

**FREE Presentation**



# Chinese Herbal Medicine

**(the basics)**

**June 14, 2009  
Starting at 3 pm**

Learn the basics about Chinese Herbs and how they can make your life a healthier one. Get your questions answered by an expert of Chinese Herbal Therapy.

*Those who pre-register will have a chance to win FREE T'ai Chi or Qigong lessons.*

herbal tea & light refreshments will be provided

*another topic each month*

Oriental Medicine and Health Services

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Call or write for more information.

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