NC PHASE ONE

NC Gov. Roy Cooper: April 23, 2020 Stay at home order extended to May 8th



- Leave home to visit any open business
- Any open stores maintain employee/consumer social distancing, enhanced hygiene and cleaning, symptom screening of employees.
- Gatherings of no more than 10 people
- Reopen parks
- Face coverings in public when 6 feet of distance isn't possible
- Continue teleworking policies
- Continue rigorous restrictions on nursing homes

WRAL NEWS

NC PHASE TWO

*at least 2-3 weeks after Phase One



- Lift stay-at-home order; vulnerable people still stay home
- Limited opening of restaurants, bars, gyms and other businesses, but with safety protocols and reduced capacity
- Gatherings allowed at houses of worship, entertainment venues, but with reduced capacity
- Increase in number of people allowed at gatherings
- Open public playgrounds
- Continue rigorous restrictions on nursing homes

WRAL NEWS

NC PHASE THREE

*at least 4-6 weeks after Phase Two



- Vulnerable people continue practicing physical distancing and minimizing exposure
- Increased capacity at restaurants, bars, other businesses, houses of worship, and entertainment venues
- Increase the number of people allowed at gatherings
- Open public playgrounds
- Continue rigorous restrictions on nursing homes