

Pattern Translation

Chon-Ji

- Ready posture: Parallel ready stance.
1. Left walking stance forearm low block.
 2. Right walking stance middle punch.
 3. Right walking stance forearm low block.
 4. Left walking stance middle punch.
 5. As 1.
 6. As 2.
 7. As 3.
 8. As 4.
 9. Right L-stance inner forearm middle side block.
 10. As 2.
 11. Left L-stance inner forearm middle side block.
 12. As 4.
 13. As 9.
 14. As 2.
 15. As 11.
 16. As 4.
 17. As 2.
 18. As 4.
 19. As 2.
- End: Bring the left foot back to ready posture.

Chon-Ji Tul.

- Junbi jase: Narani junbi sogi.
- Wen gunnun so palmok najunde makgi. 1.
- Orun gunnun so kaunde jirugi. 2.
- Orun gunnun so palmok najunde makgi. 3.
- Wen gunnun so kaunde jirugi. 4.
- As 1. 5.
- As 2. 6.
- As 3. 7.
- As 4. 8.
- Orun niunja so anpalmok kaunde yop makgi. 9.
- As 2. 10.
- Wen niunja so anpalmok kaunde yop makgi. 11.
- As 4. 12.
- As 9. 13.
- As 2. 14.
- As 11. 15.
- As 4. 16.
- As 2. 17.
- As 4. 18.
- As 2. 19.