

The consultation model that would be best to use when working with Tamika would be the mediation model. This model would allow the school counselor to serve as a mediator to help Tamika and her parents communicate more effectively about their thoughts and feelings toward higher education and the ramifications their lack of support is having on Tamika. This would be the first model of consultation to consider using with Tamika because it allows Tamika and her parents to discuss each of their perspectives about higher education to try to find an agreement to the issue at hand. The common goals the school counselor, Tamika, and her parents would be working toward would be to get Tamika to improve her behaviors and grades in school again and to have her parents understand her desire to attend higher education and how they can support her dream. A factor that needs to be taken in consideration when using this model is that her parents may be very resistant towards supporting her dream of attending higher education due to cultural beliefs. Due to this, the school counselor should be prepared with valuable information that can help them understand why Tamika sees value in pursuing higher education. Another factor to consider would be to talk to Tamika and her parents about the drastic changes Tamika has made in her classroom behaviors and in her academic grades. Discussing this factor with Tamika could help her understand that these behaviors are not going to serve her well if she were to go into the workforce directly after graduation or if she were to attend higher education. Having this discussion and involving Tamika's parents may allow them to see how their thoughts and lack of support are negatively impacting their daughter and how it will affect her in the future as well. When discussing Tamika's feelings of hopelessness about her future, the school counselor should have resources and information to give to Tamika that she can use to get back on track in school. Having these resources ready for Tamika can help show Tamika that her school wishes to support her endeavors. Hopefully, bringing light to these changes in behavior

would help inspire all parties to have the desire to find an agreement to the issue at hand. Also, this mediation consultation could help inspire Tamika and her parents to find a solution to this problem by being more aware and understanding of one another's perspectives and feelings.