

Pattern Translation

Do-San		Do-San Tul.	
	Ready posture: Parallel ready stance.		Junbi jase: Narani junbi sogi.
1.	Left walking stance outer forearm high side block.	Wen gunnun so bakat palmok nopunde yop makgi.	1.
2.	Left walking stance middle reverse punch.	Wen gunnun so kaunde bandae jirugi.	2.
3.	Right walking stance outer forearm high side block.	Orun gunnun so bakat palmok nopunde yop makgi.	3.
4.	Right walking stance middle reverse punch.	Orun gunnun so kaunde bandae jirugi.	4.
5.	Right L-stance knife-hand middle guarding block.	Orun niunja so sonkal kaunde daebi makgi.	5.
6.	Right walking stance straight fingertip middle thrust.	Orun gunnun so sun sonkut kaunde tulgi.	6.
7.	Release from a grab, left walking stance back fist high side strike.	Jappyosul tae, wen gunnun so dung joomuk nopunde yop taerigi.	7.
8.	Right walking stance back fist high side strike.	Orun gunnun so dung joomuk nopunde yop taerigi.	8.
9.	As 1.	As 1.	9.
10.	As 2.	As 2.	10.
11.	As 3.	As 3.	11.
12.	As 4.	As 4.	12.
13.	Left walking stance outer forearm high wedging block.	Wen gunnun so bakat palmok nopunde hechyo makgi.	13.
14.	Right middle front snap kick, keeping the position of the hands as they were in 13.	Orun kaunde apcha busigi, [keeping the position of the hands as they were in 13].	14.
15.	Right walking stance middle punch.	Orun gunnun so kaunde jirugi.	15.
16.	Right walking stance middle reverse punch. Perform 15 and 16 in a fast motion.	Orun gunnun so kaunde bandae jirugi.	16.
17.	Right walking stance outer forearm high wedging block.	Orun gunnun so bakat palmok nopunde hechyo makgi.	17.
18.	Left middle front snap kick, keeping the position of the hands as they were in 17.	Wen kaunde apcha busigi, [keeping the position of the hands as they were in 17].	18.
19.	Left walking stance middle punch.	Wen gunnun so kaunde jirugi.	19.
20.	Left walking stance middle reverse punch. Perform 19 and 20 in a fast motion.	Wen gunnun so kaunde bandae jirugi.	20.
21.	Left walking stance forearm rising block.	Wen gunnun so palmok chookyo makgi.	21.
22.	Right walking stance forearm rising block.	Orun gunnun so palmok chookyo makgi.	22.
23.	Sitting stance left knife-hand middle side strike.	Annun so wen sonkal kaunde yop taerigi.	23.
24.	Sitting stance right knife-hand middle side strike.	Annun so orun sonkal kaunde yop taerigi.	24.
	End: Bring the right foot back to ready posture.		