



Leopard Cycle



SEPTEMBER — NOVEMBER

TEST NOVEMBER 11-13

UPCOMING CLOSURES

September 14-15

October 6-8th

October 31st

**PERFECT
ATTENDANCE
THIS CYCLE:
16 CLASSES**

**October is
BULLY
PREVENTION
MONTH**

**We are proud to
announce we are
now members of
Martial Arts
Against Bullying**

So many great events!

Make a Buddy.

Bring a Buddy

Make a new friend at school and invite them to join you for class on Saturday, September 16th. Buddy cards available at the front desk.

Daytime Kid's class

Beginning September 20th, we will offer a daytime class for Dragons thru Panthers 10:15am Wednesdays and Fridays concurrent with Women's class. If you know a homeschool family that would like to join us, pass along info!

Make sure you're connected

- ◆ Follow us on Facebook
- ◆ Let us know if you aren't receiving emails
- ◆ Visit the website often
- ◆ Add the event calendar to your Google calendars
- ◆ Check postings in the dojo

Tai Chi

Start your day with focus and relaxation: Tai Chi classes will be offered 7:30am Tuesdays and Thursdays beginning September 19th. See the front desk for pricing information and to register.

Parent's Night Out

This month's parent's night out will be a blast! Saturday, September 30th, 6-9pm. Sub sandwiches for dinner, games, karate, and activities. Invite anyone that wants a fun night for their kiddos! RSVP by email or at the front desk. \$15 per child, pay at drop-off

UMAA CAMP

October 6th-8th is our annual United Martial Arts Alliance camp. In place of regular classes on Saturday, we will have the opportunity to attend amazing training sessions with martial arts masters from around the world. Pre-register at the front desk.

WOMEN'S SELF-DEFENSE

Seminar on basic self-defense and escape techniques to help the women (ages 14+) in your life protect themselves! \$49/person, \$29 additional family members. October 14th, 2:30-5:30pm

Bully Buster Seminar

Free event open to the community. Children ages 7-14 can attend this event to learn anti-bullying strategies, how to stand up for yourself and others, and making positive choices. October 21st, 2-5pm

Parent's Night Out
October 28th, 6-9pm

Wear your costume to class day

October 30th, join the instructors in dressing up as your favorite character for class! We'll be closed on October 31st so you can spend the evening with your family.