

# 3D TMT MAKER GUIDE



## INTRO

more info at [3DMobility.org](https://3DMobility.org)

Created by MakeGood INC

Licensed under: Public Domain

Chair Version: Public Beta A

Guide Version: Guide A.1

Designed By: MakeGood, LINK  
PBC, Tikkun Olam Makers



The 3D Toddler Mobility Trainer is an affordable, open-source solution designed to support independent mobility for young children in indoor environments.



more info at [3DMobility.org](https://3DMobility.org)



# 3D TMT MAKER GUIDE



INTRO

more info at [3DMobility.org](https://3DMobility.org)

## Change log

Update 2025 12 04 -

Some users report bed warping on the front part of the 'Handle' files. This leads to a gap when fully assembled. I have updated the print profiles to include a 10mm brim for these parts. I have also updated these instructions. -Noam



# TMT 3D MAKER GUIDE

## INTRO

more info at [3DMobility.org](http://3DMobility.org)



Want to volunteer to make this chair for a family in need? Sign up to our network here:



**Why?** Many toddlers and young children with disabilities lack the physical strength or coordination needed to crawl or walk independently-- even though they may be ready to explore and engage with their environment. Wheelchair options for this age group are rarely available, affordable, or covered by most insurance providers.

**How?** This product helps kids learn to move in a seated position using their arms and/or hands, providing increased mobility for those with limited lower limb strength.

**Skills?** Intermediate level 3D printing skills are needed for this project. This project is totally doable for newbies as well, with a little grit and determination.

**Cost?** \$200 Estimated Cost (\$50 hardware, \$150 materials)

**PRINTER RECOMENDATION: BAMBU LAB**

**A1 or BETTER. 256mm<sup>3</sup> bed volume required**



# TMT 3D MAKER GUIDE

INTRO

more info at [3DMobility.org](https://3DMobility.org)



## IMPORTANT! PLEASE NOTE:

The Toddler Mobility Trainer (TMT) is a prototype device that has not been tested for safety or efficacy. Use at your own risk. The designers and makers of the TMT are not responsible for use resulting in injury. Use under the supervision of adults. For indoor use only. If you are not comfortable using this device do not use it. Consult with your clinical professional (such as a Physical Therapist or Physician) for sizing, fitting, and appropriateness of this device for each individual intended to use it. By using this device, you understand the above, and waive all applicable liability.

YOU MUST AGREE TO ALL TERMS AND  
CONDITIONS FOUND AT

<https://www.3dmobility.org/terms-and-conditions/>



# TMT 3D MAKER GUIDE

INTRO

more info at [3DMobility.org](https://3DMobility.org)



## Before you start...

- Carefully read the entire product file to ensure that you have all the required tools, materials and correct printer settings BEFORE you start making the product.
- Send us feedback if you are having difficulty building this product - leave a comment at <https://3dtmt.discourse.group/>
- **Have fun and give yourself a pat on the back for making the world a better place!**

## Tools Needed:

- FDM Printer
- Filament Dryer
- 13MM (1/2") Socket and 13MM (1/2") Wrench
- Rubber Mallet
- Tools to remove filament supports: flush cutters, pliers, sandpaper, deburring tool

## Filament Needed:

- 10 spools of PETG/ABS/ASA
- 3 Spools of TPU 95A
- Optional - 1 Spool of TPU Foaming

Need printing help? General Questions? Join the 3D TMT Forum at:

<https://3dtmt.discourse.group/>



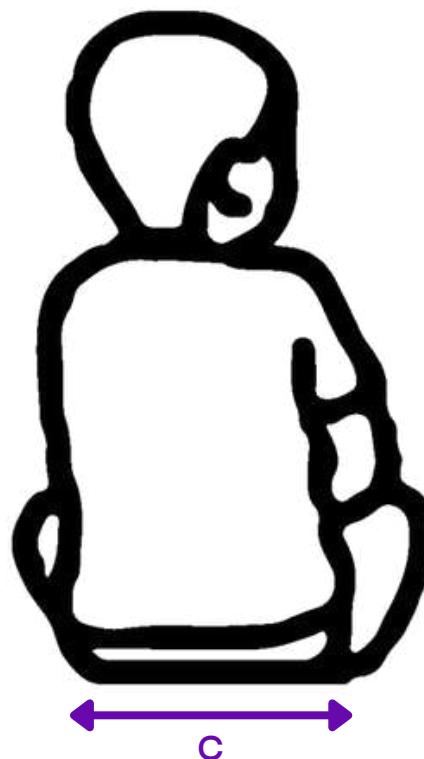
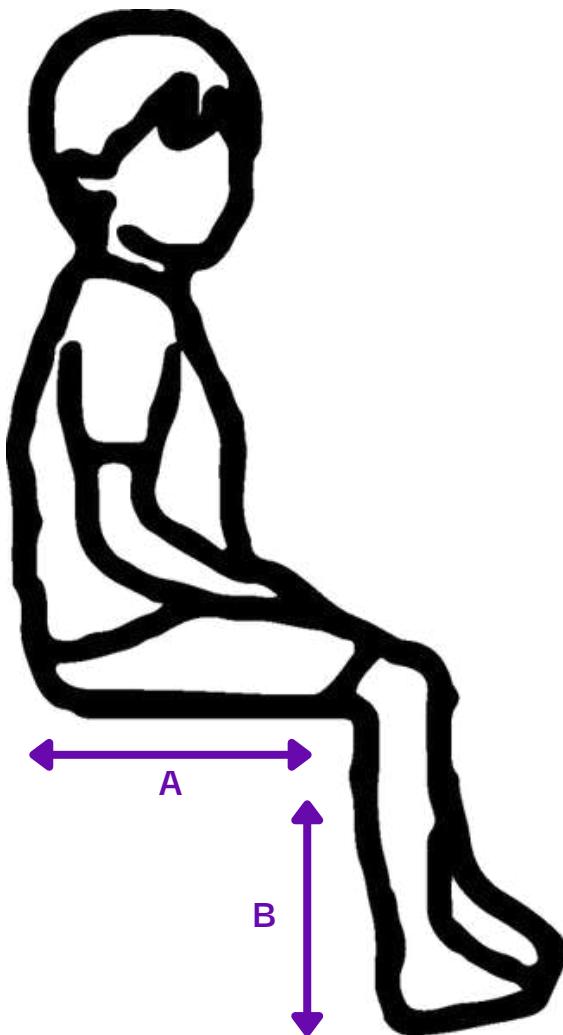
# TMT 3D MAKER GUIDE

INTRO

more info at [3DMobility.org](https://3DMobility.org)



To properly fit into the TMT and operate it safely, children should fall within the following size ranges:



**A - Backrest to back of knee**  
190mm - 254mm (7.5-10 in)

**B - Back of knee to heel**  
140mm - 222mm (5.5 - 8.25 in)

**C - Hip width**  
280mm (11 in MAX)

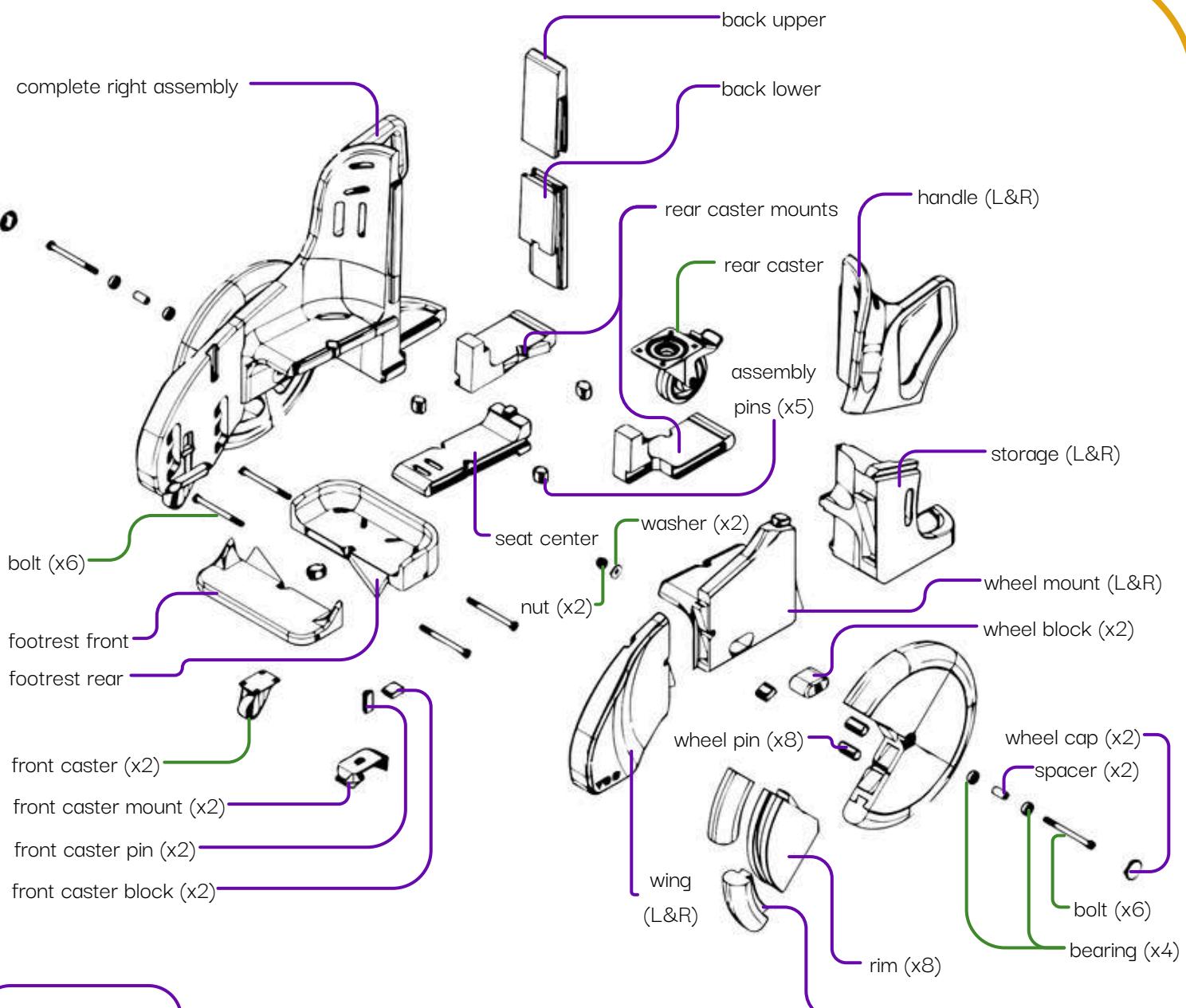
Children must be able to use their upper extremities to operate the TMT and push themselves forward.



# TMT 3D MAKER GUIDE

INTRO

more info at [3DMobility.org](http://3DMobility.org)



3D printed parts

purchased  
hardware



# TMT 3D MAKER GUIDE

INTRO

more info at [3DMobility.org](http://3DMobility.org)



## Parts to buy:

Description	Quantity	Cost	Purchase Link
<b>Axle bolts and footrest mounts -</b> <b>10.9 Steel Hex Head Screw</b> <b>M8 x 1.25 mm Thread Size,</b> <b>110 mm Long, Partially Threaded</b>	6	\$1.60 each	<a href="https://www.mcmaster.com/90447A170/">https://www.mcmaster.com/90447A170/</a>
<b>Washer M8 Screw Size,</b> <b>8.4 mm ID, 24.0 mm OD</b>	2	\$0.14 each	<a href="https://www.mcmaster.com/91100A160/">https://www.mcmaster.com/91100A160/</a>
<b>Nylon-Insert Flange Nut</b> <b>M8 x 1.25 mm Thread</b>	2	\$1.40 each	<a href="https://www.mcmaster.com/products/97071d103/">https://www.mcmaster.com/products/97071d103/</a>
<b>608 ball bearing</b>	4	0.35 each	<a href="https://a.co/d/OTRScKa">https://a.co/d/OTRScKa</a>
<b>Caster Front</b>	2	2.05 each	<a href="https://a.co/d/cLj5Ene">https://a.co/d/cLj5Ene</a>
<b>Caster Rear</b>	1	\$32.90	<a href="https://www.mcmaster.com/27075T72/">https://www.mcmaster.com/27075T72/</a>



Caster Rear



Caster Front



Axle Bolt



# TMT 3D MAKER GUIDE

INTRO

more info at [3DMobility.org](http://3DMobility.org)



Image for reference only.  
Visit MakerWorld page for  
detailed printing instructions



## Settings

- Minimum Bed Size • 256mm<sup>3</sup>
- Materials needed • PETG/ABS/ASA and 95A TPU
- Nozzle Diameter • 0.4mm
- Layer Height • 0.2mm
- Support • Tree supports



The pre-sliced .3mf files on MakerWorld contain all parts and accessories. Use the published print profiles to ensure success. Individual pre-sliced parts and STEP files are also available on MakerWorld

Recommend adhesive for print bed for larger parts.



# TMT 3D MAKER GUIDE

## ASSEMBLY

more info at [3DMobility.org](https://3DMobility.org)



Can be easily assembled with one person, but more fun with a friend!!!!



Want to watch an assembly video?

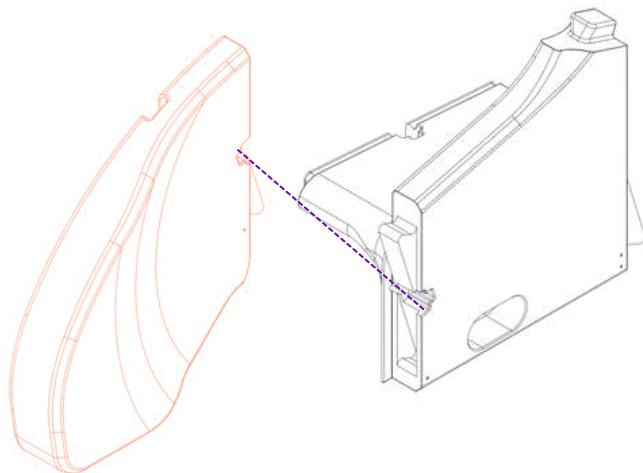
Check out [3DMobility.org](https://3DMobility.org)



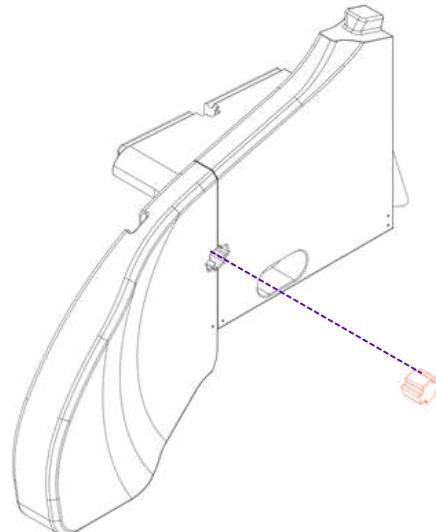
# TMT 3D MAKER GUIDE

## ASSEMBLY

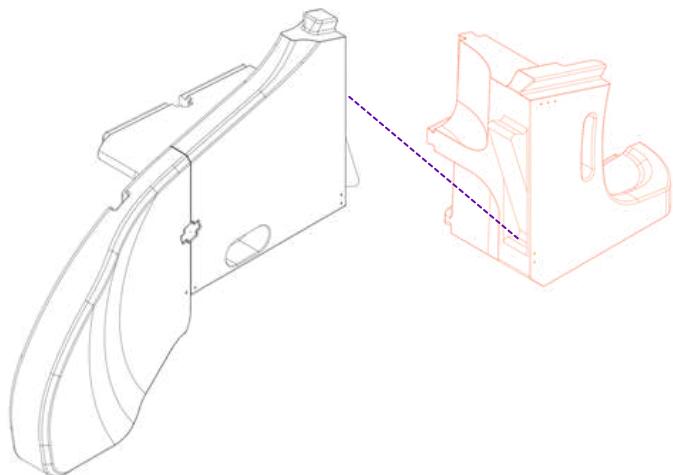
more info at [3DMobility.org](https://3DMobility.org)



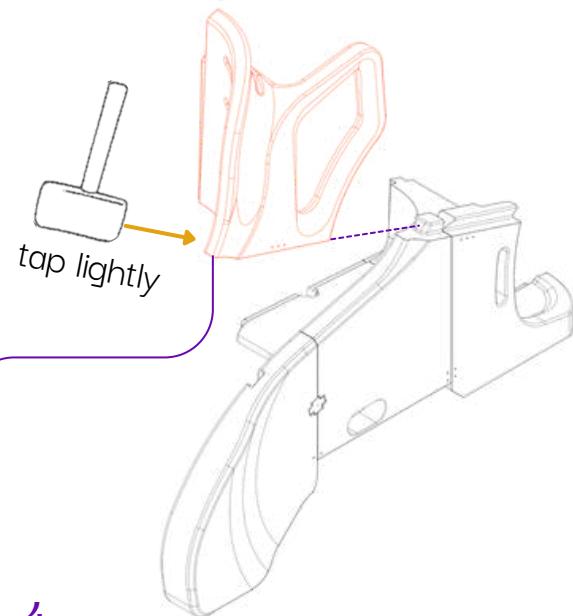
1



2



3



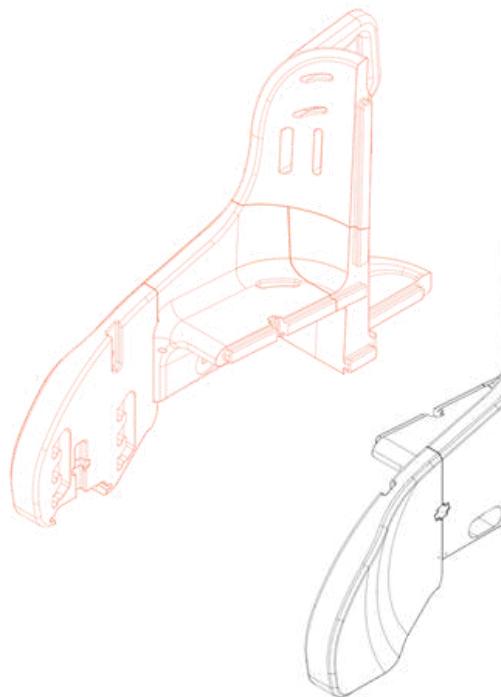
4

NOTE: ensure this section is  
not warped. can lead to a  
gap when fully assembled

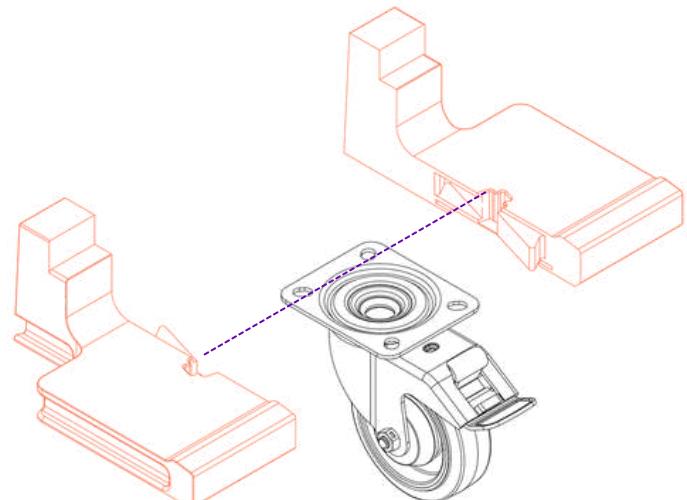
# TMT 3D MAKER GUIDE

ASSEMBLY

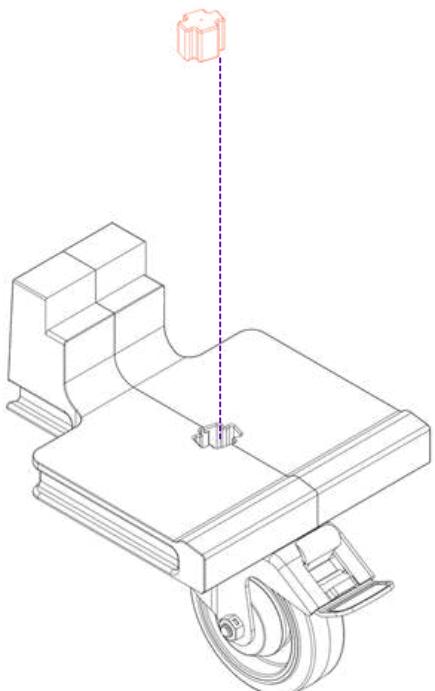
more info at [3DMobility.org](http://3DMobility.org)



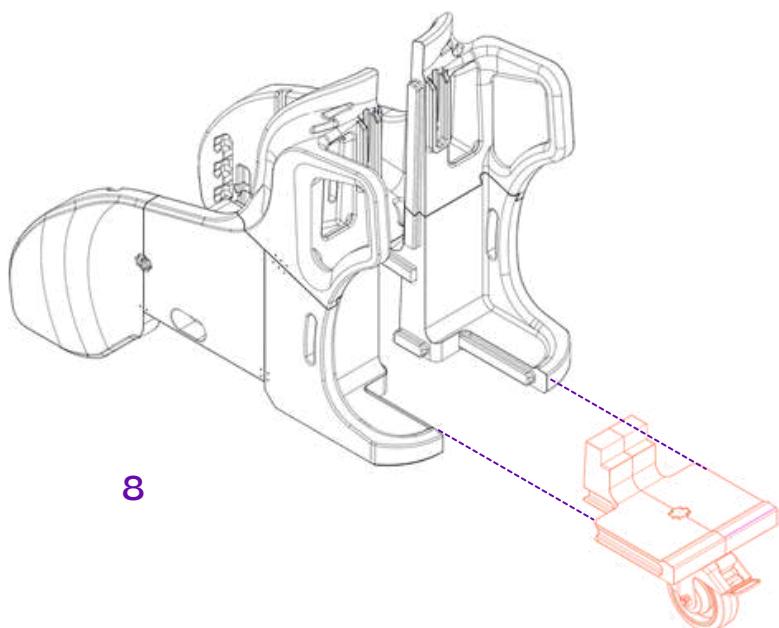
5



6



7

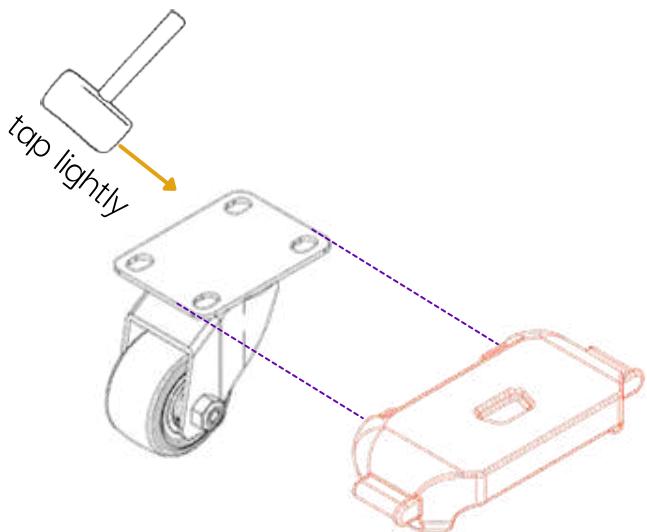


8

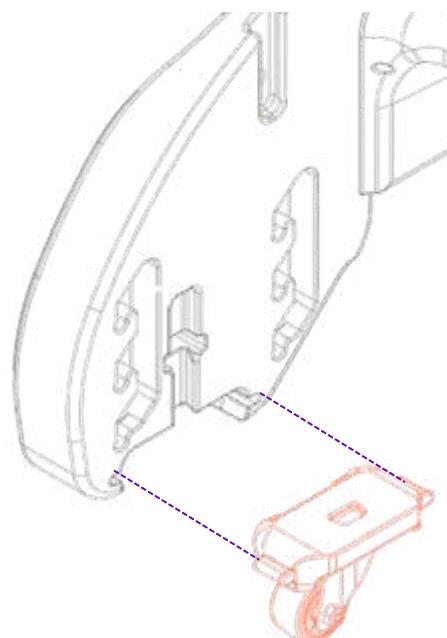
# TMT 3D MAKER GUIDE

## ASSEMBLY

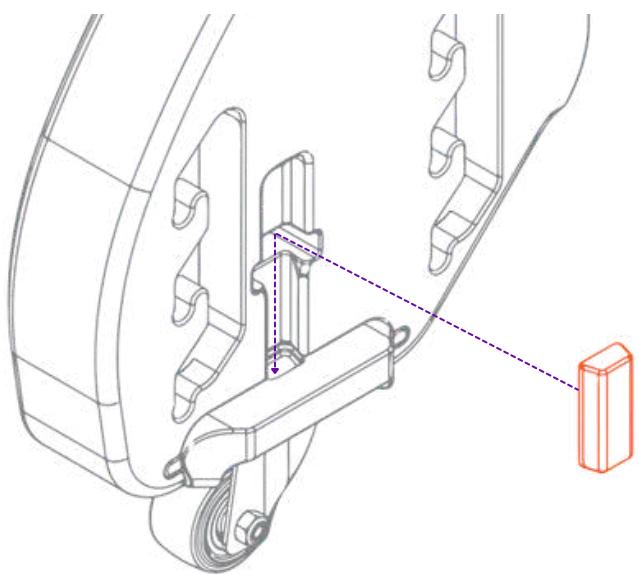
more info at [3DMobility.org](https://3DMobility.org)



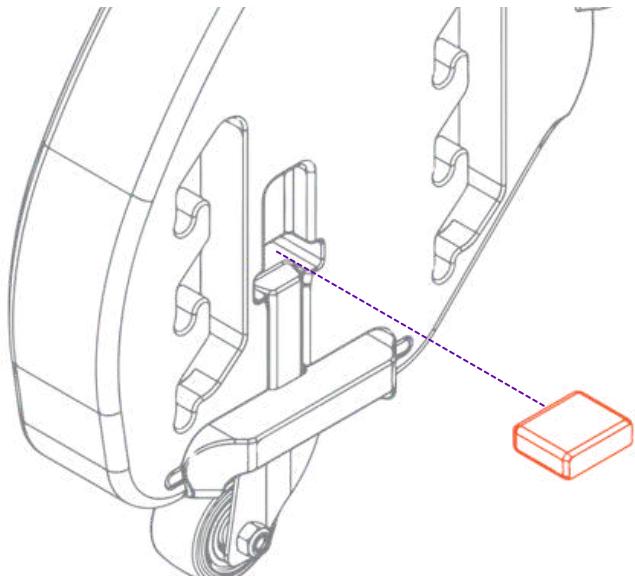
9



10



11

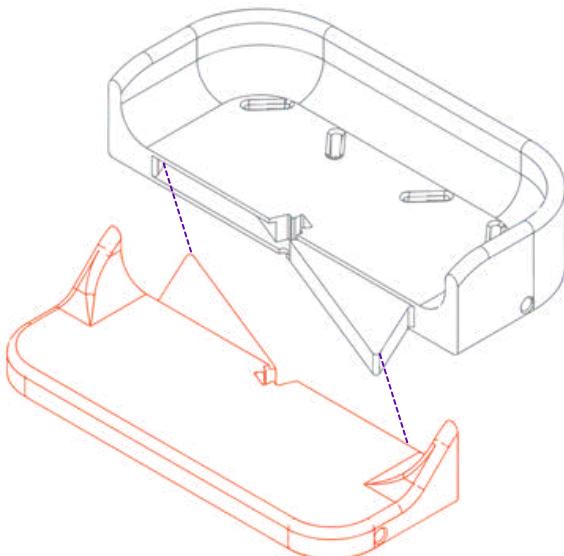


12

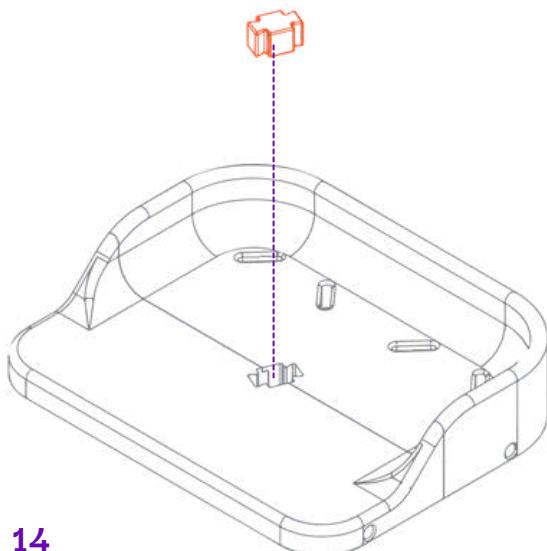
# TMT 3D MAKER GUIDE

## ASSEMBLY

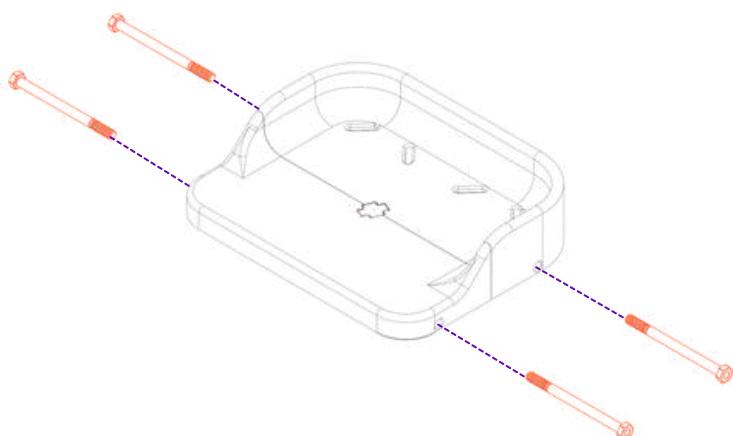
more info at [3DMobility.org](https://3DMobility.org)



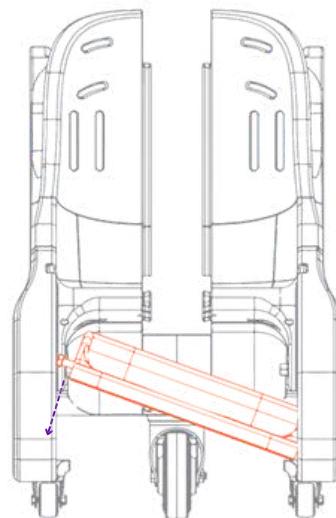
13



14

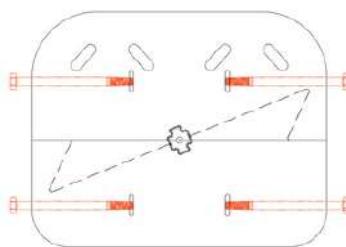


15



16

Use wrench to tighten bolts into footrest until bolts are visible in the indicator slits on the underside of the part.



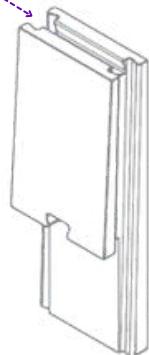
# TMT 3D MAKER GUIDE

## ASSEMBLY

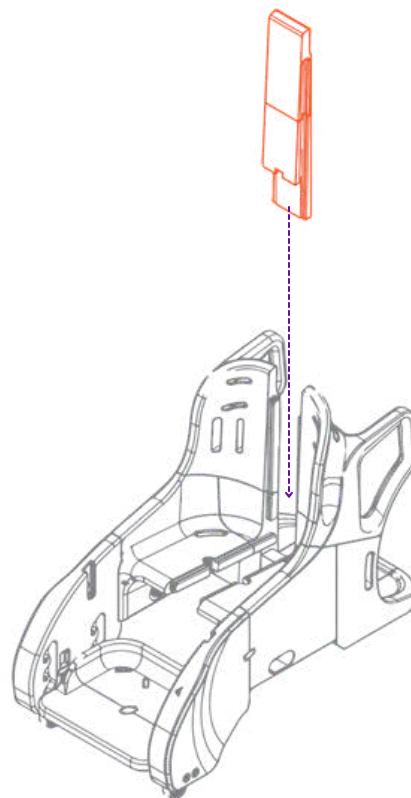
more info at [3DMobility.org](https://3DMobility.org)



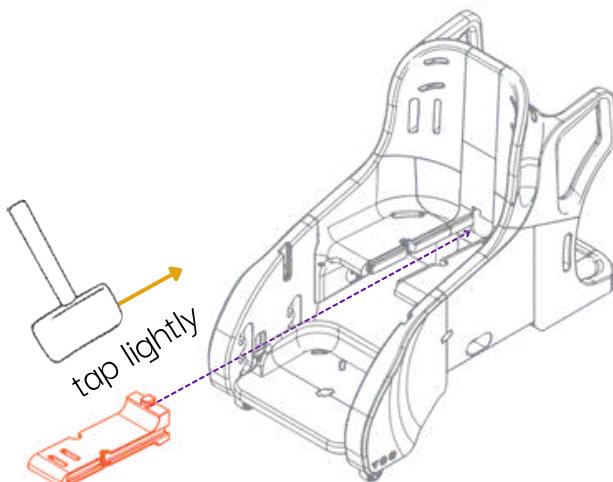
logos facing rear



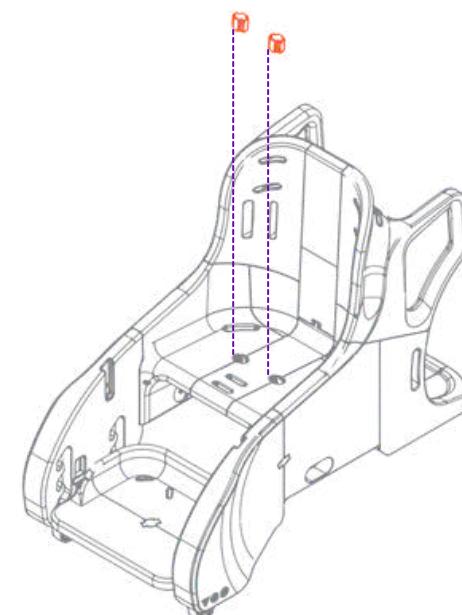
17



18



19

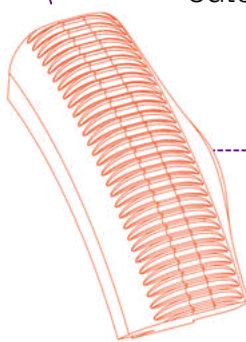
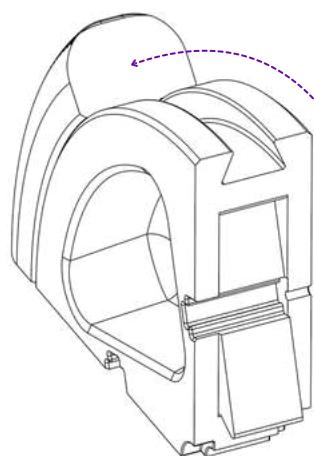


20

# TMT 3D MAKER GUIDE

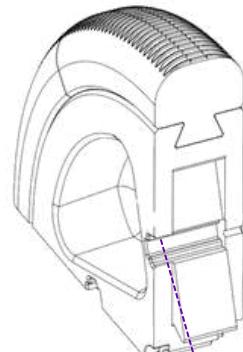
## ASSEMBLY

more info at [3DMobility.org](http://3DMobility.org)

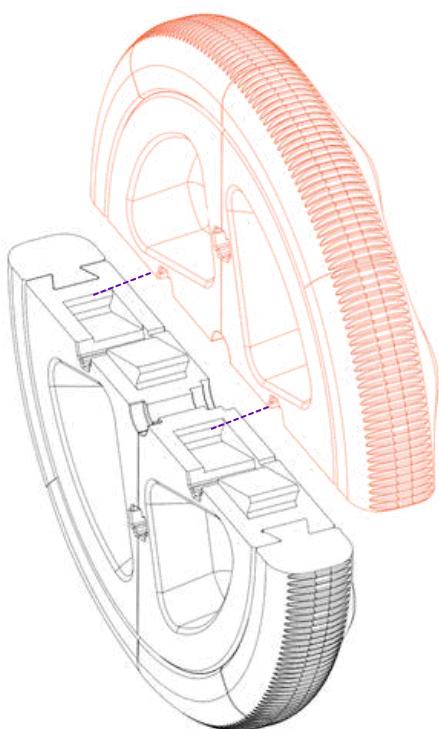
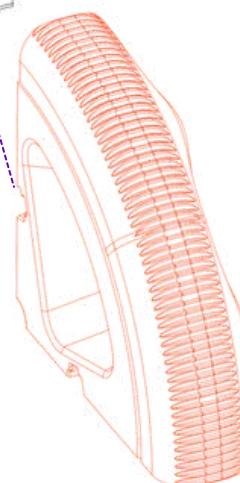


21

handgrips on  
outside of wheel



22

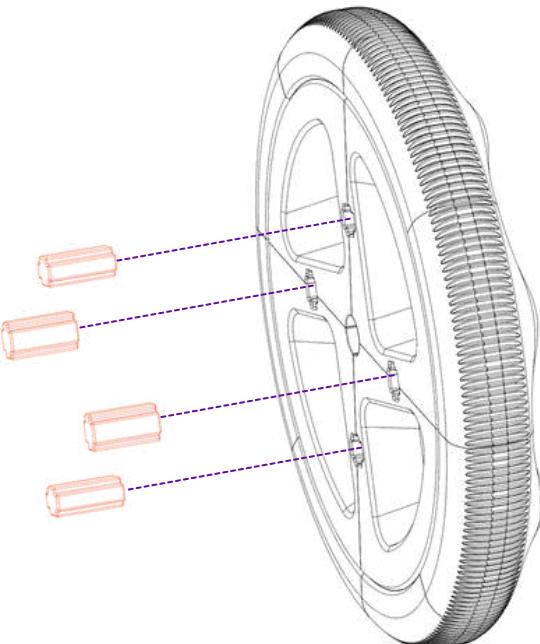


23

24



24



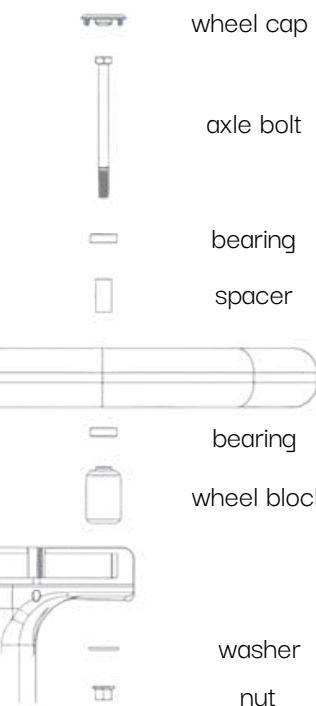
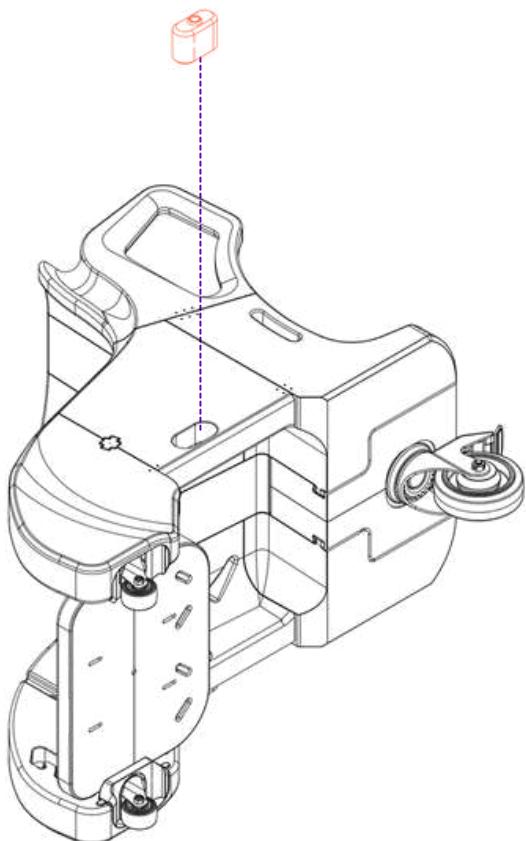
# TMT 3D MAKER GUIDE

## ASSEMBLY

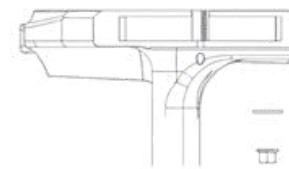
more info at [3DMobility.org](https://3DMobility.org)



25

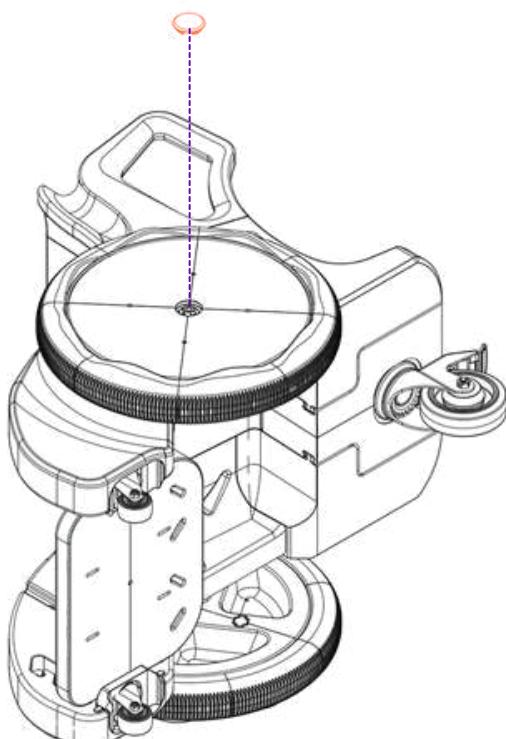


26



tighten wheel so it spins smoothly

27



Base chair complete!



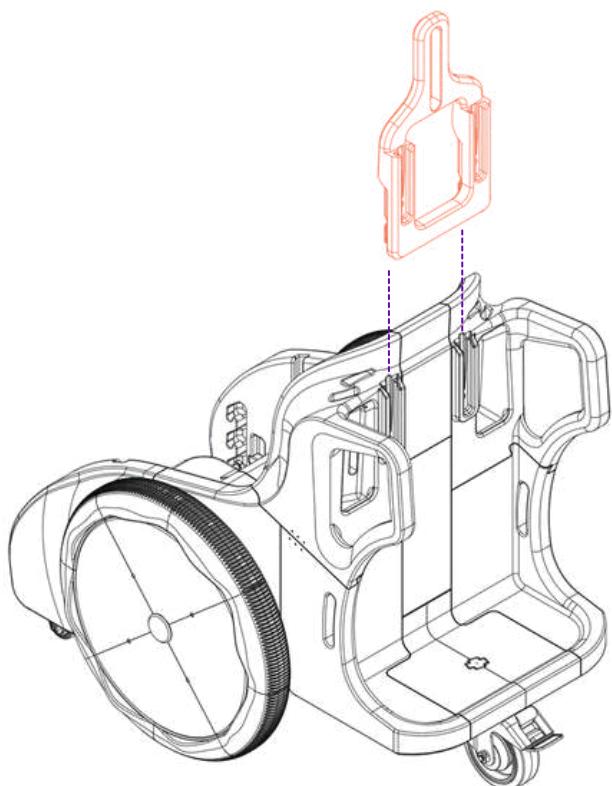
# TMT 3D MAKER GUIDE

## ACCESSORIES

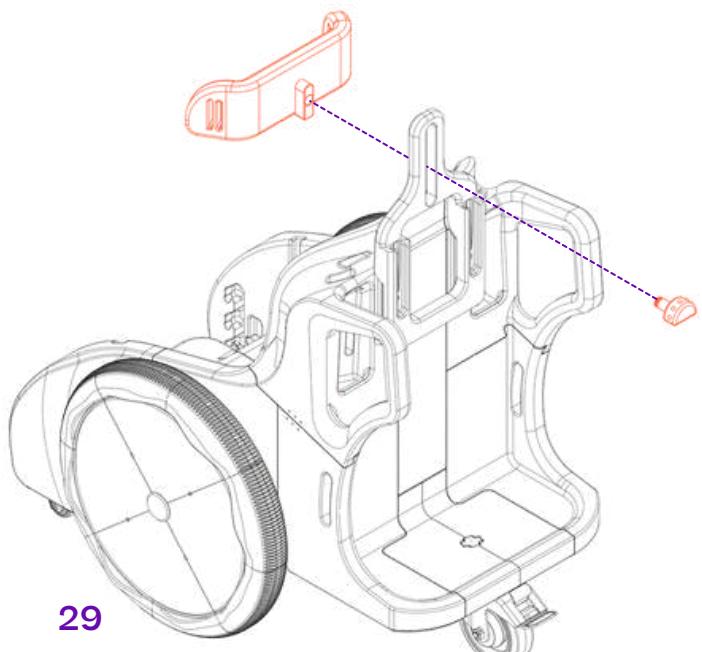
more info at [3DMobility.org](https://3DMobility.org)



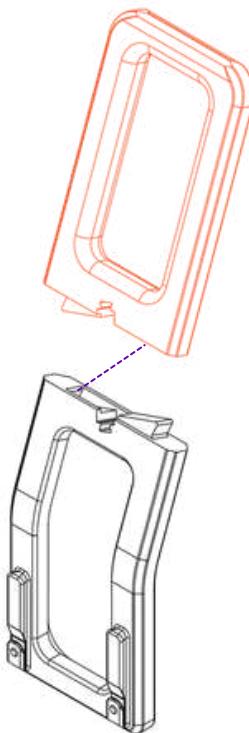
28



29



30



slide brackets around  
joint and insert pin

31



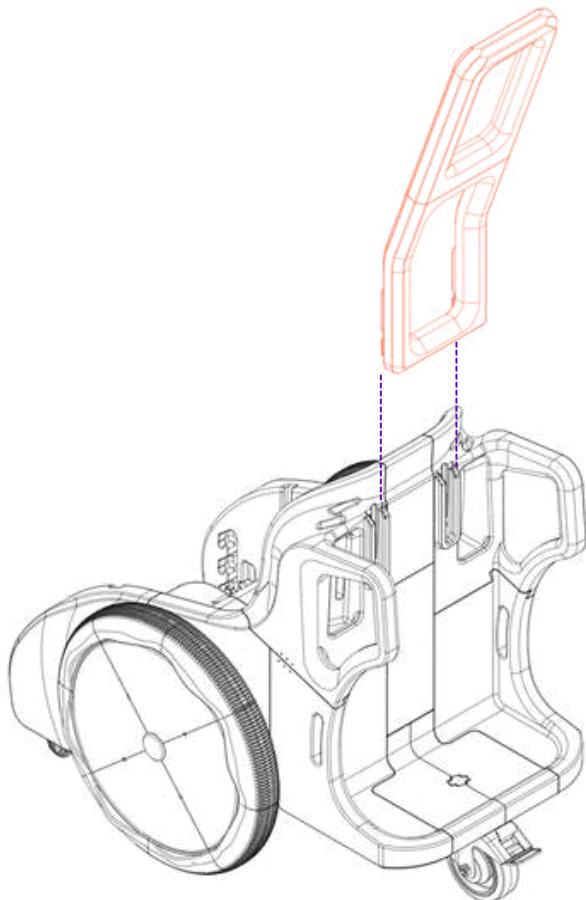
# TMT 3D MAKER GUIDE

## ACCESSORIES

more info at [3DMobility.org](https://3DMobility.org)



32



To use the headrest and push handle as the same time, install headrest first and then install push handle on top of that



push handle grip install. Note direction of logo

# TMT 3D MAKER GUIDE



## ACCESSORIES

more info at [3DMobility.org](https://3DMobility.org)



Attach sticky velcro to  
chair and cushions



Cushion install complete



# TMT 3D MAKER GUIDE



## ACCESSORIES

more info at [3DMobility.org](https://3DMobility.org)



27

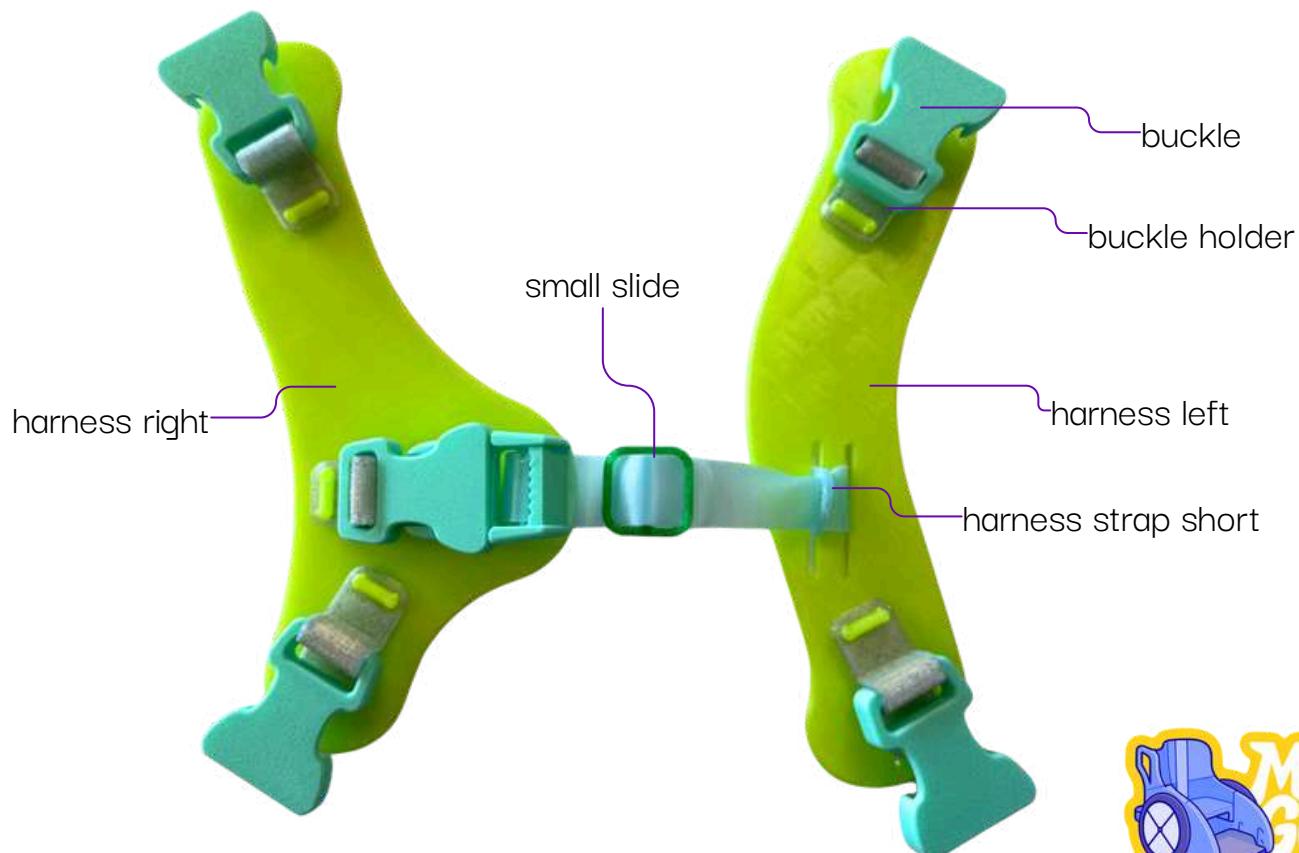
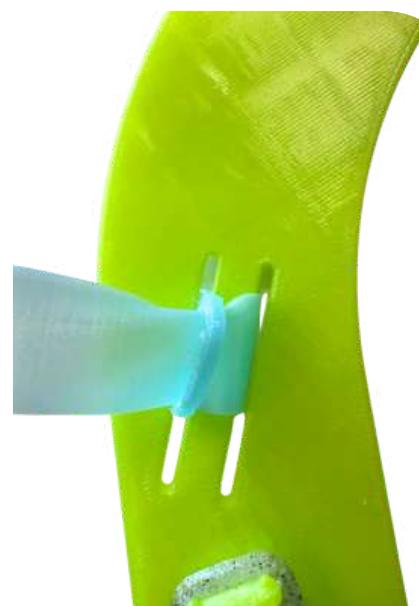
# TMT 3D MAKER GUIDE

## ACCESSORIES

more info at [3DMobility.org](http://3DMobility.org)



fold in half before  
inserting

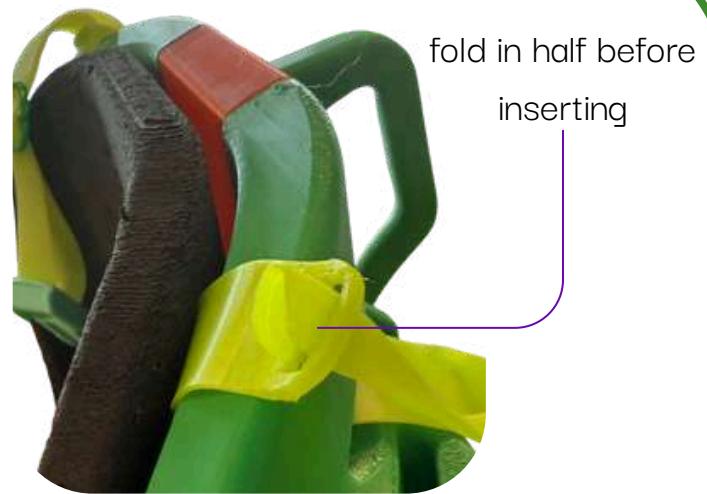


# TMT 3D MAKER GUIDE



Misc

more info at [3DMobility.org](https://3DMobility.org)



add slide and buckle



# TMT 3D MAKER GUIDE

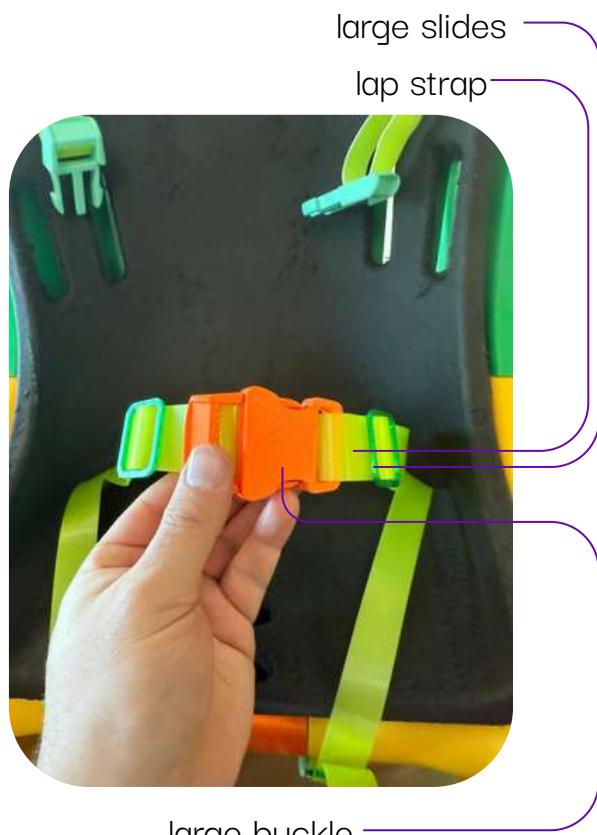


Misc

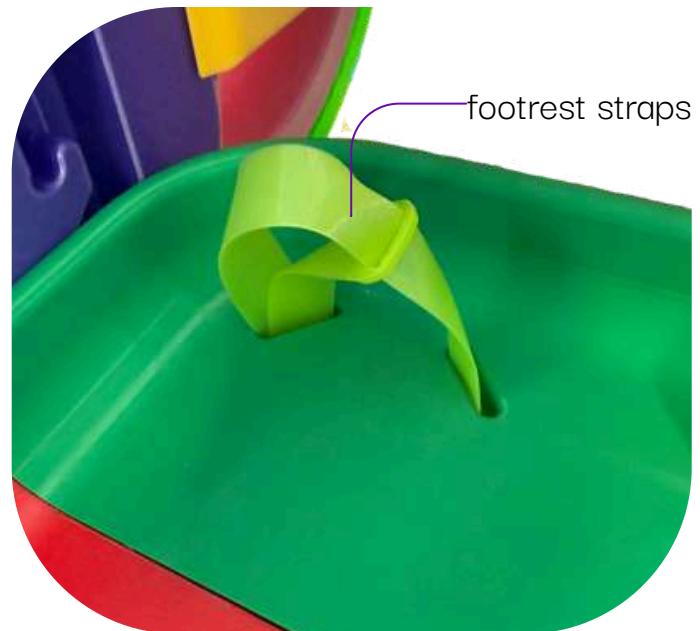
more info at [3DMobility.org](https://3DMobility.org)



lap strap goes  
under the chair  
and around to the  
other side



27



large buckle



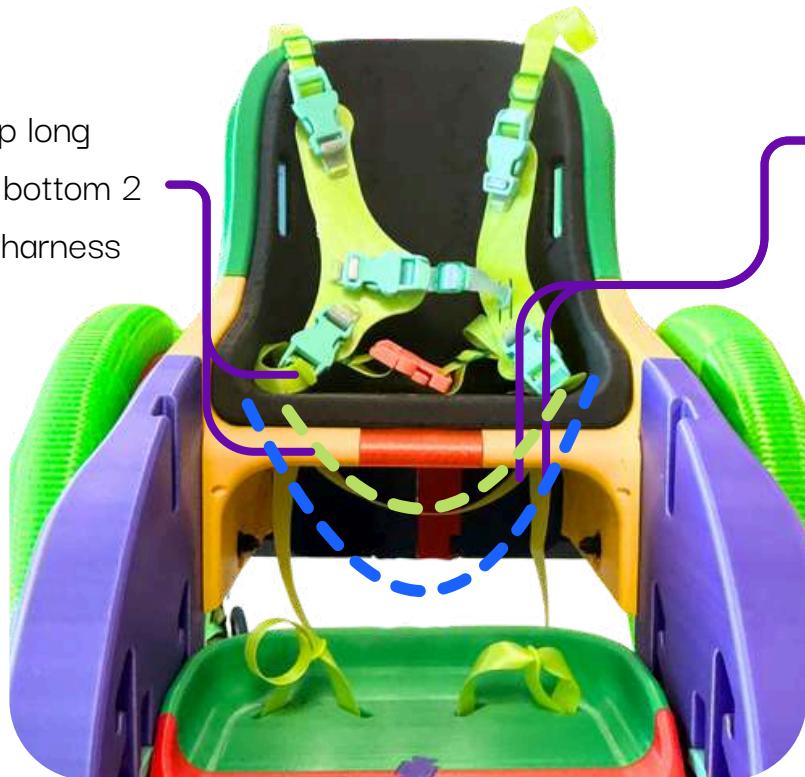
# TMT 3D MAKER GUIDE



Misc

more info at [3DMobility.org](https://3DMobility.org)

Harness strap long connects to the bottom 2 buckles of the harness



Lap strap and Harness strap long both go under and around the bottom of the chair

Lap strap and Harness strap long both go under and around the bottom of the chair



footrest straps



# TMT 3D MAKER GUIDE

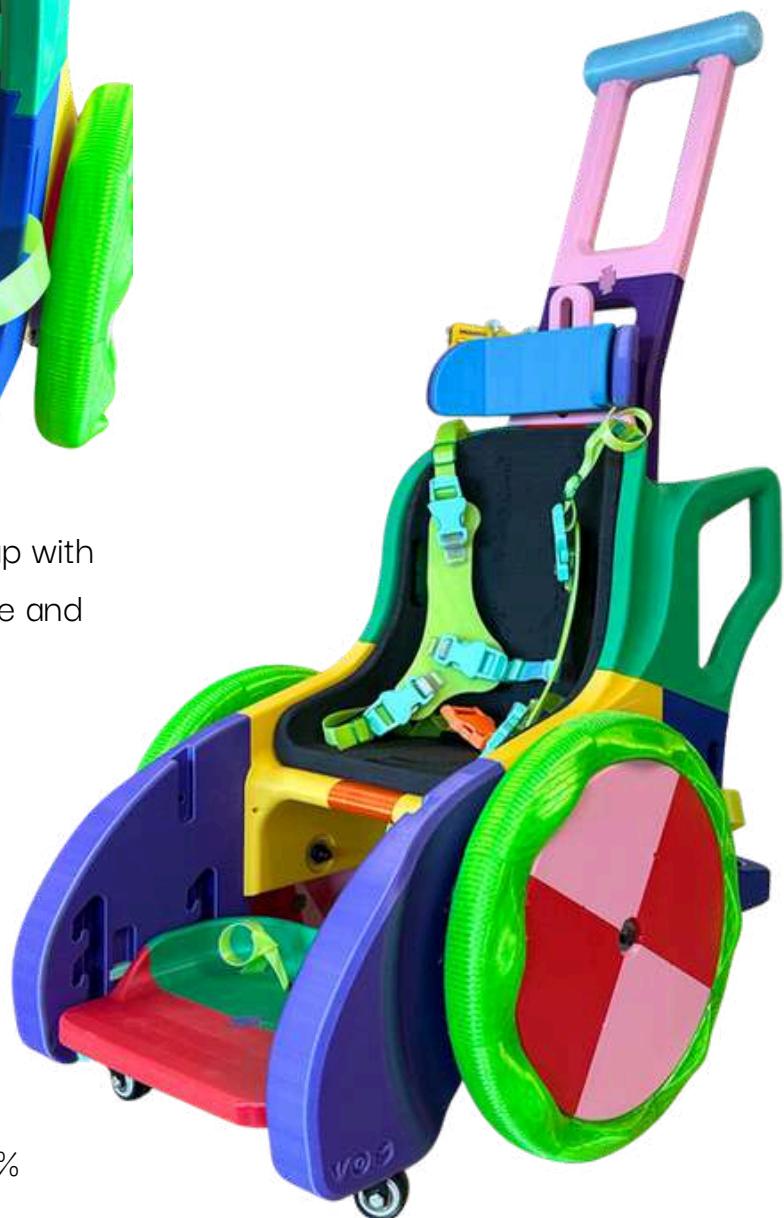


Misc

more info at [3DMobility.org](https://3DMobility.org)



storage strap with  
large buckle and  
slides



chair is 100%  
complete!

# TMT 3D MAKER GUIDE



Misc

more info at [3DMobility.org](https://3DMobility.org)

## Printing with Foaming TPU

We recommend using Foaming TPU for the cushions. This is printed much softer than regular TPU. Print with 8-10% infill at the softest settings possible. **Load from the top of the machine.** 0.6 nozzle may be required for use in Bambu A1.

### Use BLUE TAPE as a bed surface

This material may be called:

- TPU Foaming
- TPU Aero
- TPU Air
- TPU Lightweight

Readily available brands:

- Siraya Tech TPU Air (available on Amazon)
- eSun TPU Lightweight (available on Amazon)



Example setting adjustment for Siraya Tech TPU Air

Regular 95A TPU  
(2% infill)



Siraya Tech TPU AIR  
printed at 66A  
(10% infill)  
(stringing is normal and  
easily removed)



# TMT 3D MAKER GUIDE



Misc

more info at [3DMobility.org](https://3DMobility.org)

## IMPORTANT! safety and build checks

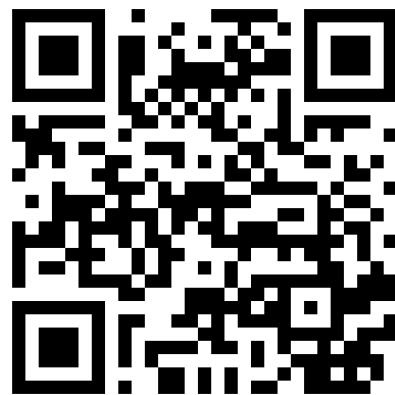
- All pieces are locked together and there are no gaps between pieces
- Main wheels are tightened so they are not wobbly but spin freely
- The back and side wheels are touching the ground
- The front wheels are slightly off the ground
- The footplate can slide freely

## UPLOAD YOUR BUILD

QR Code or on [3DMobility.org](https://3DMobility.org)



MORE INFO AT [3DMobility.org](https://3DMobility.org)



## THANK YOU TO OUR SPONSORS!

These companies generously donated equipment and materials to make this project happen!

Check them out!

