

Pattern Translation

Dan Gun

- Ready posture: Parallel ready stance.
1. Right L-stance knife-hand middle guarding block.
 2. Right walking stance high punch.
 3. Left L-stance knife-hand middle guarding block.
 4. Left walking stance high punch.
 5. Left walking stance forearm low block.
 6. As 2.
 7. As 4.
 8. As 2.
 9. Right L-stance twin forearm block.
 10. As 2.
 11. Left L-stance twin forearm block.
 12. As 4.
 13. Left walking stance forearm low block.
 14. Left walking stance forearm rising block.
Perform 13 and 14 in a continuous motion.
 15. Right walking stance forearm rising block.
 16. Left walking stance forearm rising block.
 17. As 15.
 18. Right L-stance knife-hand middle outward strike.
 19. As 2.
 20. Left L-stance knife-hand middle outward strike.
 21. As 4.
- End: Bring the left foot back to ready posture.

Dan-Gun Tul.

- Junbi jase: Narani junbi sogi.
1. Orun niunja so sonkal kaunde daebi makgi.
 2. Orun gunnun so nopunde jirugi.
 3. Wen niunja so sonkal kaunde daebi makgi.
 4. Wen gunnun so nopunde jirugi.
 5. Wen gunnun so palmok najunde makgi.
 6. As 2.
 7. As 4.
 8. As 2.
 9. Orun niunja so sang palmok makgi.
 10. As 2.
 11. Wen niunja so sang palmok makgi.
 12. As 4.
 13. Wen gunnun so palmok najunde makgi.
 14. Wen gunnun so palmok chookyo makgi.
 15. Orun gunnun so palmok chookyo makgi.
 16. Wen gunnun so palmok chookyo makgi.
 17. As 15.
 18. Orun niunja so sonkal kaunde bakuro taerigi.
 19. As 2.
 20. Wen niunja so sonkal kaunde bakuro taerigi.
 21. As 4.