

Sunday, August 16, 2009 Starting at 3 pm

Learn all about Qigong, its incredible range of HEALTH BENEFITS, and what it can do for YOU!

Those who pre-register will have a chance to win FREE Qigong lessons.

herbal tea & light refreshments will be provided another topic each month

> Oriental Medicine and Health Services Brian C. Allen, MSTOM

1201 Philadelphia Pike, Suite D Wilmington, DE 19809

302-792-2831 • info@omhs.biz • http://omhs.biz

Call or write for more information.



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