

Introduction

The Spiel

Group Therapy began as a collective events space housed within a restored shophouse along the gentrified Duxton Road. The space is deliberately tucked away on the 2nd Storey to allow groups to gather and seek respite in the heart of the CBD.

We believe that the best form of nourishment is sought through inter-personal relationships and connections with people, where common values and ideals are forged. Through the comforts of our space, warm hospitality, good food and drink we hope that Group Therapy is the perfect setting and catalyst for such encounters – hence the name!

While operating as a café in the day, our space continues to actively serve as an events space available for lifestyle workshops, private parties & corporate events.

From ensuring that every event held at Group Therapy is customized to individual to our labour of crafting an artisanal cafe menu, we hope to provide for everyone who walks through our doors: A space away from the daily grind.

Commented [dc1]: Is this good? Any updates?

Events

Strong Flour

Commented [dc2]: Would you like a writeup for strong flour? If so, please provide.

Group Therapy Duxton

Housed on the second storey of a restored conservation shophouse in Tanjong Pagar, Group Therapy Duxton is an intimate and charming space with a loft-like ceiling that affords you the flexibility to host your events in comfort and style.

The space can be engaged for private functions such as networking events, media launches, workshops, off-sites and celebrations and can be booked out by section or in its entirety on a hourly, half-day, full-day block. Event packages are all-inclusive of catering and facilities such as a projector & AV support.

The space exudes both character and charm that put your guests at immediate ease and also becomes a common focal point that connects them.

Group Therapy Katong

Located within Katong V, the former Paramount Hotel, Group Therapy Katong is a casual and approachable concept that suits the largely laidback residential neighbourhood that it is a part of. With it's comfortable sofas and familiar décor, the feeling is as if one has stepped into a friend's living room.

The space is ideal for private functions such as networking events and celebrations. Event packages are all-inclusive of catering.

Regroup x Scoop Therapy

Nestled within Hanson Court, a block of revamped studio apartments, Regroup x Scoop Therapy is a dual Cafe & Ice Cream Bar concept. The glassed space welcomes much natural sunlight and the whimsical décor complements the colourfulness of our homemade ice cream. The space is ideal for private functions such as networking events and celebrations. Event packages are all-inclusive of catering and facilities such as a projector & AV support.

Commented [dc3]: Need to update Writeup on Scoop Therapy

Drop us a line at events@gtcoffee.com and speak with us on hosting your next event at Group Therapy!

Cafes & Menu

Our menu is an expression of our love for nourishment through coffee, food and good drink. Our beans are a blend of 100% Arabica beans, carefully crafted together with our local roaster and freshly ground on premise for each and every cup. Our menu serves a mix of dishes suitable for anytime of the day from All-Day Breakfast items to Pastas, Stews, Meats, Soups, Pies and Hot Sandwiches which we do in-house.

We also do love to shout about our dessert menu which boasts an amazing 4-layer Carrot Cake, Old-fashioned Apple Pie, Lemon Tart and Waffles with our own homemade Ice Cream Flavours.

To round off, we also carry a wide range of teas, sodas, craft beers & wines to end every good meal.

Contact Us

Group Therapy Duxton

49 Duxton Road

#02-01

Singapore 089513

T: +65 6222 2554

E: events@gtcoffee.com

Cafe Opening Hours

Mondays: Closed

Tuesdays - Sundays (including PH): 10am-6pm

Kitchen closes at 5pm, Bar closes at 530pm

Group Therapy Katong

30 East Coast Road

Katong V

#01-11

Singapore 428751

E: events@gtcoffee.com

Cafe Opening Hours

Mondays – Sundays: 8am-9pm (last order at 830pm)

Scoop Therapy

11 East Coast Road

The Odeon Katong

Singapore 428722

T: +65 6247 9335

E: contact@scooptherapy.com

Cafe Opening Hours

Tuesday - Thursday: 2-10pm

Friday & Saturday: 12pm-12am

Sunday: 12-10pm

Closed Mondays

[Photos/ Gallery](#)

Commented [dc4]: Please Review the information and advise the preferred ordering of list.

Commented [dc5]: Do you have photos you'd like to share?