

# LGBTQIA+ inclusive health advocacy services



As an LGBTQIA+ individual, you deserve respectful, personalized care. From finding providers to understanding benefits, we're here to guide you with compassion and confidentiality.

## Not sure where to start? That's okay.

- **Get answers** to your health questions, no matter how big or small
- **Explore care options** that fit your life, your goals, and your needs
- **Find the right support** and resources for your health and well-being



## We offer expert help for LGBTQIA+ inclusive health and benefits navigation. **We can help you:**

- Find LGBTQIA+ affirming doctors and therapists who understand your values and needs
- Coordinate care across doctors, specialists, and insurance providers
- Guide you on preventive care like screenings, vaccinations, and wellness visits
- Understand your insurance, from what's covered to handling billing issues or denied claims
- Get support for your sexual health, including STI testing, prevention, treatment, and understanding your options
- Walk you through options for gender-affirming care like hormone therapy or surgery
- Connect you with Centers of Excellence for advanced or specialized care
- Access HIV-related services including testing, prevention (like PrEP), and treatment
- Find LGBTQIA+ friendly support, including community programs and eldercare resources



We'll listen, answer your questions, and help you figure out the next steps for your care. **Call us or visit us online to get started.**



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