Tae Kwon-Do Dictionary

English	Korean
Angle Punch	Giokja Jirugi
Arc-Hand	Bandal Son
Assistant Instructor	Boo Sabum
At Ease	Swiyo
Attention	Charyot
Attention Stance	Charyot Sogi
Back Heel	Dwitchook
Back Piercing Kick	Dwit Cha Jirugi
Back Sole	Dwitkumchi
Backfist	Dung Joomuk
Ball of the Foot	Apkumchi
Belt	Ti
Bending Ready Stance	Guburyo Junbi Sogi
Block	Makgi
Bow	Kyong Ye
Breath Control	Hohup Jojul
Checking Block	Momchau Makgi
Checking Kick	Cha Momchugi
Circular Block	Dollymyo Makgi
Close Stance	Moa Sogi
Courtesy	Yu Ui
Cresent	Bandal
Cross-Cut	Ghutgi
Dismiss	Hae San
Dodging	Pihagi Doo
Double Forearm	Doo Palmok
Downward	Naeryo
Eight	Yodul
Elbow	Palkup
Fingertip	Sonkut
Five	Dasot
Fixed Stance	Gojung Sogi
Flat Fingertip	Opun Sonkut
Flying	Twimyo
Foot Shifting	lajun Bal
Footsword	Balkal
Forearm	Palmok
Forefist	Ap Joomuk
Forwards	Nagagi
Four	Net
Four Direction Block	Saju Makgi

Four Direction Punch Free Sparring Free Sparring Front Front Front Downward Strike Front Elbow Front Elbow Strike Front Elbow Nopunsup Grand Master Galcho Makgi High Nopunde High Elbow Hopun Bubun Hooking Block Golcho Makgi Indomitable Spirit Baekjul Boolgool Inner Forearm An Palmok Inside Block Instep Baldung Instructor Sabum Integrity Yom Chi Inward Anuro Jumping Twigi Kick Chagi Knee Moorup Knifehand Sonkal L-stance Niunja Sogi Left Wen Low Najunde Low Section Najun Bubun Low Stance Nachuo Sogi Master Sahyun Mid-Air Kick Twio Dolmyo Chagi Mid-Air Strike Twio Dolmyo Taerigi Middle Middle Middle Kaunde Middle Middle Section Kaunde Bubun Nine Obverse Baro One Hana One Step Sparring Ilbo Matsogi Outer Forearm Bakat Makgi Outward Bakuro Palm Sonbadak	English	Korean
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Outward Bakuro	<u>.</u>	ŭ
Outward Bakuro	Outside Block	Bakat Makgi
Palm Sonbadak	Outward	ŭ
	Palm	Sonbadak

Parallel Stance Narani Sogi Pattern Tul Perseverance In Nae Pick Shape kick Gokaeng-i Chagi Practice Suit Do Bok Pressing Block Noollo Makgi Pressing kick Noollo Chagi Punch Jirugi Pushing Block Miro Makgi Ready Junbi Ready Stance Junbi Sogi Rear Foot Stance Dwit Bal Sogi Relax Swiyo Return to Ready Stance Pharo Reverse Bandae Reverse Footsword Balkal Dung Reverse Hooking Kick Bandae Goro Chagi Reverse Turning Kick Bandae Dollyo Chagi Right Orun Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Duro Makgi Self Control Guk Gi Sere Sparring Ban Jayu Matsogi Seven Ilgope Side Domward Strike Yop Naeryo Taerigi Side Piercing Kick Yop Cha Jirugi Side Piercing Kick Yop Cha Jirugi Side Pushing Kick Yop Cha Jirugi Side Pushing Kick Yop Cha Jirugi Sine Wave Hwaldung Pahdo Sirigle Wae Sitting Stance Annun Sogi Six Yosot Silding Mikulgi Sparring Mikulgi Sparring Miksugi	English	Korean
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Rear Foot Stance Relax Swiyo Return to Ready Stance Reverse Reverse Reverse Footsword Reverse Hooking Kick Reverse Knifehand Reverse Turning Kick Right Rising Block Rising Kick Self Control Semi Free Sparring Side Back Side Front Side Front Side Piercing Kick Side Sole Sitting Stance Six Syiyo Pharo Revise Swiyo Pharo Reverse Bandae Balkal Dung Ralkal Palkal Ralkal Dung Ralkal Palkal Ralk	Ready	Junbi
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Reverse Footsword Reverse Hooking Kick Bandae Goro Chagi Reverse Knifehand Sonkal Dung Reverse Turning Kick Bandae Dollyo Chagi Right Orun Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Duro Makgi Self Control Guk Gi Self Defence Techniques Hosin Sul Semi Free Sparring Ban Jayu Matsogi Seven Ilgope Side Yop Side Back Yopdwi Side Downward Strike Yop Naeryo Taerigi Side Fist Yop Joomuk Side Front Yobap Side Instep Yop Baldung Side Piercing Kick Yop Cha Jirugi Side Pushing Kick Yop Cha Milgi Side Sole Yop Cha Tulgi Sine Wave Hwaldung Pahdo Six Yosot Sliding Mikulgi	Return to Ready Stance	Pharo
Reverse Hooking Kick Reverse Knifehand Sonkal Dung Reverse Turning Kick Right Orun Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Self Control Self Defence Techniques Sewen Ilgope Side Side Side Back Side Downward Strike Side Front Side Front Side Piercing Kick Side Pushing Kick Yop Cha Jirugi Side Sole Side Sole Yop Cha Tulgi Sing Wave Sity Nosot Side Sandae Goro Chagi Sandae Goro Chagi Sandae Dollyo Chagi Dandae Sonkal Dung Bandae Goro Chagi Bandae Goro Chagi Sonkal Dung Chagi Bandae Goro Chagi Bandae Dollyo Chagi Bandae Dollyo Chagi Bandae Dollyo Cha Olligi Suk Gi Suk Gi Sole Yop Matsogi Ban Jayu Matsogi Ban Jayu Matsogi Ban Jayu Matsogi Ban Jayu Matsogi Sole Yop Side Pop Naeryo Taerigi Side Front Yobap Side Front Yobap Side Piercing Kick Yop Cha Jirugi Side Pushing Kick Yop Cha Milgi Side Sole Yop Bal Badak Side Thrusting Kick Yop Cha Tulgi Sine Wave Hwaldung Pahdo Single Sitting Stance Annun Sogi Six Yosot Sliding	Reverse	Bandae
Reverse Knifehand Reverse Turning Kick Bandae Dollyo Chagi Right Orun Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Self Control Self Defence Techniques Semi Free Sparring Seven Ilgope Side Side Downward Strike Side Front Side Front Side Front Side Piercing Kick Yop Cha Jirugi Side Sole Side Sole Side Thrusting Kick Yop Cha Tulgi Sine Wave Siting Stance Siding Sonkal Dung Bandae Dollyo Chagi Chookyo Makgi Cha Olligi Sur Gha Olligi Sur Gha Olligi Sur Gha Olligi Sonkal Dung Bandae Dollyo Chagi Suk Gi Suk Gi Sone Wave Hwaldung Pahdo Single Sitting Stance Annun Sogi Six Sliding Mikulgi	Reverse Footsword	Balkal Dung
Reverse Turning Kick Right Orun Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Duro Makgi Self Control Self Defence Techniques Semi Free Sparring Ban Jayu Matsogi Seven Ilgope Side Side Yop Side Back Yop Naeryo Taerigi Side Fist Yop Joomuk Side Front Yobap Side Instep Yop Cha Jirugi Side Pushing Kick Yop Cha Tulgi Single Wae Sitting Stance Annun Sogi Six Yosot Slidelinstep Voshok Side Pist Voshok Vap Cha Jirugi Mikulgi	Reverse Hooking Kick	Bandae Goro Chagi
Right Orun Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Duro Makgi Self Control Guk Gi Self Defence Techniques Hosin Sul Semi Free Sparring Ban Jayu Matsogi Ilgope Side Yop Side Back Yopdwi Side Downward Strike Yop Naeryo Taerigi Side Fist Yop Joomuk Side Front Yobap Side Instep Yop Baldung Side Piercing Kick Yop Cha Jirugi Side Sole Yop Bal Badak Side Thrusting Kick Yop Cha Tulgi Sine Wave Hwaldung Pahdo Sitting Stance Annun Sogi Six Sliding Mikulgi		Sonkal Dung
Rising Block Chookyo Makgi Rising Kick Cha Olligi Scooping Block Duro Makgi Self Control Guk Gi Self Defence Techniques Hosin Sul Semi Free Sparring Ban Jayu Matsogi Seven Ilgope Side Yop Side Back Yopdwi Side Downward Strike Yop Naeryo Taerigi Side Fist Yop Joomuk Side Front Yobap Side Instep Yop Baldung Side Piercing Kick Yop Cha Jirugi Side Sole Yop Bal Badak Side Thrusting Kick Yop Cha Tulgi Single Wae Sitting Stance Annun Sogi Six Yosot Sliding	Reverse Turning Kick	Bandae Dollyo Chagi
Rising Kick Scooping Block Self Control Self Defence Techniques Semi Free Sparring Seven Side Side Side Back Side Downward Strike Side Front Side Front Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Single Single Six Yosot Sliding Cha Olligi Duro Makgi Suk Gi Burk Gik Gi Suk Gi Ban Jayu Matsogi Fop Baldary Yop Daerigi Yop Joomuk Side Front Yobap Side Piercing Kick Yop Cha Jirugi Side Pushing Kick Yop Cha Milgi Wae Sitting Stance Annun Sogi Six Yosot Sliding	Right	Orun
Scooping Block Self Control Self Defence Techniques Semi Free Sparring Seven Ilgope Side Side Back Side Downward Strike Side Front Side Front Side Instep Side Pushing Kick Side Pushing Kick Side Sole Side Sole Side Single Side Thrusting Kick Single Single Single Side Stance Siting Stance Siting Stance Side Sole Siting Stance Side Sole	Rising Block	Chookyo Makgi
Self Control Self Defence Techniques Semi Free Sparring Ban Jayu Matsogi Seven Ilgope Side Side Yop Side Back Side Downward Strike Side Fist Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Side Thrusting Kick Single Single Siting Stance Siting Stance Six Side Mosin Sul Side Gilling Side Gilling Side Gilling Side Fist Side	Rising Kick	
Self Control Self Defence Techniques Semi Free Sparring Ban Jayu Matsogi Seven Ilgope Side Side Yop Side Back Side Downward Strike Side Fist Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Side Thrusting Kick Single Single Siting Stance Siting Stance Six Side Mosin Sul Side Gilling Side Gilling Side Gilling Side Fist Side	Scooping Block	Duro Makgi
Semi Free Sparring Seven Ilgope Side Side Side Yop Side Back Side Downward Strike Side Fist Side Front Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Sine Wave Sitting Stance Annun Sogi Six Sliding Mikulgi		Guk Gi
Semi Free Sparring Seven Ilgope Side Side Side Yop Side Back Side Downward Strike Side Fist Side Front Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Sine Wave Sitting Stance Annun Sogi Six Sliding Mikulgi	Self Defence Techniques	Hosin Sul
Seven Side Side Side Sole Side Back Side Downward Strike Side Fist Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Side Sole Sine Wave Sitting Stance Six Sliding Ilgope Yop Naeryo Taerigi Yop Joomuk Yop Baldung Yop Baldung Side Instep Yop Cha Jirugi Yop Cha Milgi Yop Cha Tulgi Hwaldung Pahdo Mae Sitting Stance Annun Sogi		Ban Jayu Matsogi
Side Back Side Downward Strike Side Fist Side Fist Side Front Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Side Thrusting Kick Sine Wave Sitting Stance Six Sliding Side Downward Strike Yop Joomuk Yobap Yop Baldung Side Pushing Kick Yop Cha Jirugi Yop Cha Milgi Yop Bal Badak Yop Cha Tulgi Hwaldung Pahdo Mae Sitting Stance Annun Sogi	Seven	-
Side Back Side Downward Strike Side Fist Side Fist Side Front Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Sole Side Thrusting Kick Side Thrusting Kick Sine Wave Sitting Stance Six Sliding Side Downward Strike Yop Joomuk Yobap Syop Baldung Yop Cha Jirugi Yop Cha Milgi Yop Cha Milgi Side Sole Yop Bal Badak Yop Cha Tulgi Hwaldung Pahdo Single Single Mae Sitting Stance Annun Sogi Six Yosot Sliding	Side	
Side Downward Strike Side Fist Yop Joomuk Side Front Yobap Side Instep Yop Baldung Side Piercing Kick Yop Cha Jirugi Side Pushing Kick Yop Cha Milgi Side Sole Yop Bal Badak Side Thrusting Kick Yop Cha Tulgi Sine Wave Hwaldung Pahdo Single Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi	Side Back	
Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Pushing Kick Side Sole Side Thrusting Kick Sine Wave Single Sitting Stance Six Side Front Yop Baldung Yop Cha Milgi Yop Bal Badak Yop Cha Tulgi Hwaldung Pahdo Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi	Side Downward Strike	·
Side Front Side Instep Side Piercing Kick Side Pushing Kick Side Pushing Kick Side Sole Side Thrusting Kick Sine Wave Single Sitting Stance Six Side Front Yop Baldung Yop Cha Milgi Yop Bal Badak Yop Cha Tulgi Hwaldung Pahdo Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi	Side Fist	Yop Joomuk
Side Instep Side Piercing Kick Side Pushing Kick Side Pushing Kick Side Sole Side Thrusting Kick Sine Wave Single Sitting Stance Six Slide Instep Yop Baldung Yop Cha Milgi Yop Bal Badak Yop Cha Tulgi Hwaldung Pahdo Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi	Side Front	
Side Piercing Kick Side Pushing Kick Side Sole Side Sole Side Thrusting Kick Sine Wave Single Sitting Stance Six Slide Pushing Kick Yop Cha Milgi Yop Bal Badak Yop Cha Tulgi Hwaldung Pahdo Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi	Side Instep	Yop Baldung
Side Sole Side Thrusting Kick Sine Wave Single Sitting Stance Six Sliding Side Thrusting Kick Yop Cha Tulgi Hwaldung Pahdo Wae Six Yosot Mikulgi		
Side Sole Side Thrusting Kick Sine Wave Single Sitting Stance Six Sliding Side Thrusting Kick Yop Cha Tulgi Hwaldung Pahdo Wae Six Yosot Mikulgi		
Side Thrusting Kick Yop Cha Tulgi Sine Wave Hwaldung Pahdo Single Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi		
Sine Wave Hwaldung Pahdo Single Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi		
Single Wae Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi		
Sitting Stance Annun Sogi Six Yosot Sliding Mikulgi		· · ·
Six Yosot Sliding Mikulgi		Annun Sogi
Sliding Mikulgi		ŭ
	Sparring	Matsogi

English	Korean
Special Technique	Tukgi
Spot Turning	Gujari Dolgi
Stamping Kick	Cha Bapgi
Stance	Sogi
Start	Sijak
Step Turning	Omgyo Didimyo Dolgi
Stepping	Omgyo Didigi
Stop	Guman
Straight Elbow	Sun Palkup
Straight Fingertip	Sun Sunkut
Strike	Taerigi
Ten	Yol
Tenents of Tae kwon-Do	Tae kwon Do Jungshin
Three	Set
Three Step Sparring	Sambo Matsogi
Thrust	Tulgi
To the Left	Jaro
To the Right	Uro
Toes	Balkut
Turn Around	Dwiro Dora
Turning	Dolgi
Turning Kick	Dollyo Chagi
Twin	Sang
Twin Forearm Block	Sang Palmok Makgi
Twisting Kick	Bituro Chagi
Two	Dool
Two Step Sparring	lbo Matsogi
U-Shape Block	Digutja Makgi
Upper Elbow	Wi Palkup
Upset Fingertip	Dwijibun Sonkut
Upset Punch	Dwijibun Jirugi
Upward	Ollyo
Vertical Kick	Sewo Chagi
Vertical Punch	Sewo Jirugi
Vertical Stance	Soojik Sogi
Vital Spots	Kupso
W-Shape Block	San Makgi
Waist Block	Hori Makgi
Walking Stance	Gunnun Sogi
Wedging Block	Hechyo Makgi
X-Fist	Kyocha Joomuk
X-Knifehand	Kyocha Sonkal
X-Stance	Kyocha Sogi

