

# Mediation & Moderation

## Theory Construction and Statistical Modeling



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# Outline

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## Mediation

- Indirect Effects
- Causal Steps Approach
- Sobel's Test
- Bootstrapping

## Moderation

- Testing Moderation
- Post Hoc Analysis



# Mediation vs. Moderation

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What do we mean by *mediation* and *moderation*?

Mediation and moderation are types of hypotheses, not statistical methods or models.

- Mediation tells us *how* one variable influences another.
- Moderation tells us *when* one variable influences another.



# Contextualizing Example

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Say we wish to explore the process underlying exercise habits.

Our first task is to operationalize “exercise habits”

- DV: Hours per week spent in vigorous exercise (*exerciseAmount*).

We may initial ask: what predicts devoting more time to exercise?

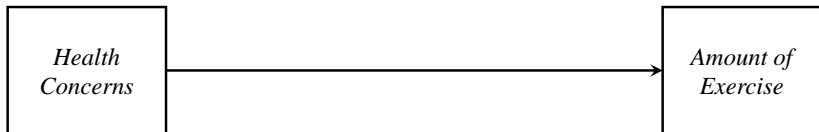
- IV: Concerns about negative health outcomes (*healthConcerns*).



# Focal Effect Only

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The *healthConcerns* → *exerciseAmount* relation is our *focal effect*



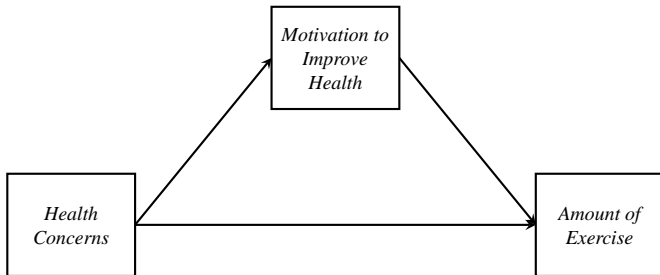
- Mediation, moderation, and conditional process analysis all attempt to describe the focal effect in more detail.
- We always begin by hypothesizing a focal effect.

# The Mediation Hypothesis

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A mediation analysis will attempt to describe how health concerns affect amount of exercise.

- The *how* is operationalized in terms of intermediary variables.
- Mediator: Motivation to improve health (*motivation*).

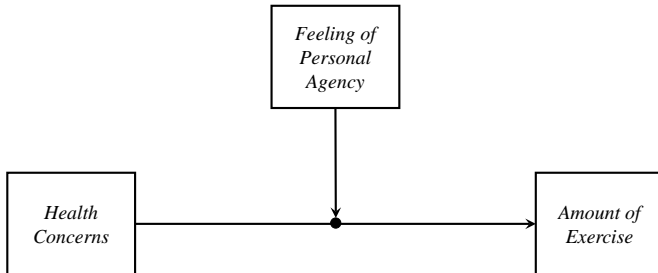


# Moderation Hypothesis

---

A moderation hypothesis will attempt to describe when health concerns affect amount of exercise.

- The *when* is operationalized in terms of interactions between the focal predictor and contextualizing variables
- Moderator: Sense of personal agency relating to physical health (*agency*).



# Conditional Process Analysis

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Conditional process analysis combines the mediation and moderation hypotheses into models of moderated mediation.

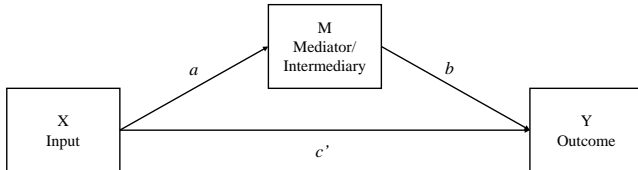
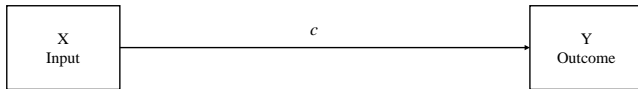
- Given a mediation model describing *how* health concerns affect exercise amount, what other variables may modulate the indirect effect.





# Path Diagrams

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# Necessary Equations

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To get all the pieces of the preceding diagram using OLS regression, we'll need to fit three separate models.

$$Y = i_1 + cX + e_1 \quad (1)$$

$$Y = i_2 + c'X + bM + e_2 \quad (2)$$

$$M = i_3 + aX + e_3 \quad (3)$$

- Equation 1 gives us the total effect ( $c$ ).
- Equation 2 gives us the direct effect ( $c'$ ) and the partialled effect of the mediator on the outcome ( $b$ ).
- Equation 3 gives us the effect of the input on the outcome ( $a$ ).

# Two Measures of Indirect Effect

---

Indirect effects can be quantified in two different ways:

$$IE_{diff} = c - c' \quad (4)$$

$$IE_{prod} = a \cdot b \quad (5)$$

$IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.

- Both give us information about the proportion of the total effect that is transmitted through the intermediary variable.
- $IE_{prod}$  provides a more direct representation of the actual pathway we're interested in testing.
- $IE_{diff}$  gets at our desired hypothesis indirectly.



# The Causal Steps Approach

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Baron and Kenny (1986, p. 1176) describe three/four conditions as being sufficient to demonstrate statistical “mediation.”

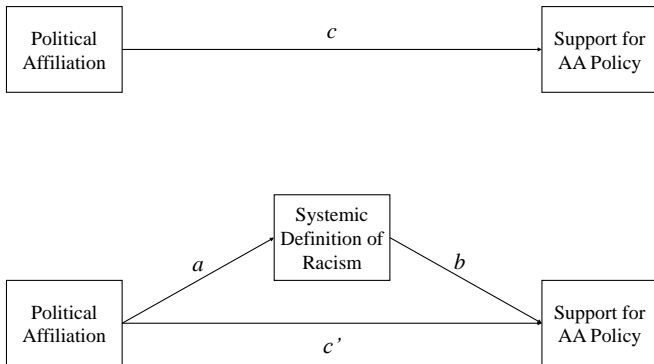
1. Variations in levels of the independent variable significantly account for variations in the presumed mediator (i.e., Path  $a$ ).
  - Need a significant  $a$  path.
2. Variations in the mediator significantly account for variations in the dependent variable (i.e., Path  $b$ ).
  - Need a significant  $b$  path.
3. When Paths  $a$  and  $b$  are controlled, a previously significant relation between the independent and dependent variables is no longer significant.
  - Need a significant total effect
  - The direct effect must be “less” than the total effect



# Example Process Model

---

Consider the following process.



# Causal Steps Example

---

```
## Load some data:
dat1 <- readRDS("../data/adamsKlpsScaleScore.rds")

## Check pre-conditions:
mod1 <- lm(policy ~ polAffil, data = dat1)
mod2 <- lm(policy ~ sysRac, data = dat1)
mod3 <- lm(sysRac ~ polAffil, data = dat1)

## Partial out the mediator's effect:
mod4 <- lm(policy ~ sysRac + polAffil, data = dat1)
```

# Causal Steps Example

```
summary(mod1)
```

Call:

```
lm(formula = policy ~ polAffil, data = dat1)
```

Residuals:

Min	1Q	Median	3Q	Max
-2.7357	-0.8254	0.0643	0.6827	3.2481

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )	
(Intercept)	2.71516	0.35648	7.617	3.32e-11	***
polAffil	0.23675	0.07775	3.045	0.0031	**

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 1.134 on 85 degrees of freedom

Multiple R-squared: 0.09836, Adjusted R-squared: 0.08775

F-statistic: 9.273 on 1 and 85 DF, p-value: 0.003096

# Causal Steps Example

```
summary(mod2)
```

```
Call:
```

```
lm(formula = policy ~ sysRac, data = dat1)
```

```
Residuals:
```

Min	1Q	Median	3Q	Max
-2.28970	-0.53821	0.08866	0.64015	3.08343

```
Coefficients:
```

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	1.1218	0.4883	2.297	0.0241 *
sysRac	0.6649	0.1210	5.494	4.03e-07 ***

```
---
```

```
Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
```

```
Residual standard error: 1.026 on 85 degrees of freedom
```

```
Multiple R-squared:  0.262, Adjusted R-squared:  0.2534
```

```
F-statistic: 30.18 on 1 and 85 DF,  p-value: 4.029e-07
```



# Causal Steps Example

```
summary(mod3)
```

Call:

```
lm(formula = sysRac ~ polAffil, data = dat1)
```

Residuals:

Min	1Q	Median	3Q	Max
-2.2187	-0.5449	-0.2115	0.6182	1.9516

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	3.19726	0.27634	11.570	<2e-16 ***
polAffil	0.17023	0.06027	2.825	0.0059 **

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 0.8788 on 85 degrees of freedom

Multiple R-squared: 0.08581, Adjusted R-squared: 0.07505

F-statistic: 7.978 on 1 and 85 DF, p-value: 0.005898

# Causal Steps Example

```
summary(mod4)
```

Call:

```
lm(formula = policy ~ sysRac + polAffil, data = dat1)
```

Residuals:

Min	1Q	Median	3Q	Max
-2.1370	-0.6338	-0.0020	0.6658	3.4674

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	0.80704	0.51013	1.582	0.1174
sysRac	0.59680	0.12478	4.783	7.3e-06 ***
polAffil	0.13515	0.07252	1.864	0.0658 .

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 1.011 on 84 degrees of freedom

Multiple R-squared: 0.2913, Adjusted R-squared: 0.2745

F-statistic: 17.27 on 2 and 84 DF, p-value: 5.228e-07

# Causal Steps Example

---

```
## Extract important parameter estimates:
```

```
a      <- coef(mod3)["polAffil"]
```

```
b      <- coef(mod4)["sysRac"]
```

```
c      <- coef(mod1)["polAffil"]
```

```
cPrime <- coef(mod4)["polAffil"]
```

```
## Compute indirect effects:
```

```
ieDiff <- unname(c - cPrime)
```

```
ieProd <- unname(a * b)
```

```
ieDiff
```

```
[1] 0.1015958
```

```
ieProd
```

```
[1] 0.1015958
```

# Sobel's Z

---

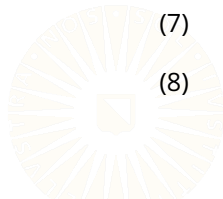
In the previous example, do we have a *significant* indirect effect?

- The direct effect is “substantially” smaller than the total effect, but is the difference statistically significant?
- Sobel (1982) developed an asymptotic standard error for  $IE_{prod}$  that we can use to assess this hypothesis.

$$SE_{sobel} = \sqrt{a^2 \cdot SE_b^2 + b^2 \cdot SE_a^2} \quad (6)$$

$$Z_{sobel} = \frac{ab}{SE_{sobel}} \quad (7)$$

$$95\%CI_{sobel} = ab \pm 1.96 \cdot SE_{sobel} \quad (8)$$



# Sobel Example

---

```
## SE:
seA <- (mod3 %>% vcov() %>% diag() %>% sqrt())["polAffil"]
seB <- (mod4 %>% vcov() %>% diag() %>% sqrt())["sysRac"]

se <- sqrt(b^2 * seA^2 + a^2 * seB^2) %>% unname()

## z-score:
(z <- ieProd / se)

[1] 2.432107

## p-value:
(p <- 2 * pnorm(z, lower = FALSE))

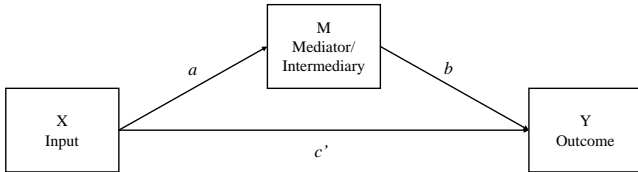
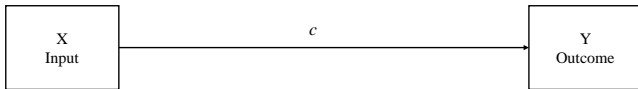
[1] 0.01501126

## 95% CI:
c(ieProd - 1.96 * se, ieProd + 1.96 * se)

[1] 0.01972121 0.18347034
```

# Recall our Basic Path Diagram

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# Two Measures of Indirect Effect

---

Recall the two definitions of an indirect effect:

$$IE_{diff} = c - c' \quad (9)$$

$$IE_{prod} = a \cdot b \quad (10)$$

It pays to remember a few key points:

- $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.
- $IE_{diff}$  is only an indirect indication of  $IE_{prod}$ .
- If we only care about the indirect effect, then we don't need to worry about the total effect.



# Two Measures of Indirect Effect

---

Recall the two definitions of an indirect effect:

$$IE_{diff} = c - c' \quad (9)$$

$$IE_{prod} = a \cdot b \quad (10)$$

It pays to remember a few key points:

- $IE_{diff}$  and  $IE_{prod}$  are equivalent in simple mediation.
- $IE_{diff}$  is only an indirect indication of  $IE_{prod}$ .
- If we only care about the indirect effect, then we don't need to worry about the total effect.

These points imply something interesting:

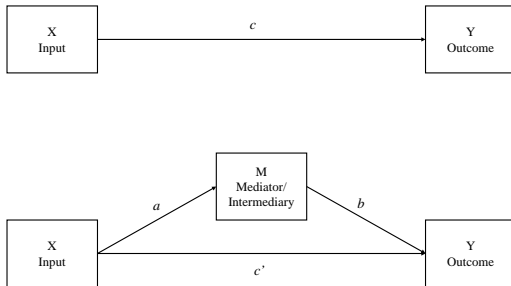
- We don't need to estimate  $c$ !





# Simplifying our Path Diagram

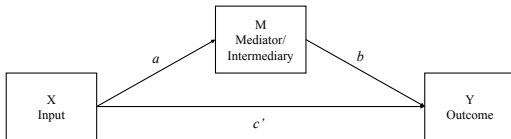
QUESTION: If we don't care about directly estimating  $c$ , how can we simplify this diagram?



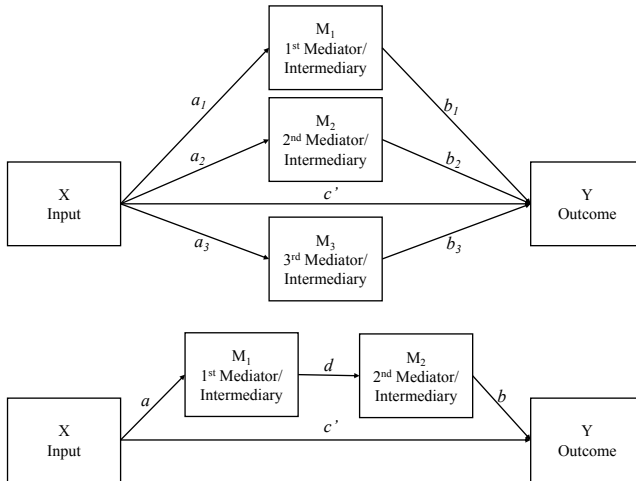
# Simplifying our Path Diagram

---

ANSWER: We don't fit the upper model.



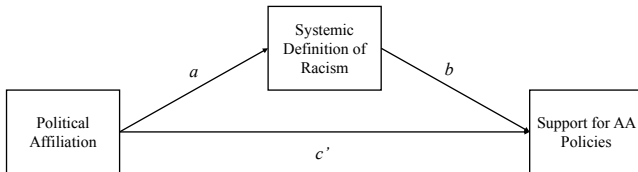
# Why Path Analysis?



# Example

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Let's revisit the above example using path analysis in **lavaan**.



# Example

---

```
## Load the lavaan package:
library(lavaan)

## Specify the basic path model:
mod1 <- '
policy ~ 1 + sysRac + polAffil
sysRac ~ 1 + polAffil
'

## Estimate the model:
out1 <- sem(mod1, data = dat1)
```

# Example

```
## Look at the results:
```

```
partSummary(out1, 7:9)
```

Regressions:

	Estimate	Std.Err	z-value	P(> z )
policy ~				
sysRac	0.597	0.123	4.867	0.000
polAffil	0.135	0.071	1.897	0.058
sysRac ~				
polAffil	0.170	0.060	2.858	0.004

Intercepts:

	Estimate	Std.Err	z-value	P(> z )
.policy	0.807	0.501	1.610	0.107
.sysRac	3.197	0.273	11.705	0.000

Variances:

	Estimate	Std.Err	z-value	P(> z )
.policy	0.987	0.150	6.595	0.000
.sysRac	0.755	0.114	6.595	0.000

# Example

---

```
## Include the indirect effect:
mod2 <- '
policy ~ 1 + b*sysRac + polAffil
sysRac ~ 1 + a*polAffil

ab := a*b # Define a parameter for the indirect effect
'

## Estimate the model:
out2 <- sem(mod2, data = dat1)
```

# Example

```
## Look at the results:
```

```
partSummary(out2, 7:8)
```

Regressions:

		Estimate	Std.Err	z-value	P(> z )
policy ~					
sysRac	(b)	0.597	0.123	4.867	0.000
polAffil		0.135	0.071	1.897	0.058
sysRac ~					
polAffil	(a)	0.170	0.060	2.858	0.004

Intercepts:

	Estimate	Std.Err	z-value	P(> z )
.policy	0.807	0.501	1.610	0.107
.sysRac	3.197	0.273	11.705	0.000



# Example

---

```
partSummary(out2, 9:10)
```

Variances:

	Estimate	Std.Err	z-value	P(> z )
.policy	0.987	0.150	6.595	0.000
.sysRac	0.755	0.114	6.595	0.000

Defined Parameters:

	Estimate	Std.Err	z-value	P(> z )
ab	0.102	0.041	2.464	0.014

# Example

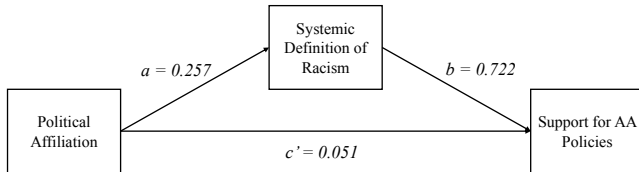
*## We can also get CIs:*

```
parameterEstimates(out2, zstat = FALSE, pvalue = FALSE, ci = TRUE)
```

	lhs	op	rhs	label	est	se	ci.lower	ci.upper
1	policy	~1			0.807	0.501	-0.175	1.789
2	policy	~	sysRac	b	0.597	0.123	0.356	0.837
3	policy	~	polAffil		0.135	0.071	-0.005	0.275
4	sysRac	~1			3.197	0.273	2.662	3.733
5	sysRac	~	polAffil	a	0.170	0.060	0.053	0.287
6	policy	~~	policy		0.987	0.150	0.694	1.280
7	sysRac	~~	sysRac		0.755	0.114	0.530	0.979
8	polAffil	~~	polAffil		2.444	0.000	2.444	2.444
9	polAffil	~1			4.310	0.000	4.310	4.310
10	ab	:=	a*b	ab	0.102	0.041	0.021	0.182

# Results

---



# We're not there yet...

---

Path analysis allows us to directly model complex (and simple) relations, but the preceding example still suffers from a considerable limitation.

- The significance test for the indirect effect is still conducted with the Sobel Z approach.

Path analysis (or full SEM) doesn't magically get around distributional problems associated with Sobel's Z test.

- To get a robust significance test of the indirect effect, we need to use *bootstrapping*.



# Bootstrapping

---

Bootstrapping was introduced by Efron (1979) as a tool for non-parametric inference.

- Traditional inference requires that we assume a parametric sampling distribution for our focal parameter.
- We need to make such an assumption to compute the standard errors we require for inferences.
- If we cannot safely make these assumptions, we can use bootstrapping.



# Bootstrapping

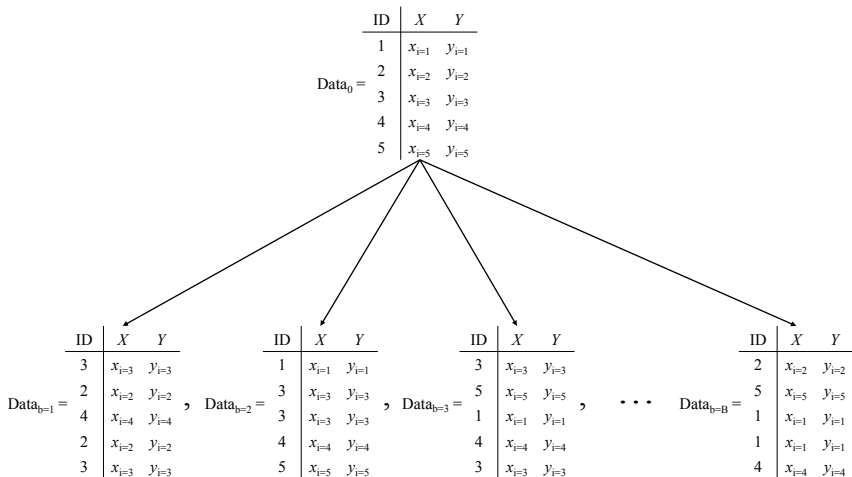
---

Assume our observed data  $Data_0$  represent the population and:

1. Sample rows of  $Data_0$ , with replacement, to create  $B$  new samples  $\{Data_b\}$ .
2. Calculate our focal statistic on each of the  $B$  bootstrap samples.
3. Make inferences based on the empirical distribution of the  $B$  estimates calculated in Step 2



# Bootstrapping



# Example

---

Suppose I'm on the lookout for a retirement location. Since I want to relax in my old-age, I'm concerned with ensuring a low probability of dragon attacks, so I have a few salient considerations:

- Shooting for a location with no dragons, whatsoever, is a fools errand (since dragons are, obviously, ubiquitous).
- I merely require a location that has at least two times as many dragon-free days as other kinds.





# Example

---

I've been watching several candidate locales over the course of my (long and illustrious) career, and I'm particularly hopeful about one quiet hamlet in the Patagonian highlands.

- To ensure that my required degree of dragon-freeness is met, I'll use the *Dragon Risk Index* (DRI):

$$DRI = \text{Median} \left( \frac{\text{Dragon-Free Days}}{\text{Dragonned Days}} \right)$$



# Example

---

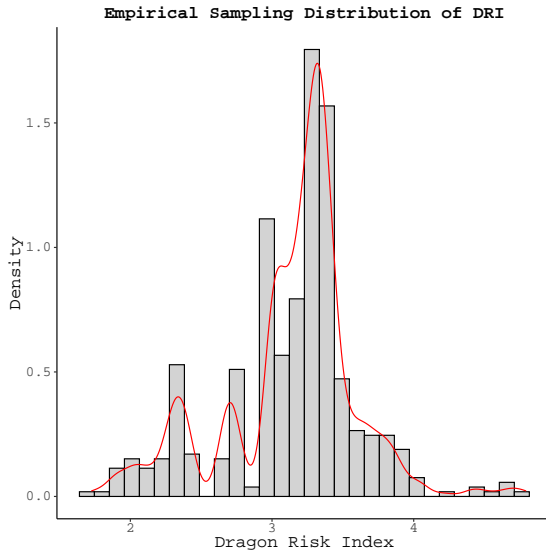
```
## Read in the observed data:
rawData <- readRDS("../data/daysData.rds")

## Compute the observed test statistic:
obsDRI <- median(rawData$goodDays / rawData$badDays)
obsDRI

[1] 3.24476

## Draw the bootstrap samples:
set.seed(235711)
nSams <- 500 #Increase this later
bootDRI <- rep(NA, nSams)
for(b in 1:nSams) {
  bootSam <- rawData[sample(1:nrow(rawData), replace = TRUE), ]
  bootDRI[b] <- median(bootSam$goodDays / bootSam$badDays)
}
```

# Example



# Example

---

To see if I can be confident in the dragon-freeness of my potential home, I'll summarize the preceding distribution with a (one-tailed) percentile confidence interval:

```
bootLB <- sort(bootDRI)[0.05 * nSams]
bootUB <- Inf
```

```
## The bootstrapped Percentile CI:
c(bootLB, bootUB)
```

```
[1] 2.258929      Inf
```

# Bootstrapped Inference for Indirect Effects

---

We can apply the same procedure to testing the indirect effect.

- The problem with Sobel's Z is exactly the type of issue for which bootstrapping was designed
  - We don't know a reasonable finite-sample sampling distribution for the *ab* parameter.
- Bootstrapping will allow us to construct an empirical sampling distribution for *ab* and construct confidence intervals for inference.



# Bootstrapped Inference for Indirect Effects

---

## PROCEDURE:

1. Resample our observed data with replacement
2. Fit our hypothesized path model to each bootstrap sample
3. Store the value of  $ab$  that we get each time
4. Summarize the empirical distribution of  $ab$  to make inferences



# Example

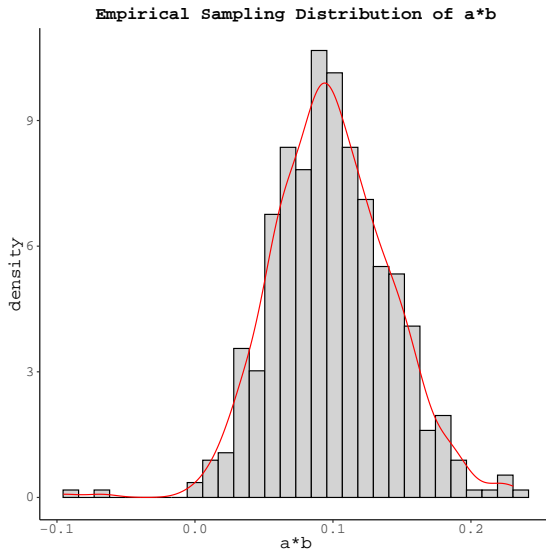
---

```
abVec <- rep(NA, nSams)
for(i in 1:nSams) {
  ## Resample the data:
  bootSam <- dat1[sample(1:nrow(dat1), replace = TRUE), ]

  ## Fit the path model:
  bootOut <- sem(mod2, data = bootSam)

  ## Store the estimated indirect effect:
  abVec[i] <- coef(bootOut)[c("a", "b")] %>% prod()
}
```

# Example





# Example

---

```
## Calculate the percentile CI:  
lb <- sort(abVec)[0.025 * nSams]  
ub <- sort(abVec)[0.975 * nSams]  
c(lb, ub)  
  
[1] 0.02189801 0.18338778
```

# Example

```
## Much more parsimoniously:
```

```
bootOut2 <- sem(mod2, data = dat1, se = "boot", bootstrap = nSams)
```

```
parameterEstimates(bootOut2, zstat = FALSE, pvalue = FALSE)
```

	lhs	op	rhs	label	est	se	ci.lower	ci.upper
1	policy	~1			0.807	0.599	-0.373	2.076
2	policy	~	sysRac	b	0.597	0.139	0.307	0.849
3	policy	~	polAffil		0.135	0.088	-0.036	0.305
4	sysRac	~1			3.197	0.277	2.723	3.780
5	sysRac	~	polAffil	a	0.170	0.063	0.036	0.282
6	policy	~~	policy		0.987	0.179	0.656	1.375
7	sysRac	~~	sysRac		0.755	0.110	0.531	0.966
8	polAffil	~~	polAffil		2.444	0.000	2.444	2.444
9	polAffil	~1			4.310	0.000	4.310	4.310
10	ab	:=	a*b	ab	0.102	0.041	0.021	0.184

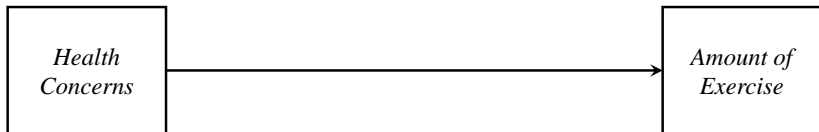
# MODERATION



# Refresher: Focal Effect Only

---

The *healthConcerns* → *exerciseAmount* relation is our *focal effect*



- Mediation, moderation, and conditional process analysis all attempt to describe the focal effect in more detail.
- We always begin by hypothesizing a focal effect.

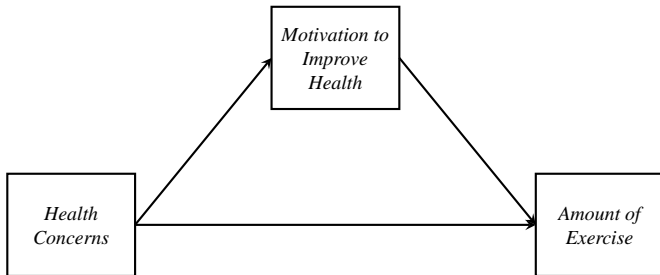


# Refresher: Mediation Hypothesis

---

A mediation analysis will attempt to describe how health concerns affect amount of exercise.

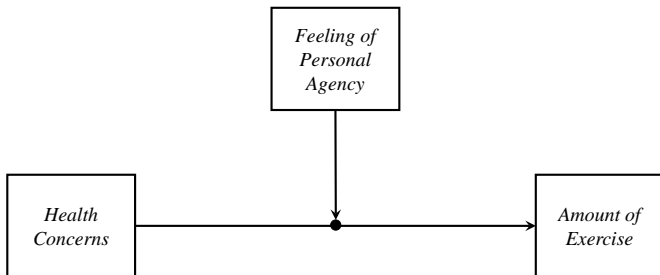
- The *how* is operationalized in terms of intermediary variables.
- Mediator: Motivation to improve health (*motivation*).



# Refresher: Moderation Hypothesis

A moderation hypothesis will attempt to describe when health concerns affect amount of exercise.

- The *when* is operationalized in terms of interactions between the focal predictor and contextualizing variables
- Moderator: Sense of personal agency relating to physical health (*agency*).



# Equations

---

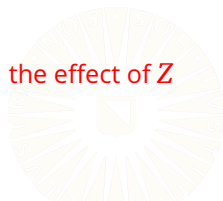
In additive MLR, we might have the following equation:

$$Y = \beta_0 + \beta_1 X + \beta_2 Z + \varepsilon$$

This additive equation assumes that  $X$  and  $Z$  are independent predictors of  $Y$ .

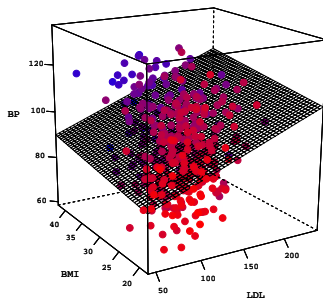
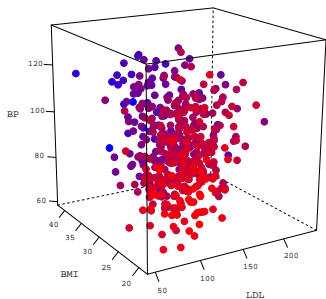
When  $X$  and  $Z$  are independent predictors, the following are true:

- $X$  and  $Z$  *can* be correlated.
- $\beta_1$  and  $\beta_2$  are *partial* regression coefficients.
- The effect of  $X$  on  $Y$  is the same at **all levels** of  $Z$ , and the effect of  $Z$  on  $Y$  is the same at **all levels** of  $X$ .



# Additive Regression

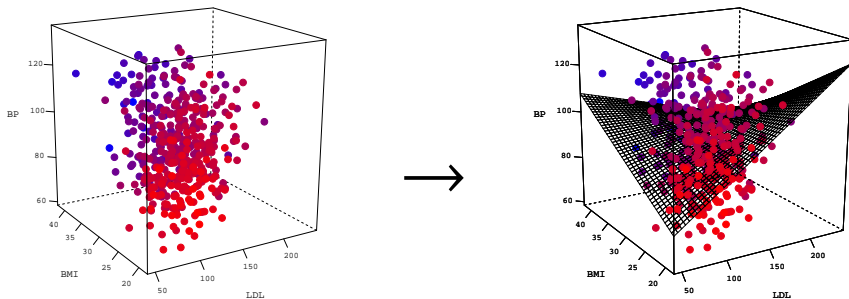
The effect of  $X$  on  $Y$  is the same at **all levels** of  $Z$ .





# Moderated Regression

The effect of  $X$  on  $Y$  varies **as a function** of  $Z$ .



# Equations

---

The following derivation is adapted from Hayes (2022).

- When testing moderation, we hypothesize that the effect of  $X$  on  $Y$  varies as a function of  $Z$ .
- We can represent this concept with the following equation:

$$Y = \beta_0 + f(Z)X + \beta_2Z + \varepsilon \quad (11)$$



# Equations

---

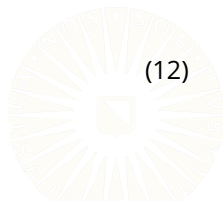
The following derivation is adapted from Hayes (2022).

- When testing moderation, we hypothesize that the effect of  $X$  on  $Y$  varies as a function of  $Z$ .
- We can represent this concept with the following equation:

$$Y = \beta_0 + f(Z)X + \beta_2Z + \varepsilon \quad (11)$$

- If we assume that  $Z$  linearly (and deterministically) affects the relationship between  $X$  and  $Y$ , then we can take:

$$f(Z) = \beta_1 + \beta_3Z \quad (12)$$



# Equations

---

- Substituting Equation 12 into Equation 11 leads to:

$$Y = \beta_0 + (\beta_1 + \beta_3 Z)X + \beta_2 Z + \varepsilon$$



# Equations

---

- Substituting Equation 12 into Equation 11 leads to:

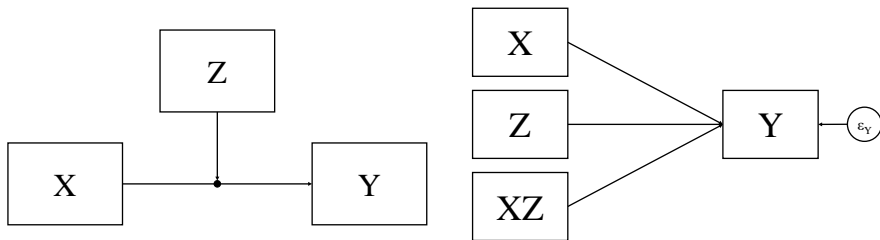
$$Y = \beta_0 + (\beta_1 + \beta_3 Z)X + \beta_2 Z + \varepsilon$$

- Which, after distributing  $X$  and reordering terms, becomes:

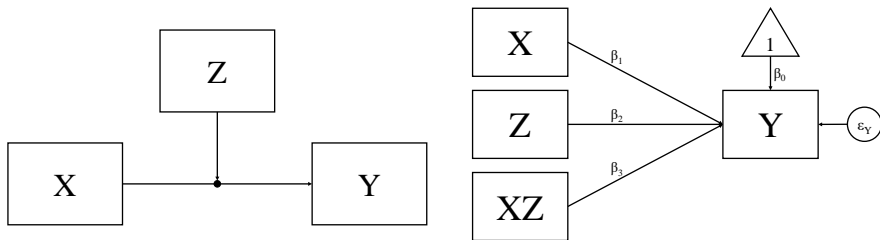
$$Y = \beta_0 + \beta_1 X + \beta_2 Z + \beta_3 XZ + \varepsilon$$



# Conceptual vs. Analytic Diagrams



# Conceptual vs. Analytic Diagrams



# Testing Moderation

---

Now, we have an estimable regression model that quantifies the linear moderation we hypothesized.

$$Y = \beta_0 + \beta_1 X + \beta_2 Z + \beta_3 XZ + \varepsilon$$

- To test for significant moderation, we simply need to test the significance of the interaction term,  $XZ$ .
  - Check if  $\hat{\beta}_3$  is significantly different from zero.





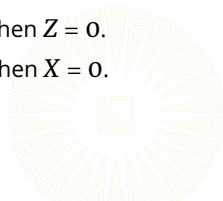
# Interpretation

---

Given the following equation:

$$Y = \hat{\beta}_0 + \hat{\beta}_1 X + \hat{\beta}_2 Z + \hat{\beta}_3 XZ + \hat{\varepsilon}$$

- $\hat{\beta}_3$  quantifies the effect of  $Z$  on the focal effect (the  $X \rightarrow Y$  effect).
  - For a unit change in  $Z$ ,  $\hat{\beta}_3$  is the expected change in the effect of  $X$  on  $Y$ .
- $\hat{\beta}_1$  and  $\hat{\beta}_2$  are *conditional effects*.
  - Interpreted where the other predictor is zero.
  - For a unit change in  $X$ ,  $\hat{\beta}_1$  is the expected change in  $Y$ , when  $Z = 0$ .
  - For a unit change in  $Z$ ,  $\hat{\beta}_2$  is the expected change in  $Y$ , when  $X = 0$ .



# Example

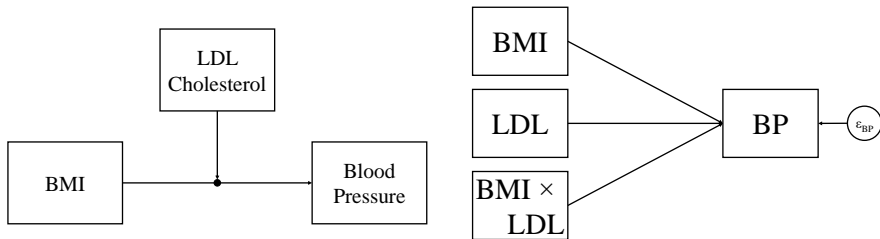
---

Looking at the *diabetes* dataset.

- We suspect that patients' BMIs are predictive of their average blood pressure.
- We further suspect that this effect may be differentially expressed depending on the patients' LDL levels.



# Diagrams



# Example

---

```
dDat <- readRDS("../data/diabetes.rds")
```

```
## Focal Effect:
```

```
out0 <- lm(bp ~ bmi, data = dDat)
```

```
partSummary(out0, -c(1, 2))
```

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	61.9973	3.6659	16.91	<2e-16
bmi	1.2379	0.1371	9.03	<2e-16

Residual standard error: 12.72 on 440 degrees of freedom

Multiple R-squared: 0.1563, Adjusted R-squared: 0.1544

F-statistic: 81.54 on 1 and 440 DF, p-value: < 2.2e-16

# Example

---

```
## Additive Model:
```

```
out1 <- lm(bp ~ bmi + ldl, data = dDat)  
partSummary(out1, -c(1, 2))
```

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	59.26577	3.91281	15.147	< 2e-16
bmi	1.16567	0.14156	8.235	2.08e-15
ldl	0.04016	0.02056	1.953	0.0515

Residual standard error: 12.68 on 439 degrees of freedom

Multiple R-squared: 0.1636, Adjusted R-squared: 0.1598

F-statistic: 42.94 on 2 and 439 DF, p-value: < 2.2e-16

# Example

---

```
## Moderated Model:
```

```
out2 <- lm(bp ~ bmi * ldl, data = dDat)
partSummary(out2, -c(1, 2))
```

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	14.480616	14.291677	1.013	0.311514
bmi	2.867825	0.541312	5.298	1.86e-07
ldl	0.448771	0.127160	3.529	0.000461
bmi:ldl	-0.015352	0.004716	-3.255	0.001221

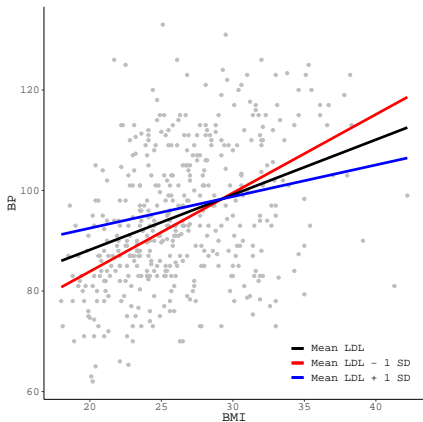
Residual standard error: 12.54 on 438 degrees of freedom

Multiple R-squared: 0.1834, Adjusted R-squared: 0.1778

F-statistic: 32.78 on 3 and 438 DF, p-value: < 2.2e-16

# Visualizing the Interaction

We can get a better idea of the patterns of moderation by plotting the focal effect at conditional values of the moderator.



# Example

---

Of course, we can fit the same model in **lavaan**.

```
library(lavaan)

## Specify the model:
mod <- 'bp ~ 1 + bmi + ldl + bmi:ldl'

## Estimate the model:
lavOut <- sem(mod, data = dDat)
```



# Example

```
partSummary(lavOut, 7:9)
```

Regressions:

	Estimate	Std.Err	z-value	P(> z )
bp ~				
bmi	2.868	0.539	5.322	0.000
ldl	0.449	0.127	3.545	0.000
bmi:ldl	-0.015	0.005	-3.270	0.001

Intercepts:

	Estimate	Std.Err	z-value	P(> z )
.bp	14.481	14.227	1.018	0.309

Variances:

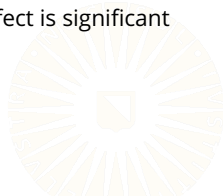
	Estimate	Std.Err	z-value	P(> z )
.bp	155.871	10.485	14.866	0.000

# Probing the Interaction

---

A significant estimate of  $\beta_3$  tells us that the effect of  $X$  on  $Y$  depends on the level of  $Z$ , but not much more.

- The plot above gives a descriptive illustration of the pattern, but does not support statistical inference.
  - The three conditional effects we plotted look different, but we cannot say much about how they differ with only the plot and  $\hat{\beta}_3$ .
- This is the purpose of *probing* the interaction.
  - Try to isolate areas of  $Z$ 's distribution in which  $X \rightarrow Y$  effect is significant and areas where it is not.



# Probing the Interaction

---

The most popular method of probing interactions is to do a so-called *simple slopes* analysis.

- Pick-a-point approach
- Spotlight analysis

In simple slopes analysis, we test if the slopes of the conditional effects plotted above are significantly different from zero.

- To do so, we test the significance of *simple slopes*.



# Simple Slopes

---

Recall the derivation of our moderated equation:

$$Y = \beta_0 + \beta_1 X + \beta_2 Z + \beta_3 XZ + \varepsilon$$

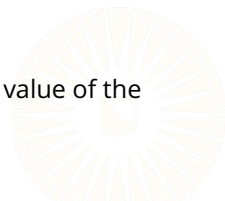
We can reverse the process by factoring out  $X$  and reordering terms:

$$Y = \beta_0 + (\beta_1 + \beta_3 Z)X + \beta_2 Z + \varepsilon$$

Where  $f(Z) = \beta_1 + \beta_3 Z$  is the linear function that shows how the relationship between  $X$  and  $Y$  changes as a function of  $Z$ .

$f(Z)$  is the *simple slope*.

- By plugging different values of  $Z$  into  $f(Z)$ , we get the value of the conditional effect of  $X$  on  $Y$  at the chosen level of  $Z$ .



# Significance Testing of Simple Slopes

The values of  $Z$  used to define the simple slopes are arbitrary.

- The most common choice is:  $\{(\bar{Z} - SD_Z), \bar{Z}, (\bar{Z} + SD_Z)\}$
- You could also use interesting percentiles of  $Z$ 's distribution.

The standard error of a simple slope is given by:

$$SE_{f(Z)} = \sqrt{SE_{\beta_1}^2 + 2Z \cdot \text{cov}(\beta_1, \beta_3) + Z^2 SE_{\beta_3}^2}$$

So, you can test the significance of a simple slope by constructing a t-statistic or confidence interval using  $\hat{f}(Z)$  and  $SE_{f(Z)}$ :

$$t = \frac{\hat{f}(Z)}{SE_{f(Z)}}, \quad CI = \hat{f}(Z) \pm t_{crit} \times SE_{f(Z)}$$



# Example

---

We can use **semTools** routines to probe interaction in **lavaan** models.

- `probe2WayMC()`: simple slopes/intercepts analysis
- `plotProbe()`: simple slopes plots

```
library(semTools)

## Estimate and test simple slopes and simple intercepts:
ssOut <- probe2WayMC(lavOut,
  nameX = c("bmi", "ldl", "bmi:ldl"),
  nameY = "bp",
  modVar = "ldl",
  valProbe = quantile(dDat$ldl, c(0.25, 0.50, 0.75))
)
```

# Example

---

```
## View the results:
```

```
ssOut
```

```
$SimpleIntcept
```

	ldl	est	se	z	pvalue
25%	96.05	57.585	4.017	14.334	0
50%	113.00	65.192	3.736	17.449	0
75%	134.50	74.840	4.944	15.139	0

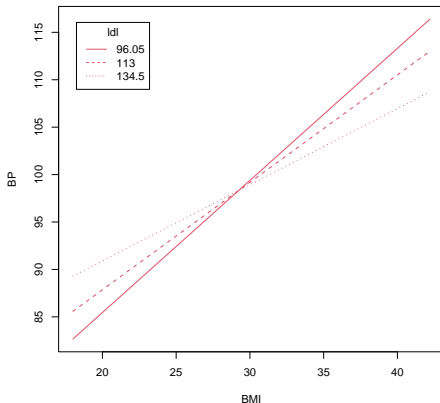
```
$SimpleSlope
```

	ldl	est	se	z	pvalue
25%	96.05	1.393	0.156	8.942	0
50%	113.00	1.133	0.140	8.107	0
75%	134.50	0.803	0.178	4.508	0

# Example

```
## Plot the simple slopes:
```

```
plotProbe(ssOut, xlim = range(dDat$bmi), xlab = "BMI", ylab = "BP")
```





# References

---

- Baron, R. M., & Kenny, D. A. (1986). The moderator–mediator variable distinction in social psychological research: Conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology*, 51(6), 1173.
- Efron, B. (1979). Bootstrap methods: Another look at the jackknife. *The Annals of Statistics*, 7(1), 1–26. doi: 10.1214/aos/1176344552
- Hayes, A. F. (2022). *Introduction to mediation, moderation, and conditional process analysis: A regression-based approach* (3rd ed.). New York: Guilford Press.
- Sobel, M. E. (1982). Asymptotic confidence intervals for indirect effects in structural equation models. *Sociological Methodology*, 13(1982), 290–312.

