

Yellow Belt (8th kup) Question Sheet

1. What is the diagram of the pattern?
2. What is the meaning of Dan-Gun?
3. How many movements does Dan-Gun have?
4. Name all the kicks you know?
5. Name all the stances you know?
6. What level punch are you performing in the pattern?
7. How many different blocks are there in the pattern and what are they called in Korean?
8. What is the Korean for "Three step sparring"?
9. Explain the difference between inside and outside blocks?
10. Explain the difference between inward and outward blocks?
11. What does the colour of your belt signify?
12. What is the Outer forearm low block / Rising block called in Korean?
13. What motion are the blocks in question 12 performed? Explain this motion