

Essential Nutrients

Search

Folate

600 MCG



📍 Pisticci, Italy

Omega-3

320 MG



📍 South Carolina, USA

Vitamin D3

2000 IU



📍 United Kingdom

Iron

8 MG



📍 Utah, USA

Vitamin K2

90 MCG



📍 Oslo, Norway

Magnesium

50 MG



📍 Pisa, Italy



Add a new ingredient



Folate

600 mcg

Our enzymatically active and cell-identical 5MTHF folate is an optimal form.

Found In *Lentils, avocado, and oranges.*
Form *6S-5-methyltetrahydrofolate, Glucosamine Salt*
Source *Salt, Phenylethylamine and Glucosamine*
Supplier *Gnosis*
Final Location of Manufacturing *Pisticci, Italy*

Read some *Research*



[Foods, fortificants, and supplements: where do Americans get their nutrients?](#)



Nutrition Impact LLC - 2011