



Handout 2

Intervention themes for session

Theme 1: Setting goals: emotional bonds between parents and children

Theme 2: Attachment and emotional bonds between children and parents

Theme 3: Caring for your child – the ups and downs

Theme 4: Tuning into your child's likes, dislikes and feelings

Theme 5: Having choices and knowing when to say 'no'

Theme 6: Responding to your child's signals and communications

Theme 7: Understanding your child's emotions

Theme 8: Feeling scared – when our 'buttons get pressed'

Theme 9: Caring for children when 'buttons get pressed'

Theme 10: Playing together

Theme 11: Transitions/saying goodbye

As agreed with parent, some sessions will happen over two or more meetings.