

# **NACOSS Sport Day Outline**

**Date:** 13<sup>th</sup> April 2024

**Venue:** NLT Field

## **Individual Sports Competitions**

- **Track and Field Events**
- **Sprint races**
- **Relay races**

## **Indoor Games**

- **Chess**
- **Table tennis**

## **Team Sports Competitions**

- **Football**
- **Basketball**
- **Volleyball**
- **Badminton**

## **Logistics and Management:**

- Prepare first-aid and emergency response protocols.
- Promote the event through social media, posters, and university channels.
- Provide transportation for sport participants.
- Provide water for sport participants.

**Budget:**

- 5 bags of water - 2000 naira
- Transport – 4000 naira
- Glucose (optional)

**Remember:**

- Emphasize sportsmanship, inclusivity, and fair play throughout the event.
- Collect feedback from participants and organizers for future improvements.