

# BERGNUUS

## DIE BERGKLUB VAN SUID-AFRIKA AFDELING TYGERBERG

POSBUS 4572 7536 TYGERBERG

Oktober 2011

## **BERGstories**

### Swarttobie 5-9 Augustus 2011 Gerrit Kritzinger

Diegene wat gelukkig genoeg is, het al Vrydag middag 14:00 in die pad geval na die Boesmangrot waar oornag sou word op die oewer van die Olifantsrivier.

Vir die van julle wat wonder - die stap is al kuslangs net Noord van die Olifantsrivier monding teenoor Koekenaap

Langs die pas is voorrade aangevul met sakke heerlike soet lemoene en nartjies en teen sonder arriveer die eerste by die Boesmangrot.

Vroegaand is die vure aangesteek. Wynie, ons gasheer en stapleier het kom inloer en verduidelik hoe die naweek se reelings inmekaarsteek.

## Wynie



Met al die baie gesels en vrae moes ons toe gou spring om darem twee braai sessies uit die kole te haal. Die wat eers na werk kon wegkom, kon darem ook teen 10:00 'n vleisie oor die kole gooi.

Saterdagoggend het ons,ons groot rugsakke en pakkasie by Wynie en Ronel se huis gaan los. Hulle het ons toe by die beginpunt afgelaai net met ons dagsakkies. Ek dink dit was iets soos "Gert se baai." Daar het nog drie stappers van Pretoria, wat reeds die eerste dag van die stap afgelê het, by ons aangesluit.

Nicolaas, Wynie se seun, was ons gids vir die dag. Al kuslangs kon ons die reuse branders, deinings en pragtige see en kustonele geniet, Op pad verby die Sederberge het die sneeu laag teen die berge gelê, maar vandag was baie lekker stapweer en glad nie so koud as wat ons gedink het dit sou wees nie.

Die aand is ons rugsakke en ander luukses afgelewer by ons eerste oornagpunt – "Helga's heights". Erna het 'n kool in die pot gaargemaak met allerlei lekkernye daarin soos, kaas, sampioene en bacon. Daar is ook lekker gebraai en gekuier en gesmul aan al die luukses wat aangery is.

Deur die nag het 'n vieslike wind opgesteek en moes 'n paar mense in die middernagtelike ure skarrel om ekstra tentpenne in die grond te kry. Dit was ook 'n stryd om die tente af te breek en op te vou in die wind wat dreig om ons die see in te waai.

Sondagoggend, met Wynie as gids, kon ons nie wag om aan die stap te kom nie. Gelukkig het die wind darem deur die loop van die dag gaan lê en kon ons weer die stap ten volle geniet. Wynie het kort kort gestop om al die besienswaardighede uit te wys en te vertel van die tydperk toe daar nog 'n subtropiese klimaat geheers het. Al wat vandag oor is, is die versteende wortels van die

manglietwoude wat soos wafferse stalagmiete orals te sien is. Die versteende skilpad is ook besonders. Dag twee is beslis die mooiste met allerhande interessante rotsformasies met name soos: "Die Vrou", "Die ou Man", die oond en die duikboot. Oor hoe die name ontstaan het, sal jul maar self moet kom stap sodat julle dit uit die "perd se bek" kan hoor. Die tweede aand se oornagpunt is reg langs die see met 'n fantastiese sundowner klip. Van die brawes het in die see gaan bad. Erna se potbrood was 'n treffer en hier is weer eens gekuier dat die biesies bewe – 'n ongelooflike windstil aand.

#### **Manglietwortels**



Die wat nie Maandag kon afkry by die werk nie, het 'n geleentheid saam met Wynie huis toe gevat om hul motors by die Boesmangrot te gaan optel vir die pad terug huis toe.



Die derde dag neem ons verder kuslangs tot waar die Olifantsrivier in die see uitmond. Hier is die monding 'n indrukwekkende paar 100 meter breed. Dan swaai die roete teen die rivier op. Na 'n kliometer of wat kan ons tot rus kom by Wynie se kampplek teen die rivier. Aan die oorkant van die rivier is die vissersgemeenskap van Papendorp en in die verte is Strandfontein sigbaar. Ons rugsakke, luukse en water wag al vir ons. Die

potbrood was so gewild dat dit weer gedoen word. Die vuurmaak, braai en kuier is nou al roetine!



Dinsdagoggend stap ons verder langs die rivier op en kan mens jou verwonder aan al die verskillende watervoëls. Net na 11:00 is ons by die kaai waar die boot ons oplaai. Salig om die laaste 10 km sit-sit te doen sonder enige inspanning. Stroomop kan ons ons verwonder aan die natuurskoon, die visserskuitjies, plaashuise en 'n kolonie nagreiers wat vir hulself 'n boom afgebaken het.

Net na 12:00 is ons terug by die Boesmangrot waar Wynie & Ronel ons inwag met 'n middagete uit die boonste rake – slaaie vir Afrika en heelike gebraaide ribbe en vleis.



Te gou is die stapdae verby en moet die terugtog aangepak word huis toe.

## 16 - 18 Des Langstap Krakadouw en Crevasse Piek

### Klubaand Vrydag 22 Julie 2011 Erna Kritzinger

Vrydagaand 22 Julie het 17 lede en 9 gaste aan huis van Gerrit en Erna byeengekom vir 'n heerlik, gesellige pannekoekaand. Erna het 'n groot hoeveelheid pannekoekdeeg aangemaak en ander het gekom met die geurigste vulsels vir sout en soet pannekoek met heerlike slaai daarby. So van 19:00 het die mense begin opdaag met hul drinkgoedjies en natuurlik die gebruiklike vooraf versnaperinge en het daar gou 'n gesellige atmosfeer ontstaan. Nuwe voornemende lede en van ons verlore skape wat ons maar deesdae min in die berg sien, het gou deel geword van die ou groep gereelde lede wat ons gewoonlik by ons klubaande sien.

Later is die gasstofies aangesteek en gou-gou het Charlie, Barend, Carl en Rudi( ja ons einste mnr.Herre) begin om die deeg in die panne te laat sissel en die vroue gewys dat mans ook kan pannekoek bak. Party van hulle is darem later afgelos, maar Charlie en Barend het so lekker om die stofies gekuier en al ons land se probleme probeer oplos, en natuurlik hier en daar 'n pannekoek verbrand, dat niemand by hul kon oorneem nie. Almal het toe weggelê aan die pannekoek en slaai, en lekker gesels. Die aand is afgesluit met koffie en ek hoop dat daar nuwe vriednskappe gesmee is en glo dat ons



Let asb. op dat die klubaand by die Benkensteins en die Palmiet/Bettiesbaai naweek by Gerrit en Annelie se datums nou **andersom** is as op die program – die bostaande datums is hoe dinge gaan gebeur.

## **BERGdagboek**

# Access into Western Cape Nature Conservation (CapeNature) Areas

#### 1. General and Wild Cards

A permit must be obtained to hike or climb in CapeNature areas. While some reserves (such as Jonkershoek) issue permits at the gate, permits for other areas are issued by CapeNature's Reservation Centre - telephone 0861 CAPENATURE (0861 2273628) OR 021 4830190.

Unless you have a Wild Card, a Conservation Fee is charged for entrance to a CapeNature area - R40 per person in a Wilderness area, and R30 per person in all other areas. If you have a Wild Card, the Conservation Fee is not payable. There is a fee of R65 per person per night payable for overnighting in a Wilderness area, whether or not one has a Wild Card.

Wild Cards for a single person currently cost R340 per annum for the All Parks cluster of over 80 parks and reserves around Southern Africa. Wild Cards can be purchased from CapeNature's head office in Bridgetown, from Table Mountain National Park's head office in Westlake, from most tourism offices, or online via the website at <a href="https://www.sanparks.org/wildcard">www.sanparks.org/wildcard</a>. See also CapeNature's website at <a href="https://www.capenature.co.za">www.capenature.co.za</a> for other charges, such as for standard trails and accommodation etc.

Updated access rules for specific reserves are set out below. Please ensure that these rules are adhered to, as any transgressions impact adversely on the club and its members and will therefore be viewed in a serious light.

# **Forthcoming Attractions**

21 Okt	Klubaand	Bring en braai by Johan Benkenstein	A'
14 – 16			
Okt	Naweek	Palmiet en Bettysbaai omgewing	A2
12 - 13		Gesamentlike stap: Bainskloof	
Nov	Naweek	Bobbekaankloof - Limietberge	B
26 - 27			
Nov	Naweek	Dirk se huis - Paleisheuwel	
03 - 04			
Des	Naweek	Waterval - Porterville (Gesinsnaweek)	B2

# 2. Limietberg, Hottentot's Holland, and Kogelberg Reserves

G	eneral Climbing/hiking booking procedures.
A2 <sub>C</sub>	tandard hiking trails must be booked directly with
	Reservation Centre.

If climbing/hiking "off trail", please phone the relevant reserve manager (or deputy) in the first instance to confirm arrangements, letting him know

where you will be and when. Then phone the Reservation Centre, inform them that you already have permission from the reserve manager, arrange to pay any fees, and they will then fax or email their permit to you.

The names and contact numbers of the relevant reserve managers are set out below:

<u>Limietberg</u> (Tulbagh Road to Bain's Kloof to Du Toit's Kloof to Franschhoek Pass)

Deon Rossouw (dross@capenature.co.za) or Nicolas Swarts 021 8711535/6 or 082 4949707 (fax 021 8725785)

Hottentot's Holland (Sir Lowry's Pass to Nuweberg to Franschhoek Pass to Brandvlei)

Eric Davids (Acting Reserve Manager) (edavids@capenature.co.za) or Andreas September, 028 8414301 or 082 0589162 / 082 4135258.

<u>Kogelberg</u> (Betty's Bay/Kleinmond/Hangklip to Sir Lowry's Pass, and to Botriver)

Mark Johns (mjohns@capenature.co.za) or Zibele Blekiwe on 028 2715138 or 082 7838585

NOTE: Hiking/climbing "off trail" is generally not permitted because of the rare flora.

# <u>Crossing CapeNature land to access MCSA</u> property (Springstygbeugel and Kromriver Hut).

If not intending to hike on CapeNature land, but only to cross it in order to access our property, no permit is required, but a courtesy call to the reserve manager is necessary. Non-members may accompany members. If accessing Springstygbeugel from Bain's Kloof, CapeNature will allow members with 4\*4 vehicles to drive up the jeep track, provided that the reserve manager is informed in advance.

If however you plan to hike on CapeNature land from our properties, (and this includes Du Toit's Kloof hut and Agter-Tafelberg hut), a permit must be obtained as detailed above.

# 3. Jonkershoek Reserve (Includes Jonkershoek Valley catchment area, plus Groot Drakenstein mountains, including Berg River and Banhoek catchment areas).

If climbing in the Jonkershoek catchment area, a permit is issued at the gate, where you pay the R30 Conservation Fee or show your Wild Card.

If climbing off-path anywhere in the reserve, a courtesy phone call is necessary to the reserve manager Patrick Shone (pshone@capenature.co.za) or his deputy Juanita Alberts (jalberts@capenature.co.za), to let them know where you plan to climb.. Phone 021 8661560 or 082 4670405.

# 4. Weekend access - Special Concession for above mentioned reserves.

If you only decide on a Saturday for example, that you would like to climb on CapeNature land that weekend, you can phone the relevant reserve manager for permission at the phone numbers listed above. On the first working day after the climb it is essential to telephone the Reservation Centre to process your payment and permit.

#### 5. Cederberg and Winterhoek Wilderness areas.

All bookings must be made through the Reservation Centre. Please note the overnighting fee of R65 per person per night, as mentioned above.

#### 6. Rockclimbing

Rockclimbing, including sport climbing, is covered by the normal permit in all CapeNature areas, at no extra cost.

Access sub-committee - Cape Town Section

## **BERGbriewe**

JOINT MEET OF THE WESTERN CAPE SECTIONS: 12-13 November

Tygerberg Section is hosting the 2011 Joint Meet of the Western Cape Sections from 12-13 November:

"We meet on Saturday (12 November 2011) early morning close to the Corner Lodge in Eerste Tol, Bain's Kloof pass. We'll cross the Witteriver and hike along the Bobbejaanriver to the waterfall where we'll set up camp. Late afternoon we'll attempt to get a view of the Slanghoek valley. Sunday morning we'll summit Klein Wellington Sneeukop and then return to the cars.

Costs: Wildcard or normal Cape Nature fees

Contact/Kontak: Hannes Truter

(hannes.truter@gmail.com; 082 441 5413)

MOUNT EVEREST LIVE ON THE WEB: Since 17 May a new webcam installed by EvK2Cnr offers a panoramic view of the 8850m summit of the highest mountain in the world (weather permitting) from a site on Kala Patthar 11 km from the mountain. The webcam was installed by the 2011 Share Everest expedition and is promoted by EvK2Cnr in collaboration with the Nepal Academy of Science and Technology, and Department of Hydrology and Meteorology. The view is updated every 5 minutes during daylight hours.

http://www.evk2cnr.org/WebCams/PyramidOne/current.jpg

# **BERGpitkos**

We had stepped out of life long ago and entered the heavenly spheres, and for an eternal moment I stopped living and started being. That night the moon danced so gloriously in heaven, the eternal light which touches our world calling all beings forth to dance with great compassion. This is the home of the gods – the great Himalaya.

Helga Hengge, USA, 27-5-99: EVEREST-Reflections from the top. Eds. Christine Gee, Garry Weare and Margaret Gee. Rider, London, 2003

# **Bydraes**

Enige nuus, menings en interessante inligting is baie welkom. Stuur bydraes in die taal van u keuse. / Any news, views and interesting information welcome. Submissions can be in the language of your choice.

Please send contributions to Ferdie Botha at <a href="mailto:floatingpoint@gmail.com">floatingpoint@gmail.com</a>.

The items in this Newsletter are reported in the interest of the Tygerberg Section of the Mountain Club of South Africa. We strive for factual accuracy, but cannot be held liable for any inaccuracies in the information reported.

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## Word 'n Bergklublid en stap saam!

Explore — Discover — Connect — Protect Verken — Ontdek — Ontmoet - Bewaar