**3rd kup Theory Summary**

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| **Toi-Gye –퇴계– 37 movements** | **Toi-Gye Diagrammatic Symbol – ‘Scholar’** |
| Toi-Gye is the pen name of the **noted scholar** **Yi Hwang (16th Century)**, an authority on **neo-Confucianism**. The **37 movements** of the pattern refer to his birthplace on **37 latitude** and the **diagram** represents **“scholar”**. | ­ |
| **Belt Meaning** |
| **Red** – signifies **danger** cautioning the student to exercise **control** and warning the opponent to stay away. |
| **Technique Terminology** | |
| **Body Parts**   * Knee – Moorup * Upset fingertip – Dwijibun sonkut * Flat fingertip – Opun sonkut * Angle fingertip – Homi sonkut   **Attacking Movements**   * Upset fingertip thrust – Dwijibun sonkut tulgi * Knee upward kick – Moorup ollyo chagi * Downward kick – Naeryo chagi * Flat fingertip thrust – Opun sonkut tulgi * Angle fingertip thrust – Homi sonkut tulgi * Twin side elbow thrust – Sang yop palkup tulgi * Backfist side-back strike – Dung joomuk yopdwi taerigi | **Defending Movements**   * Double forearm pushing block – Doo palmok miro makgi * X-fist pressing block – Kyocha joomuk noollo makgi * Low knife-hand guarding block – Najunde sonkal daebi makgi * W-shape block – San makgi   **Motions**   * Grasping motion – Butjaba dongjak |
| **New Movements (from Hwa-Rang)**   * L-stance upward punch – Niunja so ollyo jirugi * L-stance yop palkup tulgi – Niunja so side elbow thrust * Close stance outer forearm high side front block – Moa so an palmok nopunde yobap makgi * Sitting stance palm pushing block – Annun so sonbadak miro makgi * Vertical stance knife-hand downward strike – Soojik so sonkal naeryo taerigi | **Special Techniques/Power**   * Flying overhead front snap kick – Twimyo nopi ap cha busigi * Flying long side kick – Twimyo nomo yop chagi * Mid-air (jumping) side kick – Twiyo yop chagi   **Motion Words**   * Overhead – Nopi * Long – Nomo * Flying – Twimyo * Jumping/Mid-air – Twiyo |