

Green Belt (6th kup) Question Sheet

1. What is the diagram of the pattern?
2. What does Won-Hyo mean?
3. How many movements does it have?
4. What is Korean for Bending ready stance?
5. What is the Korean for Twin forearm block?
6. Name all the stances that you know?
7. Name all the kicks that you know?
8. Name all the blocks that you know?
9. What does Green Belt mean?
10. Name all the patterns that you know & how many movements that they have?
11. What is the Korean for two step sparring?