items in this Newsletter are reported in the interest of the Tygerberg Section of the Mountain Club of South Africa. We strive for factual accuracy, but cannot be held liable for any inaccuracies in the information reported. The views expressed by the authors do not necessarily reflect those of the MCSA.

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Word 'n Bergklublid en stap saam!

Explore – Discover – Connect – Protect
Verken – Ontdek – Outmoet – Bewaar