



Handout 3

Aims of the SUSI intervention

Aims of the SUSI intervention: to promote the social–emotional development of children

1. To help parents to support and build secure emotional foundations and self-confidence in their child.
2. For parents to support their child to be a positive and active communicator of their thoughts and feelings (as the basis for social relationships and interactions as they grow).
3. To help their child to develop appropriate skills and independence that are in line with their age and developmental levels.
4. To support the development of the child's emotional regulation and positive coping strategies.