

Sonya Glenn | Client Relationship Manager

Raleigh, NC | DOH: July 2014

Sonya was born in Fort Meade, MD, and grew up just outside of Annapolis. She moved to Clayton, NC in 2014 to join CAPTRUST, and enjoy a slower pace of living in comparison with the Baltimore-Washington corridor. She lives with her husband, teenage daughter, and mom, along with a couple of spoiled-rotten rescue dogs. She also has two grown daughters, and two sweet grandbabies who live in Missouri and Maryland.

Favorite Quote

“Nothing splendid has ever been achieved except by those who dared believe that something inside of them was superior to circumstance.” – Bruce Barton

Three movies I would watch every time they come on

A Few Good Men, Grown Ups, Dirty Dancing

If I could have lunch with any person (past or present), it would be

Oprah Winfrey. I am inspired by strong women, who have overcome the circumstances dealt to them. I also admire her determination to give back.

Hobbies/Interests

Cooking, reading, traveling, watching sports, wine, lighthouses. I'm also a proud board member of the Clayton High School Band Boosters.

Places I would like to travel or visit

The Greek Islands, Italy, Ireland, Scotland, and western Canada

Bucket list item

I would love to take a Mediterranean cruise, and also a river cruise in Europe.

