

Use GenAI as your executive coach in handling a difficult situation

Scenario:

You are a project manager, and your team has recently fallen behind schedule on a critical project. The team is stressed, and tensions are high. You've decided to leverage the help of a GenAI like ChatGPT to provide some guidance and suggestions on how to handle this situation.

Instructions:

1. Open ChatGPT or any other GenAI platform (Gemini or Mistral Le Chat).
2. Begin by describing the situation to the AI:

"I am a project manager, and my team is behind schedule on a critical project. The team is stressed, and tensions are high. I need help handling this situation."

3. Based on the AI's response, identify key action points that you can take to address the situation. Ask the GenAI for further information or suggestions, if you are not yet happy with the result.
4. Now, imagine some team members resisting the changes you want to implement based on the AI's suggestions. Ask the AI for advice on handling resistance:

"Some team members resist the proposed changes. How can I address their resistance effectively?"

5. Based on the AI's response, identify key strategies for managing resistance within your team. Ask the GenAI for further information or suggestions, if you are not yet happy with the result.
6. Next, ask the AI for advice on how to prevent similar situations in the future:

"How can I prevent my team from falling behind schedule on critical projects in the future?"

7. Based on the AI's response, identify key preventative measures that you can implement to ensure your team stays on track moving forward.
8. Finally, summarize the AI's advice and create a clear action plan based on the insights gained. Again, GenAI can help you doing that.

Now, we are done with our simulated case.

9. Reflect on the experience of using a GenAI like ChatGPT to help navigate a difficult management situation. Consider the following questions:
 - What are the benefits of using a GenAI in this situation?
 - Were there any limitations or challenges in using a GenAI for this purpose?
 - How might you integrate a GenAI into your management approach moving forward?
10. Share your action plan and reflections with a colleague or mentor and discuss any additional insights or suggestions they may have.