

Blue Tag (5th kup) Question Sheet

1. How many movements does Yul – Gok have ?
2. How many blocks does this pattern contain and what are they in English & Korean?
3. What is the diagram of the pattern?
4. What is Korean for palm hooking block?
5. Name all the blocks that you know in English & Korean?
6. Name all the stances that you know in English & Korean?
7. What does blue tag mean?
8. What does blue belt mean?
9. What is the meaning of Yul – Gok?
10. Name all the kicks that you know?
11. What is the Korean for Self – Defence techniques?
12. What type of attack would you primarily use a Doo Palmok Makgi against?
13. Name all the parts of the hand that you know in English & Korean?
14. Name all the parts of the foot that you know in English & Korean?
15. What option does the defender have when applying a Sonbadak Golcho Makgi against an opponent attacking with a Kaunde Jirugi?