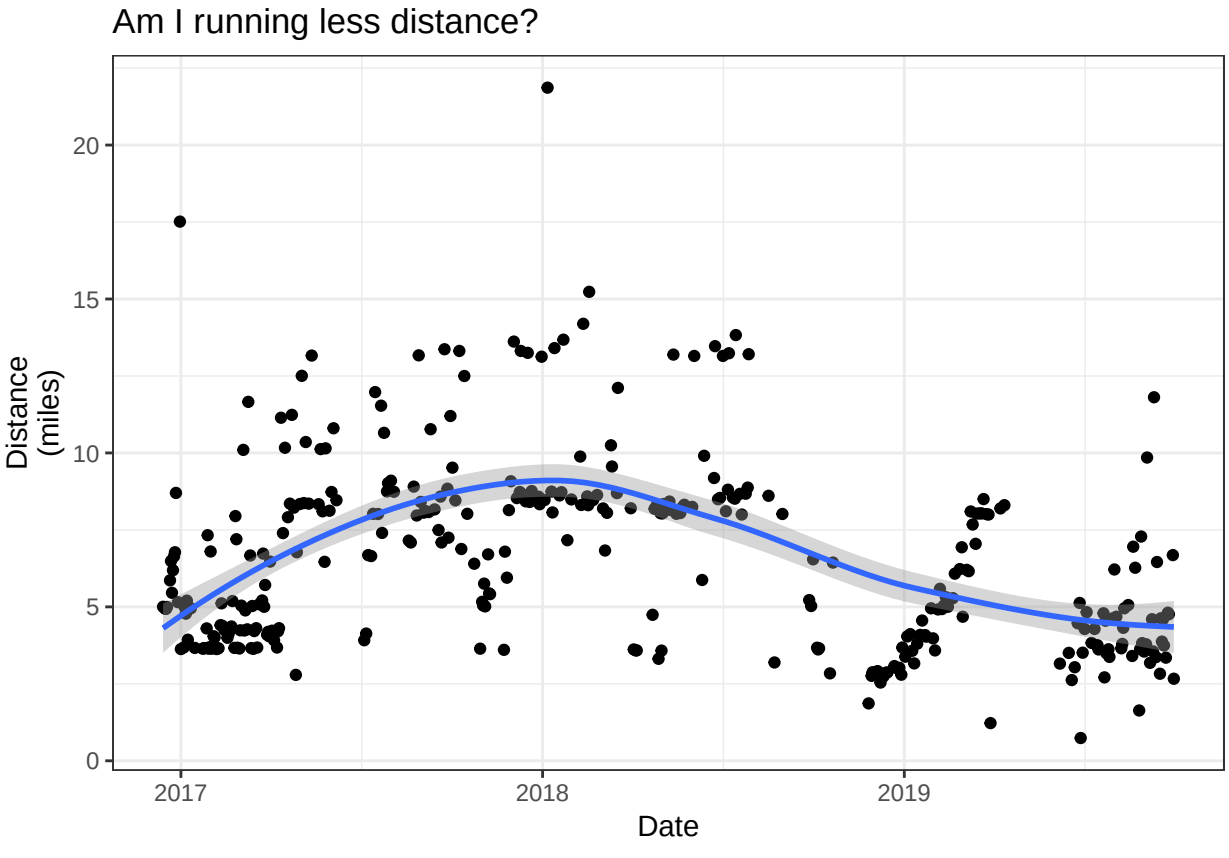
Am I running less distance?
Distance (miles)
0
5
10
15
20
2017
2018
2019
Date