



FINANCIAL AGREEMENT

Thank you for choosing DBT of TOWSON as your mental health care provider. We are honored by your choice and are committed to providing you with the highest quality care. Please read, initial, and sign this form to acknowledge your understanding of our client financial policies.

FEE SCHEDULE:

DBT Intake (two 50-minute sessions): \$300

DBT Skills Training Group (two hours): \$125

DBT Group Materials (workbook and binder): \$35

DBT Individual Therapy (50 minutes): \$125

DBT Individual Skills Review (50 minutes): \$75

Deposit to reserve membership spot in group: \$250

DEPOSIT:

DBT of TOWSON requires a \$250 deposit at the time of assessment in order to reserve your space in group. Should you decide you do not wish to participate in group, providing us with 30 days' notice will result in a full refund of your deposit; providing 14 days' notice will result in a 50% refund of your deposit, and less than 14 days' notice will result in a loss of your deposit. If you become a group member, your deposit will be applied as payment of your final two groups.

INSURANCE:

DBT of TOWSON is not in-network with any insurance providers. Your insurance plan may offer reimbursement for out-of-network services. It is your responsibility to obtain insurance billing procedure information and forms as well as reimbursement schedules. If prior authorization is required for any type of appointment, it is your responsibility to make these arrangements. We will provide you with a statement that you may use to file your claims and, if your insurance company requires treatment updates, we will be happy to provide that at your request. We do not file claims for any carriers. Fees from DBT of TOWSON are your responsibility.

I hereby acknowledge responsibility for this account and guarantee payment of all charges against this account. I understand that this account is my responsibility and not that of my insurance company.

FINANCIAL AGREEMENT:

Payment for services is due at each skills training group session.

DBT of TOWSON is pleased to be able to offer you the convenience of using your credit card. If you choose to pay with a credit card rather than check or cash, your card will be charged an additional 4% processing fee.



A current credit card must remain on file AT ALL TIMES. DBT of TOWSON will charge any balance left on your account to that card. If you miss a session, your card will be charged the session fee of \$125 plus a 4% processing fee. A \$40 fee will be added to your bill if your card is declined.

When you begin a module, you are responsible for paying for the entire module. There is no discount or refund for missed sessions. Missed sessions will be billed to your account at the regular rate of \$125 per session and you are responsible for the entirety of the fee.

DBT of TOWSON assumes that clients plan to complete all three modules of DBT group. In order to maintain group continuity and allow space for new members, we require 30 days' notice if you do not intend to participate in your next scheduled module. Failure to provide 30 days' notice will result in the loss of your \$250 deposit.

Entry and exit from skills training group occurs in between skills training modules (every 7-9 weeks). Should you leave skills group before the end of a module, you are financially responsible for paying for all remaining sessions in the module. You may re-enter group at the start of a new module. If more than 30 days has passed, you may require a new intake assessment.

If you are asked to leave the group, you will be financially responsible for the remainder of the module.

Payment by cash, check, or credit card for individual sessions is due at the time of service and is considered delinquent if not paid within 24 hours after the appointment. A \$40 charge will be assessed for any bounced check. Your services may be suspended if your account is delinquent.

I have read, fully understand, and agree to the term of this Financial Agreement.

Patient

Date

Witness

Date