

Cynthia Rico | Client Management Consultant

Minneapolis, MN | DOH: March 2018

Cynthia was born in Ann Arbor, Michigan and raised in Hampton, Minnesota with one younger sister. She grew up on a farm near Minneapolis, and attended college in St. Paul, Minnesota where she majored in Sociology. She worked for 25 years as a manager in nonprofit social services and in addition to working for CAPTRUST, helps manage the family farm along with her three adult children.

Hobbies/Interests

Dairy goats, horseback riding, and sustainable agriculture

Places she has travelled/visited

Los Angeles, Phoenix, Miami Beach, San Antonio, Salt Lake City – all for work! She used to be assigned to Phoenix and had clients throughout Arizona, Pasadena, and Salt Lake City.

Favorite Author

Frank Herbert – science fiction is her favorite.

Fun Facts

She produced a cable TV show in Minneapolis for over 10 years.

Bucket list

Hitting the road with her horse and spa camping (glamping) somewhere in Montana.

What she would bring to a potluck

Parking Lot Taco Dip – being a busy mom, she developed this as a quick thing she could pick up after work and assemble in the parking lot. Her kids have actually asked for the recipe.

