

# FREE Presentation

## STOP SMOKING !!! with Acupuncture and Chinese Medicine



September 20, 2009  
Starting at 3 pm

Discover how Acupuncture, Chinese Herbs, T'ai Chi, & Qigong can help you to kick those habits.

— smoking, drinking, drugs, gambling, etc.

*FREE acupuncture treatments will be given during the presentation for those that pre-register EARLY.*

herbal tea & light refreshments will be provided  
*another topic each month*

Oriental Medicine and Health Services  
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Call or write for more information.

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