

**FREE Presentation**



# **Tuina Massage**

**(the basics & demos)**

**Sunday, November 14, 2010**  
**Starting at 2 pm**

- ☯ Learn all about Tuina and its incredible range of application.
- ☯ Get your questions answered by Delaware's top Tuina expert.
- ☯ Would you like to be demonstrated on? If so, call to pre-register and for details.

*Those who pre-register will have a chance to win FREE T'ai Chi or Qigong lessons.*

herbal tea & light refreshments will be provided  
*another topic each month*

Oriental Medicine and Health Services  
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Call or write for more information.

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