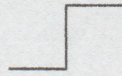


Do-San (7th Kup) Answer Sheet

1. The diagram of the pattern is:



2. **Do-San** is the pseudonym of the patriot Ahn Chang-Ho (1876-1938). The 24 movements represent his entire life which he devoted to furthering the education of Korea and its independence movement.

3. Do-San has 24 movements

4. The 7th movement of the pattern is the releasing technique

5. Consult your other sheets

6. Consult your other sheets

7. Courtesy	(Ye Ui)
Integrity	(Yom Chi)
Perseverance	(In Nae)
Self Control	(Guk Gi)
Indomitable Spirit	(Baekjul Boolgool)

8. Dung Joomuk

9. The word jungshin means **Tenets**

10. The Korean for 3 step sparring is **Sambo Matsogi**

11. The Korean is **Sun Sonkut Tulgi**

12. **Yellow Belt Green Tag** signifies the Earth from which a plant sprouts and takes root as the Tae Kwon-Do foundation is being laid.

13. The Backfist strike is aimed at the high section (Nopunde)

14. The Korean for wedging block is **Hechyo Makgi**

15. The Korean is **Ban Jayu Matsogi**

16. The Korean is **Jayu Matsogi**

17. Consult your other sheets

Additional Information

Ap Makgi - Front Block

A block to the center of the defenders body with the body full facing the target

Yop Makgi - Side Block

A block with the defenders body half or full facing the opponent.