

Essential Nutrients

<div><div><div>Folate</div><div>600 MCG</div><div><div></div><div>Pisticci, Italy</div></div></div><div></div></div>	
<div><div><div>Omega-3</div><div>320 MG</div><div><div></div><div>South Carolina, USA</div></div></div><div></div></div>	
<div><div><div>Vitamin D3</div><div>2000 IU</div><div><div></div><div>United Kingdom</div></div></div><div></div></div>	
<div><div><div>Iron</div><div>8 MG</div><div><div></div><div>Utah, USA</div></div></div><div></div></div>	
<div><div><div>Vitamin K2</div><div>90 MCG</div><div><div></div><div>Oslo, Norway</div></div></div><div></div></div>	
<div><div><div>Magnesium</div><div>50 MG</div><div><div></div><div>Pisa, Italy</div></div></div><div></div></div>	
<div><div><div></div><div><div></div><div>+</div></div><div>Add a new ingredient</div></div></div>	



Folate

600 mcg

Our enzymatically active and cell-identical 5MTHF folate is an optimal form.

Found In *Lentils, avocado, and oranges.*
Form *6S-5-methyltetrahydrofolate, Glucosamine Salt*
Source *Salt, Phenylethylamine and Glucosamine*
Supplier *Gnosis*
Final Location of Manufacturing *Pisticci, Italy*

Read some *Research*

< [Foods, fortificants, and supplements: where do Americans get their nutrients?](#) >
Nutrition Impact LLC - 2011